



city of
golden valley

www.goldenvalleymn.gov

PARKS & RECREATION
WINTER ACTIVITIES 2018-19

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Parks & Recreation

BUILDING COMMUNITY THROUGH PEOPLE, PARKS, AND PROGRAMS

Parks & Recreation

316 Brookview Pkwy S
Golden Valley, MN 55426
Phone 763-512-2345
Cancellations 763-512-2350
goldenvalleymn.gov

Golden Valley City Hall

7800 Golden Valley Rd
Golden Valley, MN 55427
Phone 763-512-2345
Fax 763-593-8109

City Offices Closed

Christmas (Dec 24-25)
New Year's Day (Jan 1)
Martin Luther King Jr Day (Jan 21)
Presidents' Day (Feb 18)

BROOKVIEW

brookviewgoldenvalley.com

THREE
ONE
SIX
BAR + GRILL

General Information

763-512-2320
Mon-Fri | 11 am-9 pm
Sat-Sun | 9 am-9 pm

brookviewthreonesix.com

Guest Services

763-512-2345
Mon-Sat | 8 am-9 pm
Sun | 9 am-5 pm

Golf and Lawn Bowling

763-512-2300
Tee Times | 763-512-2330
Par 3 Course | 763-512-2333
Cancellations | 763-512-2300
Mon-Fri | 8 am-4:30 pm
Pro Shop hours vary seasonally

backyard

Information and Party Reservations

763-512-2345
Mon-Sat | 9 am-8 pm
Sun | 9:30 am-5 pm

Closed

Dec 24-25
Jan 26-Feb 5

brookviewbackyard.com



Everyday Adventures Begin In The Backyard

As kids, playing in the backyard didn't involve fancy equipment—you mostly relied on your imagination. The Brookview Backyard offers both, and it's fast becoming one of the most popular indoor playgrounds in the West Metro.

Open year round, the the Backyard is designed for 2- to 12-year-olds. The multi-story play structure is filled with super slides, twisty tubes, cargo climbs, and more, as well as a separate play area for children ages 2–5.

Have A Party

The Backyard is also a favored birthday party spot for area kids. Booking The Hideout or The Clubhouse includes two hours in a party room and 10 playground wristbands (extra wristbands available at the daily rate). You can even arrange to buy party food from the Three One Six Bar + Grill.

Bring A Group

Groups of 15 or more who make reservations in advance will receive discounted entry at \$4.50 per participant. Child to adult ratio of at least 10:1 must be maintained throughout the entire visit. Group

reservations will also include a party room when available.

Groups must make reservations at least one week ahead of a planned visit but no more than nine months in advance.

Have The Place To Yourself

A private reservation includes two hours of exclusive Backyard use for your group plus both party rooms. Private reservations can only be scheduled for non-public use hours.

Head over to the Backyard this winter for an afternoon of fun and adventure!



Get More Information

For details about booking party rooms and group or private reservations, visit our website at brookviewbackyard.com.

Hours

Mon–Sat
9 am–8 pm

Sun
9:30 am–5 pm

BROOKVIEW
backyard
Adventure awaits!

brookviewbackyard.com

Daily Fees

\$4.50/residents
\$5.50/non-residents

THREE ONE SIX

BAR + GRILL

WINTER HOURS

Mon-Fri • 11 am-9 pm
Sat-Sun • 9 am-9 pm

TRIVIA NIGHTS

Mondays at 6:30 pm

BREAKFAST, BLOODIES, + BUBBLIES

Sat-Sun • 9 am-noon

\$5 Finlandia Bloody Marys,
Korbel Mimosas, and
Slane Irish Coffees

WILD GAME SPECIALS

\$2 off drinks when you
wear Wild gear

HOLIDAY HOURS

Thanksgiving • CLOSED
Christmas Eve • CLOSED
Christmas Day • CLOSED
New Years Eve • 11 am-6 pm
New Years Day • 11 am-9 pm

ALL DAY SUNDAY GAME DAY SPECIALS

\$3 off appetizers

\$3 Coors Light

\$5 Jack Daniels, Jack Honey,
Jack Fire, and Jack Rye

TUESDAYS KIDS

EAT FREE

With the purchase of one
adult meal, get one kids
meal free (*12 and under*)

brookviewthreonesix.com



MAILBOX TO THE NORTH POLE

AVAILABLE AT BROOKVIEW DEC 1-16

Santa Claus will have a special direct-to-the-North-Pole mailbox at Brookview (316 Brookview Pkwy) where boys and girls can drop off their letters. Santa's helpers will pick up the letters each evening and deliver them straight to the North Pole. Santa Claus requests that letters include the full name and address of each sender so he can reply.



evening and deliver them straight to the North Pole. Santa Claus requests that letters include the full name and address of each sender so he can reply.

THE CANADIAN PACIFIC HOLIDAY TRAIN IS COMING TO GOLDEN VALLEY

Tue, Dec 11 | 4:50 pm
 Railway crossing at Golden Hills Dr
 Musical entertainment from 5-5:30 pm

For more information, visit www.goldenvalleymn.gov/events/cp-holiday-train.

Supper With Santa

Santa's coming! You are cordially invited to join Santa for a special holiday celebration including dinner, music, activities, and a photo opportunity. All attendees must register. Kids under age 2 are free!

Fri, Dec 7 | 6-7:15 pm
Brookview Bassett Creek Room
\$12 resident, \$15 non-resident
Register by Fri, Nov 30
F1506A
All Ages Welcome

FREE

Don't trash it—Fix it!

Hennepin County Fix-It Clinic

Get help with your broken stuff and learn valuable repair skills at an upcoming Fix-It Clinic. Bring in small household appliances, clothing, electronics, mobile devices, and more and receive free guided assistance from volunteers with repair skills to disassemble, troubleshoot, and fix your items. For more information, visit the websites below or contact program coordinator Nancy Lo at nancy.lo@hennepin.us or 612-348-9195.

Sunday, Dec 16
Noon-4 pm
 Brookview Bassett Creek Room
 316 Brookview Pkwy S

hennepin.us/fixitclinic
facebook.com/hennepinenvironment

COMEDY AT BROOKVIEW



JAN 19
Bryan Miller



FEB 16
Tommy Ryman

8 PM SHOW
BASSETT CREEK ROOM

SPONSORED BY:



For tickets, visit:
brookviewgoldenvalley.com/comedy.html

JOIN US FOR WINTERFEST

Gather your family and friends and join us for some fun in a Golden Valley winter wonderland! Enjoy sledding, ice skating, hayrides, DJ, a bonfire with hot chocolate and marshmallow roasting, and more!

SAT, FEB 9 | NOON-2 PM
NORTH WESLEY PARK

Free and open to all



Hands-Only CPR/AED

Nov 27, 2018
Feb 12, 2019
March 12, 2019

7-8:30 pm

Brookview
Bassett Creek Room

Take this opportunity to make a difference for a co-worker, family member, or even a stranger. Learn the lifesaving skills of adult Hands-Only® CPR and AED Awareness. No previous CPR training is required. Register today at Brookview Guest Services or online at webtrac.goldenvalleymn.gov.



25th Annual *Run The Valley*

Saturday, April 13, 2019

7:45 am 0.2K Kids Fun Run
8 am 10K run
8:10 am 5K run
8:15 am 5K walk



Visit goldenvalleymn.gov for all the details!



