

Winter Activities

2017-18



city of
golden valley

Parks & Recreation
Department

w w w . g o l d e n v a l l e y m n . g o v

Parks and Recreation
 316 Brookview Pkwy S
 Golden Valley, MN 55426
 Phone 763-512-2345
 Cancellations 763-512-2350



Golden Valley City Hall
 7800 Golden Valley Rd
 Golden Valley, MN 55427
 Phone 763-512-2345
 Fax 763-593-8109

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VISION STATEMENT

The City of Golden Valley shall nurture places, events, and associations that maintain recreation as a focal point of family and community life.

MISSION STATEMENT

The mission of the Golden Valley Parks and Recreation Department is to build community through people, parks, and programs.

City Offices Closed

<u>Thur, Nov 23</u>	<u>Thanksgiving</u>
<u>Fri, Nov 24</u>	<u>Thanksgiving</u>
<u>Mon, Dec 25</u>	<u>Christmas</u>
<u>Tue, Dec 26</u>	<u>Christmas</u>
<u>Mon, Jan 1</u>	<u>New Year's Day</u>
<u>Mon, Jan 15</u>	<u>Martin Luther King Jr Day</u>
<u>Mon, Feb 19</u>	<u>Presidents' Day</u>

This document is available in alternate formats upon a 72-hour request. Please call 763-593-8006 (TTY: 763-593-3968) to make a request. Examples of alternate formats may include large print, electronic, Braille, audiocassette, etc.

**THREE
ONE
SIX**
BAR + GRILL

Phone 763-512-2300

April 1-Oct 31

Sun 6 am-10 pm
 Mon-Thur 6 am-11 pm
 Fri-Sat 6 am-12 am

Nov 1-March 30

Sun-Wed 8 am-9 pm
 Thur-Sat 8 am-11 pm

BROOKVIEW

Golf and Lawn Bowling

Phone 763-512-2300
 Tee Times 763-512-2330
 Par 3 Course 763-512-2333
 Cancellation Line 763-512-2300
 Office Mon-Fri 8 am-4:30 pm
 Pro Shop Hours vary seasonally

Events

Phone 763-512-2345
 Mon-Fri 8 am-4:30 pm

Guest Services

Phone 763-512-2345
 Sun 9 am-5 pm
 Mon-Sat 8 am-9 pm

backyard

Information and Party Room Reservations

Phone 763-512-2345
 Sun 9:30 am-5 pm
 Mon-Sat 9 am-8 pm

NOTE: Closed Dec 24, 25, and Jan 26-Feb 5



You're Invited!

BROOKVIEW GRAND OPENING

Friday, Dec 1, 6-9 pm
316 Brookview Parkway S

Join us for an evening of exploration and entertainment as we celebrate the grand opening of Brookview Golden Valley.

- 6 pm** Ribbon Cutting (outside main entrance)
- 6:10-9 pm** Self-tours, entertainment for all ages, refreshments
- 6:30 pm** *Pan-handlers Steel Drum Band* in the Bassett Creek Room
- 6:30 & 7:30 pm** Magic Show in the Wirth Lake Room
- 7:30 pm** *On The Air* (classic rock) in the Bassett Creek Room
- 8:45 pm** *Vinnie Rose* in the Three One Six Bar + Grill
- 8:45 pm** Fireworks

Recreation • Relaxation • Celebration

Spectacular in any season, the new Brookview is designed to engage the senses, starting with a warm welcome and culminating in a venture of your choice. Recreation, events, indoor play, dining, socializing...we have it all!

backyard
Indoor playground

BROOKVIEW
GOLDEN VALLEY

THREE
ONE
SIX
BAR + GRILL

**EVENTS &
CELEBRATIONS**

BROOKVIEW
GOLF & LAWN BOWLING

Open Saturday, Dec 2

BROOKVIEW backyard indoor playground

Groups

Discounted entry for groups of 15+ (with adult/child ratio of at least 10:1). Advanced reservations required.

Private Reservations

Private advanced reservations include two hours of exclusive Backyard use and both party rooms.

Birthday Parties

Two hours in the Clubhouse or Hideout party rooms (up to 20 people per room).

brookviewbackyard.com



Golden Valley To Host *Families Of Planet Earth*

Exhibit Will Be On Display At Brookview And City Hall December–February

Golden Valley will be the first United States stop for the globally touring *Families Of Planet Earth* photo gallery.

Families Of Planet Earth is based on the award-winning book “1,000 Families” by Uwe Ommert, which documents the diversity of families from more than 150 countries. The photographs are designed to create awareness and understanding across cultures about what is different and similar in communities everywhere.

The outdoor/indoor exhibit has been displayed around the world and is coming to Brookview and City Hall courtesy of Golden Valley Arts leader David Berry. It will be on display Dec 1, 2017 through February 27, 2018 before moving on to other metro locations and a national tour. 

RINKS OPEN DEC 22

The City of Golden Valley will maintain ice and have supervised shelters at the locations listed below as indicated. Weather permitting, rinks will remain open until:

Mon, Feb 19:

Gearty, Hampshire, Lions, Medley, Stockman, North Tyrol, South Tyrol, Yosemite

Sun, Feb 25:

Wesley and Scheid



NEW! Pond hockey goals will be available during warming house hours at Scheid and Wesley Parks.

PARK	Hockey Rink	General Rink	Warming House
	H	G	W
Gearty	X	X	X
Hampshire	X	X	X
Lions	X	X	X
Medley	X	X	X
Scheid	X	X	X
Wesley	X	X	X
North Tyrol		X	
South Tyrol		X	
Yosemite		X	
Stockman		X	

Regular Hours

Mon–Fri	4–9 pm
Sat	10 am–9 pm
Sun (Wesley, Scheid, Lions)	1–9 pm
Sun (Hampshire, Medley, Gearty)	10 am–6 pm

Special Hours

Sun, Dec 24 (Christmas Eve)	10 am–4 pm
Mon, Dec 25 (Christmas Day)	CLOSED
Tue–Fri, Dec 26–29	10 am–9 pm
Sun, Dec 31 (New Year’s Eve)	10 am–4 pm
Mon–Fri, Jan 1–5	10 am–9 pm
Mon, Jan 15 (MLK Jr Day)	10 am–9 pm
Sun, Feb 4 (Superbowl)	10 am–4 pm
Mon, Feb 19 (Presidents’ Day)	10 am–9 pm

Rink Maintenance

Temperatures need to remain around 0°–10° F for a week or so to produce enough ice to skate on. The crew needs 3–4 inches of frozen ground to start making ice. The goal is to have a 6-inch base, which will help rinks survive most warm snaps without closing. Rinks are cleaned and resurfaced Monday–Friday and cleaned Saturday mornings, depending on weather. Shovels are available at each shelter and may be checked out with the attendants.

Closing Policy For Outdoor Winter Activities

Activities close when:

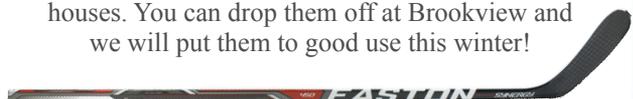
- air temperature is -10° F or colder, per National Weather Service
- wind chill index is -15° F or colder, per National Weather Service
- warm temperatures soften ice, making rinks unsafe for skating
- a snowfall of more than 2 inches could delay cleaning ice rinks and opening warming houses

Online Ice Rink Calendar

Check for open skating hours as well as weather closures at your neighborhood rink at www.goldenvalleymn.gov/parks/skatingrinks.

Do you have old hockey sticks and pucks looking for a new home?

Donate them to Golden Valley Parks and Recreation. Our goal is to have hockey sticks and pucks for FREE use in each of the skating rink warming houses. You can drop them off at Brookview and we will put them to good use this winter!



Feb
10**Winter Fest** **FREE**

Gather your family and friends and join us for some fun in a Golden Valley Winter Wonderland! Enjoy sledding, ice skating, hayrides, DJ, a bonfire with hot chocolate and marshmallow roasting and more!

North Welsey Park

Noon–2 pm

Free and open to all

March
03**Brookview Presentation: "Midcentury Modernism In The Twin Cities' Suburbs"** **FREE**

The new Brookview was designed to complement the wonderful mid-century modern architecture throughout Golden Valley and our surrounding suburbs. Please join Larry Millett, author of *Minnesota Modern: Architecture and Life at Midcentury*, for a exploration of Twin Cities modern architectural design and the rich and varied landscape of midcentury modernism. Millett, a native of Minneapolis, is a renowned author specializing in Minnesota architecture. His extensive background includes writing and editing for the St Paul Pioneer Press, publishing more than 20 books, and contributing to many local and national magazines.

Brookview Bassett Creek Room

1–2 pm

Free and open to all

April
21**Run The Valley**

Plan now to join friends and neighbors for one of Golden Valley's most popular events, the annual *Run the Valley*, sponsored by the Golden Valley Human Services Fund. One hundred percent of the proceeds are allocated to non-profit organizations that serve Golden Valley residents in need.

Event headquarters is at the new Brookview, where the races will start and end. The certified course travels through parks and residential areas of Golden Valley. Water stops and post-race complimentary snacks donated by area businesses.

Fee includes a T-shirt and race number. The 5K and 10K runs will be chip-timed. To be eligible for a medal, chip timing must be used. T-shirt sizes for all participants guaranteed if registered by March 1. Register in person or by mail at Golden Valley Parks and Recreation, 316 Brookview Pkwy S, or online at www.goldenvalleymn.gov by 2 pm April 20. Race day registration will be taken from 7–7:45 am at Brookview. For more information, visit www.goldenvalleymn.gov, or call the Golden Valley Parks and Recreation office at 763-512-2345.

Begin/end at Brookview (316 Brookview Pkwy S)

8 am: 10K Run (Y2501B) 10K/5K Run: \$30 by March 1, \$35 by 2 pm April 20, \$40 race day

8:15 am: 5K Run (Y2501F) 5K Walk: \$25

8:20 am: 5K Walk (Y2501E) Youth 12 and under with an adult: \$20 (Y2501C)

Kids "Fun" Run The Valley

Join us for the 5th annual Fun Run for Kids! The course begins at Brookview and is .2 total miles. Sponsored by Bassett Creek Dental. Register in person or by mail at Golden Valley Parks and Recreation, 316 Brookview Pkwy S, or online at www.goldenvalleymn.gov. Adults may accompany kids for free.

7:45 am

Ages 2–7 (with an adult)

Begin/end at Brookview

\$5 per child (Y2501D)

Elf On The Shelf Story Time

Ages 2-5 with an adult

Start the holiday season with a special visit from Sprinkles the Elf! Sprinkles shares her tales of helping children stay on the "Nice List." Participants will write letters to Santa, sing carols, make a Christmas craft, and enjoy cookies. Don't forget to BYOE (Bring Your Own Elf)—Santa says it's ok.

Crystal Community Center
 Mon, Dec 4
 6:15-7 pm
 \$17 resident, \$19 non-resident
 F1226A
 Register by Nov 27

Supper With Santa

Ages 1+ with an adult

Santa's coming! You are cordially invited to a special holiday celebration including dinner, music, activities, and a photo opportunity with Santa. All children must be accompanied by an adult. Children under age 1 are free.

Brookview Bassett Creek Room
 Fri, Dec 8
 6-7:15 pm
 \$12 resident, \$15 non-resident
 F1506A
 Register by Dec 4



Valentine's Day Craft Party With Kidcreate Studio

Ages 1½-6 with an adult

Let your young artists show their favorite Valentine how much they love them with a special handmade Valentine's Day gift. Children must be accompanied by a caregiver.

Brookview Backyard Hideout Room
 Thur, Feb 8
 6-7 pm
 \$15 resident, \$17 non-resident
 W1246A
 Register by Feb 1

Cat In The Hat Story Time

All ages welcome

Celebrate Dr Seuss' birthday with this special story-time featuring the Cat in the Hat as we enjoy some Seuss classics. The Cat in the Hat leads a sassy dance to, "I Do Not Like Green Eggs and Ham," and everyone will get to decorate their very own book marker to take home.

