

2014
GOLDEN VALLEY PARK & RECREATION
CO-REC INDOOR VOLLEYBALL LEAGUE
GENERAL INFORMATION & REGISTRATION PACKET

Revised
7/22/14

PROGRAM PHILOSOPHY

The Golden Valley Park and Recreation adult co-rec indoor volleyball league is designed to be an enjoyable recreational volleyball opportunity for both men and women. All matches will be scheduled at Davis Community Center. League champions will receive a team trophy.

All team registrations are due by 4:30 p.m., September 19th for Fall or Friday, December 19th for Winter.

Registration for the league will be on a resident status, first in, first served basis.

All participating teams must turn in the following registration materials:

- 1) Team registration form
- 2) Conduct/Eligibility form and \$100.00 deposit check
- 3) League fee: \$260 - all resident team
\$275 – more than ½ players non-residents

ELIGIBILITY & CONDUCT

1. Eligibility:

- A. To be considered a resident player or team, participants must live or work full-time in the city of Golden Valley
- B. Each team is allowed to roster an unlimited amount of players.
- C. All players must be at least 18 years old.

2. Conduct:

- A. Each team manager will be required to submit a signed eligibility/conduct forfeit form, along with a personal check for \$100.00 as a deposit to guarantee sportsmanlike conduct and honest eligibility. Any team participant found to have misrepresented residency or who may engage in any unsportsmanlike conduct toward another player, official or employee of the city/league, will cause the forfeiture of the \$100.00 check.
- B. Unsportsmanlike conduct may also include player suspension, team suspensions or league suspension.
- C. Checks will be returned after the season is completed, assuming there have been no conduct or eligibility violations.

SCHEDULE OF PLAY

1. Games will be scheduled on Wednesday evenings at 7:00, 8:00, 9:00 p.m. If needed, games may also be scheduled at 6:00 p.m.
2. Fall: Games will be played October 8 – December 17
Winter: Games will be played January 7-March 11

LEAGUE FORMAT

1. The league format will be round robin play with the team with the most wins crowned league champion.
2. Standings will be determined using a win point system, based on 3 games:
 - A. Each Game Win - 1 points
 - B. Each Game Loss - 0 points
 - C. Each Game Forfeit - -1 point

GAME LOCATION

Davis Community Center, *5430 Glenwood Ave, Golden Valley, MN*

INCLEMENT WEATHER

In case of questionable weather, **call the Activity Cancellation Line for game day status beginning 2 hours before game time - GVPR Activity Cancellation Line: 763-512-2350.**

SCHEDULES AND STANDINGS

Schedules and standings will be available on the city web site **www.goldenvalleymn.gov**

2014
GOLDEN VALLEY PARK & RECREATION DEPARTMENT
CO-REC INDOOR VOLLEYBALL TEAM REGISTRATION FORM

To be eligible to participate in the Golden Valley Park and Recreation indoor sand volleyball league, fill out this form completely and **return it by Friday, September 19 for Fall League and Friday, December 19 for Winter League**, with the league entry fee and the \$100 personal check from the manager for conduct fee. Make checks payable to the "City of Golden Valley." A Visa/MasterCard Number can be substituted for conduct check. Please enter that information below.

Bring or mail forms and checks or credit card information to: Carrie Anderson
Golden Valley Park & Recreation
200 Brookview Parkway
Golden Valley, MN 55426-1364

P L E A S E P R I N T

Circle One: FALL LEAGUE WINTER LEAGUE

TEAM NAME: _____

MANAGERNAME: _____

ADDRESS, CITY, ZIP: _____

PHONE (H): _____ (W): _____ FAX: _____

CELL: _____

E-MAIL ADDRESS: _____

NOTE: All entries will be accepted on a first in, first served basis. Registration deadline is 4:30 p.m., September 19 or December 19. Teams will be notified shortly after the registration deadline if they did not get into a league.

The Golden Valley Park & Recreation Department reserves the right to cancel the league if there are not enough teams registered.

VISA MasterCard

Card # _____ Exp. Date: _____

Signature: _____

GOLDEN VALLEY CO-REC INDOOR VOLLEYBALL LEAGUE RULES

ELIGIBILITY

1. Resident players must live (legal home address) or work full-time in the city of Golden Valley. At least ½ of roster players need to be residents to be a resident team.
2. Players must be at least 18 years of age or have graduated from high school.

