

www.goldenvalleymn.gov

PARKS & RECREATION

SPRING & SUMMER ACTIVITIES 2019



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Parks & Recreation

BUILDING COMMUNITY THROUGH PEOPLE, PARKS, AND PROGRAMS

Parks & Recreation

316 Brookview Pkwy S
Golden Valley, MN 55426
Phone 763-512-2345
Cancellations 763-512-2350
goldenvalleymn.gov

Golden Valley City Hall

7800 Golden Valley Rd
Golden Valley, MN 55427
Phone 763-512-2345
Fax 763-593-8109

City Offices Closed

Memorial Day | May 27
Independence Day | Jul 4
Labor Day | Sep 2

Cover photo by Stan Waldhauser.

BROOKVIEW

brookviewgoldenvalley.com

THREE
ONE
SIX
BAR + GRILL

General Information

763-512-2320
Mon-Fri | 11 am-9 pm
Sat-Sun | 9 am-9 pm

brookviewthreonesix.com

Guest Services

763-512-2345
Mon-Sat | 8 am-9 pm
Sun | 9 am-5 pm

Closed

May 27, Jul 4, Sep 2

Golf and Lawn Bowling

763-512-2300
Tee Times | 763-512-2330
Par 3 Course | 763-512-2333
Cancellations | 763-512-2300
Mon-Fri | 8 am-4:30 pm
Pro Shop hours vary seasonally

backyard

Information and Party Reservations

763-512-2345
Mon-Sat | 9 am-8 pm
Sun | 9:30 am-5 pm

Closed

May 27, Jul 4, Sep 2

brookviewbackyard.com

Concerts in the Park

Bring a lawn chair or blankets and come enjoy the summer concert series at Brookview Park. All concerts are held on Mondays with the exception of June 20. www.goldenvalleymn.gov/events/concertsinthepark

FREE

JUN 4
7 pm
Large Pavilion

GOLDEN VALLEY ORCHESTRA

Music of stage and screen, with hits from opera, Broadway, and movies you love

JUN 10
7 pm
Gazebo

STOMP N DIXIE

A razzmatazz style of bass walking, guitar chunking, and horns riffing

JUN 17
7 pm
Gazebo

PAN-HANDLERS STEEL DRUM BAND

Instrumental covers of popular tunes on steel drums

JUN 20
7 pm
Gazebo

ROBBINSDALE CITY BAND

Entertainment by one of the longest continuously active community bands in Minnesota

JUN 24
7 pm
Large Pavilion

PLYMOUTH CONCERT BAND

Concert band music, with light marches and medleys from popular movies

JUL 8
7 pm
Large Pavilion

JOHN PHILIP SOUSA BAND + ICE CREAM SOCIAL

A summertime favorite, paired with the annual Ice Cream Social

JUL 15
7 pm
Gazebo

BANJO BOYS

Variety of pop, swing, blues, country, and ragtime hits, featuring vocal harmony and sing-a-long

JUL 22
7 pm
Gazebo

VINNIE ROSE

Local acoustic guitarist and vocalist playing pop, rock, country, R&B, and blues

JUL 29
7 pm
Gazebo

TAILSPIN

A fun mix of classic and current country and rock songs

AUG 5
7 pm
Gazebo

WONDERCURE

Cover tunes from the '70s

AUG 12
7 pm
Gazebo

WONDERCURE

'60s rock in three-part harmony

RUN THE VALLEY

Saturday, April 13, 2019

Start & End at Brookview
316 Brookview Pkwy S

7:45 am | 0.2K Kids Fun Run

8 am | 10K run

8:10 am | 5K run

8:15 am | 5K walk

<http://www.goldenvalleymn.gov/events/runthevalley/>



2019 Bike Rodeo

Bike riding offers fun, freedom, and exercise, and it's good for the environment! We want kids and families to ride their bikes as much and as SAFELY as possible. Youth riders will have the opportunity to get helmets properly fitted, navigate a safety skills course, use bike check-ups, and enter a drawing to win a new bike. Police and Fire personnel will oversee activities. Refreshments will be provided by the West Metro VFW Post #7051. Sponsored by the Cities of Crystal, Golden Valley, New Hope, and Robbinsdale.

Ages 12 and under with an adult
Sonnesyn Elementary School,
New Hope
Thu, May 2
6-8 pm

FREE



Vehicle Fair

A wide variety of trucks and cars will be on display for you and your child to explore and see up close. Remember to bring your camera! A free-will donation of a non-perishable food for the local food shelf will be collected at the event. In case of inclement weather, call 763-531-1173 after 9:30 am. Sponsored by the Cities of Crystal, Golden Valley, New Hope, and Robbinsdale.

All ages welcome
Crystal Community Center
Sat, Jun 1
10 am-noon

FREE



FAMILY STORYTIME

Stories and books come to life with a unique blend of storytelling designed to delight, inspire, and trigger the imagination of all who listen.

Ages 12 and under with an adult
10-10:45 am

Wed, Jun 19 | Northwoods Park, New Hope
Mary Poppins

Wed, Jul 10 | Crystal Community Center
Magic Carpet Ride

Wed, Jul 24 | Brookview Park Gazebo
Around The Campfire

Wed, Aug 7 | Lakeview Terrace Park, Robbinsdale
Cat In The Hat





YOUTH PROGRAMS

Mites Playground Adventure

Let's get outside and play! Enjoy games, arts and crafts, songs, and storytelling developed just for 4- to 6-year-olds. Participants will be supervised by staff experienced in recreation and working with children.

Ages 4-6
 Mon-Thu, Jun 10-Aug 1 (no program Jul 1-4)
 9:30-11:30 am
 Lions Park S1231A
 Scheid Park S1231B
 \$14 resident, \$16 non-resident
 Register by Fri, May 31

Summer Playground Adventure

We have lots of summer fun planned with games, arts and crafts, great playgrounds, nature activities, and more. Supervision provided by staff experienced in recreation and working with children.

Ages 7-12
 Mon-Thu, Jun 10-Aug 1 (no program Jul 1-4)
 1-4 pm
 Lions Park S1228B
 Scheid Park S1228C
 Wesley Park S1228D
 \$19 resident, \$21 non-resident
 Register by Fri, May 31

Playground Adventure Van **FREE**

Our entertaining staff will lead playground games, crafts, and activities in the park during advertised times. This is a drop-in program that allows children to come and go at their discretion. Parents/guardians are encouraged to set boundaries and communicate limits with their children before they attend the program. **NOTE: The schedule advertised in the Winter Activities Guide has been modified due to a new road construction and utilities project. As a result, Medley Park will have limited access, therefore this program will be temporarily relocated. It will return to Medley in 2020.**

Ages 7-12
 Mon-Fri, Jun 10-Aug 2 (no program Jul 1-5)
 9 am-noon
 Mon: Glenview Terrace Park Thu: North Tyrol Park
 Tue: Lakeview Park Fri: Hampshire Park
 Wed: Gearty Park

Summer Playground 2.0 **NEW**

Bigger games! Longer program! More fun! The upgraded Summer Playground Adventure features longer days of outdoor summer activities with themed weeks. Participants should bring a water bottle and bag lunch each day. **MULTI-WEEK DISCOUNT!** Register for two weeks and receive your third week 50 percent off.

Ages 7-12
 Hampshire Park
 9 am-3 pm
 \$59 resident, \$63 non-resident

Jun 17-20	Register by Mon, Jun 3	S1263B
Jun 24-27	Register by Mon, Jun 10	S1263C
Jul 8-11	Register by Mon, Jun 24	S1263D
Jul 15-18	Register by Mon, Jul 1	S1263E
Jul 22-25	Register by Mon, Jul 8	S1263F
Jul 29-Aug 1	Register by Mon, Jul 15	S1263G

Camp Valley

Join our enthusiastic and experienced playground leaders for an action-packed week of adventures, including games, swimming, new friends, team challenges, arts and crafts, snacks, and exciting outdoor experiences. Participants should bring a water bottle and bag lunch each day. Join us to have fun, learn, and make new friends before heading back to school!

Ages 7-12 9 am-4 pm Brookview Park Picnic Pavilion \$139 resident, \$144 non-resident	Mon-Fri, Aug 5-9 S1240A Register by Mon, Jul 8	Mon-Fri, Aug 12-16 S1240B Register by Mon, Jul 8	Mon-Fri, Aug 19-23 S1240C Register by Mon, Jul 8
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Grandparent And Me Class With Kidcreate® Studio— Old McDonald Had A Farm

Come and sing along as we create an adorable barnyard scene inspired by this favorite nursery rhyme.

Ages 1½–6 with an adult
Brookview Wirth Lake Room
Wed, May 22
6–7 pm
\$16 resident, \$18 non-resident
S1415A
Register by Wed, May 15

Big And Messy Art Class With Kidcreate® Studio

Explore the messier side of art in a big way! We will paint, sculpt, scribble, and giggle our way to creating enormous works of art.

Ages 1½–6 with an adult
Brookview Wirth Lake Room
Wed, Jul 17–Aug 7
6–7 pm
\$59 resident, \$63 non-resident
S1410A
Register by Wed, Jul 10

Little Tigers Self Defense

Master Tom Malone will help your child learn basic self-defense and martial arts skills while developing coordination and flexibility. Basic kicks, punches, and strikes are taught through a variety of exercises and fun games. This program promotes focus, discipline, and respect—great personal tools! Please arrive five minutes early so your child is ready to begin at the start of the class. Resident fee applies to Golden Valley, New Hope, and St Louis Park residents.

Ages 3–5
Davis Community Center
Tue, May 21–Jun 25
5:45–6:15 pm
\$64 resident, \$68 non-resident
S1120A
Register by Fri, May 17

Lady Bug Picnic

Explore some fun with Lulu the Ladybug. We will try to sprout some butterfly wings and practice hopping, jumping, and crawling like our favorite bugs. Bring a blanket and a bag lunch for the picnic.

Ages 3–6 with an adult
Crystal Community Center
Wed, Apr 17
10–11 am
\$17 resident, \$19 non-resident
W1248A
Register by Tue, Apr 9

Mixture Madness With Science Explorers

Explore the world of chemistry by mixing safe ingredients to create slime, have fun with magical crystals, and learn about polymers and absorption. Plus, use your creativity and create your own mixture! Dress to get messy.

Ages 3½–6
Northwoods Park, New Hope
Fri, Jun 14–28
9:30–11:30 am
\$51 resident, \$58 non-resident
S1201A
Register by Fri, Jun 7

Dynamite Dinosaurs With Science Explorers

Enter a time machine and journey back to a world where dinosaurs ruled the earth. Become a paleontologist to learn how enormous or small these amazing creatures were, plus participate in a “mini” dino dig. Participants will enjoy hands-on experiments, study fossils, and much more in our time travel adventure.

Ages 3½–6
Brookview Clubhouse
Mon–Thu, Jul 22–25
9:30–11:30 am
\$67 resident, \$74 non-resident
S1232A
Register by Mon, Jul 15





Take Me To Target Field, At Brookview

Love the Twins? Fascinated by baseball history? This is a unique opportunity for baseball fans to enjoy a one-of-a-kind presentation by Clyde Doepner, Minnesota Twins' curator of artifacts and memorabilia. Enjoy stories about Clyde's long relationship with management, players, and memorabilia. Register by calling 763-512-2345 and adding your name to the list by Aug 27.

Ages 4+ with an adult
Brookview Valley North Room
Wed, Aug 28
9:45–11 am
\$3/adult & child pair, \$1/add'l child, payable at the door

Parent/Child Yoga

This introduction to yoga class is designed to provide children and parents (or adult caregiver) with fun and relaxing bonding time. Work on breathing, stretching, and moving together to strengthen muscles, coordination, and build body awareness. Each week will focus on building to complete a peak pose. New child participants to the class will receive a T-shirt and a yoga mat with registration. Instruction provided by Nexus Human Performance.

Ages 4–8 with an adult
5:15–5:55 pm
\$79 resident, \$84 non-resident
Mon, Apr 15–Jun 3 (no class Apr 29, May 27)
Brookview Wirth Lake Room
S1264A
Mon, Jun 17–Jul 29 (no class Jul 1)
Brookview Park Gazebo
S1264B

How To Draw Camp With Kidcreate® Studio

Learn step-by-step how to draw your own animals. From dogs to hedgehogs, you will be impressed with how great your drawings turn out! Participants will receive their own How To Draw Cartoon Animals booklet to take home.

Ages 5–12
Brookview Wirth Lake Room
Wed–Thu, Jun 19–20
9–11:30 am
\$59 resident, \$63 non-resident
S1416A
Register by Wed, Jun 12

End Of Summer Candy Bash With Kidcreate® Studio

Come and make some “sweet” art! We will create a summertime beach scene made from frosting, gumdrops, marshmallows, and more.

Ages 5–12
Brookview Wirth Lake Room
Wed, Aug 21
9–11:30 am
\$29 resident, \$32 non-resident
S1417A
Register by Wed, Aug 14

Acting Camps

Kids will develop their acting skills learning script reading, acting exercises, and performance preparation. Camp concludes with an evening performance complete with costumes, props, makeup, and scenery—all campers should plan to attend! Final performances will be Fri, Aug 9 at 7 pm.

IN THE WINGS

Ages 5–7
Crystal Community Center
Mon–Fri, Aug 5–9
9–10 am
\$42 resident, \$49 non-resident
S1250A
Register by Fri, Jul 26

ENTER STAGE LEFT

Ages 8–12
Crystal Community Center
Mon–Fri, Aug 5–9
10:15 am–1 pm
\$70 resident, \$77 non-resident
S1250B
Register by Fri, Jul 26

**Students should bring a peanut-free lunch and drink each day.*

MEDLEY CONSTRUCTION NOTICE:

Medley Park and the surrounding area will be undergoing a road construction and utilities project during the 2019 summer. As a result of the project, there will be limited access to Medley Park and its amenities. Parks and Recreation activities will be temporarily relocated for 2019, but will return to Medley Park in 2020.

STEM Sampler With Science Explorers

This class will help you become a crazy chemist as we investigate the Periodic Table. Discover how toys worked before batteries as we explore physics with motion, gravity, energy, and more. Finally, become student doctors as we learn about the human body and basic first aid, exploring the respiratory, circulatory, and skeletal systems (plus the importance of mucus and other gross stuff about the body). **NOTE:** Remember to bring a bag lunch and drink each day.

Grades 1-5
 Valley Place Park, Crystal
 Mon-Thu, Aug 19-22
 9:30 am-12:30 pm
 \$135 resident, \$142 non-resident
 S1265A
 Register by Mon, Aug 12



Space War Robotics With Snapology

Come on a space adventure inspired by Star Wars. We will build and program functional robots, enhance space knowledge, and explore robotics and basic computer programming.

Ages 6-12
 Crystal Community Center
 Mon-Wed, Jun 10-12
 9 am-noon
 \$99 resident, \$104 non-resident
 S1266A
 Register by Fri, May 31

Science Of Superpowers With Snapology

Dive into the pages of comic books and discover what it takes to be a super hero! Hands-on exercises in biology, engineering, and technology will have you slinging webs with Spider Man and flying like Superman.

Ages 6-9
 Crystal Community Center
 Mon-Thu, Jul 29-Aug 1
 9 am-noon
 \$110 resident, \$115 non-resident
 S1267A
 Register by Fri, Jul 19



Parent & Child Event Series

Several unique events throughout the year with something for all families. Designed specifically to create special memories together. Upcoming program details provided seasonally. Sponsored by the Cities of Crystal, Golden Valley, New Hope, and Robbinsdale.

Moms Rock!

Take Mom out for her special day and make a gift together at this rock painting party. Couples will create beautiful rocks with their own personalized designs. It wouldn't be a party if it didn't include some tasty snacks and treats to end the day. Join us to celebrate Mother's Day with this special morning of fun!

Ages 4-12 with Mom
 (or other special friend, Grandma, Aunt)
 Brookview Wirth Lake Room
 Sat, May 11
 10:30 am-noon
 \$21 resident, \$24 non-resident, \$12/add'l child
 S1504A
 Register by Fri, May 3

Family Night At Brookview

Join us for a beautiful summer night on the deck and some good old fashioned family fun! We have a wonderful evening of games, entertainment, and dinner planned that the whole family can enjoy.

Ages 14 and under with adult
 Brookview Deck
 Tue, Jul 30
 5:30-7:30 pm
 \$25 resident couple,
 \$28 non-resident couple,
 \$15/add'l child or adult
 S1503A
 Register by Fri, Jul 19



Animation Studio With Snapology

Create amazing movies with stop motion animation using LEGO bricks. Working in groups, we will produce our own movie, complete with dialogue and sound effects. Movies will be uploaded to a secure site for you to access and show off.

Ages 7–14
Crystal Community Center
Mon–Tue, Aug 5–6
9 am–noon
\$66 resident, \$70 non-resident
S1268A
Register by Mon, Jul 29

Epic Minecraft With Snapology

Do you know Minecraft? Put yourself to the test and expand your skills by crafting and creating challenging games.

Ages 7–14
Crystal Community Center
Mon–Tue, Aug 5–6
1–4 pm
\$66 resident, \$70 non-resident
S1269A
Register by Mon, Jul 29

When I'm In Charge

This unique course is for boys and girls ages 8 and older who are ever home alone. It covers all the safety concerns parents have when their children are by themselves, including arriving home, responsibilities, phone and Internet safety, fire and gun safety, and many others. Parents are welcome and encouraged to attend the last 30 minutes of class.

Ages 8+
Brookview Valley Room
5:30–8:30 pm
\$55 resident, \$59 non-resident

Mon, Apr 29
W1226C

Mon, Aug 19
S1221A

Robotics Rescue Mission With Snapology

There has been a devastating earthquake in fictional Dalto—can you save the town? Learn how to build and program an autonomous robot using LEGO Mindstorms and EV3 technology. Complete the challenges and save the town!