Brookview Lobby (by the fireplace)
 Mon, March 12
 6:15-7 pm
 \$19 resident, \$21 non-resident
 W1504B
 Register by March 2



The Canadian Pacific Holiday Train Is Coming To Golden Valley

The 1,000-foot Holiday Train will roll into Golden Valley Sun, Dec 10 at 4:50 pm, stopping at the railway crossing at Golden Hills Dr. Its 14 rail cars will be decorated with thousands of LED lights and holiday designs. There will also be musical entertainment from 5-5:30 pm.

This specially decorated train provides holiday musical entertainment to raise awareness about hunger and collect donations for PRISM, our local food shelf.

For details, including information about parking and viewing locations, go to www.goldenvalleymn.gov/events/cp-holiday-train.

Kids Club

Ages 3-5

Each Kids' Club class is specifically designed for preschool-age children. Filled with art projects, stories, music, and games, it promises to be a fun and positive learning experience. Children must be potty trained.

Instructor Lisa London has led the program for the past 20 years in Golden Valley. She has bachelor of science degrees in early childhood education and music and has a huge passion for working with preschoolers.

Crystal Community Center
Tue/Thur, Jan 9–March 22
9:30–11:30 am
\$129 resident/\$134 non-resident
W1214A
Register by Jan 5

Crystal Community Center
Tue/Thur, April 10–May 24
9:30–11:30 am
\$84 resident/\$89 non-resident
W1214B
Register by April 6



Marvelous Messy Monster Art Class With Kidcreate Studio

Ages 3-6

We'll use plaster, paint, and more to make monster projects and have fun making way too big of a mess to go home!

Brookview Backyard Hideout Room W1247A
Mon, Jan 22 Register by Jan 2
6-7:30 pm
\$19 resident, \$21 non-resident

Thomas The Tank Engine Art Class With Kidcreate Studio

Ages 3-6

Let's have a fun evening where participants create art inspired by Thomas the Tank Engine. Toot toot, all aboard!

Brookview Backyard Hideout Room W1248A
Mon, March 5 Register by Feb 26
6-7:30 pm
\$19 resident, \$21 non-resident

Trolls With Kidcreate Studio

Ages 4-9

Your young artists will be as happy as Princess Poppy in this class as they create a clay masterpiece inspired by the DreamWorks' movie *Trolls*. This project will even put a smile on Branch's grumpy face!

Brookview Backyard Hideout Room W1250A
Tue, March 13 Register by March 6
6-8 pm
\$28 resident, \$31 non-resident

LEGO Brick Loco With Kidcreate Studio

Ages 4-9

Want to be inspired and challenged to create new and exciting LEGO® brick art? Come show off your awesome LEGO building skills and create a larger than life clay sculpture of LEGO brick.

Brookview Backyard Hideout Room W1249A
Tue, Jan 9 Register by Jan 2
6-8 pm
\$28 resident, \$31 non-resident

Mailbox
to the
North Pole



Santa Claus will have a special direct-to-the-North-Pole mailbox at Brookview (316 Brookview Pkwy), where boys and girls can drop off their special letters. Santa's helpers will pick-up the letters each evening and deliver them straight to the North Pole. Santa Claus requests that letters include the full name and address of each sender so he can reply.

SANTA'S MAILBOX WILL BE AVAILABLE DEC 2-17, 2017.

Little Tigers Self Defense Ages 3–5

Master Tom Malone will help your child learn basic self-defense and martial arts skills while developing coordination and flexibility. Basic kicks, punches, and strikes are taught through a variety of exercises and fun games. This program promotes focus, discipline, and respect—great personal tools to carry into the future. Please ensure your child is ready to begin at the start of the class. Resident fee applies to Golden Valley, New Hope, and St Louis Park.

Davis Community Center
 5:45–6:15 pm
 \$53 resident, \$57 non-resident

Tue, Jan 9–Feb 27 (no class Jan 23, 30, Feb 13) W1120A Register by Jan 5	Tue, April 3–May 15 (no class April 24, May 8) W1120B Register by March 30
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Tae Kwon Do Ages 5+

This program will teach discipline, focus, endurance, and flexibility. Master Tom Malone will help you achieve awesome kicks, punches, and strikes while getting in shape. Resident fee applies to Golden Valley, New Hope, and St Louis Park.

Davis Community Center
 6:15–7 pm
 \$59 resident, \$63 non-resident

Tue, Jan 9–Feb 27 (no class Jan 23, 30, Feb 13) W1118A Register by Jan 5	Tue, April 3–May 15 (no class April 24, May 8) W1118B Register by March 30
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Superhero Training Academy

Ages 4–10 with adult sidekick

Calling all superheroes and their adult sidekicks! Grab your superhero costume and sidekick, then join us to test your superhero skills. This top secret training mission will include superpower skill stations, a “challenge course,” missions to defeat the dastardly villains, and dinner to recharge your powers.



Brookview Bassett Creek Room
 Fri, Jan 19
 6–8 pm
 \$29 res child/adult
 \$32 non-res child/adult
 W1503B
 Register by Jan 12

Walk When The Moon Is Full

FREE

Ages 6+ with an adult

Adapt your senses and explore the natural world at night. Dress for the weather and walking on uneven, woodchip trails. Three Rivers Park District staff will guide the walk. Program is free but you must register to participate.

Sochacki Park Free
 Wed, Jan 31 W1240A
 7–8:30 pm

Tap & Ballet Dance Instruction Ages 4+

Students of all abilities will learn a variety of dance routines. Beginning and intermediate classes will teach basic dance skills, and experienced dancers will work on more advanced tap, ballet, and jazz routines. Classes are instructed by Toni Nelson (who has taught tap and ballet in Golden Valley for more than 40 years) and her daughter Nicki Cullen (who has been teaching with her mom for more than 20 years). Participants should wear comfortable clothing, such as a leotard and tights or shorts (NO jeans) and provide their own tap and ballet shoes. To perform in the spring recital, students must be registered for Session II to ensure recital costumes can be ordered and fees collected before ordering.

Tentative Spring Recital Date: April 7
 \$59 resident/\$63 non-resident

SESSION II
 Brookview Wirth Lake Room
 Sat, Jan 6–April 7 (no class Feb 3, 17, March 31)
 Register by Jan 2

BALLET
Beginner
 8–8:30 am
 Session II W1302A

Intermediate
 9–9:30 am
 Session II W1302B

Advanced
 10–10:30 am
 Session II W1302C

Master
 11–11:30 am
 Session II W1302D

TAP
Beginner
 8:30–9 am
 Session II W1302E

Intermediate
 9:30–10 am
 Session II W1302F

Advanced
 10:30–11 am
 Session II W1302G

Master
 11:30 am–12 pm
 Session II W1302H

Private Piano Lessons

Ages 7+

These 30-minute lessons are taught by qualified and experienced teachers. You will learn basic and advanced keyboarding techniques, sight reading, music theory, and ensemble playing. Resident fee applies to Brooklyn Park, Golden Valley, Maple Grove, and Plymouth.

TO REGISTER: Call 763-509-5224 to establish a lesson time. After you establish the lesson time, you will receive directions to register for the program.

SESSION I

Brookview Fossil Creek Room
Between 3–9 pm
\$242 resident, \$247 non-resident

Mon, Jan 8–March 19
Instructed by Mila Maron W1210A

Wed, Jan 10–March 21
Instructed by Maria Steele W1210B

SESSION II

Brookview Fossil Creek Room
Between 3–9 pm
\$164 resident, \$169 non-resident (includes recital)
Tentative Recital held May 19 & 20

Mon, April 9–May 21
Instructed by Mila Maron W1210C

Wed, April 11–May 23
Instructed by Maria Steele W1210D

When I'm In Charge

Ages 8+

This unique course is designed for all boys and girls, 8 and older, who are ever home alone. The course will cover all the safety concerns parents have when their children are by themselves. They will cover areas such as arriving home, responsibilities, phone and Internet safety, fire and gun safety and many others. Parents are welcome and encouraged to attend the last 30 minutes of class.

Brookview Valley Room North
\$54 resident, \$58 non-resident
5:30–8:30 pm

Mon, Jan 15 W1226B Mon, April 16 W1226C

Snowshoeing Basics

Ages 8+ (17 and under with adult)

Discover the origin of snowshoeing, gain tips for success, and search the park for animal signs and tracks. Instruction and equipment provided by Three Rivers Park District. Please dress for the weather.

Sochacki Park
Sat, Feb 3
1–3 pm
\$5 resident, \$7 non-resident
W1235A
Register by Jan 30



Magic For All Ages

Ages 10+

Have you ever marveled at a magician's ability? Here is your opportunity to learn some great, easy magic tricks to amaze your family and friends. Dads, moms, aunts, uncles, grandparents, and children ages 10 and up are encouraged to register. Performing skills improve self-confidence and reduce anxiety in front of an audience, and magic enables you to think outside the box. All material included. Your instructor, Annette Fragale, has performed for 30 years and also stars in *The Magic Book Nook* on CCX, Channels 859 and 20.

Brookview Valley Room North
Thur, Feb 8 & 15
6–7:30 pm
\$20 resident, \$22 non-resident
W1239A

American Red Cross Babysitting Training

Ages 11–15

Course includes fun activities, exciting videos, lively discussions, and real-life problem solving situations. Participants must be 11 years old by the first day of class. Participants will learn Safety and Safe Play; Basic Care: Feeding and Diaper Changing; First Aid (what to do if an accident happens); Leadership (how to have fun with the kids but stay in control); and Professionalism (what you should ask during a babysitting interview). Participants provide own lunch and snack.

Brookview Valley Room North
\$105 resident, \$110 non-resident
8 am–6 pm

Sat, March 17 W1215C Sat, April 14 W1215B



Pet Portraits

Ages 16+

Join us and Merry Time Arts to paint a 16"x20" portrait of your favorite animal friend. Instructors will create an image of your pet, then help you use that image in class to create an amazing portrait of your pet. After registration, email a photo of your pet to merrytimearts@comcast.net with the subject line "Pet Portraits." Limited to one pet per person per canvas.

Crystal Community Center W1251A
Sat, Feb 24 Register by Feb 16
 1-4 pm
 \$28 resident, \$31 non-resident

Blacklight Dodgeball Tourney

Grades 2-6

Ready, set, dodgeball! Glow in the dark dodgeballs add a twist to this playground favorite. Participants will play several games and enjoy a pizza snack and DJ music. Wear a white T-shirt, which can be decorated with special blacklight markers. Co-sponsored by Hopkins Community Education and the City of Golden Valley.

Davis Community Center
Fri, Jan 12
 6:45-9 pm
 \$24 resident, \$26 non-resident
 F1141A
 Register by Jan 5



Youth Enrichment League Fencing

Grades 2-8

Participants wanted for the "sport of the intellectual athlete." Olympic Fencing Coach Ro Sobalvarro's curriculum shares an immense knowledge for the sport of fencing, with safety the top priority. New and experienced athletes welcome. Safety swords, protective masks, chest plates, and jackets provided. Resident fee applies to Golden Valley, Crystal, New Hope, and Robbinsdale.

Crystal Community Center (4800 Douglas Dr)
 7:40-8:40 pm
 \$75 resident, \$82 non-resident

Thur, Jan 25-March 1 W1110A **Thur, April 5-May 17 (no class May 3) W1110B**

Soccer Stars

Ages 3-4

This exciting program is designed to provide youth the opportunity to develop large motor skills and learn about soccer. We will focus on basic skill development, fundamentals, and sportsmanship. Children must be out of diapers to participate.