ROSTER INFORMATION

1. The deadline for adding players to the roster is the day the league begins.
2. There is an unlimited amount of players on each roster.
3. Teams must compete with the same roster in play-offs, if applicable, as used in league play.

GAME PROCEDURES & RULES

1. Games will begin at the scheduled time. A team must have a least four (4) players on the court (minimum of 2 females) at the scheduled time. If there are not four eligible players, the game is a forfeit.
2. A match will consist of three games to 25 points (27 point cap). If there is a time conflict, the third game will be played to 15 points (17 point cap). Match length is 60 minutes.
3. A full team (6) must have a minimum of 3 females and maximum 3 males on the court at all times.
4. Game balls will be provided by the Park & Recreation Department.
5. Generally one referee will officiate games.
6. Only those players rostered with the Park and Recreation Department are allowed to participate in the league.
7. Any profanity, whether it is directed towards a official, player or teammate; will result in an automatic suspension.
8. The ball may be hit no more than three times before returning it to the other side. Simultaneous contact by opponents does NOT count as one of the three hits.
9. Back line players may not advance to the front line to block or spike. Exception: One back court player may also block when there is only one male playing in the front line position.
10. Blocking or spiking a served ball is prohibited.
11. Players may have successive contacts of the ball during blocking and during a single attempt to play the ball when receiving an attack hit, provided there is not finger action used during the effort.
12. Playing the Ball: The ball can contact any number of parts of the body down to and including the foot.
13. In returning a ball, a player may follow through over the net providing the first contact with the ball is on the player's own side of the net.
14. A player may not have his foot completely on the opponent's side of the center line.
15. A server should announce the score before every serve, announcing the server's score first.
16. Loss of serve is awarded anytime a player makes contact with the net.
17. Serving order and position on the court must be an alternation of women and men. If more women are in the rotation, they must serve consecutively to preserve the rotation.
18. When the ball is played by more than one player on a team, one of these must be a woman.
19. Teams may play with more women than men (eg. 3 women and 2 men, 4 women and 2 men is legal.)
20. Rainouts: In the event of inclement weather, the match will be rescheduled at the end of the season.

21. Official No-Show: If an official fails to show up for a scheduled match, teams will need to make their own judgement calls on your own side. The winning team manager needs to contact Park and Recreation will the game score.

OFFICIAL'S AUTHORITY

1. Assaults and indignities to players, officials or scorekeepers will result in automatic suspension from participating in Golden Valley Park and Recreation league competition and the manager's personal \$100.00 check will be deposited.
2. Officials have authority to remove or ban a player and/or manager from the game and field should the situation warrant it. Swearing or cursing can be grounds for ejection.
3. Drinking of alcoholic beverages and smoking in park is not allowed.
4. The team manager will represent and be responsible for all actions of the team he represents and spectators during or after the game.
5. Any player fighting or throwing punches will be ejected from the current game and out for the year. Also, the manager's personal check will be cashed.
6. **The official has authority to alter rules to conduct matches as needed.**

OTHER IMPORTANT ITEMS

1. Please respect the staff and facility at Davis Community Center.
2. In case of inclement weather call the Activity Cancellation Line two hours before game time for game status: 763-512-2350.

GOLDEN VALLEY PARK AND RECREATION DEPARTMENT

200 Brookview Parkway
Golden Valley, MN 55426-1364
(763) 512-2345

ADULT ATHLETIC ELIGIBILITY/CONDUCT VERIFICATION

On this date, _____, 20____, I have written my **personal check or submitted my VISA/MasterCard information** for \$100.00, payable to the City of Golden Valley, (separate from the league fee), which will be held and not cashed, and will be returned on or about November 1, 2013, providing my team does not use or have rostered any ineligible player or become involved in unsportsmanlike conduct as defined in writing by the Golden Valley Park and Recreation Department.

If my team is found using or rostering any ineligible players, or if my team is involved in unsportsmanlike conduct, I understand I will forfeit the deposit of \$100.00. A second \$100.00 check must be in the Park & Recreation office before league play can be continued by the violating team.

If my team commits to a post season tournament berth, my team is then required to play in that tournament. My check will not be refunded in the event my team does not participate or is involved in ineligible player or unsportsman-like conduct in the tournament.

Team Manager's Signature

Team Name

VISA MasterCard

Card # _____ Exp. Date: _____

Signature: _____