Ages 9–14
Crystal Community Center
Mon–Wed, Jun 10–12
1–4 pm
\$99 resident, \$104 non-resident
S1270A
Register by Fri, May 31

Treasure Hunters With Snapology

Our team will explore everyday engineering challenges to find buried treasure. Design your own pirate ship and a system to retrieve sunken treasures using mechanical and marine engineering.

Ages 9–14
Crystal Community Center
Mon–Thu, Jul 29–Aug 1
1–4 pm
\$110 resident, \$115 non-resident
S1271A
Register by Fri, Jul 19

Babysitting Training

Youth who are planning to babysit can gain the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children behave; and learn about basic child care, along with first aid and CPR training for infants and children. Participants provide own lunch and snack.

Ages 11–15
Brookview Valley Room North
Sat, Jul 20 S1215A
Sat, Aug 17 S1215B
8 am–6 pm
\$115 resident, \$120 non-resident

Friday Fun Days

Who's ready for summer adventures? Join Golden Valley Parks and Recreation on Fridays to explore new places, enjoy fun and exciting events, and discover unique Minnesota adventures! Trip fees include admission, transportation, and supervision.

NEW SPECIAL! Register for three or more trips at the same time and receive a \$10 discount per trip.

Water Day I At Scheid Park **FREE**

Be prepared for a wet and wild day featuring water slides, music, snacks, and games. Come to one or both days.

Ages 14 and under with adult
 Fri, Jun 14
 12:30-2 pm

"Snow" Tubing And Miniature Golf

This fun-filled day features a combination of activities only Minnesota can offer. First stop—a round of miniature golf at The Links at Dred Scott. Next we head to Buck Hill to "snow tube" on artificial snow. Participants should bring a bag lunch.

Ages 7-14
 Fri, Jun 21
 10 am Depart Lions Park
 4 pm Return to Lions
 \$49 resident/\$53 non-resident
 S1609A
 Register by Jun 7

Bunker Beach Water Park

Swim, ride waterslides, hit the wave pool, and play on interactive water features. Participants will receive a box lunch at the park.

Ages 7-14
 Fri, Jun 28
 10 am Depart Lions Park
 4 pm Return to Lions
 \$39 resident/\$42 non-resident
 S1610A
 Register by Jun 14

Children's Concert In The Park **FREE** Featuring the Bazillions

Pack a picnic, grab a blanket, and enjoy a morning of imagination, stories, and "kindie rock" music. This fun concert is sure to have everyone out of their seats and dancing to a groovy beat!

All ages welcome
 Fri, Jul 5
 11:30 am-12:30 pm
 Brookview Park Gazebo



PUBLIC SAFETY **FREE** in the parks



Meet your Golden Valley Police and Fire Departments in your neighborhood park. Learn some valuable safety information and be prepared to get wet.

Day:	Time:	Park:
Thu, Jun 20	11 am	Gearty
Tue, Jun 25	7 pm	Scheid
Thu, Jun 27	2:30 pm	Wesley
Thu, Jul 11	2:30 pm	Hampshire
Thu, Jul 18	2:30 pm	Lions
Thu, Jul 25	11 am	Lakeview
Thu, Aug 1	2:30 pm	Scheid
Tue, Aug 13	7 pm	Brookview
Thu, Aug 15	2:30 pm	Schaper



Ziplining At Kerfoot Canopy Tours

Professionally trained guides take guests through a Minnesota River Valley course that includes 14 zip lines spanning over 1 mile, spiral staircases, and a 170-foot suspension bridge. Participants start at Ground School before going to the zip line tour. To participate, children must weigh at least 70 lbs and have a vertical reach of 5 feet. Bring a bag lunch and money for snacks.

Ages 10–15
Fri, Jul 12
 8:45 am Depart Lions Park
 4 pm Returns to Lions
 \$85 resident/\$90 non-resident
 S1608A
 Register by Jun 28

Bike To The Ball Park

After a scenic 8-mile bike ride through Golden Valley to Target Field, we'll arrive at Twins Territory for a game between the Minnesota Twins and the New York Mets. Participants should bring their own bike, water bottle, lock, helmet, and money for food (it's \$1 hot dog day!). Game time is 12:10 pm.

Ages 14 and under (adults welcome)
Wed, Jul 17 (not a Fri, but oh well!)
 10:30 am Depart Lions Park
 4:30 pm Return to Lions
 \$32 resident/\$35 non-resident
 S1602A
 Register by Jun 28

Water Day II At Scheid Park **FREE**

Be prepared for a wet and wild day featuring water slides, music, snacks, and games. Come to one or both days.

Ages 14 and under with adult
Fri, Jul 19
 12:30–2 pm

Great Getaway At William O'Brien State Park

Spend the day along the banks of the St Croix River hiking wooded hills, enjoy a presentation from a DNR naturalist, and investigate local wildlife with the interpretive exhibits in the Visitor Center. Bring a bag lunch and money for Nelson's Ice Cream Shop.

Ages 7–14
Fri, Jul 26
 9 am Depart Lions Park
 4 pm Return to Lions
 \$49 resident/\$53 non-resident
 S1611A
 Register by Jul 12

Penny Carnival

Come join us for an afternoon filled with carnival games, inflatables, dunk tank, puppet shows, popcorn, hayrides, and more. Games and activities cost between 3–5 cents per play.

Ages 14 and under with adult
Brookview Park
Fri, Aug 2
 12:30–2 pm

PUPPET WAGON

Join the fun—puppet adventures and tall tails!

Relax and be entertained this summer by Golden Valley's unique brand of theater. All ages welcome.

Mon–Thu, Jun 10–Aug 1

(no programs Jul 1–4)

<p>MON & WED 9:45 am Gearty 10:30 am Scheid 11:15 am Hampshire</p>	<p>TUE & THU 9:45 am Glenview Terr 10:30 am Wesley 11:15 am Lions</p>
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GOLDEN VALLEY LIBRARY

Fri, June 15 | 10:30 am
 Fri, July 20 | 10:30 am

T-Ball Stars

This exciting program is designed to provide 3- and 4-year-olds the opportunity to develop large motor skills and learn about baseball. We will focus on basic skill development, fundamentals, and sportsmanship. Children must be out of diapers to participate.

Ages 3–4

5:45–6:30 pm

Davis Community Center

\$29 resident, \$32 non-resident

Wed, Apr 24–May 15

S1100A

Register by Fri, Apr 19

Thu, Apr 25–May 23 (no class May 2)

S1100B

Register by Fri, Apr 19

Kid's Korner Sports Sampler

Learn the fundamentals of a variety of sports and socialize with peers. Each session will feature three different sports working to build skill development, teamwork, and sportsmanship.

Wesley Park

Basketball, Ninja Warrior, T-ball

Tue & Thu, Jun 11–27

9:30–10:30 am

\$35 resident, \$38 non-resident

Ages 3–4 S1223A

Ages 5–6 S1223C

Register by Mon, Jun 3

Wesley Park

Football, Soccer, T-ball

Tue & Thu, Jul 8–25

10:45–11:45 am

\$35 resident, \$38 non-resident

Ages 3–4 S1223B

Ages 5–6 S1223D

Register by Mon, Jul 1

Mini US Open

Celebrate the US Open with a round at Brookview featuring special flags and enlarged cups specifically designed for this family event. Adults, caddie for your little champions, and make sure to get a photo with the Champions Cup next to the leaderboard after a great round. Clubs will be provided upon request, and all golfers must pre-register. Prizes awarded for the best dressed groups. Schedule your tee time by calling 763-512-2345 after registering.

Ages 3–14 with adult

Brookview Par 3 Course

Sat, Jun 15

Tee times from 10:30 am–noon

\$13 resident, \$15 non-resident

S5110A

Register by Mon, Jun 10

Amazing Athletes

This is the perfect class to give every child an opportunity to get moving, develop sports skills, and learn the fundamentals of a different sport each week. Children will work on hand-eye coordination, gross motor skills, and cognitive development.

Ages 3–5

\$40 resident, \$43 non-resident

DAVIS COMMUNITY CENTER

Mon, Apr 1–22

5:45–6:30 pm W1101E

6:45–7:30 pm W1101F

Register by Mon, Mar 25

CRYSTAL COMMUNITY CENTER

Thu, Aug 1–22

5:30–6:15 pm S1101C

6:30–7:15 pm S1101B

Register by Thu, Jul 25

T-Ball Mites

This exciting program is designed to provide 5- and 6-year-olds an introductory baseball experience with a focus on basic skill development, teamwork, fundamentals, and sportsmanship.

Ages 5–6

6:45–7:45 pm

Davis Community Center

\$29 resident, \$32 non-resident

Wed, Apr 24–May 15

S1099A

Register by Fri, Apr 19

Thu, Apr 25–May 23 (no class May 2)

S1099B

Register by Fri, Apr 19

Tae Kwon Do

This program will teach discipline, focus, endurance, and flexibility. Master Tom Malone will help you achieve awesome kicks, punches, and strikes while getting in shape. Resident fee applies to Golden Valley, New Hope, and St Louis Park residents.

Ages 5+

Davis Community Center

Tue, May 21–Jun 25

6:15–7 pm

\$79 resident, \$84 non-resident

S1118A

Register by Fri, May 17

Love To Play Golf At Brookview? **NEW**

For only \$90, kids ages 6–17 can buy a Par 3 Season Pass for the summer! Call Brookview Golf Course at 763-512-2300 for more information.

T-Ball

This fun program is a great way to introduce youngsters to the game of baseball. We will focus on basic skill development including hitting from a tee, throwing, catching, and base running. Each day will feature practice time and a game. Teams will be coached by our enthusiastic athletic staff. Parents are welcome to assist.

Ages 4–6
\$40 resident, \$43 non-resident

SCHEID PARK

Tue, Jun 11–Jul 23 (no class Jul 2)
6:15–7:15 pm
S1103A
Register by Mon, Jun 3

HAMPSHIRE PARK

Thu, Jun 13–Jul 25 (no class Jul 4)
6:15–7:15 pm
S1103C
Register by Mon, Jun 3

Sat, Jun 15–Jul 27 (no class Jul 6)
9–10 am
S1103B
Register by Mon, Jun 3

Beginning Golf Camp With Skyhawks

With a focus on getting young golfers off on the right start, Skyhawks uses SNAG (Starting New At Golf). Golfers have success using larger, softer Snagballs that are safer, easier to hit, and work in any environment (grass, dirt, or pavement). All equipment is provided. **NOTE:** Participants should bring a snack, water bottle, and sunscreen.

Ages 5–8
Lions Park
Mon–Fri, Jun 17–21
9–11:30 am
\$125 resident, \$130 non-resident
S1125A
Register by Mon, Jun 10

Basketball Camp With Skyhawks

In this camp, beginning and intermediate players will learn the skills needed both on and off the court to be a better athlete. Each day will start with a “skill of the day” and progress into drills and games. The week ends with a tournament where kids will showcase their skills. **NOTE:** Please bring two snacks and a water bottle.

Ages 6–12
Davis Community Center
Mon–Fri, Jul 15–19
1–4 pm
\$125 resident, \$130 non-resident
S1126A
Register by Mon, Jul 8

Flag Football Camp With Skyhawks

Learn key skills such as passing, catching, and de-flagging, as well as the rules and strategies of offense and defense. The week ends with the Skyhawks Sports Bowl, where kids will showcase their skills. **NOTE:** Please bring two snacks, sunscreen, and a water bottle.

Ages 6–12
Davis Community Center
Mon–Fri, Aug 19–23
9 am–noon
\$125 resident, \$130 non-resident
S1124A
Register by Mon, Aug 12

Junior Rangers NEW

Love to bike and be outside but lack experience with long rides? Staff guide round bike trips each week ranging from 4–7 miles. The group will explore Golden Valley and the surrounding area by visiting beaches, parks, and more! Participants **MUST ALWAYS** ride with their leaders, wear appropriate clothing and shoes, and provide a properly working bike, helmet, water, and snack.

Ages 7–9
Meet at Davis Community Center
Mon, Jun 10–Jul 29 (no class Jul 1)
1–3:30 pm
\$29 resident, \$32 non-resident
S1139A
Register by Mon, Jun 3





Coach Pitch Baseball

Introductory baseball opportunity with a practice/game format where coaches pitch to the batters. Participants will focus on learning rules, basic skill development, and correct mechanics of hitting, throwing, catching, and base running. Teams will be coached by our enthusiastic athletic staff. Parents are welcome to assist.

Ages 7–10
Hampshire Park
Sat, Jun 15–Jul 27 (no class Jul 6)
10–11:15 am
\$40 resident, \$43 non-resident
S1104A
Register by Mon, Jun 3

Fishing Club

Grab your fishing poles and bikes as we check out some fishing hot spots around the Golden Valley area. Bait and transportation of fishing gear provided. Participants must provide fishing pole, tackle, bike, and helmet. All fishing is catch and release.

Ages 7–14
Meet at Davis Community Center
Wed, Jun 12–Jul 31 (no class Jul 3)
1–4 pm
\$29 resident, \$32 non-resident
S1212A
Register by Mon, Jun 3

Soccer Skills

Join us to hone your soccer skills and work on fundamentals throughout the summer. We will use a variety of activities, drills, and games to build basic skill development and teamwork, including ball control, passing, shooting, and defense.

Ages 7–12
Minnesota Arts School
Tue & Thu, Jun 11–Aug 1 (no class Jul 2 & 4)
9:30–11:30 am
\$45 resident, \$48 non-resident
S1105A
Register by Mon, Jun 3

Flag Football Squad

Down, set, hike! Join us for flag football this summer to work on basic skills and teamwork. Each day will feature variety of activities, drills, and games led and officiated by our knowledgeable athletic staff. All equipment is provided.

Ages 8–12
Wesley Park
Mon & Wed, Jun 10–Jul 31 (no class Jul 1 & 3)
9:30–11:30 am
\$45 resident, \$48 non-resident
S1106A
Register by Mon, Jun 3

Summer Sports Sampler NEW

Participants will be introduced to several games/activities, with one played each week throughout the summer. Games will include Baggio, Kickball, Pickleball, Slacklining, Spikeball, and Ultimate Frisbee. All equipment provided.

Ages 8–12
Lions Park
Fri, Jun 14–Jul 26 (no class Jul 5)
9–11:30 am
\$29 resident, \$32 non-resident
S1146A
Register by Mon, Jun 3

Bike Rangers

Love to ride your bike and looking for some adventures this summer? We will explore some of Minnesota's best kept secrets as we travel the West Metro with round-trip rides of 15-20 miles. Participants **MUST ALWAYS** ride with their leaders, wear appropriate clothing and shoes, and provide a properly working bike, helmet, water, and snack.

Ages 10–15
Meet at Davis Community Center
Tue & Thu, Jun 11–Aug 1 (no class Jul 2 & 4)
12:30–4 pm
\$45 resident, \$52 non-resident
S1122A
Register by Mon, Jun 3

Youth Enrichment Fencing

Explore the “sport of the intellectual athlete!” Each session will feature four basic components: TEACH IT...Olympic Fencing Coach Ro Sobalvarro’s curriculum; PRACTICE IT...Practice the fencing move or concept with partners; MOVE IT... Students use mock-fence to hone the moves taught; PLAY IT...Students duel to gain experience before the in-class tournament. New and experienced athletes welcome. Safety swords, protective masks, chest plates, and jackets provided.

Grades 2–8
 Crystal Community Center
 Thu, Apr 4–May 16 (no class Apr 25)
 7:40–8:40 pm
 \$77 resident, \$82 non-resident
 S1110A
 Register by Thu, Mar 28

JUNIOR PLAYGROUND LEADER PROGRAM NEW

Junior Leaders are volunteers ages 14 and 15 assigned to assist summer staff with playground programs twice a week while gaining leadership experience and developing valuable skills for future jobs. All volunteers attend a summer field trip, gain working experience, receive a letter of recommendation, and will be recognized by the City at the conclusion of the summer program. **For application details, email Recreation Coordinator Heidi Weiler at hweiler@goldenvalleymn.gov. Application deadline is Fri, May 17.**

MITES PLAYGROUND ADVENTURE AT SCHEID

Help with set-up; assist with crafts, songs, and stories; and participate in and eventually lead activities for 4- to 6-year-olds.
 No programs Jul 1–4.

SESSION 1: Mon & Wed, Jun 10–Jul 31, 9:30–11:30 am
 SESSION 2: Tue & Thu, Jun 11–Aug 1, 9:30–11:30 am

SUMMER PLAYGROUND ADVENTURE AT LIONS

Help with set-up, participate in, and eventually lead large group activities for 7- to 12-year-olds.
 No programs Jul 1–4.

SESSION 1: Mon & Wed, Jun 10–Jul 31, 1–4 pm
 SESSION 2: Tue & Thu, Jun 11–Aug 1, 1–4 pm



Mites Fall Soccer

This fun introductory soccer experience focuses on developing fundamentals, good sportsmanship, and team building. Teams will be assigned, and volunteer coaches will lead 30 minutes of skill development and 30 minutes of game play each day. Participants must provide shin guards and a Golden Valley soccer jersey (purchase at the Recreation office). Min 24, max 64.

Grades K–1 (2019–20 school year)
 Hampshire Park
 Sat, Sep 7–Oct 12
 Games played between 10:30 & 11:30 am
 \$40 resident, \$43 non-resident, \$14 jersey
 S1127A
 Register by Mon, Aug 26

Youth Co-Rec Fall Soccer

This fun and encouraging recreational soccer experience focuses on skill development, good sportsmanship, and enjoying the game of soccer. Teams will be assigned and volunteer coaches will lead practices and games. Participants must provide shin guards and a Golden Valley soccer jersey (purchase at the Recreation office).