Davis Community Center
 5:45-6:30 pm
 \$29 resident, \$32 non-resident

Thur, Jan 4-Feb 1 (no class Jan 18) W1146A Register by Dec 29 **Thur, March 22-April 19 (no class April 5) W1146B Register by March 16**

Archery

Ages 8-15

Learn basic archery skills, including safe range practices and how to shoot. Intermediate/advanced students welcome and will review the basics before learning advanced skills. NOTE: Held at Robbinsdale Community Gym (37th & Toledo Ave N, Robbinsdale); please enter through door #18. All instruction and equipment provided by Orion Archery.

Robbinsdale Community Gym
 6-7:30 pm
 \$65 resident, \$69 non-resident

Tue, Jan 16-Feb 6 W1108A Register by Jan 12 **Tue, Feb 20-March 13 W1108B Register by Feb 16**

Soccer Mites

Ages 5-6

This fun program offers children an introductory soccer experience with a focus on basic skill development, teamwork, and sportsmanship.

Davis Community Center
 6:45-7:45 pm
 \$29 resident, \$32 non-resident

Thur, Jan 4-Feb 1 (no class Jan 18) W1147A Register by Dec 29

Thur, March 22-April 19 (no class April 5) W1147B Register by March 16



Basketball Stars

Ages 3–4

This exciting program is designed to provide youth the opportunity to develop large motor skills and learn about basketball. We will focus on basic skill development, fundamentals, and sportsmanship. Children must be out of diapers to participate.

Davis Community Center

Thur, Feb 8–March 15 (no class Feb 15, 22)

5:45–6:30 pm

\$29 resident, \$32 non-resident

W1148A

Register by Feb 2

Basketball Mites

Ages 5–6

This fun program offers children an introductory basketball experience with a focus on basic skill development, teamwork, and sportsmanship.

Davis Community Center

Thur, Feb 8–March 15 (no class Feb 15, 22)

6:45–7:45 pm

\$29 resident, \$32 non-resident

W1149A

Register by Feb 2

Rink Rat Pond Hockey

Ages 10–14

This is an outdoor recreational league using pond hockey goals and no goalies with a mixture of practices and games. All abilities welcome. Must supply your own equipment. Teams created each time. Meets both Fridays and Sundays each week. Feb 16 is a make-up if needed. Volunteer assistants welcome.

North Wesley Park, Golden Valley–Fri, 6:30–7:45 pm

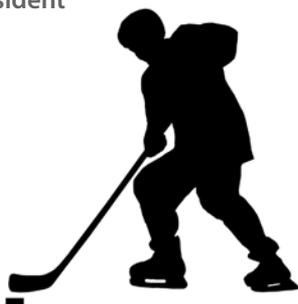
Sanborn Park, Robbinsdale–Sun, 4:30–5:45 pm

Fri & Sun, Jan 7–Feb 11 (no session Feb 4)

\$25 resident, \$28 non-resident

W1143A

Register by Dec 29



Amazing Athletes

Ages 3–5

The perfect class to give every child an opportunity to get moving, develop sports skills, and learn the fundamentals of a different sport each week. Children will work on hand-eye coordination, gross motor skills, and cognitive development.

CRYSTAL COMMUNITY CENTER

\$50 resident, \$53 non-resident

Thur, Jan 11–Feb 8

5:30–6:15 pm W1101A

6:30–7:15 pm W1101B

Register by Jan 5

Thur, Feb 22–March 22

5:30–6:15 pm W1101C

6:30–7:15 pm W1101D

Register by Feb 16

DAVIS COMMUNITY CENTER

\$40 resident, \$43 non-resident

Mon, April 9–30

5:45–6:30 pm W1101E

6:45–7:30 pm W1101F

Register by April 2



Cheer America is a non-profit corporation that offers cheerleading and dance programs to youth. Students will learn popular junior high and high school cheers, chants, choreographed pom/dance routines, parade marching techniques, and other performance skills required for cheerleading tryouts. The program promotes physical fitness, personal esteem, working as a team, and respect for authority. Students also participate in clinics, competitions, special performances, and parades throughout the state. At the end of the program, students will perform a group recital. Students receive a certificate and medal.

Ages 4–16

Davis Community Center

Tue, Feb 20–May 29

(no class Feb 13, March 6, 13, April 24, May 8)

Ages 4–8: 6–6:45 pm

Ages 9–16: 7–7:45 pm

\$5 enrollment fee, plus \$7/night at door

**Registration takes place on Tue, Feb 6,
6:30–7:30 pm at Davis Community Center.**

Youth Basketball Leagues

Grades 2-7

A recreational league designed to develop basketball skills, teamwork, and good sportsmanship. Teams are coached by volunteers, and players are allowed to play one grade level up. This program is co-sponsored with the Cities of Golden Valley, Crystal, Robbinsdale, and St. Louis Park and will include teams from all cities. Min 8, max 12 per session.

\$60 resident, \$64 non-resident
Register by Dec 15

PRACTICES

Davis Community Center
Begin the week of Jan 8

GAMES

Davis and Crystal
Community Centers
Sat, Jan 20–March 10

BOYS GRADE 2

Mon Practice W1136A
Wed Practice W1136B

BOYS GRADE 3

Mon Practice W1136D
Wed Practice W1136E

BOYS GRADE 4-5

Mon Practice W1136G
Wed Practice W1136H
Thur Practice W1136I

BOYS GRADE 6-7

Mon Practice W1136J
Thur Practice W1136L

GIRLS GRADE 2-3

Mon Practice W1136M
Wed Practice W1136N
Thur Practice W1136P

GIRLS GRADE 4-6

Mon Practice W1136R
Thur Practice W1136T

WE NEED VOLUNTEER BASKETBALL COACHES!

To become a volunteer coach,
state at time of registration or email
jstutzman@goldenvalleymn.gov.

Mites Basketball Instructional Program

Grades K-1

Skill-based program for kindergarten and 1st grade girls and boys. Emphasis is on dribbling, passing, shooting, and positions. Instructional scrimmages will be played. Baskets are at a lower height and mini-basketballs are used. Teams are formed the first meeting of the program. Fee includes a T-shirt. Maximum of 30 players per grade.

Crystal Community Center
Sat, Jan 27–March 17
\$50 resident, \$53 non-resident
Register by Jan 12

GRADE K

9–10 am
W1142A

GRADE 1

10:15–11:15 am
W1142B



SUMMER PROGRAMS

MARK YOUR CALENDAR!
Registration for these popular programs
begins January 8.

Mites Playground Adventure Ages 4-6

Let's get outside and play! We have tons of fun planned specifically for kids not quite ready for the full Summer Playground Adventure experience, including games, arts and crafts, songs, and storytelling. Participants will be supervised by staff experienced in recreation and working with children. Min 10, max 24 per park.

Mon–Thur, June 11–Aug 2
(no program July 2–5)
9:30–11:30 am
\$10 resident, \$12 non-resident

Lions Park S1231A
Scheid Park S1231B

Summer Playground Adventure

Ages 7-12

Enjoy a summer of outdoor fun with games, arts and crafts, great playgrounds, nature activities, and more. Participants will be supervised by staff experienced in recreation and working with children. Min 10, max 40 per park.

Mon–Thur, June 11–Aug 2
(no program July 2–5)
1–4 pm
\$15 resident
\$17 non-resident

Hampshire S1228A
Lions S1228B
Scheid S1228C
Wesley S1228D

Camp Valley Ages 7-12

Camp Valley is an action-packed week full of adventures, including games, swimming, new friends, team challenges, arts and crafts, snacks, and exciting outdoor experiences. Participants will be supervised by our enthusiastic and exciting playground staff. Participants should bring a water bottle and bag lunch each day. Join us to have fun, learn, and make new friends before heading back to school! Min 12, max 48 per session.

Brookview Park Large Pavilion
9–4 pm
\$129 res, \$135 non-res

Mon–Fri, Aug 6–10
S1240A
Register by July 30

Mon–Fri, Aug 13–17
S1240B
Register by Aug 6

Schools Out >>

American Red Cross Babysitting Training

Ages 11-15

Using fun activities, videos, discussions, and real-life problem-solving situations, participants will learn leadership with kids, professionalism, safety and safe play, and basic care, feeding and diaper changing, along with first aid and CPR training for infants and children. Participants provide own lunch and snack.

Brookview Wirth Lake Room

Tue, Jan 2 (Winter Break)

8 am-6 pm

\$105 resident, \$110 non-resident

W1215A

Spy Science With Science Explorers

Grades 1-5

Go undercover with Science Explorers! Become a spy as we unlock the science behind secret messages, create simple spy tools including a Cipher Wheel and spy-glasses, and more.

Brookview Wirth Lake Room

Mon, Feb 19 (Presidents' Day)

9:30-11:30 am

\$20 resident, \$22 non-resident

W1241A

Register by Feb 12



CheMystery Camp

Ages 7-12

Join the fun as we explore the mysteries of chemistry in this interactive science camp. Participants will create and observe chemical reactions, make gummy drops, create chromatography, blow mud, and create slime.

Crystal Community Center

Tue, Jan 2 (Winter Break)

9:30-11:30 am

\$25 resident, \$28 non-resident

W1242A

Register by Dec 26

When I'm In Charge

Ages 8+

This course is designed for boys and girls who may find themselves home alone. It will discuss safety address concerns such as coming home to an empty house, basic responsibilities, phone and Internet safety, fire and gun safety, and many others topics. Parents are welcome to attend the last 30 minutes of class.

Brookview Wirth Lake Room

Mon, Feb 19 (Presidents' Day)

1-4 pm

\$54 resident, \$58 non-resident

W1226A

Snow Tubing At Wild Mountain

Ages 8-14

This will be a fun-filled day of effortless snow tubing down the mountain. Participants should bring a bag lunch. Participants should wear appropriate clothing and bring a bag lunch or money to purchase lunch. Wavers will be emailed prior to trip.

Wild Mountain Ski & Snowboard Area, Taylors Falls

Wed, Jan 3 (Winter Break)

Depart Brookview Parking Lot at 9 am, Return at 4 pm

\$39 res, \$46 non-res

W1234A

Register by Dec 27



Junior Jurassic Camp

Ages 7-12

Let's take a journey back to the Jurassic era, where we will explore on excavation dig using real paleontologist techniques to record our findings. We will also explore the principle of original horizontality, which is a real TREAT (please advise any dietary restrictions).

Crystal Community Center

Mon, March 26 (Spring Break)

9:30-11:30 am

\$25 resident, \$28 non-resident

W1243A

Register by March 19

Come Join Us!

Spring Break Explorer Camp

Ages 7-12

Spend spring break learning about nature, making crafts, and participating in fun outdoor recreation activities. Dress for the weather and bring a beverage, nut-free snack, and lunch.

Lions Valley Place Park, Crystal

Tue–Thur, March 27–29 (Spring Break)

9 am–3 pm

\$60 resident, \$64 non-resident

W1245A

Register by March 30

Maple Syrup Anyone?

Ages 6-12

Participants will learn about maple trees and how they are tapped, collect and taste maple syrup straight from the trees, and learn how maple sugar is made. Instruction and equipment provided by Three Rivers Park District. Dress for the weather.

French Regional Park, Plymouth

Wed, March 28 (Spring Break)

1–3 pm

\$11 res, \$13 non-res

W1244A

Register by March 13



Adaptive Recreation Through Reach For Resources

The adaptive recreation program is a cooperative effort of REACH for Resources and the Cities of Brooklyn Center, Brooklyn Park, Golden Valley, Plymouth, Maple Grove, Chanhassen, Chaska, and St Louis Park. REACH is an agency that serves individuals with developmental disabilities and their families in Western Hennepin County and Eastern Carver County. Services include adaptive recreation, independent living support, case management, and counseling.



