

# MarketPlace Foodshelf

## Suggested Nonperishable Donations

### *Much Needed Foods*

Baked Beans  
Beans – Miscellaneous  
Beef Stew  
Chili  
Cooking Oil\*  
Green Beans  
Flour/Sugar  
Macaroni & Cheese\*  
Jam/Jelly  
Peanut Butter  
Ramen  
Soup  
Tuna\*

### *Non-food Essentials*

Deodorant  
Diapers – Size 2 & up  
Dish/Dishwasher Soap  
Laundry Detergent (powder)  
Maxi Pads/Tampons  
Paper Towels  
Shampoo/Conditioner  
Toilet Paper  
Toothpaste

\* items we need most this month



**PRISM**

*A Brighter Future. One Family At A Time.*