YOUTH PROGRAMS

Dance Together By Young Dance

Welcome to the world of music and movement! This dance class allows children, with their parents (or adult caregiver), to develop large and fine motor skills using movement games, stories, and songs. It also provides bonding time for families while learning to work cooperatively with others. Spring Round Up Performance will be held May 18, 11 am, at Anthony Middle School, Minneapolis.

Ages 1–3 with caregiver
Brookview Wirth Lake Room
Sat, Jan 5–May 11
(no class Feb 16, March 30, April 20)
9:15–10 am
\$199 resident, \$205 non-resident
W1303A
Register by Fri, Dec 28

Grandparent And Me— C Is For Cookie With Kidcreate® Studio

Grandparents will have a messy good time right along with their grandchild as they create a multimedia project inspired by Cookie Monster! Children must be accompanied by an adult.

Ages 1½–6 with caregiver
Brookview Wirth Lake Room
Wed, Jan 16
6–7 m
\$15 resident, \$17 non-resident
W1409A
Register by Wed, Jan 9

Playdate With Mommy Art Class With Kidcreate® Studio

“Love you to the moon and back!” In this class, you and your young artist will create an adorable wall hanging inspired by this popular endearment. Children must be accompanied by an adult.

Ages 1½–6 with caregiver
Brookview Wirth Lake Room
Wed, Feb 27
6–7 pm
\$15 resident, \$17 non-resident
W1408A
Register by Wed, Feb 20

Little Tigers Self Defense

Master Tom Malone will help your child learn basic self-defense and martial arts skills while developing coordination and flexibility. Basic kicks, punches, and strikes are taught through a variety of exercises and fun games. This program promotes focus, discipline, and respect—great personal tools to carry into the future. Please arrive five minutes early so your child is ready to begin at the start of the class. Resident fee applies to Golden Valley, New Hope, and St Louis Park residents.

Ages 3–5
Davis Community Center
5:45–6:15 pm
\$59 resident, \$63 non-resident
Tue, Jan 8–Feb 19 (no class Feb 12)
W1120A
Register by Fri, Jan 4
Tue, Feb 26–April 16 (no class March 5, 26)
W1120B
Register by Fri, Feb 22

Kids Club

Each Kids Club class is specifically designed for preschool-aged children and filled with art projects, stories, music, and games for what promises to be a fun and positive learning experience. Children must be potty trained. Instructor Lisa London has taught the program for the past 20 years and has a huge passion for working with preschoolers.

Ages 3–5

Crystal Community Center

Tue/Thur, Jan 8–May 23 (no class March 26, 28, April 23, 25)

9:30–11:30 am

\$249 resident, \$255 non-resident

W1214A

Register by Fri, Jan 5

Holiday Celebration With Sprinkles The Elf

Start the holiday season with a special visit from Sprinkles the Elf, who shares her tales of helping keep children on the “Nice List.” Enjoy a night by the Ol’ Yule Log, where you will write letters to Santa, make a holiday craft, sing carols, ring the jingle bells, try on reindeer antlers, and of course, share Mrs Claus’ famous cookies.

Ages 3–6 with an adult

Brookview Valley Room

Tue, Dec 4

6:30–7:15 pm

\$17 resident, \$19 non-resident

F1510A

Register by Tue, Nov 27

Snow Day With The Snow Queen

Join the Snow Queen for a day of winter fun! Participants will sing winter songs, enjoy her enchanted snowman story, make a Snowflake Crown, and have a photo opportunity with the Queen.

Ages 3–6 with an adult

Brookview Valley Room

Sat, Jan 12

10–11 am

\$17 resident, \$19 non-resident

W1227A

Register by Fri, Jan 4

Chase Paw Patrol With Kidcreate® Studio

Paw Patrol fans will get to create Chase, the German Shepherd police puppy, out of air-dry clay. After all, no job (or art project) is too big, no pup too small, and this class is going to be loved by all!

Ages 3–6

Crystal Community Center

Sat, Jan 26

9:30–11 am

\$18 resident, \$20 non-resident

W1249A

Register by Sat, Jan 19

Lady Bug Picnic

Spring into action with Lulu the Ladybug and explore some bug fun. We will try to sprout some butterfly wings and practice hopping, jumping, and crawling like our favorite bugs. Bring a blanket and a bag lunch for the picnic and bug fun!

Ages 3–6 with an adult

Crystal Community Center

Wed, April 17

10–11 am

\$17 resident, \$19 non-resident

W1248A

Register by Tue, April 9

Science In The Kitchen With Science Explorers

We will throw open the kitchen cabinets and enjoy fun, “hands-in” science as we explore states of matter, chemical reactions, and more with experiments that bubble, fizzle, crackle, and pop. Dress to get messy. Note: Flour, cornstarch, oil and other common kitchen ingredients may be used, but not consumed.

Ages 3½–6

Crystal Community Center

Mon, Feb 4–March 4 (no class Feb 18)

9:30–11 am

\$51 resident, \$55 non-resident

W1241A

Register by Mon, Jan 28

Fun On The Farm With Science Explorers

Come learn about life on the family farm with experiments, art projects, games, songs, and more. We will discover how food is grown, how weather affects farms, and investigate traditional farm animals plus some unique animals now found on Minnesota farms.

Ages 3½–6

Brookview Wirth Lake Room

Mon, April 8–29

9:30–11 am

\$51 resident, \$55 non-resident

W1242A

Register by Mon, April 1

Junior Engineering With Snapology

Build fun and simple models using DUPLO blocks. You will develop basic engineering and mechanical ideas by using pulleys, levers, gears, and axles.

Ages 4–6

Crystal Community Center

Mon–Tue, March 25–26

9–11 am

\$38 resident, \$41 non-resident

W1243A

Register by Mon, March 18

Creative Movement By Young Dance

Children are invited to come explore, improvise, and express themselves through movement. Using basic dance techniques, they will learn to understand how to move while developing motor skills, coordination, rhythm, and listening. A performance will be held May 18, 11 am, at Anthony Middle School, Minneapolis.

Ages 4–6

Brookview Wirth Lake Room

Sat, Jan 5–May 11 (no class Feb 16, March 30, April 20)

10–10:45 am

\$199 resident, \$204 non-resident

W1304A

Register by Fri, Dec 28

Parent/Child Yoga

Designed to provide children and parents (or adult caregiver) with fun and relaxing bonding time. Work on breathing, stretching, and moving together to strengthen muscles, coordination, and build body awareness. New child participants will receive a T-shirt and yoga mat. Instructed by Nexus Human Performance.

Ages 4–8 with an adult

Brookview Wirth Lake Room

5:15–5:55 pm

\$79 resident, \$84 non-resident

Mon, Jan 7–Feb 11

W1212A

Mon, Feb 25–April 8 (no class March 25)

W1212B

Dogs vs Cats With Kidcreate® Studio

Many kids dream of having a dog or a cat of their very own! Dogs or cats, which makes a better pet? There's no need to decide, we'll create art inspired by both.

Ages 4–9

Brookview Wirth Lake Room

Wed, March 13

6–8 pm

\$27 resident, \$30 non-resident

W1250A

Register by Wed, March 6

Kinderbot With Snapology

Begin to explore the world of robotics and build simple models while learning the fundamentals of robotics. Learn about sensors while building drills and magic wands. Discover the ways that gears and pulleys create movement while building helicopters and robotic dogs.