952-200-3030 • www.reachforresources.org

ALL AGES (5+)

- Yoga
- Tae Kwon Do
- Bowling

TEEN (13-21)

- Teen Explorers
- Social Seekers
- Zumba

ADULT

- Wednesday Night Social
- Empowerment Group
- On The Town

**AND
MUCH
MORE!**

INCLUSION SUPPORT IS ALSO AVAILABLE

REACH For Resources provides inclusion facilitators for children and adults with disabilities who would like to participate in their City parks and recreation programs. Registration for these programs is done through your Parks and Recreation Department. After registering, contact REACH to discuss the needs/accommodations for yourself or your child. We request a minimum of two weeks notice for a successful inclusion.

Tai Chi Classes With Marie Mathay

For centuries, the Chinese have recognized the beneficial effects of Tai Chi to improve health, balance, and flexibility. Join Certified Instructor Marie Mathay in this gentle, slow-moving series of ancient Tai Chi exercises designed to enhance physical and mental well-being. Wear loose, comfortable clothing and flat shoes.

Brookview Wirth Lake Room \$56 resident/\$59 non-resident

TAI CHI FOR HEALTH & ARTHRITIS – BASIC

Great for beginners, Sun style Tai Chi introduces basic Tai Chi and Qigong principles and movements, activates internal energy, and promotes the calming harmony of body, mind, and breath. All ages and abilities welcome.

Tue, Jan 2–Feb 13
(Jan 30 location TBD)

8:30–9:30 am
W2207A

Tue, Feb 20–April 3
8:30–9:30 am
W2207B

TAI CHI FOR HEALTH & ARTHRITIS 2 – ADVANCED

This advanced class is for those who have learned the first half of the form in our Basic class. We will continue our Tai Chi journey through the full 41 set of movements.

Tue, Jan 2–Feb 13
(Jan 30 location TBD)

9:40–10:40 am
W2208A

Tue, Feb 20–April 10
9:40–10:40 am
W2208B

BEGINNING YANG STYLE TAI CHI

One of the older and most popular styles of Tai Chi practiced today, Yang style dates from the 1800s and has many variations. Join instructor Marie Mathay in learning Chen Man Ching's 37 Short Form. **Qualifies for reduced rate if purchased with another Tai Chi or Qigong class in this session.*

Thur, Jan 4–Feb 15
(Feb 1 location TBD)

9–10 am
W2209A

Thur, Feb 22–April 5
9–10 am
W2209B

SHIBASHI QIGONG

Cultivate more energy and better balance through this series of gentle breathing and moving exercises called Shibashi Qigong. An easy “follow-the-leader” style of 36 movements designed for healing and restoring health, Shibashi is a great intro to ancient Chinese healing exercises. Suitable for all ages and abilities. **Qualifies for reduced rate if purchased with another Tai Chi or Qigong class in this session.*

Thur, Jan 4–Feb 15
(Feb 1 location TBD)
10:15–11:15 am
W2215A

Thur, Feb 22–April 5
10:15–11:15 am
W2215B



Ballroom Dancing For Beginners

If you wish you knew how to dance so you could get on the floor with confidence, then this is the perfect course for you! Learn to dance real steps in sync with your partner, to fun and familiar music heard at wedding dances and most social events. Couples dance with their own partner, and singles rotate with one another. Teens and adults of all ages welcome! Free make-up lessons if you need to miss class for any reason. For more information, visit www.constantinedance.com, or call instructor Deanna Constantine at 612-240-8329. The Constantine family has been offering quality dance instruction in the Twin Cities for more than 50 years! Deanna Constantine offers simple instruction where everyone will have fun and be successful learning to dance!

Sun, Feb 11–March 4
4–5:30 pm
\$55 resident/\$59 non-resident
W2403A

Pilates-Inspired Workout With Annette

When was the last time you found yourself with an amazing set of abs? Challenge your powerhouse with the body-slimming, core-shaping exercises that have made Pilates the most popular method to tone and sculpt long, lean muscles. This easy, energizing routine promises to improve flexibility, balance, and posture and maximize your mental and physical health. Exercises are appropriate for all fitness levels. Annette's classes are always easy to follow, non-intimidating, and fun. Many elements of yoga are included. Please bring an exercise mat. Annette is the host of the award-winning Channel 18 TV show *Yoga on the Go*.

Brookview Wirth Lake Room
Mon, Jan 22–March 12 (no class Jan 29)
6–7 pm
\$56 resident/\$59 non-resident
W2202A

Daytime Yoga With Annette

Yoga can help reverse the aging process by improving flexibility, massaging the inner organs, strengthening the muscles, and improving balance, posture, circulation, and digestion. Exercises are appropriate for all fitness levels. Annette's classes are always easy to follow, non-intimidating, and fun. Please bring an exercise mat. Annette is the host of the award-winning Channel 18 TV show *Yoga on the Go*.

Brookview Wirth Lake Room
Tue, Jan 23–March 13 (no class Jan 30)
11 am–noon
\$56 resident/\$59 non-resident
W2201A

Intermediate Belly Dancing

Class teaches to you mix and layer body movements with dance steps, introduces advanced dance movements, and continues with core muscle strengthening, coordination, and overall body improvement and dance refinement! Class taught by Tatyana Butkova.

Brookview Wirth Lake Room
Mon, Jan 8–March 5 (no class Jan 29)
7–8:30 pm
\$80 resident/\$85 non-resident
W2402A

Baby Boomers & Beyond Body & Balance Workouts

Come join us for some fitness fun on Fridays! Nancy Stoneberg, certified personal trainer and Twin Cities Live fitness consultant, has dedicated much of her time to training and educating people age 55+. She helps individuals realize it's never too late to make a positive difference in strength, balance, and overall wellness. These classes are for all levels and abilities. Nancy's motto is "YES, YOU CAN!" Once registered, your punch pass will be available for pick up at your first class. Class schedule will also be available at class.

Call Robbinsdale Parks and Recreation at 763-531-1278 or visit www.robbinsdalemn.com to register.

Robbinsdale Police & Fire Building
(41st & Hubbard Ave)
Fridays ongoing
9–9:45 am
\$30/5 class punch pass



Boot Camp

Come ready to burn calories and build endurance, all while having a great time. Boot Camp is a combination of strength, cardio, endurance, flexibility, and core with a mix of functional movement patterns. You get everything you need in less than an hour! We keep you moving from the first minute to the very last second. This is a challenging yet effective hour of training. The designer of this intense course has more than 20 years in fitness with a background in fitness, sports nutrition, and Functional Movement. All participants should bring 2- to 5-lb weights or a resistance band.

Davis Community Center \$50 resident/\$53 non-resident
Sun, Jan 7–March 11 W2204B
 9–10 am

Women's Basic Self Defense Workshop

This interactive empowerment class will cover a variety of useful and powerful defense techniques, including prevention and awareness. Students learn techniques for verbal de-escalation, boundary-setting, and physical strategies for dealing with standing confrontations. Learn basic close quarter physical techniques to use if verbal tactics are not enough. An emphasis is placed on addressing situations involving conflict with acquaintances, as this is the highest risk category for women. Learn tactics to keep yourself safe in situations of imminent violence. Students will have opportunities to practice use of physical and verbal skills in drills and simulated attack scenarios.

Brookview Wirth Lake Room \$50 resident/\$53 non-resident
Sat–Sun, Feb 17–18 W2213A
 noon–3 pm

Ice Fishing

Take a shot at one of Minnesota's favorite winter pastimes. Learn what equipment is needed and the basics of ice and cold weather safety before trying your luck at ice fishing! Program includes necessary license, all equipment, and instruction. Meet at the boat launch at French Regional Park. Done in cooperation with Three Rivers Park District and Robbinsdale Community Education. This program is for everyone; however, youth ages 16 and under must be accompanied by an adult.

French Regional Park Boat Launch
Sat, Feb 17
 9–11 am
 \$25 resident/\$27 non-resident
 W2216A



Yoga Flow With Laura

This non-competitive flow style yoga focuses on your personal experience. Classes combines yoga postures, targeted core work and breath/body awareness. All classes end with an optional guided relaxation that takes each practice to a deeper level. Appropriate for beginners to yoga as well as those who already practice. Benefits include increased strength, flexibility, body awareness, and mental clarity. Wear comfortable clothes and bring a yoga mat. Blanket and small pillow are optional for relaxation. Instructed by Laura Lazowski.

Brookview Wirth Lake Room
 5:30–6:45 pm
 \$66 resident/\$70 non-resident

Tue, Jan 2–Feb 13 (no class Jan 30)
 W2206A

Thur, Jan 4–Feb 15 (no class Feb 1)
 W2206B

Tue, Feb 20–March 27
 W2206C

Thur, Feb 22–March 29
 W2206D



HealthRythms® Group Empowerment Drumming

Participation in active group percussion experiences has physical benefits, including sustained physical activity, relaxation, and use of fine motor skills. A strong sense of group identity and a feeling of belonging is created because participants are actively making music together and because the sustained repetition of the steady beat acts to bring people together physically, emotionally, and mentally (rhythmic entrainment). Percussion activities can be done with little or no previous musical background or training, making these experiences accessible to virtually all people. Facilitator Cheri Bunker has 12 years of experience and has been trained by the Remo Drum Corporation by Music Therapist Christine Stevens and Neurologist Barry Bittman. Drums and percussion provided.

Call Crystal Parks and Recreation at 763-531-0052 to register by Feb 21.

Crystal Community Center
Mon, Feb 26
 10:30–11:30 am
 \$5/person

Adult Co-Rec Indoor Volleyball League

Our new co-rec six-on-six indoor volleyball league will play a 10-week season at Davis Community Center. For detailed registration information, visit the City website at www.goldenvalleymn.gov/recreation/adults/leagues.php.

Davis Community Center
Wed, Dec 8–Feb 21
(no games Dec 27, Jan 3)
Times vary between 6–9 pm
\$250 per team



Hands-Only® CPR And AED Training

There are more than 400,000 Sudden Cardiac Arrests each year in the USA, making Heart Disease and Sudden Cardiac Arrest the #1 killer in the country. Statistics show higher survivability when victims are treated with early, effective CPR combined with use of an Automated External Defibrillator (AED). Take this opportunity to make a difference for a co-worker, family member, or even a stranger. Learn the lifesaving skills of adult Hands-Only® CPR and AED Awareness in one hour! No previous CPR training is required.

Brookview Wirth Lake Room \$10/person
Tue, Feb 27 W2306A
7–8 pm



DAVIS COMMUNITY CENTER OPEN GYMS

All levels welcome.
Schedule is subject to change due to low attendance.
Check the City website for updates.
\$28/10-time punch pass or \$4/daily drop-in

DEC 23, 2017–MARCH 31, 2018

Sun	Family Open Gym	1–3 pm (closed Dec 24 & 31)
Sun	Pickleball Drop-In	3–5 pm (closed Dec 24 & 31)
Tues	Volleyball 18+	8–10 pm (closed Jan 2, 23, 30, Feb 13, March 6, 13)
Thur	Volleyball 18+	8–10 pm (closed Jan 18, Feb 15, 22)
Fri	Youth Open Basketball & Soccer	6–8 pm (closed Jan 10)
Sat	Open Basketball For All Ages	8–10 am

Check the City website at www.goldenvalleymn.gov for updates.



Volunteers Make A Difference

Check out the volunteer opportunities listed below and contact the Parks and Recreation office today to lend a helping hand.
Visit our website for more information and to complete the online application.

SPECIAL EVENTS

- Run The Valley (April)
- Penny Carnival (Aug)
- Bike Rodeo (May)
- Golden Valley Golf Classic (Sept)

OPEN SPACE & PARK IMPROVEMENTS

- Adopt-A-Park (April–Oct)
- Mighty Tidy Day (Oct)
- Storm Sewer Stenciling (seasonal)

COMMUNITY PROGRAMS

- Lawn Bowling Attendant (May–Oct)
- Photo Posse (varies)
- Summer Concert Series (June–Aug)
- Youth Holiday Programs (Dec)

YOUTH ATHLETICS

- Basketball Coach (Jan–March)
- Hockey Coach (Jan–Feb)
- Soccer Coach (Sept–Oct)
- Junior Golf League (June–July)



**Contact us today
to lend your helping hand!**

VISIT: www.goldenvalleymn.gov/community/volunteers | **E-MAIL:** ParkandRec@goldenvalleymn.gov | **CALL:** 763-512-2345

Save money and avoid service fees by purchasing tickets through Parks and Recreation for these great events. Tickets must be picked up at the Parks and Recreation office upon notification they are available to be picked up. NOTE: You must supply your own transportation and a minimum of 15 must be reached by our cooperative group.