PRACTICES

Begin the week of Aug 26 with day, time, and location determined by the volunteer coaches.

GAMES

Sat., Sep 7–Oct 12 at varying locations in Golden Valley, Crystal, and Robbinsdale. Times vary between 9 am–3 pm.

Grades 2–7 (2019–20 school year)
 \$40 resident, \$43 non-resident, \$14 jersey
 Register by Fri, Aug 16

GRADES 2–3

Min 8/Max 12 per day
 Tue Practice S1128C
 Thu Practice S1128D

GRADES 6–7

Min 10/Max 14 per day
 Mon Practice S1128G
 Tue Practice S1128H

GRADES 4–5

Min 10/Max 14 per day
 Tue Practice S1128E
 Thu Practice S1128F

Volunteer Soccer Coaches Needed

The soccer programs depend on volunteers to coach teams and lead activities. To show our appreciation for your time and commitment, refund of the registration fee (one per household) will be issued at the end of the season. Max of two refunds per team. To become a volunteer coach, state at time of registration or email hweiler@goldenvalleymn.gov.



COMMUNITY YOUTH PROGRAMS

These programs are offered by independent organizations not affiliated with the City of Golden Valley. This information is provided as a service to the residents of Golden Valley.



Cheer America is a non-profit corporation that offers cheerleading and dance programs to youth. Students will learn popular junior high and high school cheers, chants, choreographed pom/dance routines, parade marching techniques, and other performance skills required for cheerleading tryouts. The program promotes physical fitness, personal esteem, working as a team, and respect for authority. Students also participate in clinics, competitions, special performances, and parades throughout the state. At the end of the program, students will perform a group recital. Students receive a certificate and medal. Registration takes place Tue, Jun 4 from 6:30–7:30 pm at Davis Community Center.

Ages 4–16

Davis Community Center

Tue, Jun 18–Aug 27 (no class Jun 11, Jul 2)

Ages 4–8: 6–6:45 pm

Ages 9–16: 7–7:45 pm

\$5 enrollment fee, plus \$8/night at door

YOUTH ATHLETIC ASSOCIATIONS

Golden Valley Little League Baseball

Boys & Girls age 5–12

Pat Dale, 612-423-9345

GVLittleLeagueInfo@gmail.com

www.goldenvalleylittleleague.org

Armstrong Cooper Youth Hockey

Boys & Girls age 4+

Kim Nau, 612-802-3443

www.acyha.org

Armstrong Cooper Youth Lacrosse

Boys & Girls grade K–8

Kim Wittmers

acylacrosse@gmail.com

www.acyla.com

Armstrong Cooper Youth Baseball

Boys age 12–19

Brian Nelson, 612-720-9642

brian.nelsongv@gmail.com

www.acybaseball.com

Park Valley United FC Soccer Club

Boys & Girls age 5–18

612-405-2425

www.parkvalleyunitedfc.org

Golden Valley Girls Slowpitch Softball

Girls grade 3–12

Jeffrey Prottas

jeffrey.prottas@np360.org

www.gvgs.org

Cooper/Armstrong Girls Fastpitch Softball

Girls age 7–18

www.caheatfastpitch.org





GROUP TICKET EVENTS

Save money and avoid service fees! Tickets must be picked up at Brookview upon notification. You supply your own transportation. Minimum of 25 tickets must be sold for group rate.

Harlem Globetrotters

A star-studded roster will have fans on the edge of their seats to witness the ball handling wizardry, basketball artistry, and one-of-a-kind family entertainment that thrills fans of all ages. After the game, feel free to stay to get pictures and autographs with the Globetrotters.

Target Center (lower level end)
 Sun, Mar 31
 2 pm
 \$31/ticket for ages 2 and older
 W4104A
 Register by Fri, Mar 15

Minnesota Twins Game At Target Field

Celebrate an early Father's Day watching baseball! Cheer on your Minnesota Twins as they take on the Kansas City Royals. Enjoy the breathtaking views, delicious food offerings, and dazzling amenities of Target Field, the world class home of Twins Territory. Children over 30 inches tall need a ticket.

Target Field (section 303)
 Sun, Jun 16
 1:10 pm
 \$20/ticket for ages 2 and older
 S4103A
 Register by Thu, May 23

ADAPTIVE RECREATION PROGRAMS

The adaptive recreation program is a cooperative effort of REACH for Resources and the Cities of Brooklyn Center, Brooklyn Park, Golden Valley, Plymouth, Maple Grove, Chanhassen, Chaska, and St Louis Park. REACH is an agency that serves individuals with developmental disabilities and their families in Western Hennepin County and Eastern Carver County. Services include adaptive recreation, independent living support, case management, and counseling.

952-200-3030 • www.reachforresources.org



ALL AGES (5+)

- Yoga
- Tae Kwon Do
- Bowling

TEEN (13-21)

- Teen Explorers
- Social Seekers
- Zumba

ADULT

- Wednesday Night Social
- Empowerment Group
- On The Town

**AND
 MUCH
 MORE!**

INCLUSION SUPPORT IS ALSO AVAILABLE

REACH For Resources provides inclusion facilitators for children and adults with disabilities who would like to participate in their City parks and recreation programs. Registration for these programs is done through your Parks and Recreation Department. After registering, contact REACH to discuss the needs/accommodations for you or your child. We request a minimum of two weeks notice for a successful inclusion.



NATURE PROGRAMS

These nature programs are offered in cooperation with the City of Golden Valley and Three Rivers Park District, who have partnered to bring environmental education, outdoor recreation programs, and the opportunity to experience wilderness in the city.



Lil' Explorers Camps

These outdoor, nature-focused experiences for preschool-aged children cover insects (session 1) and animals (session 2) through hands-on activities and games.

Ages 4–6

Bassett Creek Park, Crystal

10 am–noon

\$10 resident, \$12 non-resident

Fri, Jul 26

S1272A

Register by Fri, Jul 19

Fri, Aug 23

S1272B

Register by Fri, Aug 16

Log Rolling/Kayaking

Learn the art of log rolling and proper kayak techniques. Class time will be split between the two activities. Participants should come prepared to get wet.

Ages 9–15

Fish Lake Regional Park Pavilion, Maple Grove

Fri, Aug 16

9:30–11:30 am

\$19 resident, \$21 non-resident

S1130A

Register by Mon, Jul 29

Pioneer Games

This fun morning of axe throwing, slingshot shooting, and more will teach proper technique and safety as well as the history of these activities. Program is held outside; dress for the weather.

Ages 9–15

French Regional Park Visitor Center, Plymouth

Fri, Jun 7

9:30–11:30 am

\$11 resident, \$13 non-resident

S1131A

Register by Fri, May 31

Walk When The Moon Is Full

Adapt your senses and explore the natural world at night guided by Three Rivers Park District staff. Dress for the weather and walking on uneven, woodchip trails. Rustic restrooms only available on site.

Ages 6+ with an adult

Sochacki Park

Fri, May 17

8–9:30 pm

Free (registration required)

S1244A

Register by Fri, May 10

Explorers Camps

These outdoor, nature-focused experiences for school-aged children offer summer fun while learning about birds, biking, bugs, archery, games, trees, water, animal signs, and invasive species. Program also includes an off-site adventure (details to be announced on the first day). All equipment provided, and additional waivers will be needed to participate.

AGES 7-10

Sochacki Park
Mon–Thu, Jun 10–13
9 am–4 pm
\$120 resident, \$127 non-resident
S1234A
Register by Mon, Jun 3

Bassett Creek Park, Crystal
Mon–Thu, Aug 12–15
9 am–4 pm
\$120 resident, \$127 non-resident
S1234B
Register by Mon, Aug 5

Northwood Park, New hope
Mon–Thu, Aug 26–29
9 am–4 pm
\$120 resident, \$127 non-resident
S1234C
Register by Mon, Aug 20

AGES 10-14

Sochacki Park
Mon–Thu, Jul 8–11
9 am–4 pm
\$120 resident, \$127 non-resident
S1234D
Register by Mon, Jul 1

Archery

Learn safety and proper techniques while shooting compound and traditional bows, with individualized instruction based on skills. Participants will also learn history and traditions surrounding the sport of archery. Bring your own peanut-free snack.

Ages 8–14
Robbinsdale Community Gyms
9–11 am
\$15 resident, \$17 non-resident

Fri, Jun 14
S1108A
Register by Fri, Jun 7

Fri, Jul 19
S1108B
Register by Fri, Jul 12

Family Archery

Learn the basics of shooting safety and accurately shooting at outdoor stationary targets. All equipment provided.

Ages 14+
Sochacki Park
Sat, May 25
1–3 pm
\$10 resident, \$12 non-resident
S1236A
Register by Thu, May 23

Three Rivers Adult Explorer Series

Providing outdoor, nature-focused experiences, Three Rivers Explorer Camps are affordable, accessible, and great fun. Registration deadline is one week prior to program. All programs are 18+. Provided in cooperation with Three River Park District, and the Cities of Crystal, Robbinsdale, and Golden Valley.

GETTING TO KNOW YOUR REGIONAL TRAILS BIKE TOUR

Let's explore the trails! Discover new locations and connections. Use a provided bike or bring your own.

Bassett Creek Park, Crystal
Wed, Jun 5
6–8 pm
\$15
S2302D

BIRDING

Go on a hike with a naturalist to discover what birds are busy using the park.

Crystal MAC Wildlife Area, 61 and Lee, Brooklyn Park
Tue, Jun 18
6–8 pm
\$15
S2302B

RIVER RAFTING

Experience the Mississippi on a guided rafting trip. Float down the river and learn about nature that surrounds us.

Coon Rapids Dam Regional Park, 10360 W River Rd, Brooklyn Park
Thu, Jul 25
5:30–8:30 pm
\$30
S2302A

ARCHERY

Try your skills at archery. Learn techniques and play fun games.
Robbinsdale Community Gyms, 3730 Toledo Ave N, Robbinsdale
Wed, Aug 14
6–8 pm
\$15
S2302C



Aquatic Park

3700 Monterey Dr, St Louis Park, MN 55416
952-924-2540 | www.stlouispark.org

The Aquatic Park is the hottest place to stay cool this summer! Wade into the pool from our zero depth entry or splash into the water from the four-story water slides. Our summertime fun facility features a sand-and-water play area, tot whale slide, spray arches, water geysers, drop slides, aqua obstacle course, lap swim lanes, diving boards, and sun decks. We also offer a picnic area, full-service concession stand, and locker rooms.

DAYS & HOURS OF OPERATION

Jun 1-Jul 31
Mon-Fri 11 am-8 pm
Sat-Sun 11 am-7 pm

Aug 1-25
Mon-Sun 11 am-7 pm

DAILY ADMISSION RATES

Under Age 1 Free
Ages 1-54 \$9.50
Ages 55+ \$5.50
Twilight (after 4:30 pm) \$5.50

SEASON PASSES

*Golden Valley residents receive resident rate.

Resident	Before Jun 2	After Jun 2
Under 1 year	Free	Free
Ages 1-54	\$57	\$62
Ages 55+	\$42	\$47
Caretaker/Nanny	\$60	\$65
Twilight (after 4:30 pm)	\$42	\$47

Non-Resident

Under 1 year	Free	Free
Ages 1-54	\$67	\$72
Ages 55+	\$52	\$57
Caretaker/Nanny	\$70	\$75
Twilight (after 4:30 pm)	\$52	\$57



Golden Valley residents now enjoy the resident rates!

**POOL OPEN:
Jun 8-AUG 18, 2019**

4848 Douglas Dr N
Crystal, MN 55426
763-531-1170



ADULT PROGRAMS

Tai Chi Classes With Marie Mathay

Join Certified Instructor Marie Mathay for these ancient Tai Chi exercises. Wear loose, comfortable clothing and flat shoes.

SPECIAL! Register for a second class in the same session for only \$37! Classes must be purchased together.

Brookview Wirth Lake Room (unless otherwise noted)
\$56 resident, \$60 non-resident

TAI CHI FOR BEGINNERS

Based on Sun style Tai Chi, these gentle yet powerful movements will promote physical and mental well-being. Improve balance, strength, and flexibility. Great for joint pain and stress reduction.

8:30–9:30 am

Tue, Apr 23–Jun 4
S2207A

Tue, Jun 25–Aug 13 (no class Jul 2)
S2207B

TAI CHI ADVANCED SUN STYLE

For those who have completed at least one Basic session. Continue your Tai Chi journey, learning, and practicing all Sun style 41 form.

9:45–10:45 am

Tue, Apr 23–Jun 4
S2208A

Tue, Jun 25–Aug 13 (no class Jul 2)
S2208B

YANG STYLE TAI CHI PRACTICE GROUP

Learn Chen Man Ching's 37 forms and deepen your practice.

**Qualifies for reduced rate.*

9–10 am

Thu, Apr 25–Jun 6
S2209A

SHIBASHI QIGONG

Cultivate more energy and promote better health by practicing these 36 ancient Chinese exercises. Meant for healing and enhancing health. Promotes and strengthens the flow of energy throughout the body. **Qualifies for reduced rate.*

10:15–11:15 am

Thu, Apr 25–Jun 6
S2210A

Brookview Park Basketball Court
9:30–10:30 am

Thu, Jun 27–Aug 15 (no class Jul 4)
S2210B

Happy Hour Yoga On The Green

Start your evening on the Brookview lawn bowling green with some yoga and a designated cocktail. This class is for participants of all levels, but you must be at least 21 years old to participant. All classes are held outside. In the event of bad weather, a make-up day may be held at the end of the session. Instructor Marie Hartke has 200 HR TT (yoga teaching certification) in vinyasa, restorative, and yin styles. She has taught at Three Rivers Parks District, Nexus Human Performance, and The Gem Life studio at the Hewing Hotel.

Brookview Lawn Bowling Green

6–6:45 pm

Session \$92 resident, \$97 non-resident

Drop-in \$25 resident, \$27 non-resident

Mon, Jun 24–Jul 15

S2212B

Mon, Sep 9–30

S2212C

Mixed Level Belly Dancing

Class teaches to mix and layer body movements with dance steps, introduces advanced dance movements, and continues to work on core muscle strengthening, coordination, and overall body improvement and dance refinement! Taught by Tatyana Butkova.

Brookview Wirth Lake Room

Mon, Mar 11–Apr 29

7:15–8:45 pm

\$128 resident, \$133 non-resident

W2402B



Line Dancing For Fun And Fitness

Start your morning off with a smile. Discover why line dancing is so much fun and such a great workout. Line dancing is recommended as a moderate-intensity aerobic exercise to improve balance and strengthen heart and bones. Learn the steps that will make you feel confident joining any dance line, whether country, Latin, or American. Instructor Annette Fragale is certified as an instructor and dance judge by the National Teacher's Association (NTA) and Country Western Line Dance Association (CWLDA). She has taught and judged throughout the US and Canada for 29 years.

Brookview Wirth Lake Room
Wed, Jun 5–26
10–11 am
\$32 resident, \$35 non-resident
S2404A

MELT Method Class

The MELT Method is an innovative self-treatment system that restores the body's connective tissue to help eliminate chronic pain and improve performance. The repetitive stress of daily living literally gets stuck in the connective tissue, which surrounds every joint, muscle, nerve, bone, and organ. "Stuck stress" accumulates in our body and causes dehydration in the connective tissue, which interferes with and slows down the body's natural healing process. MELT heightens your body's ability to repair and heal itself, this creates remarkable, lasting changes. MELT balls and roller are used; they will be available at class for use or purchase. Dress in comfortable loose clothing and bring a yoga mat. Instructed by Beth Glommen, Certified Melt Instructor.

Brookview Valley North Room
6:30–7:30 pm

INTRODUCTION SESSIONS

Wed, May 15
Free, but registration is required
S2216A

Wed, May 22
Free, but registration is required
S2216B

MELT METHOD CLASS

Wed, Jun 5–Jul 10
\$50 resident, \$53 non-resident
S2216C

Beginning Ballroom Dancing

Summers are busy, so come learn only the most popular steps and turns from the usual four-week series offered during the school year. In just two lessons you will be moving in sync, looking good, and having a blast dancing with your partner! The ideal course for those getting married, attending a wedding, or wishing to dance at outdoor venues like the State Fair or Music in the Parks. Lessons geared toward beginners and those who say "I can't dance." Teens and adults of all ages welcome! Come with or without a partner. Singles rotate, and couples stay together. Classes designed for your success, so they are easier and more fun than you think! For more information, visit www.ConstantineDance.com.

Brookview Wirth Lake Room
Thu, Jun 13–20
7–8:30 pm
\$29/person resident, \$32/person non-resident
S2405A

Yoga Flow With Laura

Classes combine yoga postures, targeted core work, and breath/body awareness. All classes end with an optional guided relaxation that takes each practice to a deeper level. Appropriate for beginners to yoga as well as those who already practice. Benefits include increased strength, flexibility, body awareness, and mental clarity. Wear comfortable clothes and bring a yoga mat. Blanket and small pillow are optional for relaxation. Instructed by Laura Lazowski. Max 22 per class.

Brookview Wirth Lake Room
5:30–6:45 pm

Tue, Apr 2–Jun 4
\$110 resident, \$115 non-resident
S2206A

Thu, Apr 4–Jun 6
\$110 resident, \$115 non-resident
S2206B

Tue, Jun 18–Jul 16
\$55 resident, \$59 non-resident
S2206C

Tue, Jul 23–Aug 27
\$66 resident, \$70 non-resident
S2206D

Adult Athletic Leagues

Parks and Recreation offers a variety of adult leagues and programs throughout the year. General information for upcoming seasons are listed below. For detailed registration information, visit the City website at www.goldenvalleymn.gov/recreation/adults/leagues.php.