Ages 4–6

Crystal Community Center

Mon, Jan 14

9–11 am

\$19 resident, \$21 non-resident

W1206A

Register by Mon, Jan 7

Mother/Daughter Date Night With Kidcreate® Studio

What better way to bond with your child than creating art together? Participants will follow easy step-by-step instructions to create matching floral paintings on real canvas board.

Ages 5–12 with caregiver

Brookview Wirth Lake Room

Wed, April 10

6–8 pm

\$32 resident, \$35 non-resident

W1252A

Register by Wed, April 3

Parent/Child Valentine Paint On Canvas Date Night

Spend a special evening together painting valentines and enjoying lovable treats. Each person is provided a 16x20 canvas, acrylic paints, and all the supplies needed to create their own Valentine's Day masterpiece.

Ages 6–14 with an adult

Crystal Community Center

Fri, Feb 1

6–8:30 pm

\$48 resident, \$51 non-resident

W1246A

Register by Fri, Jan 25



Tae Kwon Do

This program will teach discipline, focus, endurance, and flexibility. Master Tom Malone will help you achieve awesome kicks, punches, and strikes while getting in shape. Resident fee applies to Golden Valley, New Hope, and St Louis Park residents.

Ages 5+
Davis Community Center
6:15–7 pm
\$69 resident, \$73 non-resident

Tue, Jan 8–Feb 19
(no class Feb 12)
W1118A
Register by Fri, Jan 4

Tue, Feb 26–April 16
(no class March 5, 26)
W1118B
Register by Fri, Feb 22

Van Gogh's Starry Night With Kidcreate® Studio

Come paint on a real canvas board with a guided painting lesson. Children will learn about and recreate Van Gogh's famous Starry Night painting.

Ages 5–12
Brookview Wirth Lake Room
Wed, Feb 6
6–8 pm
\$27 resident, \$30 non-resident
W1253A
Register by Wed, Jan 30

Modern Dance By Young Dance

This exciting full-bodied dance class explores a roller coaster ride of movement! Come swing, roll, jump, express, create, and sweat while learning the freedom and fun of modern dance. Students learn proper form through improvisation and technique while developing creativity, listening, teamwork, and problem-solving skills.

Ages 7–9
Brookview Wirth Lake Room
Sat, Jan 5–May 11 (no class Feb 16, March 30, April 20)
11 am–noon
\$239 resident, \$244 non-resident
W1305A
Register by Fri, Dec 28

When I'm In Charge

This unique course is offered for boys and girls who are ever home alone. It will cover all the safety concerns parents have when children are by themselves, including arriving home, responsibilities, phone and internet safety, fire and gun safety, and more. Parents are encouraged to attend the last 30 minutes of class.

Ages 8+
Brookview Valley Room
5:30–8:30 pm
\$55 resident, \$59 non-resident

Mon, Jan 21
W1226A

Mon, March 4
W1226B

Mon, April 29
W1226C

Babysitting Training

Provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe and help children behave, and learn about basic child care, along with first aid and CPR training for infants and children. Participants provide own lunch and snack.

Ages 11–15
8 am–6 pm
\$115 resident, \$120 non-resident

Brookview Valley Room
Sat, Feb 2 W1215B
Sat, May 11 W1215C

New Hope City Hall
Sat, March 30 W1215A

Rink Rat Pond Hockey

All levels of abilities and skills welcome to join this outdoor recreational pond hockey program. The purpose of the pond hockey program is to give participants an opportunity to improve skating skills, learn the game of hockey, and have fun. Scores and standings will not be recorded. Players must supply their own equipment. Teams are co-ed. Volunteer coaches are needed.

Ages 9–14
Fri & Sun, Jan 11–Feb 10
(no session Feb 3)
\$20 resident, \$23 non-resident
W1143A

Register by Fri, Dec 28

Fri - 6:30–7:45 pm
North Wesley Park, Golden Valley

Sun - 4:30–5:45 pm
Sanborn Park, Robbinsdale

Preschool Stars And Mites Athletics

These exciting programs are designed to introduce 3- to 6-year-olds to athletic opportunities. Participants will develop large motor skills and learn about a variety of sports throughout the season. We will focus on basic skill development, teamwork, and sportsmanship.

Stars

Ages 3–4 (must be potty trained)
 Davis Community Center
 5:45–6:30 pm
 \$29 resident, \$32 non-resident

FLOOR HOCKEY

Thur, Jan 3–24
 W1148A
 Register by Fri, Dec 28

Wed, Jan 9–30
 W1148B
 Register by Fri, Jan 4

BASKETBALL

Thur, Jan 31–March 7
 (no class Feb 14, 28)
 W1146A
 Register by Fri, Jan 25

Wed, Feb 6–27
 W1146B
 Register by Fri, Feb 1

SOCCER

Wed, March 13–April 10
 (no class March 27)
 W1150A
 Register by Fri, March 8

Thur, March 14–April 18 (no class March 28, April 11)
 W1150B
 Register by Fri, March 8

Mites

Ages 5–6
 Davis Community Center
 6:45–7:45 pm
 \$29 resident, \$32 non-resident

FLOOR HOCKEY

Thur, Jan 3–24
 W1147A
 Register by Fri, Dec 28

Wed, Jan 9–30
 W1147B
 Register by Fri, Jan 4

BASKETBALL

Thur, Jan 31–March 7 (no class Feb 14, 28)
 W1149A
 Register by Fri, Jan 25

Wed, Feb 6–27
 W1149B
 Register by Fri, Feb 1

SOCCER

Wed, March 13–April 10
 (no class March 27)
 W1151A
 Register by Fri, March 8

Thur, March 14–April 18 (no class March 28, April 11)
 W1151B
 Register by Fri, March 8



Amazing Athletes

This is the perfect class to give every child an opportunity to get moving, develop sports skills, and learn the fundamentals of a different sport each week. Children will work on hand-eye coordination, gross motor skills, and cognitive development.

Ages 3–5

DAVIS COMMUNITY CENTER

\$40 resident, \$43 non-resident

Mon, April 1–22

5:45–6:30 pm W1101E

6:45–7:30 pm W1101F

Register by Mon, March 25

CRYSTAL COMMUNITY CENTER

\$50 resident, \$53 non-resident

Thur, Jan 10–Feb 7

5:30–6:15 pm W1101A

6:30–7:15 pm W1101B

Register by Thur, Jan 3

Thur, Feb 21–March 21

5:30–6:15 pm W1101C

6:30–7:15 pm W1101D

Register by Thur, Feb 14

Blacklight Dodgeball

Glow-in-the-dark dodgeballs add a twist to this playground favorite. Participants will play several games, enjoy a pizza snack, and listen to a DJ. Wear a white T-shirt that can be decorated with special blacklight markers. Co-sponsored by Hopkins Community Education and the City of Golden Valley.

Grades 2–6

Davis Community Center

Fri, Jan 11

6:30–8:30 pm

\$24 resident, \$26 non-resident

F1141A

Register by Fri, Jan 4

Youth Enrichment League Fencing

Each session will feature four basic components: TEACH IT—Olympic Fencing Coach Ro Sobalvarro's curriculum; PRACTICE IT—Practice the fencing moves with partners; MOVE IT—Use mock-fence to hone the moves taught; PLAY IT—Duel to gain experience before the in-class tournament. New and experienced athletes welcome. Safety swords, protective masks, chest plates, and jackets provided.