Marvel Universe At Xcel Energy Center

Marvel fans, assemble for this live, action-packed, legendary battle to defend the universe from evil. Spider-Man, the Avengers, and many more join forces in a race against time to defeat Loki. This all new show unites some of Marvel's greatest super heroes against some of the most threatening villains the universe has to offer. Guests age 2 and older are required to have a ticket.

Sat, Dec 9 F4103A
11 am Register by Nov 21
\$30/person (lower level reserved)

Minnesota Timberwolves vs Sacramento Kings At Target Center

Visit the newly renovated Target Center and watch the Minnesota Timberwolves host the Sacramento Kings. Come check out the highly electrifying Andrew Wiggins, along with the newly acquired Jimmy Butler. After the game, as each person who registers with the Parks and Recreation Department will be able to shoot a free throw on the court.

Sun, Feb 11 W4107A
6 pm Register by Jan 8
\$23/person



2Cellos At Target Center

2CELLOS, music's most electric and dynamic instrumental duo, go to the movies for their new Portrait/Sony Music Masterworks album *Score*. As an international sensation, the Croatian cellists Luka Sulic and Stjepan Hauser have so far created three high-energy albums for Sony Music Masterworks. Come join us as we hear their newest album *Score*, along with the London Symphony Orchestra with conductor/arranger, Robin Smith.



Thur, Jan 25 W4108A
8 pm Register by Dec 20
\$38/person

Disney On Ice Frozen At Target Center

Enter a fantastical winter wonderland as Disney On Ice presents *Frozen*. You'll be magically whisked away into the wintry world of Arendelle, where you will be dazzled by amazing special effects and astonishing skating. Sing and dance along to inspiring songs, including "Let It Go." Join royal sisters Elsa and Anna, the hilarious snowman Olaf, Kristoff, his loyal reindeer Sven, and the mystical trolls, as they journey to discover that true love is the most magical power of all!

Sun, March 4 W4109A
5 pm Register by Jan 31
\$27/person

Youth Athletic Associations

**Armstrong Cooper
Youth Baseball Association**
Boys age 12-19
Brian Nelson, 612-720-9642
brian.nelsongv@gmail.com
www.acybaseball.com

**Cooper/Armstrong
Girls Fastpitch Softball**
Girls age 7-18
www.caheatfastpitch.org

**Golden Valley
Girls Slowpitch Softball**
Girls grade 3-12
Keith Hiljus
keithhiljus@gmail.com
www.gvgs.org

**Park Valley United FC
Soccer Club**
Boys & Girls age 5-18
(Recreational 5-12, Competitive 9-18)
612-405-2425
www.parkvalleyunitedfc.org

**Golden Valley
Little League Baseball**
Boys & Girls age 5-12
Pat Dale, 612-423-9345
GVLittleLeagueInfo@gmail.com
www.goldenvalleylittleleague.org

**Armstrong Cooper
Youth Hockey Association**
Boys & Girls age 4+
Dawn Speltz, 612-987-4599
www.acyha.org

Annual Senior Newsletter Subscription

Don't miss out on all the great 55+ happenings at Brookview. Subscribe to our bi-monthly newsletter to stay-in-the know! Subscriptions run January–December. That's six newsletters mailed right to your door! Subscriptions need to be renewed each year in December by mail, online, or walk-in at Brookview.

ADDED BONUS—NEW FOR 2018!
 The ever-popular, mini sticky calendars are back!
 Subscribe today to receive yours!

\$5 resident/\$8 non-resident Y3200C



Holiday Tea

Join us for a delightful afternoon with entertainment by Kent Appeldoorn, followed by delicious finger foods and desserts. Festive attire encouraged. Bring your own tea cup and saucer to add to the fun. Check out the entertainment at kentappeldoorn.com.

Brookview Bassett Creek Room
 Mon, Dec 11
 1–2:30 pm
 \$9/person
 F3301A
 Register by Dec 8



Helping You Through The Medicare Maze

Going to retire and need your Medicare questions answered? Wondering about your choices with supplemental coverage? Have questions about Part D? Worried about the details in filing a claim or appeal? Do you need help through the Medicare maze? Marsha will meet with you one-on-one to answer your Medicare Insurance questions, assist you with insurance forms, or guide you through supplemental or Part D insurance. She would love to work with you. Appointments are required at least three days in advance by calling 763-512-2366.

Brookview Rice Lake Conference Room
 Thur, Jan 11, Feb 8, March 8, or April 12
 Appointment times are 10 am, 11 am, 12 pm

Mary Wanderers Travel Show

The adventures begin as we kick-off the Mary Wanderers, our 2018 travel program with a “meet and greet.” Meet Alice and Mary, our trip planner and escort, and greet your fellow travelers as you enjoy dessert and ice cream. Be the first to hear about upcoming travel adventures. We will also have games, prizes, and more!

Brookview Bassett Creek Room
 Mon, Jan 22
 1 pm
 \$4/person
 W3103A
 Register by Jan 19

Happy Feet Foot Care Clinic

This clinic is conducted by licensed nurses who specialize in routine foot care for elder and diabetic feet through Happy Feet, Inc. They work on corns, calluses, thick or curled toe nails, and ingrown nails, if they are not well-advanced. A foot soak and massage are provided with each visit. Please bring a bath towel. Call Happy Feet at 763-560-5136 to schedule your half-hour appointment.

Need to cancel your appointment? You must call Happy Feet at least 24 hours in advance, or you may be charged a fee.

Brookview Twin Lake Room
 2nd Friday of each month
 10 am–3 pm
 \$48, payable day of service with cash or check only

Weekly Card & Game Groups

These 55+ adult card and game groups will resume the week of Dec 4 in the new Brookview! New players are always welcome. Please arrive at least 10 minutes before the scheduled start time to get set up. All groups meet at Brookview in the Valley Room. No pre-registration required. We look forward to seeing you there!

DAY	GROUP	TIME
Monday	Dominoes	1 pm
Tuesday	Cribbage	1 pm
Wednesday	500	1 pm
Thursday	Euchre	1 pm
	Bridge	6:30 pm
Friday	Bridge	9 am

Defensive Driving

Adults age 55+ can save up to 10 percent, get a three-year discount on car insurance premiums, and become better drivers by taking a state-approved National Safety Council Defensive Driving course. These classes are taught by professional certified instructors and offered by the Minnesota Safety Council. No tests are given, but attendance is required to receive the certificate of completion.

Registration & Certificate of Completion

To guarantee a certificate at class completion, register at least seven days in advance with the Minnesota Safety Council. Make checks payable to "Minnesota Safety Council" and mail to 474 Concordia Ave, St Paul, MN, 55103. Call 651-291-9150 to register with credit card.

8-HOUR FIRST-TIMERS COURSE

Brookview Valley Room North
Sat, March 3 & 10 (must attend both days)
9 am–1 pm
\$19/person

4-HOUR REFRESHER COURSES

Brookview Valley Room North
Thur, Jan 11, Feb 8, March 8, or April 12
9 am–1 pm
\$18/person

Driver Improvement Programs

This is a Minnesota Highway Safety and Research Center (MHSRC) Driving Improvement Program for those over 55. Classes are taught by a certified instructor from the Minnesota Highway Safety Center. Minnesota State Law allows a 10 percent reduction in auto insurance premiums for three years upon completion of the course.

To register, visit the Minnesota Safety Center website at www.mnsafetycenter.org or call toll free at 1-888-234-1294. Fees collected day of class.

8-HOUR FIRST-TIMERS COURSE

Brookview Valley Room North
Tue & Wed, March 27 & 28
(must attend both days)
5:30–9:30 pm
\$26/person

4-HOUR REFRESHER COURSES

Brookview Valley Room North
Wed, Jan 24, March 7, or April 25
5:30–9:30 pm
\$22/person



Mondays With Mary

Join Mary to make greeting cards, placemats, party favors, and more. We work on projects for Ambassador Care Center, Dinner At Your Door, Senior Dining, Golden Valley Seniors, and Mary Wanderers. We'll supply the materials and coffee, and you bring your time and talent. Donations accepted for refreshments.

Brookview Valley Room South
Mondays beginning Dec 4
(no meeting Jan 15, 29, Feb 5, 19)
9:30–11 am



Coffee Talk

Join us for juice, treats, informative programs, and of course, coffee! Call the Senior Office to register in advance so there are treats and coffee for all.

Brookview Valley Room North
\$2 payable at the door
9:45–11 am

WED, JAN 24

Germany

A trek through Germany: Land of beer and wine, kings and castles, walls, rivers, mountains, and the sea, with a rich history of religion, composers, dictators, war, philosophers, and engineering. Presenter Karen Gordon is a Germany travel specialist who personalizes group and individual travel. She has traveled to Germany a dozen times herself as a student, tourist, guest, and tour guide. Her experience hosting a German exchange student and building a life-long friendship with him and his parents brings additional depth to her connection with Germany. *Register by Jan 23.*

WED, FEB 28

History Of The American Flag

Presenter Richard Middleton will give us the history of the American Flag. See actual flags and hear the stories that surround them. After receiving a Distinguished Military Graduate Officer commission in the United States Army, Middleton was selected to be an instructor at the US Military Academy at West Point, NY. *Register by Feb 27.*

WED, MARCH 28

Caring For The Caregiver

Learn why identifying as a caregiver is important. This presentation will help you find the resources available for caregivers and those they care for. The importance of self-care will also be highlighted. *Register by March 27.*

Living Wise And Well **FREE**

It's a fact—people are living longer and healthier! Join us for this free program that offers monthly information for a happy, healthier you. Refreshments provided by Calvary Center Cooperative. No pre-registration required.

Calvary Center Cooperative Prairie Room
2–3:15 pm

THUR, JAN 4**Philip Brunelle**

Philip Brunelle is known as “Mr Music” in Minnesota. His career has included work with the Minnesota Orchestra, St Paul Chamber Orchestra, and Minnesota Opera. For the past 48 years, he's also been with VocalEssence as artistic director and founder, and as organist-choirmaster at Plymouth Congregational Church in Minneapolis. He has served on both the Minnesota State Arts Board and the National Council on the Arts. Philip has many stories to share about the arts in the Twin Cities.

THUR, FEB 1**Songs And Stories Of The Music From The '50s-'70s**

Hear the songs and stories behind the music legends of pop, county, and jazz of the 1940s, 1950s, 1960s, and 1970s. Presenter Jim Berner is a professional vocalist, entertainer, and musician with more than 25 years of experience. You may have seen him at the Minnesota State Fair.

THUR, MARCH 1**How To Protect Your Photos Before Disaster Strikes**

As we all know, disasters just do not happen during the spring and summer storm seasons. Most people do not have a disaster plan in place. However, it is a great time for a family to consider how to protect some of its most treasured assets—photos, photo albums, and digital images and files. Professional photo organizer and expert Beth Gibson Lilja will discuss the importance of having a plan in place before a disaster hits. Beth will educate the group on how to get started organizing and protecting these precious family memories.

Money Matters **FREE**

With consumer costs rising, finances and investments are of more interest than ever. Join us as we hear speakers from companies dealing with finances and investments present information important to today's investor. No pre-registration required.

Brookview Valley Room North
10–11:15 am

THUR, JAN 18**2018 Tax Changes**

Get a jump on 2018! Learn about the tax changes in Minnesota and how they may benefit you. Presented by Andrew Jensen of H&R Block Advisors.