Men's Softball Leagues

The 2019 softball season offers a variety of USSSA men's leagues for both the summer and fall. Summer league features an 11-week doubleheader season with league playoffs. Fall league features a six-week doubleheader season. All games are played at Schaper Park.

To help teams find the appropriate Golden Valley softball league for the upcoming season, Parks and Recreation classifies leagues with Gold, Silver, and Bronze designations. All teams will continue to be sanctioned with USSSA at C, D, and E levels.

Gold League: Most competitive

Silver League: Recreational, moderately competitive

Bronze League: Fun, recreational, low level of competition

LEAGUE FEES

Summer \$820/team

Fall \$435/team

IMPORTANT DATES

Feb 20: Summer registration opens

Apr 29: Summer season begins

Jun 28: Fall returning team registration opens

Jul 15: Fall resident team registration opens

Aug 20: Fall season begins

SUMMER LEAGUES AVAILABLE (APR 29–JUL 29)

Mon: Silver Doubleheader

Tue: Bronze Doubleheader

Wed: Silver Doubleheader

Thu: Gold Doubleheader

FALL LEAGUES AVAILABLE (AUG 20–SEP 26)

Tue: Bronze Doubleheader

Wed: Silver Doubleheader

Thu: Gold Doubleheader

Adult Co-Rec Sand Volleyball League

Enjoy a beautiful night in the park with sand under your toes in our recreational co-rec six-on-six volleyball league. All games are played at Brookview Park at 6:15 and 7:15 pm.

SUMMER SEASON

Bronze League: Tue, May 7–Jul 30

Silver League: Thu, May 9–Aug 1

\$250/team

FALL SEASON

Bronze League: Tue, Aug 13–Sep 17

Silver League: Thu, Aug 15–Sep 19

\$150/team





55+ ADULT PROGRAMS

55+ Newsletter Subscription

Subscribe to our bi-monthly newsletter to stay in the know. Subscriptions run January–December and cost \$5 for Golden Valley residents and \$8 for non-residents. That's six newsletters mailed right to your door! Subscriptions need to be renewed each year in December by mail, online, or walk-in at Brookview.

Mondays With Mary

Join Mary to make door decorations, greeting cards, placemats, party favors, and more. We work on projects for Ambassador Care Center, Dinner At Your Door, Senior Dining, Golden Valley Seniors, and Mary Wanderers. We'll supply the materials and coffee. You bring your time, talent, and occasionally, a treat.

Brookview Valley Room
9:30–11:30 am

Weekly Card & Game Groups

New players are always welcome. Please arrive at least 10 minutes before the scheduled start time to get set up. All groups meet at Brookview in the Valley Room. No pre-registration required.

DAY	GROUP	TIME
Mon	Dominoes	1 pm
Tue	Cribbage	1 pm
Wed	500	1 pm
	Hand & Foot	10 am
	<i>(does not meet 4th Wed)</i>	
Thu	Euchre	1 pm
	Poker	1 pm
Fri	Bridge	9 am

Pedal Pushers Daytime Biking Group

This longtime group bikes 6+ easy miles to and from various areas in the Twin Cities with frequent stops (usually including one for treats along the way). Get some exercise, meet some fantastic people, and bike some trails you never knew existed. Rides begin at 9:30 am on Tuesdays or Thursdays from May through October, with a couple each month. Register to ride and to be put on the mailing list for ride information.

Tue & Thu, May–Oct
9:30 am
\$5/person (one time registration fee)
S2215A

COME TO THE PEDAL PUSHER KICK-OFF EVENT!

Join Nancy, our Pedal Pusher leader, as we present our 2019 Pedal Pusher ride schedule. Nancy will also share stories of her and Keith's latest adventures. This event is free and open to all 55+ interested in joining Pedal Pushers. Call 763-512-2345 to register by May 20.

Brookview Valley Room
Tue, May 21
10 am

Friday Open Painting Studio

Looking for a creative end to the week? Michelle, our coordinator, has experience painting in watercolors, acrylics, and oil. Open studio attendees are here to guide you through your project. Bring your favorite medium and project to class. No pre-registration required.

Brookview Wirth Lake Room
9–11:30 am
\$1/week payable at Guest Services

Helping You Through The Medicare Maze

Going to retire and need your Medicare questions answered? Wondering about your choices with supplemental coverage? Have questions about Part D? Worried about the details in filing a claim or appeal? Do you need help through the Medicare maze? Marsha will meet with you one-on-one to answer your Medicare Insurance questions, assist you with insurance forms, or guide you through supplemental or Part D insurance. Appointment required. Call 763-512-2345 at least 3 days in advance.

Brookview Rice Lake Room

Thu, Mar 14, Apr 11, May 9, Jun 13, Jul 11, Aug 8
10 am, 11 am, or 12 pm available

Living Wise And Well

It's a fact—people are living longer and healthier! Join us for this free program that offers monthly information for a happy, healthier, and smarter you. Refreshments provided by Calvary Center Cooperative. No pre-registration required. **NOTE:** No meeting in May or July.

Calvary Center Cooperative Prairie Room

2–3:15 pm

THU, APR 4

Jewelry Maintenance And Appraisals

A discussion on the importance of maintaining the safety of your diamonds. Presented by Bob Zagaros, Bergstrom Studio.

THU, JUN 6

Gratitude

Once a year as a country, we celebrate a national holiday of Thanksgiving – a tradition in this country for a very long time. Expressing gratitude and thanks needs to be more than once a year. Research has shown that regularly giving thanks leads to healthier and happier lives. We will explore the elements of expressing gratitude and the positive effects it can have for our lives. Presented by Mark Scannell, author of *The Gratitude Element*.

THU, AUG 1

Elements Of Fiction

Award-winning Minnesota author Connie Claire (Peterson) Szarke will present *Elements of Fiction*, bringing us aware of how writers must focus on a variety of elements in order to create successful novels. Music is also included. Connie's trilogy novels, enjoyed by men, women, and young adults, include *Delicate Armor*, a coming of age family saga set in the 1950s; *A Stone for Amer*, a 1919 homesteader in Eastern Montana; and *Lady in the Moon*, A Novel in Stories. Visit her website at: www.connieclaireszarke.com.

Coffee Talk

Join us for juice, treats, informative programs, and of course, coffee! Call the Parks and Recreation office at 763-512-2345 to register in advance so there are treats and coffee for all.

NOTE: No meeting in July.

Brookview Valley North Room

9:45–11 am

\$2 payable at door, unless otherwise noted

WED, APR 24

Judy McConnell, Author of *Dreamhouse*

Judy McConnell of St. Louis Park is the author of *Dreamhouse*, a novel that features a strong female character who becomes actively involved in the women's rights movement. The character is based on the author's own experiences. She was pretty active herself in the 1960s and 70s. Judy will bring along some clippings from the era to share. *Dreamhouse* is a story about marital conflict, family tragedy, and mystery, interwoven with a tale of friendship among a group of women navigating the dawn of the women's liberation movement. Part family drama, part recent history, McConnell traces one women's journey from her role as a giddy new bride steeped in the conventions of the early 1960s to a seasoned, mature woman who understands that compromise is not a dead end, but a doorway to a new understanding. Register by Apr 23.

WED, MAY 22

Norman Mitchell, Author of *The Hidden One*

Norman Mitchell has lived in Minnesota for over thirty years, although he was born and grew up in New York City. His first story was published at the age of six in the school's literary magazine. In the fourth grade, he discovered a love of history, especially Russian, German, and Blakan, and that, along with writing, has been a lifelong passion. This Golden Valley resident will share his book, *The Hidden One*, a novel that is part history thriller, and part urban fantasy. It sprawls through the 20th century, reminding us of how our current geo-political world came about, and asking what is hidden from us and what lies beneath our sense of reality. Register by May 22.

WED, JUN 26

Use Of Body Cameras

Presented By Golden Valley Police

Join us as the Golden Valley Police talk about the use of Body Cameras and other technology used in policing. Register by Jun 25.

WED, AUG 28

Take Me To Target Field, At Brookivew

Love the Twins? Fascinated by baseball history? This is a unique opportunity for baseball fans to enjoy a one of a kind presentation by Clyde Doepner, Minnesota Twins' Curator of artifacts and memorabilia. Enjoy stories about Clyde's long relationship with management, players, and memorabilia. Available to all ages 4+ with an adult. \$3/adult & child pair, \$1/add'l child with an adult. Register by Aug 27.

Money Matters

Finances, investments, and things related to money are shared. Join us as we hear speakers from organizations working with finances, investments, and government present information important for today and tomorrow. No pre-registration required. **NOTE:** No meeting in July.

Brookview Valley North Room
10–11:15 am

THU, APR 18

Reverse Mortgages

Hear and learn about the pros and cons of reverse mortgages. One of the questions seniors face today is how reverse mortgages work and how safe are they? Dallas Janes, Loan Officer with Crimson Mortgage, will provide you the information to make the best decision for you.

THU, MAY 16

Anatomy Bequest Program

What is whole body donation and how does it support medial advancement in MN? What research is supported through donation at the U of MN and can a person be an organ donor and a whole body donor? Hear the answers to these questions and others. Presented by the University of Minnesota Medical School Anatomy Bequest Program.

THU, JUN 20

Top 10 Do's And Don'ts Of Estate Planning

This session will use actual examples of Wills, Trust, and Powers of Attorney to illustrate what works and what does not work when crafting your estate plan. Come and learn common planning errors that people make even when they think everything is in order! Topics covered will include the interplay between beneficiary designations and your Will, making sure you have a plan to allow money for expenses after death so your children don't get stuck with the bill, and essential language for your power of attorney to make sure you are protected. The presenter, Mary Frances Price, is a local attorney with years of estate planning and administration experience.

THU, AUG 15

Safe Guarding Our Seniors

Senior financial abuse is often under-reported and misunderstood. Have you been pressured to provide personal information over the phone or via email? Have you received a phone call or letter informing you that you've won a large amount of money? Recognize the red flags that let you know when something isn't quite right. Understand the credible resources available to you and be empowered to take action when a financial scam or fraud crosses your path. Presented by the Better Business Bureau.

Defensive Driving

Adults age 55+ can save up to 10 percent, get a three-year discount on car insurance premiums, and become better drivers by taking a state-approved National Safety Council Defensive Driving course. These classes are taught by professional certified instructors and offered by the Minnesota Safety Council. No tests are given, but attendance is required to receive the certificate of completion.

Registration and Certificate of Completion: To guarantee a certificate at class completion, register at least seven days in advance with the Minnesota Safety Council. Make checks payable to "Minnesota Safety Council" and mail to: 474 Concordia Ave, St Paul, MN, 55103. Call 651-291-9150 to register with credit card.

8-HOUR FIRST-TIMERS COURSE

Brookview Valley North Room

Sat, Mar 2 & 9 (must attend both days)

9 am–1 pm

\$19/person

4-HOUR REFRESHER COURSES

Brookview Valley North Room

Thu, Apr 11, May 9, Jun 13, Jul 11, or Aug 8

9 am–1 pm

\$18/person

Driver Improvement Programs

This is a Minnesota Highway Safety and Research Center (MHSRC) Driving Improvement Program for those over age 55. Classes are taught by a certified instructor from the Minnesota Highway Safety Center. Minnesota State Law allows a 10 percent reduction in auto insurance premiums for three years upon completion of the course. To register, visit the Minnesota Safety Center website at www.mnsafetycenter.org or call toll free at 1-888-234-1294. Fees collected day of class.

8-HOUR FIRST-TIMERS COURSE

Brookview Valley North Room

Wed & Thu, Mar 27 & 28 (must attend both days)

5:30–9:30 pm

\$26/person

4-HOUR REFRESHER COURSES

Brookview Valley North Room

Wed, Apr 3 12:30–4:30 pm

Wed, Jun 12 5:30–9:30 pm

(only need to attend one day)

\$22/person

Local Author Series— The Glensheen Mansion Murders

Former Star Tribune reporter Joe Kimball, who has covered the case from the beginning, discusses the inside story of the infamous murder of Elisabeth Congdon, the wealthy Duluth dowager who was smothered in her bed in the 39-room Glensheen Mansion. Her night nurse was beaten to death with a candlestick holder on the mansion's grand stairway as she tried to protect the partially-paralyzed heiress. Police immediately suspected Congdon's adopted daughter and her new husband of the crime. They said the motive was to speed up the inheritance. The husband was convicted but the daughter, Marjorie Congdon Caldwell Hagen, was found not guilty of charges that she helped plan the murders. But that's not the end of the story. Marjorie has been in the news, and in prison, in the years since the mansion murders. Bigamy charges, two arson convictions, charges of another murder, and the mysterious death of an elderly man she befriended in Arizona have kept her story alive. Come and hear all about this infamous mystery!

Offered in cooperation with the Cities of Crystal, Brooklyn Center, Golden Valley, New Hope, Robbinsdale, and Robbinsdale Area Schools. Fee includes refreshments. Pre-registration is required by calling 763-512-2345 by Fri, Apr 5.

Crystal Community Center
Wed, Apr 10
7–8:30 pm
\$3/person payable at the door

Pickleball

Pickleball is a game played on a badminton or tennis court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a whiffle ball) and wood or composite paddles. It is easy for beginners to learn but can develop into a quick, fast-paced, competitive game for experienced players. This is not a league. Come when you can...just drop in. Find outdoor pickleball court locations in Golden Valley on page 45.

INDOOR PICKLEBALL

Bring your paddle and play pickleball with other enthusiasts. All courts are reserved for pickleball play during this time.

Davis Community Center
Sundays through May 19
3–5 pm
\$5/person or \$40/10-punch pass



Senior Golf Leagues

Call Brookview Golf Course at 763-512-2305 for more information on these and other league offerings. For information on green and cart fees, see the golf section of this catalog.

SENIOR PAR 3 LEAGUE

Men and women age 55 and older are invited to play at the Brookview Par 3 Course on Thursday mornings, May 2–Sep 12. Tee times start at 7:30 am with weekly sign-up. A \$5 league fee is collected at the kick-off meeting on Thu, Apr 25, at 10 am in the Brookview Valley Room.

SENIOR CLUB MEMBER 18-HOLE REGULATION LEAGUE

This senior golf league will play the 18-hole course at Brookview on Tuesdays, Apr 30–Aug 27. A \$20 league registration is due before your first week of play. NOTE: You must be a valid Brookview Senior Club Member card holder to register and play.

Senior Lawn Bowling League

Take part in the 5th summer season of lawn bowling and join a league. Game equipment is provided and an official is present during league play. No special clothing is required; however, teams with all members competing in white top and white or khaki bottoms receive one point before match play begins. No heeled shoes—flat-bottom shoes only on the court. Register individually or as a team of four to eight players. Minimum of four teams/maximum of 16. Weekly fee includes six weeks of league play, game equipment, and official.

Brookview Lawn Bowling Rinks
Wed, Jun 12–Jul 24 (no league play Jul 3)
10–11 am
\$5 league fee, plus \$3 + tax/week
S3302A
Register/cancel by Mon, Jun 10

Senior Lawn Bowling Clinic

Lawn bowling is one of the easiest sports to learn. It is an excellent sport for all ages, teaching coordination and mental focus. The sportsmanship and camaraderie is a plus as well. This clinic, taught by an official at the Brookview rinks, will cover the rules of the game, vocabulary unique to bowls, the proper way to hold and deliver your bowls, and the etiquette that governs behavior on the greens. All you will need that day is flat-soled shoes so you don't damage the surface of the green. You do NOT have to buy special shoes that are just for lawn bowling. At the clinic, you can sign up for a league to be played at Brookview starting the following week. NOTE: Sunscreen and a sun visor or hat are absolute musts when bowling in the sun.

Brookview Lawn Bowling Rinks
Wed, Jun 5
10–11:30 am
\$3/person
S2101A

Mary's Wanderers Trip Program

Comfortable motor coaches, good food, knowledgeable tour guides, and Mary as our escort—our trips are planned with you in mind! Trip registrations are taken on a first-come, space-available basis by mail, online, or in person at Brookview. Use the trip code and select meal choice (if offered) when registering. Pick-ups are available at Golden Valley City Hall or Calvary Center Cooperative (if five or more requests).

Redlin Art Center, Watertown, SD

Start off with coffee and rolls at Bumps Café in Glencoe. Upon arrival at Redlin Art Center, pick up a cup of coffee and be seated in the 108-seat auditorium for a presentation. After the introduction, view a 20-minute DVD production that is a tribute to Redlin—"The Legacy of Terry Redlin: A Lifetime of Memories." It includes Redlin talking about his process and techniques as well as never-before-seen footage of him painting at his easel. After the presentation, meet on the patio that overlooks a 30-acre park. The park was designed by Redlin to attract wildlife and be inspired by nature's canvas. A picnic lunch will come in a special Redlin keepsake tin. (If weather is inclement, lunch will be in the theater.) Menu: Deli sandwich, side salad, Dakota-style chips, cookie, bottle of water. Visitors will spend time at their own pace in the Gallery, which houses more than 150 oil paintings—each one marking a specific time in Redlin's life. There are three stories of artwork to explore in this massive 52,000-square-foot brick building. The Redlin Art Center opened in June 1997. Return trip includes a fast food stop (on own).