Grades 2–8

Crystal Community Center

Thur, Jan 24–Feb 28

7:40–8:40 pm

\$75 resident, \$79 non-resident

W1110A

Register by Fri, Jan 18

Archery

Learn basic archery skills, including safe range practices and how to shoot. Intermediate/advanced students are welcome and will review the basics before learning advanced skills. All instruction and equipment provided by Orion Archery.

Ages 8–15

Robbinsdale Community Gym

6–7:30 pm

\$65 resident, \$69 non-resident

Tue, Jan 15–Feb 5

W1108A

Register by Wed, Jan 9

Tue, Feb 19–March 12

W1108B

Register by Wed, Feb 13



Volunteers Make A Difference

SPECIAL EVENTS

Run The Valley (April)

Penny Carnival (Aug)

Bike Rodeo (May)

Golden Valley Golf Classic (Sept)

OPEN SPACE & PARK IMPROVEMENTS

Adopt-A-Park (April–Oct)

Mighty Tidy Day (Oct)

Storm Sewer Stenciling (seasonal)

COMMUNITY PROGRAMS

Lawn Bowling Attendant (May–Oct)

Photo Posse (varies)

Summer Concert Series (June–Aug)

Youth Holiday Programs (Dec)

YOUTH ATHLETICS

Basketball Coach (Jan–March)

Hockey Coach (Jan–Feb)

Soccer Coach (Sept–Oct)

Junior Golf League (June–July)



Contact us today to lend your helping hand! Visit our website for more information and to complete the online application.

VISIT: www.goldenvalleymn.gov/community/volunteers | E-MAIL: ParkandRec@goldenvalleymn.gov | CALL: 763-512-2345

Youth Basketball Leagues

A recreational-focused league designed to develop basketball skills, teamwork, and good sportsmanship. Teams are coached by volunteers, and players are allowed to play up one grade level. Co-sponsored by the Cities of Golden Valley, Robbinsdale, and St Louis Park, and will include teams from all cities. Min 8, max 10 per session.

Grades 2–7

PRACTICES

Davis Community Center
Begin the week of Jan 7

GAMES

Davis and Crystal Community Centers
Sat, Jan 19–March 9
\$60 resident, \$64 non-resident
Register by Fri, Dec 14

BOYS GRADE 2

Mon Practice F1136A
Thur Practice F1136B

GIRLS GRADE 2–3

Mon Practice F1136J
Thur Practice F1136K

BOYS GRADE 3

Mon Practice F1136C
Thur Practice F1136D

GIRLS GRADE 4–6

Mon Practice F1136L
Tue Practice F1136M

BOYS GRADE 4–5

Tue Practice F1136E
Thur Practice F1136F

BOYS GRADE 6–7

Mon Practice F1136G
Tue Practice F1136H

WE NEED VOLUNTEER BASKETBALL COACHES!

Our basketball program depends on volunteers to coach teams and lead activities. To show our appreciation for your time and commitment, a refund of the registration fee (one per household) will be issued at the end of the season. Max of two refunds per team. To become a volunteer coach, state at time of registration or email jstutzman@goldenvalleymn.gov.

Mites Basketball Instructional Program

Skills-based program for kindergarten and 1st grade girls and boys. Emphasis is on dribbling, passing, shooting, and positions. Instructional scrimmages will be played. Baskets are at a lower height and mini-basketballs are used. Teams are formed the first meeting of the program. Fee includes a T-shirt. Max 30 players per grade.

Grades K–1

Crystal Community Center
Sat, Jan 26–March 16
\$50 resident, \$54 non-resident
Register by Fri, Jan 11

GRADE K

9–10 am
W1142A

GRADE 1

10–11:15 am
W1142B



Youth Athletic Associations

Golden Valley Little League Baseball

Boys & Girls age 5–12
Pat Dale, 612-423-9345
GVLittleLeagueInfo@gmail.com
www.goldenvalleylittleleague.org

Armstrong Cooper Youth Baseball

Boys age 12–19
Brian Nelson, 612-720-9642
brian.nelsongv@gmail.com
www.acybaseball.com

Golden Valley Girls Slowpitch Softball

Girls grade 3–12
Jeffrey Prottas
jeffrey.prottas@np360.org
www.gvgs.org

Armstrong Cooper Youth Hockey

Boys & Girls age 4+
Kim Nau, 612-802-3443
www.acyha.org

Park Valley United FC Soccer Club

Boys & Girls age 5–18
612-405-2425
www.parkvalleyunitedfc.org

Cooper/Armstrong Girls Fastpitch Softball

Girls age 7–18
www.caheatfastpitch.org

Armstrong Cooper Youth Lacrosse

Boys & Girls grade K–8
Kim Wittmers
acylacrosse@gmail.com
www.acyla.com

Schools Out Programs For Youth

Snow Tubing At Wild Mountain

Ready to play at a winter wonderland? This will be a fun-filled day of effortless snow tubing down the mountain. Participants should wear appropriate clothing and bring a bag lunch or money to purchase lunch.

Ages 7–14
 Thur, Dec 27
 Depart Brookview at 9 am
 Return to Brookview at 4 pm
 \$39 resident, \$46 non-resident
 F1246A
 Register by Mon, Dec 17

Science Of Slime With Snapology

This is not your average slime workshop. Come learn the basic science behind slimy polymer and the magic in all the ingredients.

Ages 6–10
 Crystal Community Center
 Wed, Jan 2
 9 am–noon
 \$33 resident, \$36 non-resident
 W1205A
 Register by Thur, Dec 27

Escape With Snapology

Can you escape? Discover clues, solve puzzles, answer riddles and manipulate contraptions to unlock the door to escape. You will even get a chance to design your own escape challenge.

Ages 8–12
 Crystal Community Center
 Wed, Jan 2
 1–4 pm
 \$33 resident, \$36 non-resident
 W1204A
 Register by Thur, Dec 27

Frozen Engineering With Snapology

Do you want to build a snowman or design your own ice castle? Have a flurry of fun as you create your own frozen kingdom using LEGO bricks and engineering skills.

Ages 5–9
 Crystal Community Center
 Mon, Jan 21
 9 am–noon
 \$33 resident, \$36 non-resident
 W1203A
 Register by Mon, Jan 14

Babysitting Training

Provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe and help children behave, and learn about basic child care, along with first aid and CPR training for infants and children. Participants provide own lunch and snack.

Ages 11–15
 8 am–6 pm
 \$115 resident, \$120 non-resident
 Fri, Jan 4
 Brookview Valley Room
 F1215D

Drone Commander With Snapology

Welcome to the world of Unmanned Aerial Vehicles! Come develop an understanding for controlling this exciting new technology. Safely test out some of the newest advances in robotics, and take your knowledge of engineering to new heights!

Ages 9–14
 Crystal Community Center
 Mon, Jan 21
 1–4 pm
 \$33 resident, \$36 non-resident
 W1202A
 Register by Mon, Jan 14

Pop, Fizz, And Foam Science With Snapology

Let's explore things that Pop, Fizz and Foam! Features chemical reactions, gathering our own CO₂, testing the science of bubbles, visiting with ROYGBIV (color spectrum), racing soap, and making sidewalk chalk.