THUR, FEB 15**Investing 105 – Market Update 2018**

After a review of stock market highlights of the previous 12 months, we'll look at recent news and events and Federal Reserve activities. We'll examine the results of a one-year-long net-performance comparison of the S&P 500 index mutual fund with a large cap value fund. Finally, we'll briefly review the new Department of Labor Fiduciary Rules. Presented by Dale Stenseth.

THUR, MARCH 15**How Am I Going To Pay For This?**

This session will focus on how to build a plan to pay for home care, assisted living, memory care, and/or nursing care, including Medicare, long-term care insurance, Veterans Benefits, and Medicaid. Learn what the different types of senior housing are, the estimated costs of medical care, as well as eligibility requirements for programs, and what can be done to protect your estate. The speaker, Mary Frances Price, is a local Elder Care attorney and community educator.

THUR, APRIL 19**Are You Getting All You Can Out Of Social Security?**

Maximize your Social Security benefits for retirement in our Social Security Strategy Class. There are strategies that can add thousands of dollars to some couples' retirement income. During this workshop, you learn Social Security strategies that could increase your overall benefit amount. Presented by Joshua Legband.

THUR, MAY 17**Home Care Options**

Explore different options to aging in place and staying in your home as long as possible. Presented by Beth Guntzel of Services At Home with The Good Samaritan Society.

Mary Wanderer's Trip Program

Comfortable motor coaches, good food, knowledgeable tour guides, and Mary as our escort—our trips are planned with you in mind! Trip registrations are taken on a first-come, space-available basis by mail, online, or in person at Brookview. Use the trip code and select meal choice (if offered) when registering. **Pick-ups available at Golden Valley City Hall or Calvary Center Cooperative (if five or more requests).**

Forever Elvis At St Cloud Paramount Theater

Wed, Feb 14

Start with lunch at Coyote Moon Grille Restaurant overlooking the Territory Golf Club in St Cloud. Menu: Buffet with a couple of entrees, side dishes, salads, beverage, and dessert.

Continue to the Paramount Theatre in St Cloud, a turn-of-the-century historic 700-seat theater that was renovated in 1998. Visit the Visual Arts Center in the lower level and stop next door at the Paramount Gallery and Gift Store, which features Minnesota artists in all mediums (the exhibition on display has not yet been announced).

Then enjoy the performance. Art Kistler and the EP Boulevard Show Band have catapulted this classic, popular entertainment genre to an entirely new level in "Forever Elvis: The Spirit Lives!" complete with dazzling, authentic costumes and a wide variety of timeless, classic tunes. Kistler is a formally trained vocalist and recording artist and has performed all over the USA and internationally. With heart, and with the soul of a true entertainer, Kistler makes the entire room his stage as he interacts with members of the audience, respectfully recreating illusions of the look, signature moves, energy and powerful sounds of the King of Rock 'n' Roll.

Wed, Feb 14

\$72

9:50 am pick-up

4:45 pm approximate return

Register/cancel by Jan 8

Y3241A



Tastes Of Germany

Fri, March 2

Begin at The Winzer Stube German Restaurant in downtown Hudson (guests need to manage a flight of stairs into the ambiance of the wine cellar atmosphere), where traditional recipes are recreated from the Mosel, Rhein, and Alsace regions of Germany. We will enjoy a cup of soup made in-house from scratch using fresh vegetables and herbs. Bread is served with unsalted whipped butter.

Choose soup option when registering:

- 1) Hühnersuppe (chicken, vegetables, and tiny flour dumplings)
- 2) Pilzsuppe (cream of mushroom soup, as seen on Rebecca's Garden Show)

Upon arrival in the heart of historic and picturesque downtown Stillwater, we'll visit the Kathe Wohlfahrt of America and discover the unforgettable charm of items reminiscent of Christmas stores in Germany. It all began with a Christmas music box from the Erzgebirge region as a gift for friends in America. The business idea grew out of a love for a traditional Christmas, in harmony with an enthusiasm for preserving customs and the associated craftsmanship. From there we'll head for the Gasthaus Bavarian Hunter Restaurant in Stillwater. This family-owned German restaurant offers great food, atmosphere, and Gemütlichkeit that guests have enjoyed over the past 40 years. Danke schön and Prosit!

Choose entree option when registering:

- 1) Bratwurst/Knackwurst Combo – One bratwurst sausage and one knackwurst sausage, served with hot potato salad and sauerkraut.
- 2) Sauerbraten – Marinated beef roasted with special seasonings and served in the traditional Bavarian style, with mashed potatoes and red cabbage.

Conclude this tasting tour at the Black Forest Inn, which has been serving authentic German specialties in Minneapolis since 1965. We will enjoy homemade German Chocolate Cake served with coffee.

Thur, April 26

\$74

6:30 pm pick-up

10:30 pm approximate return

Register/cancel by Jan 23

Y3245A



Dance Til You Drop At The Minnesota History Center

Thur, March 29

Dance Til You Drop—It Is A Dance Theater Experience—1933. The Stock Market Crash of 1929 left thousands of people out in the cold. These were desperate times that called for desperate measures, hence the rise of the dance marathon fad! Here in Minneapolis, Callum deVillier and Vonnie Kuchinski won't stop until they set a world record and go home with the prize money. After all, how hard could it be to dance for a few hours... days... weeks... months? This electrifying new work will explore the psychology of dance marathons. What motivated people to participate in this crazy endeavor? What drew in the spectators? How far can we push the human body and spirit? After the show, head on over to popular Grand Avenue for lunch at Tavern On Grand in The Lake Room.

Choose menu option when registering:

- 1) Walleye Basket (fillet, cut into pieces, battered and deep-fried), seasoned Tavern Fries, cole slaw, beverage, ice cream
- 2) Grilled Chicken Breast, seasoned Tavern Fries, cole slaw, beverage, ice cream

Thur, March 29

\$76

8:55 am pick-up

3 pm approximate return

Register/cancel by Feb 12

Y3244A

Lord Gordon Gordon At The Minnesota History Center

Thur, May 10

In 1871 an imposter going by the name of Lord Gordon Gordon wanders into Minnesota and causes such a stir that he nearly ignites a war with Canada. A fake. A fraud. A snake-charmer. This con artist would dazzle and swindle his way into the hearts and wallets of some very well-to-do Minnesotans and then take them on a journey as twistedly bizarre as Glensheen. Hold on tight and take this wacky, wickedly funny, and musically smart journey through the exploits of Lord "Oh, Lordy!" Gordon Gordon!

After the show, enjoy lunch at Casper's Cherokee Sirloin Room in West St Paul.

Choose menu option when registering:

- 1) Small sirloin, tossed salad, baked potato with sour cream, rolls, beverage, and dessert
- 2) Chicken entree with sides, rolls, beverage, and dessert

Thur, May 10

\$77

8:55 am pick-up

3 pm approximate return

Register/cancel by April 2

Y3246A

Jersey Boys At Orpheum Theatre

Thur, April 26

Jersey Boys – The 2006 Tony, Grammy, and Olivier Award®-winning best musical about Rock and Roll Hall of Famers The Four Seasons: Frankie Valli, Bob Gaudio, Tommy DeVito, and Nick Massi. This is the true story of how four blue-collar kids became one of the greatest successes in pop music history. They wrote their own songs, invented their own sounds, and sold 175 million records worldwide, all before they were 30! The show features their hit songs "Sherry," "Big Girls Don't Cry," "Rag Doll," "Oh What a Night," and "Can't Take My Eyes Off You." Seats are in Section 3 - MF, Rows Q, R, S, T, Seats 1-13.

Thur, April 26

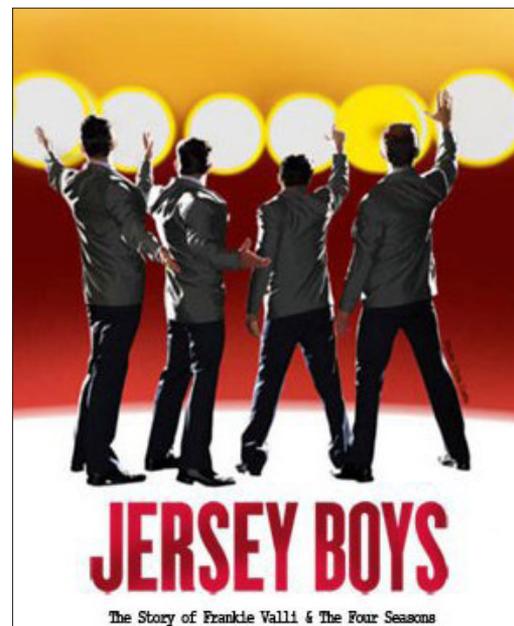
\$74

6:30 pm pick-up

10:30 pm approximate return

Register/cancel by Jan 23

Y3242A



Mary Wanderer's Trip Program (cont.)

Pick-ups available at Golden Valley City Hall or Calvary Center Cooperative (if five or more requests).

Oklahoma: Oil Barons, Oil Paintings, Cowboy Tales, & Native Trails

Mon-Sat, May 14-19

DAY 1 (Mon, May 14): Leave Golden Valley City Hall at 7:30 am. Travel to Ames, IA to tour Reiman Gardens and have lunch. Continue to Kansas City and drive through Country Club Plaza, an outdoor museum of romantic Spanish architecture and European art. Designed in 1922, it is an open-air public art gallery with fountains, sculptures, and murals. Lodging is at the Overland Park Drury Inn. [L,S]

DAY 2 (Tue, May 15): Leave Overland Park and have lunch in Bartlesville, OK at the restaurant in the Price Tower, Frank Lloyd Wright's innovative skyscraper that forever changed the Oklahoma horizon. Spend time in Pawhuska, OK to shop at The Pioneer Women Mercantile. Lodging for the next three nights is in the Jenks Holiday Inn at the Riverwalk Crossing. [B,L,S]

DAY 3 (Wed, May 16): Tour the Oklahoma City National Memorial and Museum. Learn about the events of April 19, 1995 and the remarkable response that captivated a nation. Have lunch at The Museum Grill by Petroleum Club of Oklahoma City. Tour the National Cowboy and Western Heritage Museum, America's premier institution of western history, art, and culture. Visit Bricktown and walk along the canal in the former warehouse district. Look around and get some refreshments. Return to Jenks by early evening. [B,L,S]



DAY 4 (Thur, May 17): Travel to the Cherokee Nation in Tahlequah. Meet a Heritage Center Storyteller, then tour the outdoor village and indoor exhibit galleries. In Tulsa have lunch at LaVilla Restaurant overlooking the beautiful Philbrook Gardens. The Italianate villa and gardens were built by oilman Waite Phillips. It has evolved over time from a grand family estate to Tulsa's Art Center. Later in the day, take a guided tour of the beautiful and charming Gilcrease Museum, surrounded by themed gardens. It houses the world's largest, most comprehensive collection of art and artifacts of the American West. [B,L,S]



DAY 5 (Fri, May 18): Tour the Will Rogers Museum in Claremore. Humorist William Penn Adair Rogers is noted as being first a Cherokee Indian, a cowboy, a national figure, and a legend. In Miami, OK have lunch on stage before touring the Coleman Theater, a restored 1929 performing arts venue with ornate architecture. Travel to Independence for lodging at Drury Inn. Have dinner at Ophelia's Restaurant overlooking historic Independence Square. After dinner, a Harry Truman Impersonator will give a presentation about our 33rd President. [B,L,D]

DAY 6 (Sat, May 19): Travel to Des Moines, IA for lunch at Malo's Restaurant, located in a renovated Art Deco firehouse. Next is a visit West End Salvage, a four-story showcase for antiques and goods salvaged from all over the world. Return to Golden Valley by early evening. [B,L]

Fee includes: Deluxe motor coach transportation, lodging for five nights, meals as indicated [C-coffee, B-breakfast, L-lunch, D-dinner, S-supper], attractions as outlined in itinerary, tour director Mary Odell from Golden Valley Seniors, and gratuities on included meals and attractions.