Wed, May 22

\$75

6:40 am pick-up

6:50 pm return

Y3268A

Register/cancel by Apr 22



Kentucky Commonwealth

DAY 1—MON, MAY 13 Leave Golden Valley at 7 am. Have lunch at Quivey Grove Restaurant in Madison, WI. Continue to Merrillville, IN for lodging at Hilton Garden Inn. [C,L]

DAY 2—TUE, MAY 14 Travel to Louisville, KY for lunch at The Derby Café. Take the historic walking tour of Churchill Downs Racetrack and visit the Derby Museum. Learn about a thoroughbred's life, from birth to the first Saturday in May, along with the history of the race dating back to the inaugural running in 1875. Travel to the Lexington area for lodging. [B,L]

DAY 3—WED, MAY 15 Spend the morning at the Kentucky Horse Park. Explore the grounds, take a horse drawn trolley tour, see the Hall of Champions presentation and the Parade of Breeds, and visit the International Museum of the Horse. Take time for lunch (on own) at the Bit & Bridle Cafeteria. In the afternoon, take a guided tour of Woodford Reserve Distillery, then enjoy a special dinner at Shaker Village of Pleasant Hill. [B,D]

DAY 4—THU, MAY 16 This morning, tour the Mary Todd Lincoln House, girlhood home of Mary Todd, the future first lady and wife of the 16th President, Abraham Lincoln. Take a guided tour through the 14-room house containing period furniture, portraits, and artifacts from the Todd and Lincoln families. Leave the museum and have lunch. Travel to Muncie, IN for lodging. [B,L]

DAY 5—FRI, MAY 17 In Shipshewana, have lunch at the Blue Gate Restaurant. See the matinee musical "A Simple Sanctuary," a compelling story about the price of freedom and the solace found in sanctuary of true community. Lodging in Hammond, IN at the Holiday Inn. [B,L,D]

DAY 6—SAT, MAY 18 Leave Hammond, IN and stop for lunch near Wisconsin Dells. Estimated return to Golden Valley is 6:30 pm. [B,L]

FEE INCLUDES: Deluxe motor coach transportation, lodging for five nights, meals as indicated [C-Coffee, B-Breakfast, L-Lunch, S-Supper, D-Dinner], attractions as outlined in itinerary, tour host Mary Odell, Golden Valley Seniors, and gratuities on the included meals and attractions.

Mon–Sat, May 13–18, 2019

\$1,135/person (two per room), \$1,550/person (one per room)

\$135 deposit per person is due by Mar 4 and is non-refundable

Final payment due by Mon, Mar 25

Payments are not refundable after the listed deadlines

Y3267A

Treasure Island Spirit Of The Water Cruise

From the Treasure Island Marina, board the Spirit of the Water, an elegant 100-passenger yacht, for a relaxing cruise down the scenic Mississippi River. A themed buffet menu will be announced closer to the trip date and will include an entrée, salad, potatoes or rice, vegetable, dessert, water, coffee, or tea. A cash bar will also be available. **NOTE:** Water levels will determine the amount of walking that is required to enjoy the trip. Guests may need to walk about three blocks and may need to manage narrow, and possibly steep, gangplanks to board the boat.

Thu, Jun 20

\$83

9:45 am pick-up

4:20 pm return

Y3269A

Register/cancel by May 20

Bell Museum And Lunch At Jax Cafe

Jax Cafe has served Minnesotans since 1933 and is a landmark established by Stanley Kozlak, who left Poland as a teenager and started a restaurant business that would support three generations after him. Lunch Service Menu: Oven-roasted chicken with mashed potatoes, gravy, vegetable, and chocolate mousse. Coffee, tea, or milk included.

Next stop is the New Bell Museum to see "One Giant Leap" at the Whitney and Elizabeth MacMillan Planetarium. The state-of-the-art planetarium takes you on amazing journeys using the latest technology to construct a "seamless" dome. After the show, meet your guide for a gallery tour. The Bell Museum brings together science, art, and the environment with a unique Minnesota perspective. The new facility features a digital planetarium, high-tech exhibits, famous wildlife dioramas, outdoor learning experiences, and more. The tour covers the permanent galleries, including world renowned wildlife dioramas that span space and time, from the origins of the universe through the diversification of life on earth. Also, learn about U of M researchers who are working to create a better future for our evolving world. After the tour, visit the Touch and See Lab, the first natural history museum discovery room in the world where all ages can actively learn through observation and sensory engagement. The learning continues outside with a second-floor green roof and observation deck, along with sustainable landscaping with native plants, geology exploration area, solar station, and other highlights on the ground floor. **NOTE:** If guests cannot walk or stand for an hour, they may consider bringing a portable wheelchair.

Thu, Jul 11

\$84

10:30 am pick-up

5:15 pm return

Y3270A

Register/cancel by Mon, May 20

42nd Street At Ordway Theatre

The Ordway in St Paul will present an Ordway Original—*42nd Street*. Come and hear the brand-new beat. This classic tale of wide-eyed Peggy Sawyer dreaming of tapping her way to Broadway will knock you off your feet. Reimagined for a 21st century audience, it will feature local talent, masterful dancing, and funk-jazz orchestrations of hit songs like "We're in the Money," "Lullaby of Broadway," and of course, its title track. Come and hear the brand-new beat on *42nd Street!*

Tue, Aug 6

\$98

6:15 pm pick-up

11 pm approximate return

Y3265A

Register/cancel by May 28



Lakewood Cemetery And Lakes Of Minneapolis

A professional guide will give a narrated sightseeing tour around the Lakes of Minneapolis. Enjoy the scenery as you learn about the history and culture on this riding tour. Tour Lakewood Cemetery and its architectural centerpiece, the Memorial Chapel. The chapel was completed in 1910 and is the most perfect example of Byzantine mosaic art in the United States. The cemetery presentation highlights Lakewood's rich local history, famous memorials, beautiful gardens, artistic monuments, and architecture. Founded in 1871, it is a place of beauty and solace. Next is lunch at Patrick's Bakery and Café, located in the Bachman's Store in Minneapolis. Menu: Soup and sandwich special served with coffee, tea, or milk, with a mini pastry for dessert. After lunch, spend time shopping at Bachman's Gift Store and Garden Center.

Fri, Aug 16

\$71

8:45 am pick-up

4:20 pm return

Y3271A

Register/cancel by Jul 15

Mamma Mia At Chanhassen Theater

Start with lunch at the Chanhassen Dinner Theater, selecting from a limited menu that includes entrée, salad, vegetable, bread, potato or rice, and beverage. If they have time after lunch, guests can walk inside the theater to the gift stores before enjoying the matinee performance of *Mamma Mia*. One mom. One daughter. Three possible dads. And a trip down the aisle you'll never forget! ABBA's hits tell the hilarious story of a young woman's search for her birth father. This sunny and funny tale unfolds on a Greek island paradise. On the eve of her wedding, a daughter's quest to discover the identity of her father brings three men from her mother's past back to the island they last visited 20 years ago. The story-telling magic of ABBA's timeless songs propels this enchanting tale of love, laughter, and friendship, creating an unforgettable show. A large cast, non-stop laughs and explosive dance numbers combine to make *Mamma Mia* a guaranteed smash hit!

Wed, Sep 4

\$88

10:15 am pick-up

4:50 pm return

Y3278A

Register/cancel by Aug 5



All Aboard For Brunch

At the Osceola and St Croix Valley Railway, the restored historical equipment is operated by the Minnesota Transportation Museum. Return to 1948 as you enjoy a colorful trip on a vintage train from Osceola to Marine on St Croix. Have a champagne brunch in the historic dining car adorned with curtains and linen tablecloths. Anticipated Menu: Scrambled eggs with ham, roasted herbed potatoes, bread, fresh fruit, sparkling, cider, champagne, water, soda, coffee, or hot tea. As we travel high on the bluffs, take in the beautiful scenic woodlands full of wildlife in the backwaters. Cross the St Croix River on a swing bridge that used to open to let the steamboats pass through. Stop at Pine Tree Apple Orchard to shop before arriving back in Golden Valley. Restrooms are available on board the train.

Tue, Sep 24

\$84

9:20 am pick-up

3:45 pm return

Y3271A

Register/cancel by Aug 19

Mackinac Island

DAY 1—MON, SEP 16 Leave Golden Valley at 7 am. Make a stop for coffee in Menomonie, WI and have lunch in Wausau, WI. In Escanaba, MI, lodging is at the Comfort Inn. Dinner is at the Stonehouse Restaurant. [C,L,D]

DAY 2—TUE, SEP 17 Travel to St Ignace and take the ferry to Mackinac Island. There is not motor travel on the island. Take time to dine and shop in the unique setting of this small village. There are fudge shops, art galleries, and a variety of gift stores. You can rent a bicycle and see the island as the locals do, go hiking, or join an architectural walking tour. Maybe you would like to go to the stables and saddle up for a horseback ride to unique areas reserved for horsemen. The Mackinac Island Butterfly House welcomes visitors to see hundreds of live butterfly species from around the world. Visit Ste Anne's Church Museum or climb the Tower at Mission Point. There are spas, parasailing opportunities, and fishing excursions, cruise the straits on a catamaran or play golf at one of the premier courses. Lodging for two nights is at the Lake View Hotel. Dinner is included tonight. [B,D]

DAY 3—WED, SEP 18 Take the horse drawn carriage tour of the island and her history and see points of interest such as Skull Cave, Arch Rock, Governor's Mansion, and more. At the Grand Hotel, enjoy the exceptional luncheon buffet. The hotel is the world's largest summer hotel and premier attraction on Mackinac Island. After meal service, stroll along the majestic porch, view the glorious gardens, take photographs, enjoy the magnificent art in the hotel, and purchase a souvenir in the gift shop. The remainder of the day is free for personal activities and dining. [B,L]

DAY 4—THU, SEP 19 Take the ferry to Mackinaw City. Travel over the Mackinac Bridge. Enjoy the scenic route to the picturesque village of Traverse City, MI. Stroll along the enchanting beachside main street shopping district. Take time for lunch and visit galleries, gift stores, and specialty shops. Continue to Ludington and check into the Holiday Inn. Have a group dinner tonight. [B,D]

DAY 5—FRI, SEP 20 This morning, board the 410-foot S.S. Badger for a relaxing four-hour cruise across Lake Michigan between Ludington, MI and Manitowoc, WI. While aboard this huge ship you can enjoy games, see movies, watch satellite TV, and shop in the gift store. Take time to stroll or lounge on the spacious outside decks. Have lunch before disembarking in Manitowoc. Return to Golden Valley at approximately 7:30 pm. [B,L]

FEE INCLUDES: Deluxe motor coach transportation, lodging for four nights, meals as indicated [C-Coffee, B-Breakfast, L-Lunch, S-Supper, D-Dinner], attractions as outlined in itinerary, tour host Mary Odell, Golden Valley Seniors, and gratuities on the included meals and attractions.

Mon–Fri, Sep 16–20

\$995/person (two per room), \$1,395/person (one per room)

\$110 deposit per person is due by Jul 8 and is not refundable

Final payment is due by Mon, Aug 5

Payments are not refundable after the listed deadline

Y3273A

Winona Tour Boat

Start with a comfort stop (on own) at the Apache Mall Food Court in Rochester before arriving at the Winona Levee. Enjoy coffee and treats upon boarding the Winona Tour Boat while taking in up-close the beautiful Mississippi River and all it has to offer. The tour is professionally guided and narrated by USCG-licensed captains, who will educate you with awesome insights and stories about the famed waterway. It is common to see many types of wildlife while out on the water, including eagles, deer, turtles, beaver, and more. Learn about the navigational channel and various types of commerce on the river. With windows all around, passengers get a great view, and the cabin can be enclosed and climate controlled. There is a rest room on board.

After the boat tour, stop at Signatures Restaurant in Winona, which is set in the pleasant valley of Bridges Golf Club and offers fresh regional foods that will dazzle your palate. Lunch Service Menu: Herb marinated grilled chicken topped with citrus burre blanc, served with a garden salad, wild rice medley, chef choice of vegetable, warm baguette with butter, coffee, decaffeinated coffee, or tea. Return trip includes stop at Pepin Heights Apple Orchard in Lake City.

Thu, Oct 10

\$85

6:45 am pick-up

6:05 pm return

Y3274A

Register/cancel by Sep 9

Shoji Tabuchi At St Cloud Paramount Theater

At The Coyote Moon Restaurant, which overlooks the Territory Golf Club in St Cloud, you'll enjoy a lunch buffet with entrees, side dishes, salads, beverage, and dessert. After lunch, head to the Paramount Theatre, a turn-of-the-century historic 700-seat theater that was renovated in 1998. Visit the Visual Arts Center, located in the lower level, and the Paramount Gallery and Gift store next door, which features Minnesota artists in all mediums. Then, sit back and relax for the matinee performance of "Shoji Tabuchi." Shoji Tabuchi was born in Daishoji, Japan. He was trained on the violin in the Suzuki method from a young age, but he fell in love with country music as a college student after seeing Roy Acuff play. For the past 30 years, he has been the featured attraction at the Shoji Tabuchi Theatre in Branson, MO. Tabuchi has played with country stars such as Conway Twitty, Johnny Cash, and Dolly Parton. His shows feature country music, Christmas classics, and a wide variety of songs from multiple genres, including Broadway tunes. He was named Instrumentalist of the Year four years in a row and Entertainer of the Year by the Ozark Music Awards.

Mon, Nov 4

\$95

9:30 am pick-up

5:15 pm return

Y3279A

Register/cancel by Oct 11

Promote Patriotism At Fagen Fighters WWII

After a comfort stop (on own) at a fast food restaurant in Hutchinson, MN, arrive in Granite Falls, MN for a guided tour of the Fagen Fighters WWII Museum. "PROMOTE PATRIOTISM - PRESERVE HISTORY - INSPIRE THE FUTURE!" This home features a pristine collection of fully operational, active aircraft and vehicles from World War II as well as fine art, bronze sculptures, interactive multimedia displays, and an ever-growing library. The facility is designed as a self-guided experience and gives a rare look into the lives and legacy of the Greatest Generation. Take time to absorb the exhibits, watch the videos on interactive screens, peruse the library, and tour the three buildings with planes.

Next stop is Granite Run Golf Course for lunch in a scenic rural setting. Menu: Soup and make-your-own-sandwich buffet, with chicken noodle soup, square croissants, turkey, ham, cheese, lettuce, tomatoes, onions, pickles, beverage, and chocolate fudge brownies. Return trip includes a stop at Bongards Creamery Retail Store near Norwood Young America.

Thu, Nov 7

\$70

7 am pick-up

5:35 pm return

Y3275A

Register/cancel by Oct 7



Kansas City Seasonal Decor

DAY 1—TUE, DEC 3 Leave Golden Valley at 7 am and stop for lunch at the Wood Shed Restaurant in Des Moines. In Kansas City, view the 15-block holiday light spectacle on the famed Country Club Plaza, a local tradition that features thousands of glimmering, jewel-colored lights that accentuate every dome, tower, and window of the Spanish-inspired shopping district. Designed in 1922 as the nation's first suburban shopping district, the Plaza is an outdoor museum of romantic Spanish architecture and European art. Since then, its open-air public art gallery has continuously added to its collection, with fountains, sculptures, and murals that bring the very best of the Old World and the new. Lodging for two nights at the Drury Inn in Overland Park, KS. [C,L,S]

DAY 2—WED, DEC 4 At the Hallmark Center, discover how a teenager from Nebraska tucked two shoe boxes of postcards under his arms and set out to create an iconic company. Tour special exhibits and learn about the company's past and present-day operations. Its seasonal decorations are delightful. For lunch, enjoy some Kansas City BBQ. Next, visit The National Museum of Toys and Miniatures at the University of Missouri Kansas City. It opened in 1982 to educate, inspire, and delight adults and children through the collection and preservations of miniatures. Later in the afternoon, tour the Victorian John Wornall House, all dressed in seasonal attire. It is furnished to represent the daily life of a prosperous family. The house was built in 1858 in the Greek Revival style of architecture, with bricks hand-fired on the property. It is one of the four remaining Civil War period homes in the Kansas City area. In the evening, enjoy dinner and a performance at the New Theater in Overland Park. [B,L,D]

DAY 3—THU, DEC 5 Tour Kansas City with a local guide to see notable structures. Drive past one of the world's first glass-curtain buildings listed on the National Register in 1971. See the remarkable Union Station, the Cathedral of Immaculate Conception, and more. Travel to Des Moines for lunch and return to Golden Valley at approximately 7:30 pm. [B,L]

FEE INCLUDES: Deluxe motor coach transportation, lodging for two nights, meals as indicated [C-Coffee, B-Breakfast, L-Lunch, S-Supper, D-Dinner], attractions as outlined in itinerary, tour host Mary Odell, Golden Valley Seniors, and gratuities on the included meals and attractions.

Tues-Thu, Dec 3-5

\$570/person (two per room), \$700/person (one per room)

\$75 deposit per person is due by Oct 7 and is not refundable

Final payment is due by Mon, Oct 21

Payments are not refundable after the listed deadline

Y3276A

Christmas With The Mayo Family

At Olmstead County Historical Center, enjoy holiday refreshments and view some of the exhibits on display, including a video about the Mayo family and the historic house. Board the motor coach and transfer to the historic Mayo Mansion for the "Christmas at Mayowood" program and a guided tour. This former residence of Drs Charles H. and Charles W. Mayo is a national historic landmark situated on a wooded hillside overlooking the Zumbro River Valley. The mansion has been restored to its full former elegant glory, and many rooms will be uniquely decorated in the spirit of the holiday season. As you walk through the mansion, notice the Steinway Conservatory Grand piano, a 1914 Acolian & Company player pipe organ, a Kerman pattern Persian rug, crystal chandeliers, and leaded stained-glass doors and windows. After the tour, reboard the motor coach for Mantorville, a tiny village that was once a booming community that was bypassed by the railroad. Enjoy lunch at the historic Hubbell House. Menu (choose at sign up): Roast beef or Hubble baked chicken served with salad, starch, vegetable, fresh baked rolls, butter, beverage, and dessert. After lunch, visit the Chocolate Shoppe across the street and shop at Mantorville Square for collectibles, candles, greeting cards, rugs, books and more. The Memorabilia Shop and the Antique Store are just down the street. After lunch leave Mantorville.