Ages 7–12
 Crystal Community Center
 Tue, Jan 22
 1–3 pm
 \$23 resident, \$25 non-resident
 W1201A
 Register by Mon, Jan 14



Escapology With Snapology

Join us for a trip to Escapology in Burnsville to test your teamwork skills to find and decipher clues and escape from a mansion or solve a murder on a train. Are you up for the challenge? Transportation, chaperone, and a pizza lunch are included.

Ages 11–15

Tue, Jan 22

Bus Departs Robbinsdale City Hall: 10:30 am

Buss Return to Robbinsdale City Hall: 3:15 pm

\$46 resident, \$49 non-resident

W1200A

Register by Wed, Jan 2

CSI—Forensic Fun With Science Explorers

Find out how crime scene investigators help solve crimes as you explore the fun and fascinating field of forensic science. Join our team of investigators as we collect and examine the evidence and test your investigative and scientific skills in a case of “Whodunit.”

Grades K–5

New Hope Ice Arena

Mon, Feb 18

9:30–11:30 am

\$20 resident, \$22 non-resident

W1254A

Register by Mon, Feb 11

Three Rivers Explorer Camp

Enjoy the great outdoors and learn about nature, make crafts, and participate in fun outdoor activities. Dress for the weather. Bring a beverage and nut free snack and lunch.

Ages 7–12

Crystal Community Center

Mon–Thur, March 25–28

9 am–3 pm

\$75 resident, \$79 non-resident

W1245A

Register by Mon, March 18

Great Showman Musical Theater Camp

Come learn music and choreography from the *Great Showman*, and put together your own musical with Mayer Arts. Learn how to properly speak lines, block a scene, sing songs, develop characters, and much more. No experience necessary. Participants should wear comfortable clothing and lightweight tennis/dance shoes. Please bring a nut free snack and beverage daily. A special performance for families will be held the final 30 minutes of the final class.

Ages 7–12

Crystal Community Center

Mon–Thur, March 25–28

1–4 pm

\$95 resident, \$100 non-resident

W1255A

Register by Mon, March 18

Nutcracker Musical Theater Camp

Come learn music and choreography from the new *Nutcracker*, and put together your own musical with Mayer Arts. Learn how to properly speak lines, block a scene, sing songs, develop characters, and much more. No experience necessary. Participants should wear comfortable clothing and lightweight tennis/dance shoes. Please bring a nut free snack and beverage daily. A special performance for families will be held the final 30 minutes of the final class.

Ages 4–8

Crystal Community Center

Mon–Thur, March 25–28

9 am–noon

\$95 resident, \$100 non-resident

W1256A

Register by Mon, March 18

Summer Youth Programs Sneak Peek

Join our outstanding summer staff for great program offerings again in 2019. Registration for these programs opens Jan 7, 2019. Don't wait!

Mites Playground Adventure

Let's get outside and play! Games, arts and crafts, songs, and storytelling developed just for 4- to 6-year-olds. Participants will be supervised by staff experienced in recreation and working with children.

Ages 4-6
 Mon-Thur, June 10-Aug 1 (no program July 1-4)
 9:30-11:30 am
 Lions Park S1231A
 Scheid Park S1231B
 \$14 resident, \$16 non-resident
 Register by Fri, May 31

Summer Playground Adventure

We have lots of summer fun planned with games, arts and crafts, great playgrounds, nature activities, and more. Participants will be supervised by staff experienced in recreation and working with children.

Ages 7-12
 Mon-Thur, June 10-Aug 1 (no program July 1-4)
 1-4 pm
 Lions Park S1228B
 Scheid Park S1228C
 Wesley Park S1228D
 \$19 resident, \$21 non-resident
 Register by Fri, May 31

Playground Adventure Van **FREE**

We are bringing the Summer Playground FUN to you! Our entertaining staff will lead playground games, crafts, and activities in the park during advertised times. This is a drop in program that allows children to come and go at their discretion. Parents/guardians are encouraged to set boundaries and communicate limits with their children before they attend the program.

Ages 7-12
 Mon-Fri, June 10-Aug 2 (no program July 1-5)
 9 am-noon
 Mon: Glenview Terrace Park
 Tue: Lakeview Park
 Wed: Gearty Park
 Thur: Medley Park
 Fri: North Tyrol Park

Summer Playground 2.0 **NEW!**

Bigger games! Longer program! More fun! Summer Playground Adventure has been upgraded for twice the fun. Featuring longer days and themed weeks, this new program invites children to join us for weeks of outdoor summer activities. Participants should bring a water bottle and bag lunch each day.

MULTI-WEEK DISCOUNT! Register for two weeks and receive your third week 50 percent off.

Ages 8-12
 Hampshire Park
 9 am-3 pm
 \$79 resident, \$84 non-resident

June 17-20	Register by Mon, June 3	S1263B
June 24-27	Register by Mon, June 10	S1263C
July 8-11	Register by Mon, June 24	S1263D
July 15-18	Register by Mon, July 1	S1263E
July 22-25	Register by Mon, July 8	S1263F
July 29-Aug 1	Register by Mon, July 15	S1263G

Camp Valley

Join our enthusiastic and experienced playground leaders for an action-packed week full of adventures, including games, swimming, new friends, team challenges, arts and crafts, snacks, and exciting outdoor experiences. Participants should bring a water bottle and bag lunch each day. Join us to have fun, learn, and make new friends before heading back to school!

Ages 7-12
 9 am-4 pm
 Brookview Park Picnic Pavillion
 \$139 resident, \$144 non-resident

Mon-Fri, Aug 5-9
 S1240A
 Register by Mon, July 8

Mon-Fri, Aug 12-16
 S1240B
 Register by Mon, July 8

Mon-Fri, Aug 19-23
 S1240C
 Register by Mon, July 8



Community Youth Programs

These programs are offered by independent organizations not affiliated with the City of Golden Valley. This information is provided as a service to the residents of Golden Valley.



Cheer America is a non-profit corporation that offers cheerleading and dance programs to youth. Students will learn popular junior high and high school cheers, chants, choreographed pom/dance routines, parade marching techniques, and other performance skills required for cheerleading tryouts. The program promotes physical fitness, personal esteem, working as a team, and respect for authority. Students also participate in clinics, competitions, special performances, and parades throughout the state. At the end of the program, students will perform a group recital. Students receive a certificate and medal. Registration takes place Tue, Feb 5 from 6:30–7:45 pm at Davis Community Center.

Ages 4–16
 Davis Community Center
 Tue, Feb 19–May 29 (no class March 5, April 23, May 7, 14)
 Ages 4–8: 6–6:45 pm
 Ages 9–16: 7–7:45 pm
 \$5 enrollment fee, plus \$7/night at door



Blizzard features a wide array of age-appropriate programs for kids in grades K–12. Progress at your own pace with expert instruction from our adult staff on groomed runs and terrain parks. You provide your own food and gear (season-long discounts and rentals are available), we provide the rest. Each week, you'll be contacted to RSVP for the upcoming trip. Bus times are approximately 8 am–5:30 pm. When you attend, you'll pay a weekly trip fee of \$67 for your round-trip bus transportation, adult supervision, and lift ticket (no fee if you can't attend that week). For more information, full list of pricing, and registration, please visit blizzardmn.com (mention code GVR18 when registering).