May 14-19, 2018
\$950/person (double), \$1,325/person (single)
\$145 deposit per person is due by March 12

Final payment due by March 26
Payments are non-refundable after March 12
Y3243A

EVENTS & CELEBRATIONS

Host your event at Golden Valley's
newest full-service venue

Centrally located with expansive golf course and sunset views, the Bassett Creek Room at Brookview will offer a modern, versatile indoor and outdoor space for all occasions.

Weddings
Birthdays

Meetings
Retreats

Graduations
Parties

and more!



BROOKVIEW

GOLDEN VALLEY

For more information, visit
brookviewgoldenvalley.com

Brookview Park Pavilions

Hosting a neighborhood, family, or company picnic? Rent a pavilion at Brookview Park, located in Golden Valley at the southwest corner of Hwy 55 and Winnetka Ave. Brookview Park pavilions are sure to be crowd pleasers, with great views of Brookview Golf Course and a maximum park capacity of 300.

RESERVATIONS 2018

Reservations will begin at 8 am as follows:

Golden Valley Resident

In Person Only.....Thu, Jan 11, 2018

Online & In Person.....Fri, Jan 12, 2018

Non-Resident

Online & In Person.....Thu, Jan 25, 2018

Reservations are taken:

IN PERSON

Monday–Friday, 8 am–4:30 pm

Brookview

316 Brookview Pkwy, Golden Valley, MN 55426

ONLINE

<http://webtrac.goldenvalleymn.gov>

Small Pavilion

- 50 people at 10 tables
- 3 charcoal grills
- 2 water fountains
- 6 outlets

Resident \$100

Non-Res \$115



Large Pavilion

- 100 people at 15 tables
- Wood fireplace
- Sink • 3 charcoal grills
- 16 outlets • Restrooms

Resident \$130

Non-Res \$150



Reservation Time Frames

11 am–4 pm and/or 5 pm–dusk

Beer & Wine Permit (Pavilion Only)

\$30 fee is payable at time of reservation.

You may purchase an alcohol permit to serve beer and/or wine at your event (only in conjunction with a pavilion reservation).

Damage/Clean-Up/Noise Deposit

\$250 refundable deposit is payable at time of reservation.

NOTE: Deposit refunds are processed one week after reservation. Due to processing procedures, deposits paid by check or cash could take up to four weeks to receive. Those paid by credit card will be processed immediately.

Music At Brookview Park **NEW!**

Amplified music of any kind is **not permitted** at Brookview Park, except in conjunction with a city sponsored event.

Brookview Park Gazebo

The Brookview Park Gazebo is available to rent for wedding ceremonies of up to 200 guests (only the ceremony area is covered). Rental of the gazebo is only available in conjunction with the rental of Brookview's Large Pavilion (see pavilion reservation times listed above). Guests are welcome to provide their own outdoor lawn chairs or use our exclusive chair rental service, American Affairs. Please contact them at 763-496-1357.

\$50/hour resident, plus Large Pavilion rental fees

\$75/hour non-resident, plus Large Pavilion rental fees



Davis Community Center Gym Court Rental

Davis Community Center is attached to Meadowbrook Elementary School and located at 5430 Glenwood Ave. Its two courts are available for rent and can be used for basketball, volleyball, dance, indoor hockey, conditioning, birthday parties, and more. Court reservations can be made up to six months in advance and are based on availability. Call Golden Valley Parks and Recreation at 763-512-2345 for availability and reservations.

2-hour minimum
\$25/hr/court resident, \$30/hr/court non-resident

Looking for Open Gym times?
See page 17.

BROOKVIEW backyard indoor playground

Sundays

9:30 am–5 pm

Mondays–Saturdays

9 am–8 pm

Closed

Dec 24 & Dec 25, 2017

Feb 1–4, 2018

Daily Admission: \$4 res/\$5 non-res
Punch Card: \$35/10 punches (refillable)
Extras: \$2 for socks (if needed)

Rules

1. The Backyard is designed for 2- to 12-year-olds, with a separate area for 2- to 5-year-olds.
2. Children must be accompanied by an adult or caretaker. Children under 2 and adults are free.
3. Safety first! No running or rough play. Socks are required at all times—no bare feet or shoes. Slides are for going down only; no climbing up. Outside toys or equipment are not allowed.
4. To keep the Backyard from being icky and sticky, we don't allow food, gum, and beverages (except bottled water) inside.
5. The Backyard hosts awesome birthday parties and can't accommodate drop-in parties.

brookviewbackyard.com



BROOKVIEW WINTER RECREATION

Brookview Golf Course will be grooming **two multi-use recreation trails** this winter in a partnership with Three Rivers Park District. The 4- to 8-foot wide trails will **meander through the golf course**. The corduroy style compacted snow grooming will encompass trails **1 mile and 3 miles long**. Trails will not have lights and will rely on natural snow. Helmets are required for biking. **Trail maintenance** will begin when snow conditions are appropriate and will continue through late February (contingent upon weather conditions).

TRAIL HOURS

Sun-Wed.....12-6 pm
Thur-Sat.....12-9 pm

New Year's Eve11 am-5 pm
New Year's Day11 am-6 pm

*Closed Thanksgiving Day, Christmas Eve, & Christmas Day.



FAT BIKE RENTAL



Brookview Golf has partnered with Tonka Cycle & Ski to offer fat bike rentals for use on the Brookview winter recreation trails.

Fat bikes are rented in two-hour increments and come with a bike helmet (required), a small storage bag, and lights for after dark trail use. A waiver is required for all rentals. Those under age 18 are required to have a parent/guardian sign.



Fee is \$25/two-hour rental, plus credit card hold until bike is returned.

Winter Disc Golf

Brookview is once again offering an 18 hole disc golf course. The course is free and open seven days a week. Bring your own discs or rent ours.

18 Hole Disc Golf: Free
Golf Disc Rental: \$7



OPENS NOV 1

2018 GOLF PATRON PROGRAM

Purchase a patron card and save all year at Brookview Golf Course!

Patron card applications can be picked up at Brookview Golf Course at www.brookviewgolf.com starting Jan 1. Card holder benefits include discounted green fees and power cart rental, advance reservation privileges, driving range and merchandise discounts, and coupons.

PATRON CARD TYPE	By 4/1/18	After 4/1/18
Resident Patron	\$75	\$80
Non-Resident Patron	\$115	\$120
Resident Senior (60+)	\$45	\$50
Non-Res Senior (60+)	\$80	\$85
Resident Junior (<18)	\$35	\$40
Non-Res Junior (<18)	\$40	\$45
Par 3 Patron	\$35	\$35

Holiday Gift Cards Are Here!

The holidays are upon us once again and everyone knows gift cards make the perfect gift! These gift cards can be used at Brookview Golf and Lawn Bowling and our NEW Three One Six Bar + Grill.



HOLIDAY BONUS!

Buy \$100 in gift cards and receive a \$20 gift card free! (Valid Dec 1-31, 2017)

THREE
ONE
SIX
BAR + GRILL

Golden Valley's newest gathering spot opens Dec 2, 2017

Expanded Menu + Full Bar
+ Craft Brews
+ Friendly Atmosphere

Sun-Wed 8 am-9 pm • Thur-Sat 8 am-11 pm
brookviewthreonesix.com

HAPPY HOUR

DAILY 3-6 PM

Toys For Tots Drop-off Site

From Dec 2-18, you can drop off a new and unwrapped toy at the Three One Six Bar + Grill collection bin. Receive a coupon for a free side of fries with each drop-off (only one coupon per day for entire donation).

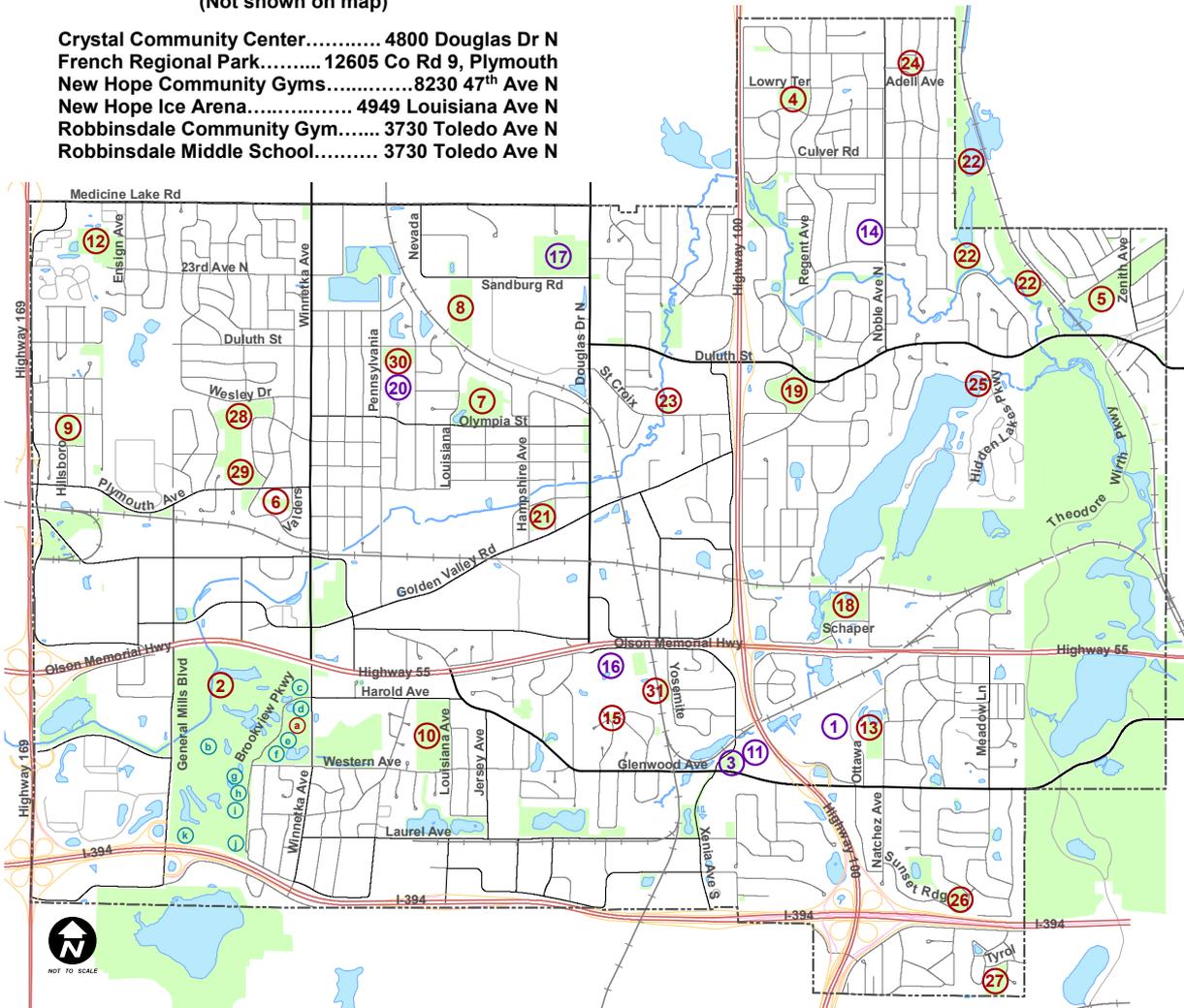
Trivia Nights

Are you a trivia wiz...or do you have friends who are? Come out to the Three One Six Bar + Grill on Mondays at 6 pm beginning Dec 4 for an exciting game of trivia. The quiz consists of six rounds, covering everything from pop culture to history to geography, plus a picture image round, song sound round, or question matching. Great prizes given out each week!