Wed, Dec 11

\$87

7 am pick-up

4 pm return

Y3277A

Register/cancel by Nov 11



55+ Adult Community Services

Senior Outreach And Caregiver Services 612-770-7005

Provides support to friends, spouses, and other family members who help an older adult remain at home. The staff not only assists these caregivers in connecting with needed services and resources for their loved ones but gives support to them as well. The licensed social workers can provide consultation, caregiver support groups, family meeting facilitation, and coaching to the caregiver.

Help At Your Door 651-642-1892

Help At Your Door is a nonprofit organization that provides critical services to thousands of seniors, individuals with disabilities, and caregivers across the greater metro area of Minneapolis and St Paul. Their mission is to help seniors and individuals with disabilities maintain their independence and continue living in their homes. Services include grocery assistance, home support (cleaning and repair), and transportation.

Senior Dining 763-531-1183

Senior Dining provides a delicious noon meal at Crystal Community Center. A donation of \$4 is requested at the door, but no one will be denied a meal. Takeout meals are also available. Reserve your lunch by calling at least three days in advance between 9–11:30 am. Ask a friend to join you for a great meal at a reasonable cost.

H.O.M.E. 952-746-4046

The mission of HOME (Household and Outside Maintenance for the Elderly) is to assist those age 60+ with household chores to help promote independence. Seniors contribute to the cost of the service based on their monthly income and their ability to pay. HOME also accepts some insurance payments as well as the Elderly Waiver and the Alternative Care Grant.

HOME relies completely on the generosity of volunteers to fulfill all their requests. The volunteer opportunities are flexible and great for individuals as well as groups. Call or email us at HOME@seniorcommunity.org.

Helping You Through The Medicare Maze

Going to retire and need your Medicare questions answered? Wondering about your choices with supplemental coverage? Have questions about Part D? Marsha will meet with you one-on-one to answer your Medicare Insurance questions, assist you with insurance forms, or guide you through supplemental or Part D insurance. She would love to work with you. Appointments are required at least three days in advance by calling 763-512-2366.

Brookview Rice Lake Conference Room
Thu, Jan 10, Feb 21, Mar 14, Apr 11
Appointment times are 10 am, 11 am, 12 pm

Golden Valley Library Programs For 55+ Adults

For more information, visit www.hclib.org or call 612-543-6375.

Book Club | 2nd Mon at 6:30 pm
Audiobook Club | 4th Mon at 6:30 pm
Poetry Lovers Converge | 1st Wed at 6:30 pm
Meditation For Beginners | 3rd Wed at 6:30 pm
History Discussion Club | 3rd Thu at 10 am





TWIN CITY TENNIS CAMPS

Moving Tennis from A Game of Skill to A Game for Life

REGISTER TODAY!

www.twincitytenniscamps.com

612-600-2460



JUNIOR & SENIOR QUICK START (BEGINNER LEVEL)

Learn basic stroke mechanics through coach-supervised and child-led techniques. No more standing in line waiting for a ball from the coach. Our coaching formula engages every child continuously in every activity. We will encourage children to take gradual steps towards improving fundamental skills.

AGES 4-16

Mon-Thu, Apr 15-Jun 6 (no class May 27)

Lions Park 4-6 pm

Brookview Park 6-8 pm

Sat, Apr 20-Jun 8

Brookview Park 10 am-noon 1-3 pm

Noon-1 pm 1-5 pm

Sun, Apr 21-Jun 9

Brookview Park 11 am-1 pm

1-3 pm

1-5 pm

Mon-Fri, Jun 3-Aug 30

Brookview Park 8:30 am-noon 11 am-4 pm

8:30 am-4 pm 12:30-4 pm

Sat, Jun 8-Aug 24

Brookview Park 10 am-noon

6-8 pm

JUNIOR & SENIOR DEVELOPMENT (INTERMEDIATE LEVEL)

Our goal is to have every child rallying across the net, learning the scoring system, and participating in cooperative or competitive match play within the first week at camp. We emphasize learning and improving all of the major technical tennis strokes. Participants will have also time to experience off-court activities like volleyball, water games, and more.

AGES 6-16

Mon-Thu, Apr 15-Jun 6 (no class May 27)

Lions Park 4-6 pm

Brookview Park 6-8 pm

Sat, Apr 20-Jun 8

Brookview Park 10 am-noon 1-3 pm

Noon-1 pm 1-5 pm

Sun, Apr 21-Jun 9

Brookview Park 11 am-1 pm

1-3 pm

1-5 pm

Mon-Fri, Jun 3-Aug 30

Brookview Park 8:30 am-noon 11 am-4 pm

8:30 am-4 pm 12:30-4 pm

Sat, Jun 8-Aug 24

Brookview Park 10 am-noon

6-8 pm

PRIVATE AND SEMI-PRIVATE TENNIS LESSONS

Private lessons are one-on-one instruction with either a USPTA certified head professional or assistant professional. Semi-private lessons will be with two to four students per instructor. Call Dan Nabedrick today to set up your lessons!

PRIVATE	HEAD	ASST	SEMI-PRIVATE	HEAD	ASST
1 hour	\$85	\$65	1 hour	\$95	\$75
5 lesson	\$400	\$300	5 lesson	\$450	\$350
10 lessons	\$750	\$550	10 lessons	\$850	\$650





Twin City Tennis Camps is an independent contractor not affiliated with the City of Golden Valley.

JUNIOR & SENIOR HIGH PERFORMANCE (Advanced Level)

This camp will have every player competing in singles and doubles match play while improving strategy and execution, building character and mental toughness, and increasing agility, power, and speed through physical fitness conditioning and technical development. Focus is on stroke consistency, court positioning, and strategy for competitions. Each day will incorporate daily fitness training and stretching and other off-court activities.

AGES 8–18

Mon–Thu, Apr 15–Jun 6 (no class May 27)

Lions Park 4–6 pm
Brookview Park 6–8 pm

Sat, Apr 20–Jun 8

Brookview Park 10 am–noon
Noon–1 pm
1–3 pm
1–5 pm

Sun, Apr 21–Jun 9

Brookview Park 11 am–1 pm
1–3 pm
1–5 pm

Mon–Fri, Jun 3–Aug 30

Wesley Park 8:30 am–noon
8:30 am–4 pm
11 am–4 pm
12:30–4 pm

Sat, Jun 8–Aug 24

Brookview Park 10 am–noon
6–8 pm



ADULT TENNIS PROGRAMS

BASICS & BEYOND (BEGINNER) USTA LEVEL 1.0–2.0

Beginner and advanced beginner welcome. Emphasis will be on rally, serving, and scoring with basic stroke development.

SKILLS & CARDIO DRILLS (INTERMEDIATE) USTA LEVEL 2.0–3.0

Former and current recreational players welcome. Emphasis will be on improving skills and strokes with cardio movement, moderate strategy, and control.

WARRIOR COMPETITION DRILL (ADVANCED) USTA LEVEL 3.5–4.5

Former high school, college, and current competitive USTA players welcome. Emphasis will be on individual stroke refinement, serving and returning, doubles and singles strategy, and intense live ball practice competition.

Mon–Thu, Apr 15–Jun 6 (no class May 27)

Brookview Park 6–8 pm

Sat, Apr 20–Jun 8

Brookview Park 10 am–noon

Mon–Thu, Jun 3–Aug 29

Brookview Park 6–8 pm

Sat, Jun 8–Aug 24

Brookview Park 10 am–noon

CALL TODAY FOR PRICING & REGISTRATION INFORMATION!

REGISTER NOW!

www.twincitytenniscamps.com
612-600-2460

Early Bird Pricing Deadlines:

Spring Sessions – Apr 1
Summer Sessions – Apr 30

BROOKVIEW

GOLF & LAWN BOWLING

Satisfy your need for year-round recreation.
The Brookview experience is spectacular any season!

763-512-2300 | www.brookviewgolf.com



2019 CLUB MEMBER PROGRAM

Purchase a Club Member card and save all year at Brookview Golf Course!

Club Member card applications can be picked up at Brookview Golf Course or www.brookviewgolf.com. Card holder benefits include discounted green fees and power cart rentals, advance reservation privileges, driving range and merchandise discounts, food discounts in Three One Six Bar + Grill, and coupons.

CLUB MEMBER CARD TYPE	FEE
Resident	\$80
Non-Resident	\$120
Resident Senior (60+)	\$50
Non-Res Senior (60+)	\$85
Resident Junior (under 18)	\$40
Non-Res Junior (under 18)	\$45
Par 3	\$35
Junior Par 3 Season Pass (Ages 6-17) NEW!	\$90

GOLF FEES

(Fees listed do not include tax.)

Regulation Course

Reservations may be made as follows: Club Member card holders seven days in advance. General public five days in advance.

	CLUB MEMBER	PUBLIC
18-Hole	\$32	\$39
9-Hole	\$18	\$21
Power Cart 18-Hole	\$28	\$34
Power Cart 9-Hole	\$18	\$22
Twilight (after 3:30 Fri, Sat, Sun, Holidays)	\$18	\$22
Twilight with Power Cart	\$27	\$33

Par 3 Course

9-Hole	\$9.50	\$13
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Juniors

18-Hole (Ages 10-17)	\$23.50	\$25.50
9-Hole (Ages 10-17)	\$13.50	\$15.50
9-Hole Par 3 (Ages 6-17)	\$8.50	\$10
Par 3 Season Pass (Ages 6-17) NEW!	\$90	\$90

60+ Adults

Reservations must be made, and tee times are based on availability. Not valid on holidays, special events, or for league play.

Mon-Fri before noon

18-Hole Senior	\$28	\$32
9-Hole Senior	\$16.50	\$18

Valid anytime, seven days a week

9-Hole Par 3 Senior	\$8.50	\$10
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Driving Range

Large Bucket	\$8
Large Club Member Bucket	\$6
Small Bucket	\$6
Warm-up Bucket	\$4
10 Large Bucket Pass	\$67

Tournaments

We invite groups of all sizes for tournaments on the 18-Hole Regulation Course or the 9-Hole Par 3 Course. Whether it's a formal tournament or a casual outing, we will help make your event a success. Brookview's banquet rooms, decks, and patio provide a great setting for food and fun before or after golf. Call 763-512-2305 to plan your outing today!

	Package A	Package B
18-Hole Green Fee	\$39	\$44
18-Hole Green Fee & Power Cart	\$56	\$61
9-Hole Green Fee	\$21	\$26
9-Hole Green Fee & Power Cart	\$32	\$37
Par 3 Green Fee	\$13	\$18

Package B Details

Includes driving range warm-up bucket, golf balls, package of tees, divot repair tool, and ball marker. Range bucket must be used on date of outing only.



LAWN BOWLING FEES

Rink Rental

Golden Valley Resident or Brookview Club Member	\$25/hour
Public	\$30/hour

Private Group Rental

Private Rink Rental	\$30/hour
Half Green Rental (4 Rinks)	\$120/hour
Full Green Rental (8 Rinks)	\$240/hour
Game Official	\$30/hour

Tournaments

Lawn bowling events are great for corporate groups, networking events, reunions, parties, and much more. Groups of all sizes, ages, and abilities enjoy lawn bowling. Brookview's banquet facilities, decks, patio, and lawn bowling green are a great setting for food and fun at your event. Call 763-512-2305 to schedule your lawn bowling event today!

GOLF LEAGUES

Women's 18-Hole League

The league plays Tuesday mornings from 7:15–8 am. Applications can be picked up at Brookview, and there are openings for new members. For more information, call Beth Rubin at 612-325-4511, or Sue Mahle at 612-387-7519.

Women's 9-Hole League

Opening day will be May 2, 2019. The league plays Thursday mornings, and there are openings for new members. Pick up an application at Brookview Golf after Mar 4, 2019. For information, call Nancy Spannaus at 612-849-9888, or join us at the membership meeting Thu, April 4, 10 am, at Brookview.

Men's Golf Association

Past members and interested guests are invited to attend this year's spring meeting Wed, Mar 20, 6 pm, at Brookview. The meeting agenda includes events for the 2019 season and free refreshments. All BMGA members must purchase a Club Member card and handicap. Visit www.bmga.org.

Women's Par 3 Putters

The Par 3 Putters League plays nine holes Thursday afternoons. Tee times are from 4–6:32 pm, and the league accommodates up to 80 players. Priority is given to last year's members.

Women's Par 3 Chippers

The Par 3 Chippers will play Wednesday nights from 5:04–6:32 pm. This league can hold up to 48 players, with priority given to last year's members. Contact Brookview for information.

Couples League

The Brookview Couples League plays every other Sunday night starting at 5 pm. You must sign up as a twosome. Contact Brookview for information.

60+ Adult Club Member League

This league plays Tuesday mornings starting April 30. Tee times range from 8–10 am. Bring registration forms and fees to Brookview before the first week of play. The league can hold up to 70 players, with priority given to last year's members. Contact Brookview for information.

LAWN BOWLING LEAGUES

Competitive Leagues

Leagues play for seven weeks and conclude with the Brookview Lawn Bowling Cup Championship Tournament in September. Teams compete with four people each week and can roster up to 10 players. Rostered players must be age 16+, with non-rostered substitutes being age 12+. All equipment is provided. Leagues rotate weekly start times.

SPRING LEAGUES

Tue, May 7–Jun 18
6 and 7:15 pm
\$400/team

Thu, May 9–Jun 20
6 and 7:15 pm
\$400/team

FALL LEAGUES

Tue, Jul 23–Sep 3
6 and 7:15 pm
\$400/team

Thu, Jul 25–Sep 5
6 and 7:15 pm
\$400/team

Recreational Leagues

This recreational lawn bowling league is designed for beginner lawn bowlers or those who don't want to compete in lawn bowling but enjoy the sport more casually. Teams can consist of one to four players each week. Register your team and you can play with up to four people each week. Weekly fees are \$10 per player, which includes one beverage.

SPRING LEAGUES

Mon, May 6–Jun 17
6 and 7:15 pm
\$30/team

Tue, May 7–Jun 18
5:30 and 6:45 pm
\$30/team

FALL LEAGUES

Mon, Jul 22–Aug 26
6 and 7:15 pm
\$30/team

Tue, Jul 23–Sep 3
5:30 and 6:45 pm
\$30/team



ADULT GOLF PROGRAMS

The Basics Adult Group Lessons With Michael Turnbull

These group lessons are for the beginner adult golfer and are taught by PGA Teaching Professional Michael Turnbull, who specializes in helping beginners become more confident and enjoy this great game. Lessons will cover an overview of the game, including rules and etiquette, putting, chipping and pitching, and full swing irons and woods. Class meets for four 60-minute lessons, plus a fifth class at the Par 3 to provide real course experience. Minimum of 6, maximum of 10 per session. **NOTE: Final week of 5:30 and 5:45 pm classes will meet at the Par 3 course at 7 pm.**

Brookview Lesson Tee
\$99/session

Mon & Wed, Apr 29–May 13	5:45–6:45 pm	S5101A
	7–8 pm	S5101B
Tue & Thu, May 14–28	5:45–6:45 pm	S5101C
	7–8 pm	S5101D
Tue & Thu, Jun 11–25	5:45–6:45 pm	S5101E
Thu, Jul 11–Aug 8	6–7 pm	S5101F
Tue & Thu, Aug 13–27	6–7 pm	S5101G
Tue & Thu, Sep 3–17	6–7 pm	S5101H

ABOUT MICHAEL TURNBULL

Michael Turnbull has been helping people learn golf since 1977 and has been teaching at Brookview since 2005. His philosophy for Mindful Golf is based on his own experience in employing the exercises and precepts of Mindful Golf, in addition to the insights he has gained from his study of Eastern philosophy. He will help you escape the confusing world of checklists, technical jargon, and all the shoulds and shouldn'ts that make up current golf instruction. Michael specializes in working with new golfers, women, intermediates, lapsed players, and golfers at the end of their tether. Advanced players are welcome as along as they come with a beginner's mind, ready to learn.

Michael was the PGA Head Professional at Balboa Park Golf Course in San Diego, CA and from 1988-1999, he was the PGA Head Professional and Golf Course Manager at Baker National Golf Course in Medina, MN. He has served as the Teaching Professional at Rolling Green Golf Course in Hamel, MN, at SeaCliff Country Club in Huntington Beach, CA, and since 2005 as Director of Instruction at Brookview Golf Course. He has served on the Board of Directors of the Minnesota PGA and is a past president of the Midwest Golf Course Managers Association. A three-time winner of the Minnesota PGA Junior Golf Leader award, Michael also assisted the Minnesota State High School League as a Rules Official for 14 years.

Wednesday Night Adult Golf Clinics With Michael Turnbull

These clinics present a relaxed and simple way for beginners, intermediates, and golfers at the end of their tether to learn new and interesting things about a variety of golf topics, and they're great fun. Students will learn to feel the difference between swings that work and swings that don't. Clubs and balls provided. Minimum of 6, maximum of 10 per session.

Brookview Lesson Tee
6–7 pm
\$25/clinic

WOODS CLINIC

Learn to feel what is important when swinging the long clubs. Discover your sources of consistency and distance with both your driver and fairway woods.

Wed, May 15 S5103A
Wed, Jun 19 S5103B
Wed, Aug 7 S5103C

SHORT GAME CLINIC

Students will learn simple short swing techniques and methods to increase consistency and confidence. The ability to use a variety of clubs will add creativity to your game and lower your scores.

Wed, May 22 S5103D
Wed, Jun 26 S5103E
Wed, Aug 28 S5103L

IRONS/HYBRIDS CLINIC

Topping the ball? That's not much fun. Golf is mostly played from the ground, not off a tee. This clinic presents a simple and relaxed way to feel the difference between a swing that rolls the ball on the ground and one that launches it in the air. Discover what matters most when hitting approach shots and develop some confidence with your irons/hybrids off the ground.