Ages 6–18 (Grades K–12)
 11 Saturdays (Dec–Feb) and 8 Sundays (Jan–Feb)
 Trips run approximately 8 am–5:30 pm
 Pick-up at Leeann Chin (7650 Hwy 55, Golden Valley)
 Course fees range from \$199–\$499 depending on grade

Adaptive Recreation Programs

The adaptive recreation program is a cooperative effort of REACH for Resources and the Cities of Brooklyn Center, Brooklyn Park, Golden Valley, Plymouth, Maple Grove, Chanhassen, Chaska, and St Louis Park. REACH is an agency that serves individuals with developmental disabilities and their families in Western Hennepin County and Eastern Carver County. Services include adaptive recreation, independent living support, case management, and counseling.

952-200-3030 | www.reachforresources.org



ALL AGES (5+)

- Yoga
- Tae Kwon Do
- Bowling

TEEN (13–21)

- Teen Explorers
- Social Seekers
- Zumba

ADULT

- Wednesday Night Social
- Empowerment Group
- On The Town

**AND
 MUCH
 MORE!**

INCLUSION SUPPORT AVAILABLE!

REACH provides inclusion facilitators for children and adults with disabilities who would like to participate in their City recreation programs. Register for the program through your Recreation Department. After registering, contact REACH to discuss your needs. We request a minimum of two weeks notice for a successful inclusion.



NATURE PROGRAMS

These nature programs are offered in cooperation with the City of Golden Valley and Three Rivers Park District, who have partnered to bring environmental education, outdoor recreation programs, and the opportunity to experience wilderness in the city.



Snowshoeing Basics **FREE**

Discover the origin of snowshoeing, gain tips for success, and search the park for animal signs and tracks. Instruction and equipment provided by Three Rivers Park District. Please dress for the weather. Rustic restrooms only available onsite.

Ages 8+ (17 and under with adult)
Sochacki Park Picnic Shelter
Sat, Jan 26
10–11 am W1235A
11 am–noon W1235B
Free (registration required)
Register by Thur, Feb 14

Walk When The Moon Is Full

Adapt your senses and explore the natural world at night. Dress for the weather and walking on uneven, woodchip trails. Three Rivers Park District staff will guide the walk. Please dress for the weather. Rustic restrooms only available onsite.

Ages 8+ with an adult
Sochacki Park Picnic Shelter
Tue, Feb 19
7–8:30 pm
Free (registration required)
W1240A
Register by Thur, Feb 14

Adult Snowshoeing

Discover the origin of snowshoeing, gain tips for success, and search the park for animal signs and tracks. If no snow, program will run as a hike. Instruction and equipment provided by Three Rivers Park District. Please dress for the weather. Rustic restrooms only available onsite.

Ages 17+ with an adult
Sochacki Park Picnic Shelter
Wed, Jan 30
10–11 am
FREE (registration required)
W2307A
Register by Thur, Jan 24

WINTER RECREATION TRAIL AT BROOKVIEW

A four- to eight-foot, mile-long, multi-use winter recreation trail will be groomed on Brookview Golf Course throughout the winter as weather and snow conditions allow. The trail is free to use and will open when the snow depth allows trail maintenance to begin. The trail will close late winter/ early spring. The trail will be groomed on Mon/Wed/Fri only. It can be used for cross-country skiing, skijoring, snowshoeing, walking/hiking, dog walking, Fat Bikes, etc. Please be aware there are no lights or portable restrooms along the trail. Brookview and the facility amenities are generally open daily. Run in cooperation with Three Rivers Parks District.



ADULT PROGRAMS

Tai Chi Classes With Marie Mathay

Join Certified Instructor Marie Mathay for these ancient Tai Chi exercises. Wear loose, comfortable clothing and flat shoes.

**SPECIAL! Register for a second class in the same session for only \$37! Classes must be purchased together.*

Brookview Wirth Lake Room
\$56 resident, \$60 non-resident

TAI CHI FOR BEGINNERS

Based on Sun style Tai Chi, these gentle yet powerful movements will promote physical and mental well-being. Improve balance, strength, and flexibility. Great for joint pain and stress reduction.

8:30–9:30 am

Tue, Jan 8–Feb 19
W2207A

Tue, March 5–April 16
W2207B

TAI CHI ADVANCED SUN STYLE

For those who have completed at least one Basic session. Continue your Tai Chi journey, learning, and practicing all Sun style 41 form.

9:45–10:45 am

Tue, Jan 8–Feb 19
W2208A

Tue, March 5–April 16
W2208B

YANG STYLE TAI CHI PRACTICE GROUP

Learn Chen Man Ching's 37 forms and deepen your practice.

**Qualifies for reduced rate.*

9–10 am

Thur, Jan 10–Feb 21
W2209A

Thur, March 7–April 18
W2209B

SHIBASHI QIGONG

Cultivate more energy and promote better health by practicing these 36 ancient Chinese exercises. Meant for healing and enhancing health. Promotes and strengthens the flow of energy throughout the body. **Qualifies for reduced rate.*

10:15–11:15 am

Thur, Jan 10–Feb 21
W2210A

Thur, March 7–April 18
W2210B

Mixed Levels Belly Dancing

Beginner and advanced level students are welcome. Whether you want to try it out, or expand your experience, come to the mixed level class. We will be learning and reviewing basic steps and movements and putting them into combinations. Advanced level students will be challenged with layering movements. Wear loose, comfortable clothing. Hip scarfs are not required but they are fun to wear. Instructed by Tatyana Butkova.

Brookview Wirth Lake Room

7:15–8:45 pm

\$128 resident, \$133 non-resident

Mon, Jan 7–Feb 25
W2402A

Mon, March 11–April 29
W2402B

MELT Method—Hand And Foot Treatments

Do you want to get rid of hand or foot pain? Do you have stress that gets stuck in your body? The MELT Method is an innovative self-treatment system that restores the supportiveness of the body's connective tissue to eliminate chronic pain, improve performance, and decrease accumulated stress. MELT directly addresses 'stuck stress' and slows down the aging process by rehydrating the connective tissues and rebalancing the nervous system. The course fee includes a set of MELT balls (\$25 value). You can wear socks or be barefoot when learning the foot techniques. MELT is easy to learn and can be done in as little as 10 minutes a day! Instructed by Beth Glommen, Certified Melt Instructor.

Brookview Wirth Lake Room

10–11 am

\$75 resident, \$79 non-resident

Wed, Jan 9–31
W2217A

Wed, Feb 13–March 6
W2217B

Daytime Yoga With Annette

Yoga can help reverse the aging process by improving flexibility, massaging the inner organs, strengthening the muscles, and improving balance, posture, circulation, and digestion. Exercises are appropriate for all fitness levels. Annette's classes are always easy to follow, non-intimidating, and fun. Please bring an exercise mat. Max 20 per session.

Brookview Wirth Lake Room
11 am–noon
\$64 resident, \$67 non-resident

Tue, Jan 8–Feb 26
W2201A

Tue, March 5–April 23
W2201B

Line Dancing With Annette

Put a smile on your face and get a great workout while making new friends. Line Dance is recommended as moderate intensity exercise to improve balance and to strengthen heart and bones. Learn the fun steps that will make you feel confident joining any dance line, whether country, Latin, waltz, American, etc. Annette is a certified dance judge for the National Teachers Association and Country Western Line Dance Association. Her show, Line Dance With Annette Fragale, can be seen on Channels 859, 20, and 15 (St Louis Park).