- | | | | |
|---|----------------------|--------------------------------------|------------------------|
| 1) Breck School..... | 123 Ottawa Ave N | 11) Meadowbrook School..... | 5430 Glenwood Ave |
| 2) Brookview..... | 200 Brookview Pkwy N | 12) Medley..... | 2331 Ensign Ave N |
| a. Park | | 13) Natchez..... | 201 Natchez Ave |
| b. Regulation Golf Course | | 14) Noble School..... | 2601 Noble Ave N |
| c. Tennis Courts | | 15) Paisley Park..... | 220 Paisley Ln |
| d. Small Picnic Shelter | | 16) Perpich Center for the Arts..... | 6125 Olson Mem Hwy |
| e. Large Picnic Shelter | | 17) Sandburg Athletic Facility..... | 2400 Sandburg Ln |
| f. Gazebo | | 18) Schaper..... | 631 Ottawa Ave N |
| g. Par 3 Golf Course | | 19) Scheid..... | 1856 Toledo Ave N |
| h. Lawn Bowling Green | | 20) SEA School..... | 1751 Kelly Dr |
| i. Golf Grill, Pro Shop, Community Center | | 21) Seeman..... | 1101 Florida Ave N |
| j. Driving Range | | 22) Sochacki..... | 3500 June Ave N |
| k. Lesson Tee | | 23) St. Croix..... | 5850 St Croix Ave N |
| 3) Davis Community Center..... | 5430 Glenwood Ave | 24) Stockman..... | 3300 Major Ave N |
| 4) Gearty..... | 3101 Regent Ave N | 25) Sweeney Lake..... | 1805 Hidden Lakes Pkwy |
| 5) Glenview Terrace..... | 2351 Zenith Ave N | 26) Tyrol – North..... | 900 Westwood Dr S |
| 6) Golden Oaks..... | 1141 Valders Ave N | 27) Tyrol – South..... | 1510 Kaltern Ln |
| 7) Hampshire..... | 1610 Louisiana Ave N | 28) Wesley – North..... | 8305 Wesley Dr |
| 8) Isaacson Park..... | 7101 Sandburg Rd | 29) Wesley – South..... | 8200 Plymouth Ave |
| 9) Lakeview..... | 1521 Hillsboro Ave N | 30) Wildwood Park..... | 7401 Duluth St |
| 10) Lions..... | 151 Louisiana Ave N | 31) Yosemite..... | 351 Yosemite Ave |

Community Locations (Not shown on map)

- Crystal Community Center..... 4800 Douglas Dr N
 French Regional Park..... 12605 Co Rd 9, Plymouth
 New Hope Community Gyms..... 8230 47th Ave N
 New Hope Ice Arena..... 4949 Louisiana Ave N
 Robbinsdale Community Gym..... 3730 Toledo Ave N
 Robbinsdale Middle School..... 3730 Toledo Ave N



Online

<https://webtrac.goldenvalleymn.gov>

Register online by creating your own account and login information. Available 24 hrs/day.

Mail

Brookview
316 Brookview Pkwy S
Golden Valley, Minnesota 55426

In Person

Walk-in registrations are accepted at Brookview. Registrations received after 4:30 pm will be processed the following business day.

Golden Valley accepts cash, checks payable to City of Golden Valley, and the following credit cards:



REGISTRATION CONFIRMATION

Receipts are available upon request. You will be contacted only if the program is full, canceled, or a program change is necessary.

CANCELLATION/REFUND POLICY

Full refunds will be issued if requests are made prior to the registration deadline for a program. If no deadline is advertised, refunds will be given prior to the day the program begins. Refund requests due to medical reasons, after the registration deadline or start of the program, must be accompanied by a physician's note and will be considered on a case-by-case basis. Full refunds will be given if a program is cancelled by the Parks and Recreation Department.

ADULT LEAGUE CANCELLATION/REFUND POLICY

Full refunds will be processed if your league is cancelled by Parks and Recreation due to lack of teams. Teams will receive a full refund less a \$40 service charge if they withdraw at least three weeks before the start of play. Refunds will not be processed if your team withdraws less than three weeks before the start of play or is removed from the league due to disciplinary action.

SENIOR TRIP REFUND POLICY

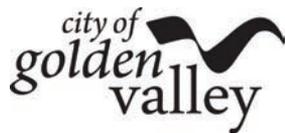
No refunds will be issued after the registration deadline for trips involving advance purchase by the City for tickets, meals, or transportation. For extended trips, no refunds after the deposit deadline date.

FINANCIAL AID

Financial aid is available for residents of Golden Valley for Golden Valley Parks and Recreation sponsored programs, events, and classes. Please call the Parks and Recreation Department for more information.

INCLUSION REQUESTS

If you have a special needs requirement to participate in any of our programs or activities, please note at the time of registration. Inclusion services are available and provided by Reach for Resources. Please contact them at 952-200-3030.



ACTIVITY REGISTRATION FORM

Parent/Guardian (if participant is under 18): _____ (REQUIRED)
D.O.B. _____

Address: _____ Primary Phone: _____

City: _____ State: _____ Zip: _____ Secondary Phone: _____

Email: _____

Emergency Contact Name: _____ Phone: _____
(if different from above)

Special Needs, Disabilities or Allergies we should be aware of: _____

ACTIVITY REGISTRATION

Participant's First & Last Name	M/F	D.O.B (REQUIRED)	Activity Name	Activity Code	Location	FEE

55+ TRIP REGISTRATION

Participant's First & Last Name	D.O.B (REQUIRED)	Trip Name	Trip Code	Pick-up Location	Special Requests	FEE

CONSENT TO RELEASE OF INFORMATION & RELEASE OF LIABILITY

In consideration of your accepting this registration for my child (or person I am responsible for as guardian), or myself, I authorize the City of Golden Valley and its partner cities or other governmental agencies (hereinafter collectively "City") to disclose to the City's insurer, attorney, staff, coaches, participants and other personnel involved in this program the following information: name, address and telephone number. This information shall be used for the purpose of program administration. This consent to release information shall expire one year from the date of execution. I understand that the records are protected under the state and federal privacy regulations. I also understand that I may cancel this consent by a writing to that effect at any time prior to the information being released. I give my consent to use any photograph or video tape taken of my child (or person I am responsible for as guardian), or myself for future promotional or marketing materials. In consideration of the City providing the registered activities, I agree to release and not hold the City liable for any claim, damages or loss resulting from participation in any such activity, including claims for injuries, death and resulting medical costs and attorney fees. The completion of your registration signifies your acceptance of this consent.

SIGN: _____ DATE: _____

Payment Information (please fill in)

<input type="checkbox"/> Cash	<input type="checkbox"/> Visa/MC/Amex/Disc # _____ Expire: _____	TOTAL DUE:
<input type="checkbox"/> Check # _____	Sec Code: _____ Sign for credit card: _____	

ADOPT-A-PARK



Take Pride in Your Parks

COMMUNITY PARKS

Brookview	200 Brookview Pkwy N	AVAILABLE
Gearty	3101 Regent Ave N	Herb Purdy & Friends
Hampshire	1610 Louisiana Ave N	Brian Middleton
Lakeview	1521 Hillsboro Ave N	WorkAbilities, Inc
Lions	151 Louisiana Ave N	Kueny & Knippenberg Family
Medley	2331 Ensign Ave N	AVAILABLE
Schaper	631 Ottawa Ave N	SBG, Inc
Scheid	1856 Toledo Ave N	WSB & Associates, Inc
Wesley (North)	8305 Wesley Dr	Moore/Gasparini Families
Wesley (South)	8200 Plymouth Ave	Jack Stratton

NEIGHBORHOOD PARKS

Glenview	2351 Zenith Ave N	Super Trash Heroes
Golden Oaks	1141 Valders Ave N	Kim Stroup
Natchez	201 Natchez Ave N	Dritsas & Hanscom Families
North Tyrol	900 Westwood Dr S	Marcie Schlaeger
Paisley Park	220 Paisley Ln	John & Pam Goranson & Barb Osborne
Seeman	1101 Florida Ave N	Northwest Suburban Optimist Club
South Tyrol	1510 Kaltern Ln	Tyrol Hills Youth
St Croix	5850 St. Croix Ave N	John & Pam Goranson & Barb Osborne
Stockman	3300 Major Ave N	WSB & Associates, Inc
Sweeney Lake		Hidden Lakes Association
Wildwood	7401 Duluth St	Kelly Drive Pumpkin Growers Association
Yosemite	351 Yosemite Ave N	Geving & Palkert Families

NATURE AREAS

Adeline	910 Adeline Ln	Mike McHugh – State Farm Insurance
Bassett Creek (north of Duluth)	2130 Zane Ave N	B.A. Raak
Bassett Creek (south of Duluth)		John & Pam Goranson & Barb Osborne
Bassett Creek (west of Wisconsin)		ATS&R Architects & Engineers
Briarwood	2600 Unity Ave	Girl Scout Troops 2316 & 1670
General Mills Nature Preserve	9201 Olson Mem Hwy	GM Grounds Crew
General Mills JFB Nature Area		The Gannons
Golden Ridge Nature Area	9145 Earl St	AVAILABLE
Laurel Ave (east of Florida)		Golden Valley Lutheran Church
Laurel Ave (west of Florida to Jersey)		The Lieberman Family
Laurel Ave (west of Jersey to Pennsylvania)		Joan Monson
Pennsylvania Woods	2301 Rhode Island Ave N	AVAILABLE
Sochacki Park (Mary Hills Area)	2190 Bonnie Ln	Smith Schafer & Assoc
Sochacki Park (Rice Lake Area)	4120 Bassett Creek Dr	AVAILABLE
Western Ave Marsh	7600 Western Ave	Ilo & Peggy Leppik

Adopt-A-Park is a public service program for volunteers to help Golden Valley keep its parks beautiful. To learn more about adopting a park, please call 763-512-2345.

THANK YOU TO ALL THE VOLUNTEERS WHO HELP KEEP OUR PARKS AND NATURE AREAS BEAUTIFUL.



TREE & BENCH COMMEMORATIONS



DID YOU KNOW?

The Golden Valley Parks and Recreation Department offers a memorial and commemoration program for park benches and trees. These welcome donations provide amenities that grace our parks and public areas for decades while providing organizations, families, and individuals a unique opportunity to mark a notable event or honor a special person.

For more information, contact the Golden Valley Parks and Recreation Department at 763-512-2345.



Prsrt Std
US Postage Paid
Permit No. 1659
Twin Cities, MN

Parks & Recreation Department
316 Brookview Parkway South
Golden Valley, MN 55426

*******ECRWSS**
POSTAL CUSTOMER**

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Golden Valley City Council

Council meets the 1st and 3rd Tuesday
of each month at 6:30 pm at the
Golden Valley City Hall.

Mayor: Shep Harris

Council Members:
Joanie Clausen, Larry Fonnest,
Steve Schmidgall, and Andy Snope
City Manager: Tim Cruikshank

**Open Space and
Recreation Commission**

Commission meets the 4th Monday
of each month at 6:30 pm at
Brookview.

Chair: John Cornelius

Vice-Chair: Gillian Rosenquist

Members: Roger Bergman,
Andy Bukowski, Cindy Carow-Schiebe,
Kelly Kuebelbeck, Bob Mattison,
Kimberly Sanberg, and Dawn Speltz



Parks and Recreation Staff

Rick Birno
Director of Parks and Recreation

Carrie Anderson
Recreation Supervisor

Brian Erickson
Recreation Supervisor

John Stutzman
Recreation Supervisor

Kim Straw
Banquet and Restaurant Manager

Sheila Van Sloun
Administrative Assistant

Kris Wiinikainen
Receptionist

Al Lundstrom
Park Maintenance Supervisor

**Brookview Golf
and Lawn Bowling Staff**

Ben Disch
Golf Operations Manager

Brett Johnson
Assistant Golf Manager

Andrew Bromander
Administrative Assistant

Greg Spencer
Greens Superintendent