Wed, May 29 S5103F
Wed, Jul 17 S5103G
Wed, Aug 21 S5103J

PITCHING CLINIC

Partial swings can be golf's most difficult shots. They also are the most important scoring shots. Students will learn to use clubs from different lies and learn different types of shots to improve their score.

Wed, Jun 12 S5103H
Wed, Jul 24 S5103M
Wed, Sep 4 S5103K

ADULT GOLF PROGRAMS

Michael's Fabulous Monday Night Adult Lesson League

This league is designed to provide new players with an opportunity to meet other new players and experience golf in a relaxed and enjoyable atmosphere. The lesson league is designed for golfers with two years or less of playing experience and for those that have completed some form of instruction program prior to this league. Michael will organize the league and provide on-course oversight each night to answer questions. The first night meets at the Par 3 course for an introduction to the league and a Mindful Golf lesson. The second night consists of a Mindful Golf lesson and time on the course. In weeks three through seven, players will play the Par 3 course accompanied by Michael.

Brookview Par 3 Course
\$125/session
Min 12, Max 28

Mon, Jun 3–Jul 15
6–8 pm
S5104A

Mon, Jul 29–Sep 16 (no class Sep 2)
5:30–7:30 pm
S5104B

Wine And Women With Alex Tegels

Women and Wine is a three-lesson series to get you comfortable with putting, chipping, irons, and driving. Learn and work on fundamentals in a fun and social atmosphere. The goal of the program is to get you more comfortable and out playing. Each lesson includes a glass of wine, so you must be 21+ to register. Class size is 6–12 students.

Brookview Lesson Tee
5:30–7 pm
\$99/session

Mon, May 6-20 S5105A
Mon, Jun 3–17 S5105B
Mon, Jul 8–22 S5105C
Mon, Aug 5-19 S5105D

Women On Course With Alex Tegels

Take your golf game to the course. As the next level for Women and Wine participants, golfers have the opportunity to experience on-course playing lessons. Inexperienced players will gain confidence, become comfortable on the golf course, and find new golf partners! Minimum of 6 and maximum of 12 per session.

Brookview Lesson Tee & Par 3 Course
5:30–7:30 pm Lesson Tee (1st session)
5:30–8 pm Par 3 Course (last two sessions)
\$99/session

Tue, May 7-21 S5113A
Tue, Jun 4–18 S5113B
Tue, Jun 9–23 S5113C

Women's Beginner League With Alex Tegels

This mini-tournament series with team and individual competitions is great for ladies who have completed Women on Course lessons or who are looking for fun playing opportunities. Prizes will be awarded weekly. Maximum of 16 per session.

Brookview Par 3 Course
Tue, Jul 30–Aug 20
5:30–8 pm
\$129
S5116A

ABOUT ALEX TEGELS

Alex is a lifelong student of the game and has been teaching for nearly a decade. She has experience working with getting beginner golfers excited to learn and keep playing, recreational golfers looking to have more consistency when playing, and competitive golfers taking their game to the next level. Prior to returning to the Minneapolis area, Alex worked for the Southern California PGA on player development programming, teaching lessons throughout the community to interest new players in the game. In addition to private lessons, she offers after school enrichment programs and camps throughout the west metro. The goal is for players to walk away from the lesson feeling confident and excited to play!



JUNIOR GOLF PROGRAMS

TGA Premier Junior Golf Camps

TGA Premier Junior Golf Camps offer an unforgettable experience for your child by combining expert instruction, course play, and exciting activities that keep students engaged all day. With a low camper-to-instructor ratio and group pairings by age and skill, TGA camps provide lots of individual attention and proper instruction for your child. Questions? Contact Alex Tegels at 507-993-6377 or alex@playtga.com. Maximum of 16 per session unless otherwise noted.

Each day of camp will include:

- station-based instruction (full swing, chipping, and putting)
- rules and etiquette and character development lessons
- fun games and contests
- Par 3 Course playing lessons

Brookview Lesson Tee & Par 3 Course

AGES 7-13

Mon-Fri, Jun 24-28 <i>On course Wed, Thu, Fri</i>	noon-3 pm	\$229	S5109A
Mon-Wed, Jul 1-3 <i>On course Tue & Wed</i>	noon-4 pm	\$189	S5109B
Mon-Thu, Jul 8-11 <i>On course Wed & Thu</i>	noon-3 pm	\$189	S5109D
Mon-Fri, Jul 15-19 <i>On course Wed, Thu, Fri</i>	noon-3 pm	\$229	S5109E
Mon-Fri, Jul 22-26 <i>On course Wed, Thu, Fri</i>	noon-3 pm	\$229	S5109M
Mon-Fri, Jul 29-Aug 2 (max 8) <i>On course Mon-Fri</i>	9 am-3 pm	\$309	S5109C
Mon-Fri, Aug 5-9 <i>On course Mon-Fri</i>	9 am-3 pm	\$309	S5109G
Mon-Thu, Aug 12-15 (max 8) <i>On course Mon-Fri</i>	9 am-3 pm	\$269	S5109H
Mon-Thu, Aug 19-22 <i>On course Mon-Fri</i>	9 am-3 pm	\$269	S5109J

AGES 14-17

Mon-Fri, Jul 29-Aug 2 (max 8) <i>On course Wed-Thu</i>	9 am-3 pm	\$309	S5109F
Mon-Thu, Aug 12-15 (max 8) <i>On course Wed-Thu</i>	9 am-3 pm	\$269	S5109K

TGA Premier Junior Golf Clinics

Series of lessons includes fun activities and games for all parts of golf. Real golf clubs are used as students develop swing fundamentals and begin to learn rules and etiquette of the game. Class size 4-12 students per session.

PRE-K CLINIC (AGES 4-5)

Brookview Lesson Tee

9-9:45 am

\$65

Sat, May 4-18	S5203A
Sat, Jun 15-29	S5203B
Sat, Jul 27-Aug 10	S5203C
Sat, Sep 14-28	S5203D

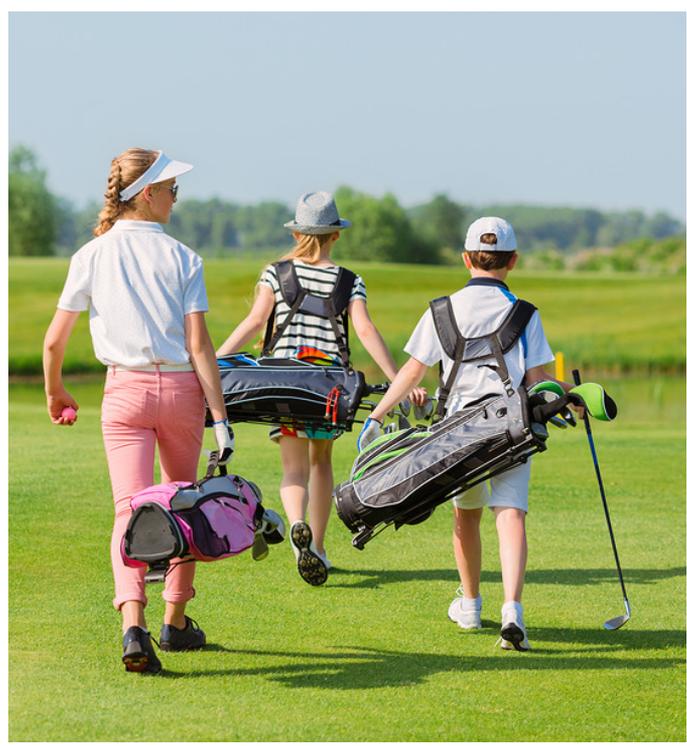
JUNIOR CLINIC (AGES 6-8)

Brookview Lesson Tee

10-10:45 am

\$65

Sat, May 4-18	S5203E
Sat, Jun 15-29	S5203F
Sat, Jul 27-Aug 10	S5203G
Sat, Sep 14-28	S5203H



JUNIOR GOLF PROGRAMS

Junior Lesson League

League days will begin with a half-hour clinic, followed by nine holes on the Par 3 or Regulation Course. Junior leagues will play Monday or Tuesday mornings beginning June 17 and 18. Juniors will register for their start time for the season and play will be for six weeks. Maximum of 12 per session.

NEW FOR 2019! For golfers who feel ready for competitive play, we are offering a competitive division. After the first week of league, each week will be a new competition, some team formats (scramble) or individual formats. Prizes will be handed out weekly.

MON LEAGUE | JUN 17-JUL 22

AGES 6-10

Par 3 Course

\$90

9 am S5201D

9:30 am S5201E

10 am S5201F

AGES 6-10 COMPETITIVE

Par 3 Course

\$110

9 am S5201N

9:30 am S5201P

10 am S5201Q

AGES 11-14

Par 3 Course

\$90

8 am S5201B

8:30 am S5201C

AGES 11-14 COMPETITIVE

Par 3 Course

\$110

8 am S5201R

8:30 am S5201S

TUE LEAGUE | JUN 18-JUL 23

AGES 6-10

Par 3 Course

\$90

9 am S5201G

9:30 am S5201H

10 am S5201I

AGES 6-10 COMPETITIVE

Par 3 Course

\$110

9 am S5201T

9:30 am S5201U

10 am S5201V

AGES 11-14

Par 3 Course

\$90

8 am S5201J

8:30 am S5201K

AGES 11-14 COMPETITIVE

Par 3 Course

\$110

8 am S5201W

8:30 am S5201X

AGES 13-17

Reg 9-Hole Course

\$110

7 am S5201L

7:30 am S5201M

AGES 13-17 COMPETITIVE

Reg 9-Hole Course

\$130

7 am S5201Y

7:30 am S5201Z

Child & Adult Lessons

Learn and work on golf fundamentals alongside your child. These lessons are designed to give you the tools and confidence to experience the golf course as a family while fostering continuous improvement in you and your child's golf swings. Maximum of 12 per session.

Ages 4-8 with an adult

Brookview Lesson Tee

\$75

Sat, May 4-18

11 am-noon

S5114A

Mon, Jul 8-22

4-5 pm

S5114B

Sat, Sep 14-28

11 am-noon

S5114C



Mini US Open

Celebrate the US Open with a round at Brookview featuring special flags and enlarged cups specifically designed for this family event. Adults, caddy for your little champions, and make sure to get a photo with the Champions Cup next to the leaderboard after a great round. Clubs will be provided upon request, and all golfers must pre-register. Prizes awarded for the best dressed groups. Schedule your tee time by calling 763-512-2345 after registering.

Ages 3-14 with an adult

Brookview Par 3 Course

Sat, Jun 15

Tee times from 10:30 am-noon

\$13 resident, \$15 non-resident

S5110A

Register by Mon, Jun 10



Summer JOB OPPORTUNITIES

PLAYGROUND LEADER

Lead and supervise Playground Adventure and Summer Camp Programs in City parks for youth ages 3-12 (games, activities, projects, and crafts).

Ages 16+ | June-Mid August
Monday-Friday
 20-30 hrs/wk
 \$11.25-\$12.34/hr

ATHLETIC INSTRUCTOR

Instruct and lead youth ages 3-15 in various athletic programs (games, activities, and camps) in City parks.

Ages 16+ | June-Mid August
Monday-Friday
 20-30 hrs/wk
 \$11.25-\$12.34/hr

PUBLIC WORKS MAINTENANCE STAFF

Positions available in the Street, Park and Utilities Maintenance Departments

Ages 18+ | April-November
 \$11.44/hr

FIELD ATTENDANT

Monitor recreation activities at designated athletic fields, overall cleanliness and operations of the facility, and safety of the participants.

Ages 18+ | May-Mid October
 12-24 hrs/wk
 \$12.34/hr

BROOKVIEW GOLF COURSE STAFF

Golf maintenance and operations positions available.

Ages 16+ | April-November
 \$10.28-\$14.77/hr

**Get more information
and apply online at
www.goldenvalleymn.gov/jobs**





FACILITIES

Brookview Park Pavilions

Hosting a neighborhood, family, or company picnic? Brookview Park Pavilions, located in Golden Valley at the southwest corner of Hwy 55 and Winnetka Ave, offer great views of Brookview Golf Course and are sure to be crowd pleasers.

- Available 11 am–4 pm, 4 pm–dusk, or 11 am–dusk.
- Make reservation in-person at Brookview Guest Services or online at webtrac.goldenvalleymn.gov.

LARGE PAVILION

- 100 person capacity
- 15 tables
- Wood fireplace
- Counter with sink
- 3 charcoal grills
- 16 outlets
- Restrooms

Res \$150, Non-res \$170

SMALL PAVILION

- 50 person capacity
- 10 tables
- 3 charcoal grills
- 2 water fountains
- 6 outlets

Res \$115, Non-res \$130

SECURITY DEPOSIT

The City requires a security deposit of \$250 for potential pavilion or park damage, additional pavilion or park clean-up, allowing amplified music, or utilizing the facility over its capacity. Deposits can be paid by check or cash (in person only), or held on a valid credit card until after the event.

ALCOHOL POLICY

Beer and wine are allowed at the Brookview Park Pavilions with an alcohol permit, which is available for purchase in person only at Brookview. The sale of alcohol is prohibited on all City property. To obtain an alcohol permit, you must pay an additional permit fee of \$50, provide an insurance rider with host liquor coverage, and provide a valid credit card for the security deposit (see above). If you wish to serve beer or wine at your event, you must submit the following at least 14 days prior to your event: \$50 permit fee, insurance rider, and a valid credit card for the security deposit.

Brookview Park Gazebo

The Brookview Park Gazebo is available to rent for wedding ceremonies of up to 200 guests (only ceremony area is covered). Rental of the gazebo is only available in conjunction with the rental of Brookview's Large Pavilion (see pavilion reservation times at left), Guests are welcome to provide their personal outdoor lawn chairs or use our exclusive chair rental service, American Affairs, by calling 763-496-1357.

\$50/hour resident, plus Large Pavilion rental fees

\$75/hour non-resident, plus Large Pavilion rental fees

Sochacki Park Off-Leash Pet Exercise Area

NEW

Located at 3500 June Ave N in
Robbinsdale. Open year-round,
dawn to dusk daily with limited
parking. Because this facility
is temporary, there is no
site lighting or water access.







Tennis & Pickleball Courts

For up-to-date tennis and pickleball schedules, visit the city website at www.goldenvalleymn.gov/parks/tennis.

COURT ETIQUETTE

If a court is being used, simply hang your racquet or paddle in the designated area to show you are next for the court. The court will be released within one hour after racquet is placed in holder.

LIGHTS

Courts with lights have push-button timers. If you would like to turn on the lights, simply push the button and the lights will stay on until 10 pm. Lights automatically go off at 10 pm.

RENTAL

Courts are available for rent. Please call the Parks and Recreation office at 763-512-2345 for availability and to reserve your court.

Per hour	Tournament (per day)
\$6 resident	\$50 resident
\$8 non-resident	\$60 non-resident

Indoor Pickleball

Bring your paddle and play pickleball with other enthusiasts. All courts are reserved for pickleball play during this time.

Davis Community Center

Sundays through May 19

3–5 pm

\$5/person or \$40/10-punch pass

Court Locations	Address	TENNIS		PICKLEBALL
		Courts	Lighted	Courts
Brookview Park	200 Brookview Pkwy	6	4	-
Gearty Park	3101 Regent Ave N	1	1	-
Lions Park	151 Louisiana Ave N	2	-	-
Medley Park	2331 Ensign Ave N	3	3	3*
Seeman Park	1101 Florida Ave N	2	-	2*
Wesley Park	8305 Wesley Dr	4	-	-
Wildwood Park	7401 Duluth St	-	-	6

* Dual striped with tennis.

Davis Gyms

Davis Gyms are attached to Meadowbrook Elementary School at 5430 Glenwood Ave. The two courts are available for rent and can be used for basketball, volleyball, dance, indoor hockey, conditioning, birthday parties, and more. Court reservations can be made up to six months in advance and are based on availability. Call Parks and Recreation at 763-512-2345 for availability.

2-hour minimum

\$30/hr/court resident + tax, \$40/hr/court non-resident + tax

Open Gyms

All levels welcome. Schedule subject to change. Visit the city website for updates. \$40/10-time punch pass or \$5/daily drop-in.

MAR 3–MAY 26, 2019

Sun	Family Open Gym	1–3 pm
	<i>(closed May 26)</i>	
Sun	Pickleball Drop-In	3–5 pm
	<i>(closed May 26)</i>	
Tue	Volleyball 18+	8–10 pm
	<i>(closed Mar 5, Apr 23, May 7, 14)</i>	
Thu	Volleyball 18+	8–10 pm
	<i>(closed Apr 11, May 2)</i>	
Fri	Youth Open Basketball/Soccer	6–8 pm
	<i>(closed May 3)</i>	
Sat	Open Basketball For All Ages	8–10 am

MAY 27–SEP 1, 2019 (closed Sundays & Jun 10–16)

Thu	Youth Open Gym	6–8 pm
	Adult Open Gym	8–10 pm
	<i>1 court volleyball, 1 court basketball</i>	
Sat	Open Basketball For All Ages	8–10 am
	Family Gym Time	10 am–Noon



THREE ONE SIX

BAR + GRILL

DAILY HOURS

Mon-Sun • 8 am-10 pm

HAPPY HOUR

Daily • 3-6 pm

PATIO SEATING AVAILABLE

- Great Views
- Dog Friendly
- Fire Pit

SUNDAY BRUNCH

Brookview
Bassett Creek Room
10 am-2 pm
Sun, Apr 21
Sun, May 12

MUSIC ON THE PATIO

Sunday evenings 6 pm
Jun 2-Sep 1

Follow us on Facebook to stay informed of all our special events, new products, deals, and more!



brookviewthreeonesix.com

EVENTS & CELEBRATIONS

BROOKVIEW

GOLDEN VALLEY

Host your event at Golden Valley's newest full-service venue.