Brookview Wirth Lake Room
Thur, Jan 10–Feb 28
1–2 pm
\$64 resident, \$68 non-resident
W2404A

Pilates-Inspired Workout With Annette

When was the last time you found yourself with an amazing set of abs? Challenge your powerhouse with the body-slimming, core-shaping exercises that have made Pilates the most popular method to tone and sculpt long, lean muscles. This easy, energizing routine promises to improve flexibility, balance, and posture, and maximize your mental and physical health. Exercises are appropriate for all fitness levels. Annette's classes are always easy to follow, non-intimidating, and fun. Many elements of yoga are included. Please bring an exercise mat. Annette is host of the award-winning TV show *Yoga on the Go* (Channel 20 or Channel 859). Max 20 per session.

Brookview Wirth Lake Room
6–7 pm
\$64 resident, \$67 non-resident

Mon, Jan 7–Feb 25
W2202A

Mon, March 4–April 22
W2202B

Ballroom Dancing

Learn steps and turns in popular ballroom dances, including swing, waltz, foxtrot, and salsa. This is the perfect course for anyone preparing for an upcoming event or for those wanting a fun-filled afternoon date or to acquire a new skill to last a lifetime! Dance moves are easier than you think, and you're sure to be successful! For more information, visit ConstantineDance.com.

Brookview Bassett Creek North Room
4–5:30 pm
\$59 resident, \$63 non-resident

Sun, Feb 10–March 3
W2403A

Sun, April 7–May 5 (no class April 21)
W2403B

Yoga Flow With Laura

Classes combine yoga postures, targeted core work, and breath/body awareness. All classes end with an optional guided relaxation that takes each practice to a deeper level. Appropriate for beginners to yoga as well as those who already practice. Benefits include increased strength, flexibility, body awareness, and mental clarity. Wear comfortable clothes and bring a yoga mat. Blanket and small pillow are optional for relaxation. Instructed by Laura Lazowski. Max 25 per class.

Brookview Wirth Lake Room
5:30–6:45 pm

Tue, Jan 8–Feb 12
\$66 resident, \$72 non-resident
W2206A

Thur, Jan 10–Feb 14
\$66 resident, \$72 non-resident
W2206B

Tue, Feb 19–March 19
\$55 resident, \$60 non-resident
W2206C

Thur, Feb 21–March 21
\$55 resident, \$60 non-resident
W2206D

The Legend Of The Tomte

A tomte, or nisse, is a mythological creature from Nordic folklore associated with the winter solstice and the Christmas season. Join us to discover and discuss the legend of the Tomte. We will also paint an 8"x10" tomte on canvas as well as two rocks—one to keep, and one to hide. Instructed by Paint, Paper, Scissors.

Brookview Wirth Lake Room
Tue, Dec 18
1:30–3 pm
\$22 resident, \$24 non-resident
W2307A
Register by Mon, Dec 10

LOOKING FOR OPEN GYMS?

We still offer 'em!
See page 28 for details.

Guided Autobiography: Writing Your Own Story, Two Pages At A Time

Perfect introduction to starting your autobiography. We will explore some themes of your life through writing, including turning points, family, health, and what you have considered to be your life's work. Guided activities will help enhance self-awareness, writing skills, and memories. No previous writing experience is required. Instructor Diane Nimmer has received extensive training through the University of Wisconsin in Life Review and Life Reminiscence and has a certification in Guided Autobiography.

Brookview Valley Room South
Tue, Jan 8–Feb 12
10 am–noon
\$99 resident, \$104 non-resident
W2309A

Pet Portraits

Paint a portrait of your furry loved one. Once you have signed up, e-mail a photo of your pet to merrytimearts@comcast.net with the subject line Pet Portraits (one pet/person/canvas). Vanessa Merry of Merry Time Arts will transfer your image to a 16x20 canvas for you to paint in class and will help you create an amazing portrait of your pet. Co-sponsored with the City of Crystal.

Ages 16+
Crystal Community Center
Sat, Jan 10
1–4 pm
\$28 resident, \$31 non-resident
W2310A
Register by Fri, Jan 4

Mandala Dot Painting

Create a mini canvas while learning the methods and patterns of beautiful dot painted mandalas. No experience needed. Join us for this relaxed and casual class, and leave with the knowledge and tools to paint beautiful mandalas on canvas, clay pots, eggs, wine bottles, and much more. The possibilities are endless. All materials are provided, and the class fee includes a take home supply kit. Co-sponsored with the City of Crystal.

Crystal Community Center
Sat, March 2
9:30–11:30 am
\$28 resident, \$31 non-resident
W2311A
Register by Fri, Feb 22

Adult Athletic Leagues

Parks and Recreation offers a variety of adult leagues and programs throughout the year. For detailed registration information, visit the City website at www.goldenvalleymn.gov/recreation/adults/leagues.php.

Indoor Volleyball Leagues

Adults 18 and older are invited to join our recreational six-on-six indoor volleyball leagues for Women's and Co-Rec teams. Play a five-week season, plus playoffs, on Wednesday nights starting January 16. All games played at Davis Community Center. \$150/team.

Men's Summer Softball Leagues

Summer leagues feature an 11-week doubleheader season with playoffs. All games are played at Schaper Park. \$820/team.

Gold League: Most competitive

Silver League: Recreational, moderately competitive

Bronze League: Fun, recreational, low level of competition

SUMMER LEAGUES AVAILABLE

Mon: Silver Doubleheader

Tue: Bronze Doubleheader

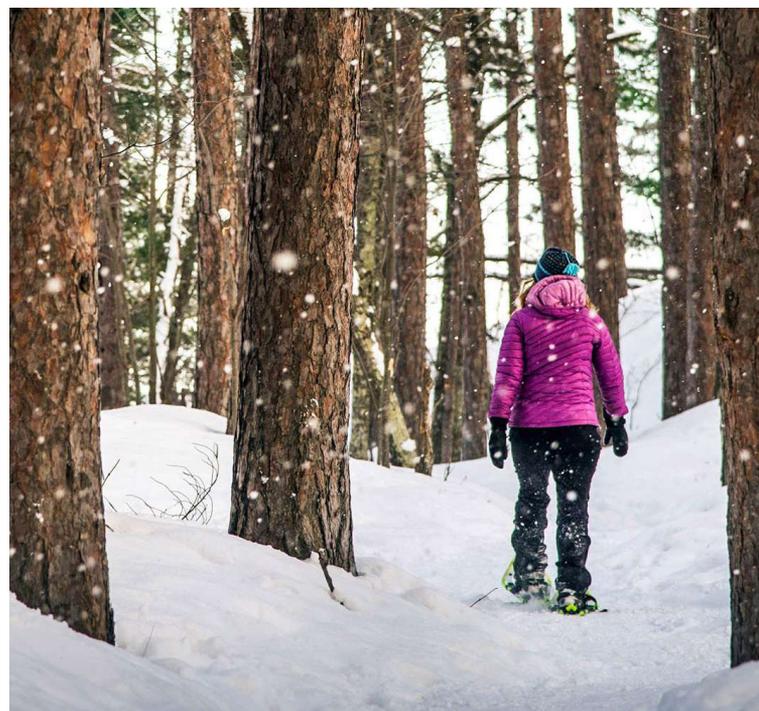
Wed: Silver Doubleheader

Thur: Gold Doubleheader

IMPORTANT DATES

Feb 25: Summer Registration Opens

April 29: Summer Softball Season Begins





GROUP TICKET EVENTS

Save money and avoid service fees! Tickets must be picked up at Brookview upon notification. You supply your own transportation. Minimum of 25 tickets must be sold for group rate.