Centrally located with expansive golf course and sunset views, the Bassett Creek Room at Brookview will offer a modern, versatile indoor and outdoor space for all occasions.

Weddings
Birthdays

Meetings
Retreats

Graduations
Parties

and more!



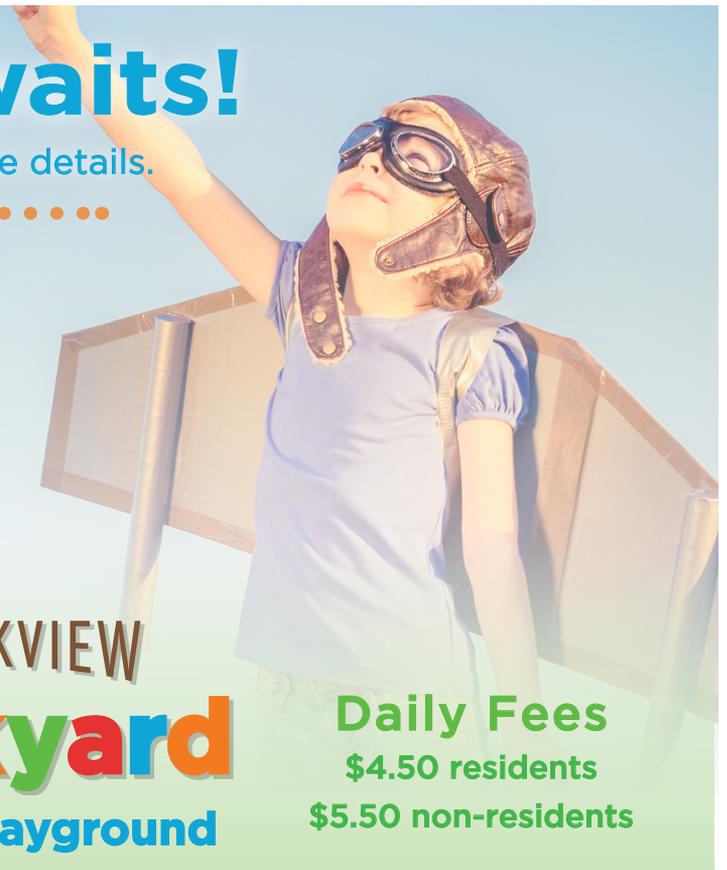
brookviewgoldenvalley.com

Adventure awaits!

Visit brookviewbackyard.com for all the details.

Book a birthday party today!

The Backyard is a favored birthday party spot for kids ages 2-12. Booking The Hideout or The Clubhouse includes two hours in a party room and 10 playground wristbands for the great value of \$100 for residents or \$120 for non-residents. You can even arrange to buy party food from the Three One Six Bar + Grill.



Daily Hours
Mon-Sat | 9 am-8 pm
Sun | 9:30 am-5 pm

BROOKVIEW
backyard
indoor playground

Daily Fees
\$4.50 residents
\$5.50 non-residents



MARKET IN THE VALLEY
Farmers Market 2019

SUNDAYS 9 AM-1 PM
JUNE 16-OCT 6

7800 Golden Valley Road
Behind City Hall under the Water Tower

LOCAL FOOD & COMMUNITY SPIRIT!

www.marketinthevalley.org



**Get active
with your
community**

Hennepin County's four-week Step To It Challenge is a free activity that motivates people of all ages and abilities to become more physically active during the month of May. Local communities engage in a friendly competition to determine which is most active.

A CHANCE TO WIN PRIZES!

Participants have a chance to win Twins tickets and Step To It T-shirts. Each community awards four Minnesota Twins tickets to the individual with the highest total of steps in their age bracket. These individuals are also recognized on the field at a 2019 Twins game.

HOW DOES IT WORK?

The challenge is May 1-28, 2019. Everyone can join! It's not just about walking. Most activities can be converted to steps when you enter it in your activity account. Log your activity daily or weekly in your online Step To It account, or by keeping track manually.

Registration begins Apr 1. Visit the Step To It Challenge website at www.steptoit.org.



Volunteers Make A Difference

Check out the volunteer opportunities listed below and contact the Parks and Recreation office today to lend a helping hand. Visit our website for more information and to complete the online application.

SPECIAL EVENTS

Run The Valley (Apr)
Penny Carnival (Aug)
Bike Rodeo (May)
Golden Valley Golf Classic (Sep)

OPEN SPACE & PARK IMPROVEMENTS

Adopt-A-Park (Apr-Oct)
Mighty Tidy Day (Oct)
Storm Sewer Stenciling (seasonal)

COMMUNITY PROGRAMS

Lawn Bowling Attendant (May-Oct)
Summer Concert Series (Jun-Aug)
Youth Holiday Programs (Dec)

YOUTH ATHLETICS

Basketball Coach (Jan-Mar)
Soccer Coach (Sep-Oct)
Junior Golf League (Jun-Jul)



Golden Valley

Volunteers

**Contact us today
to lend your helping hand!**

VISIT: www.goldenvalleymn.gov/community/volunteers | **E-MAIL:** ParkandRec@goldenvalleymn.gov | **CALL:** 763-512-2345

Online

<https://webtrac.goldenvalleymn.gov>

Register online by creating your own account and login information. Available 24 hrs/day.

In Person

Walk-in registrations are accepted at Brookview Guest Services during regular business hours.

Mail

Brookview
316 Brookview Pkwy S
Golden Valley, Minnesota 55426

Golden Valley accepts cash, checks payable to City of Golden Valley, and the following credit cards:



REGISTRATION CONFIRMATION

Receipts are available upon request. You will be contacted only if the program is full, canceled, or a program change is necessary.

CANCELLATION/REFUND POLICY

Full refunds will be issued if requests are made prior to the registration deadline for a program. If no deadline is advertised, refunds will be given prior to the day the program begins. Refund requests due to medical reasons, or after the registration deadline or start of the program, must be accompanied by a physician's note and will be considered on a case-by-case basis. Full refunds will be given if a program is cancelled by the Parks and Recreation Department.

ADULT LEAGUE CANCELLATION/REFUND POLICY

Full refunds will be processed if your league is cancelled by Parks and Recreation due to lack of teams. Teams will receive a full refund less a \$40 service charge if they withdraw at least three weeks before the start of play. Refunds will not be processed if your team withdraws less than three weeks before the start of play or is removed from the league due to disciplinary action.

SENIOR TRIP REFUND POLICY

No refunds will be issued after the registration deadline for trips involving advance purchase by the City for tickets, meals, or transportation. For extended trips, no refunds after the deposit deadline date.

FEE ASSISTANCE

Fee assistance is available for residents of Golden Valley for Golden Valley Parks and Recreation sponsored programs, events, and classes. Please call the Parks and Recreation Department for more information.

INCLUSION REQUESTS

If you have a special needs requirement to participate in any of our programs or activities, please note at the time of registration. Inclusion services are available and provided by Reach for Resources. Please contact them at 952-200-3030.

ROTATING PUBLIC ART DISPLAYS AT BROOKVIEW & CITY HALL

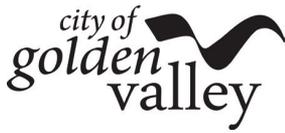
The City features public art in Brookview and City Hall to give local and regional artists the opportunity to display, and by the artist's choice, sell their artwork in a location visible to the community. Artwork is displayed in both buildings in rotating terms, generally three months each. The City sends RFAs to the art community and art facilitator groups twice a year. Art is selected in advance for each term of the next year. For more information, visit the City of Golden Valley website at goldenvalleymn.gov.

Commemorative Tree & Bench Program

DID YOU KNOW?
The Golden Valley Parks and Recreation Department offers a memorial and commemoration program for park benches and trees. These generous donations provide amenities that grace our parks and public areas for decades while providing organizations, families, and individuals a unique opportunity to mark a notable event or honor a special person.

For more information, please contact the Golden Valley Parks and Recreation Department at 763-512-2345.





ACTIVITY REGISTRATION FORM

PARKS & RECREATION DEPARTMENT

316 Brookview Pkwy S
Golden Valley, Minnesota 55426
763-512-2345
www.goldenvalleymn.gov

Parent/Guardian (if participant is under 18): _____ (REQUIRED)
D.O.B. _____

Address: _____ Primary Phone: _____

City: _____ State: _____ Zip: _____ Secondary Phone: _____

Email: _____

Emergency Contact Name: _____ Phone: _____
(if different from above)

Special Needs, Disabilities or Allergies we should be aware of: _____

ACTIVITY REGISTRATION

Participant's First & Last Name	M/F	D.O.B (REQUIRED)	Activity Name	Activity Code	Location	FEE

55+ TRIP REGISTRATION

Participant's First & Last Name	D.O.B (REQUIRED)	Trip Name	Trip Code	Pick-up Location	Special Requests	FEE

CONSENT TO RELEASE OF INFORMATION & RELEASE OF LIABILITY

In consideration of your accepting this registration for my child (or person I am responsible for as guardian), or myself, I authorize the City of Golden Valley and its partner cities or other governmental agencies (hereinafter collectively "City") to disclose to the City's insurer, attorney, staff, coaches, participants and other personnel involved in this program the following information: name, address and telephone number. This information shall be used for the purpose of program administration. This consent to release information shall expire one year from the date of execution. I understand that the records are protected under the state and federal privacy regulations. I also understand that I may cancel this consent by a writing to that effect at any time prior to the information being released. I give my consent to use any photograph or video tape taken of my child (or person I am responsible for as guardian), or myself for future promotional or marketing materials. In consideration of the City providing the registered activities, I agree to release and not hold the City liable for any claim, damages or loss resulting from participation in any such activity, including claims for injuries, death and resulting medical costs and attorney fees. The completion of your registration signifies your acceptance of this consent.

SIGN: _____ **DATE:** _____

Payment Information (please fill in)

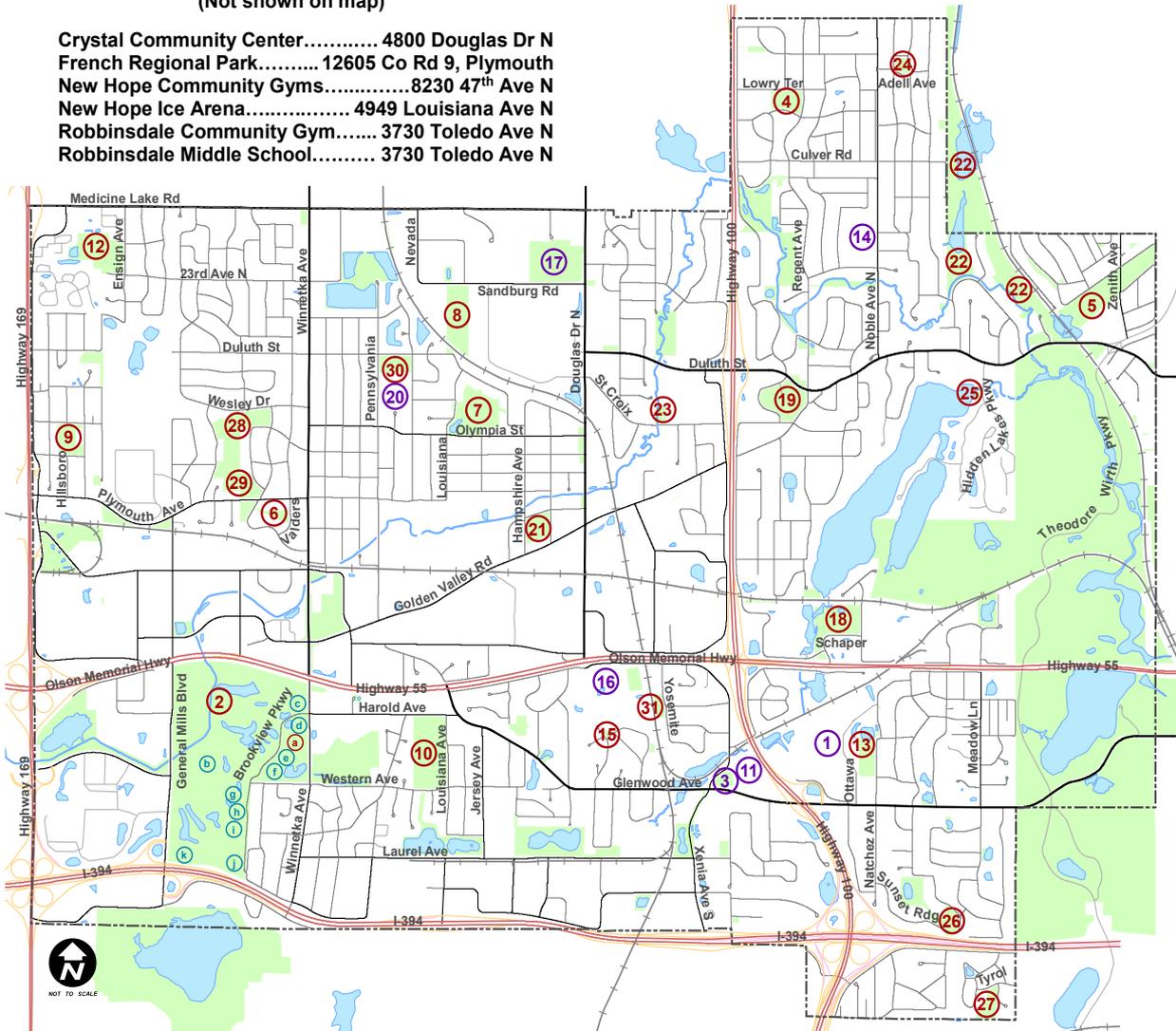
<input type="checkbox"/> Cash	<input type="checkbox"/> Visa/MC/Amex/Disc # _____ Expire: _____	TOTAL DUE:
<input type="checkbox"/> Check # _____	Sec Code: _____ Sign for credit card: _____	

OFFICE USE ONLY - Date Processed: _____ By: _____

- 1) Breck School..... 123 Ottawa Ave N
- 2) Brookview..... 200 Brookview Pkwy N
 - a. Park
 - b. Regulation Golf Course
 - c. Tennis Courts
 - d. Small Picnic Shelter
 - e. Large Picnic Shelter
 - f. Gazebo
 - g. Par 3 Golf Course
 - h. Lawn Bowling Green
 - i. Golf Grill, Pro Shop, Community Center
 - j. Driving Range
 - k. Lesson Tee
- 3) Davis Community Center..... 5430 Glenwood Ave
- 4) Gearty..... 3101 Regent Ave N
- 5) Glenview Terrace..... 2351 Zenith Ave N
- 6) Golden Oaks..... 1141 Valders Ave N
- 7) Hampshire..... 1610 Louisiana Ave N
- 8) Isaacson Park..... 7101 Sandburg Rd
- 9) Lakeview..... 1521 Hillsboro Ave N
- 10) Lions..... 151 Louisiana Ave N
- 11) Meadowbrook School..... 5430 Glenwood Ave
- 12) Medley..... 2331 Ensign Ave N
- 13) Natchez..... 201 Natchez Ave
- 14) Noble School..... 2601 Noble Ave N
- 15) Paisley Park..... 220 Paisley Ln
- 16) Perpich Center for the Arts..... 6125 Olson Mem Hwy
- 17) Sandburg Athletic Facility..... 2400 Sandburg Ln
- 18) Schaper..... 631 Ottawa Ave N
- 19) Scheid..... 1856 Toledo Ave N
- 20) SEA School..... 1751 Kelly Dr
- 21) Seeman..... 1101 Florida Ave N
- 22) Sochacki..... 3500 June Ave N
- 23) St. Croix..... 5850 St Croix Ave N
- 24) Stockman..... 3300 Major Ave N
- 25) Sweeney Lake..... 1805 Hidden Lakes Pkwy
- 26) Tyrol – North..... 900 Westwood Dr S
- 27) Tyrol – South..... 1510 Kaltern Ln
- 28) Wesley – North..... 8305 Wesley Dr
- 29) Wesley – South..... 8200 Plymouth Ave
- 30) Wildwood Park..... 7401 Duluth St
- 31) Yosemite..... 351 Yosemite Ave

Community Locations
(Not shown on map)

- Crystal Community Center..... 4800 Douglas Dr N
- French Regional Park..... 12605 Co Rd 9, Plymouth
- New Hope Community Gyms..... 8230 47th Ave N
- New Hope Ice Arena..... 4949 Louisiana Ave N
- Robbinsdale Community Gym..... 3730 Toledo Ave N
- Robbinsdale Middle School..... 3730 Toledo Ave N





Parks & Recreation Department
316 Brookview Parkway South
Golden Valley, MN 55426

Prsrt Std
US Postage Paid
Permit No. 1659
Twin Cities, MN

*****ECRWSS**
POSTAL CUSTOMER

DATED MATERIAL
PLEASE DELIVER PROMPTLY



COME CELEBRATE WITH BROOKVIEW GOLF & LAWN BOWLING

Food and beverage specials all weekend at Three One Six Bar + Grill



DJ At Lawn Bowling | 6-9 pm
Lawn Bowling Free And Open For All (instruction provided) | 6-9 pm
Driving Range Buckets \$3 | All Day
Par 3 Green Fees \$5 | All Day
Golf Cart Rentals \$19.69 (valid with an 18 hole green fee) | All Day



Rockin' Hollywoods On The Patio (live music) | 7-10 pm
Driving Range Buckets \$3 | All Day
Par 3 Green Fees \$5 | All Day
Golf Cart Rentals \$19.69 (valid with an 18 hole green fee) | All Day



The Ropers On The Patio (live music) | 6-8 pm
Driving Range Buckets \$3 | All Day
Par 3 Green Fees \$5 | All Day
Golf Cart Rentals \$19.69 (valid with an 18 hole green fee) | All Day