World's Toughest Rodeo

A new breed of an old tradition as champion cowboys compete in bareback riding, saddle bronc riding, and bull riding and vie for the championship title in barrel racing. Children age 2 and older are required to have a ticket.

Xcel Energy Center (section 113)

Sat, Jan 26

7:30 pm

\$26/adult, \$19/child 2-12

W4103A

Register by Thur, Jan 10

Disney On Ice Presents Mickey's Search Party

Follow magical clues in the search for Tinker Bell by sailing the ocean with Moana. Become immersed in the worlds of Beauty and the Beast, Aladdin, Toy Story, and the Little Mermaid as the search party becomes an all-out celebration.

Target Center (lower level end)

Sat, March 16

7 pm

\$31/ticket for ages 2 and older

W4105A

Register by Fri, March 1

Harlam Globetrotters

A star-studded roster will have fans on the edge of their seats to witness the ball handling wizardry, basketball artistry and one-of-a-kind family entertainment that thrills fans of all ages. After the game, feel free to stay to get pictures and autographs with the Globetrotters.

Target Center (lower level end)

Sun, March 31

2 pm

\$31/ticket for ages 2 and older

W4104A

Register by Fri, March 15

west metro HOME REMODELING FAIR



Sun, Feb 11
10:30 am-3 pm

Eisenhower Community Center
1001 Hwy 7, Hopkins

Free admission • Free parking • Activities for kids!

IDEAS & HELP

Get free, no-obligation advice about your project from a variety of home improvement pros. Visit with over 85 exhibitors. Attend helpful seminars and demonstrations.

LEARN MORE • homeremodelingfair.com

OPERATION: RESCUE ROOM

Do you have the ugliest room in the west metro? Enter our contest by Feb 4 for a chance to win \$1000 to help with remodeling. For more information, visit homeremodelingfair.com/fair-day-activities/operation-rescue-room.

SPONSORS Cities of Golden Valley, Hopkins, Minnetonka, and St. Louis Park, and the Community Education programs of Minnetonka, St. Louis Park, and Hopkins School Districts



55+ ADULT PROGRAMS

55+ Newsletter Subscription

Subscribe to our bi-monthly newsletter to stay in the know. Subscriptions run January–December and cost \$5 for Golden Valley residents and \$8 for non-residents. That's six newsletters mailed right to your door! Subscriptions need to be renewed each year in December by mail, online, or walk-in at Brookview.

Mondays With Mary

Join Mary to make door decorations, greeting cards, placemats, party favors, and more. We work on projects for Ambassador Care Center, Dinner At Your Door, Senior Dining, Golden Valley Seniors, and Mary Wanderers. We'll supply the materials and coffee. You bring your time, talent, and occasionally, a treat.

Brookview Valley Room
Mondays
9:30–11:30 am

Holiday Tea

Join us for a delightful afternoon with entertainment by Tim Patrick, followed by delicious finger foods and desserts. Festive attire encouraged. Bring your own tea cup o add to the fun.

Brookview Bassett Creek Room
Mon, Dec 10
1–2:30 pm
\$9/person
F3301A
Register by Dec 7

Mary Wanderers Travel Show

The adventures begin as we kick-off the Mary Wanderers, our 2019 travel program, with a “meet and greet.” Meet Alice and Mary, our trip planner and escort, and greet your fellow travelers as you enjoy dessert. Be the first to hear about our travel adventures of one day and longer trips. Games, prizes, and more!

Brookview Bassett Creek Room
Mon, Jan 21
1 pm
\$4/person
W3103A
Register by Fri, Jan 18

Weekly Card & Game Groups

New players are always welcome. Please arrive at least 10 minutes before the scheduled start time to get set up. All groups meet at Brookview in the Valley Room. No pre-registration required.

DAY	GROUP	TIME
Monday	Dominoes	1 pm
Tuesday	Cribbage	1 pm
Wednesday	500	1 pm
	Hand & Foot	10 am
	<i>(does not meet 4th Wed)</i>	
Thursday	Euchre	1 pm
	Poker	1 pm
Friday	Bridge	9 am

Defensive Driving

Adults age 55+ can save up to 10 percent, get a three-year discount on car insurance premiums, and become better drivers by taking a state-approved National Safety Council Defensive Driving course. These classes are taught by professional certified instructors and offered by the Minnesota Safety Council. No tests are given, but attendance is required to receive the certificate of completion.

Registration & Certificate of Completion

To guarantee a certificate at class completion, register at least seven days in advance with the Minnesota Safety Council. Make checks payable to "Minnesota Safety Council" and mail to 474 Concordia Ave, St Paul, MN, 55103. Call 651-291-9150 to register with credit card.

8-HOUR FIRST-TIMERS COURSE

Brookview Valley North Room
Sat, March 2 & 9 (must attend both days)
9 am–1 pm
\$19/person

4-HOUR REFRESHER COURSES

Brookview Valley North Room
Thur, Jan 10, Feb 14, March 14, April 11
9 am–1 pm
\$18/person

Driver Improvement Programs

This is a Minnesota Highway Safety and Research Center (MHSRC) Driving Improvement Program for those over age 55. Classes are taught by a certified instructor from the Minnesota Highway Safety Center. Minnesota State Law allows a 10 percent reduction in auto insurance premiums for three years upon completion of the course. To register, visit the Minnesota Safety Center website at www.mnsafetycenter.org or call toll free at 1-888-234-1294. Fees collected day of class.

8-HOUR FIRST-TIMERS COURSE

Brookview Valley North Room
Wed & Thur, March 27 & 28
(must attend both days)
5:30–9:30 pm
\$26/person

4-HOUR REFRESHER COURSES

Brookview Valley North Room
Tue, Feb 11 12:30–4:30 pm
Wed, April 3 12:30–4:30 pm
(only need to attend one day)
\$22/person

Golden Valley Library Programs for 55+

Book Club 2nd Mon at 6:30 pm
Audiobook Club 4th Mon at 6:30 pm
Chair Yoga Wed, Jan 2–Feb 6, 1 pm
Poetry Lovers Converge 1st Wed at 6:30 pm
Meditation For Beginners 3rd Wed at 6:30 pm
History Discussion Club 3rd Thur at 10 am

For more information,
visit www.hclib.org or call 612-543-6375.

Living Wise And Well **FREE**

It's a fact—people are living longer and healthier! Join us for this free program that offers monthly information for a happy, healthier, and smarter you. Refreshments provided by Calvary Center Cooperative. No pre-registration required.

Calvary Center Cooperative Prairie Room
2–3:15 pm

THUR, JAN 3

Foot Care

Dr Tom Silver, foot specialist from the Westwood Foot Clinic in the Golden Valley Town Square, will give a practical presentation focusing on basic foot care for seniors along with prevention and treatment of foot problems. There will also be a question and answer period.

THUR, FEB 7

Eating Well—Healthy Choices To Reduce Inflammation

Inflammation is the body's natural response to injury, infection, or what it sees as a foreign invader. Though acute inflammation is short-lived, chronic inflammation is a continual response of the immune system and can lead to degeneration—aging the body and creating disease conditions. In this class you will learn what lifestyle choices you can make to prevent inflammation and promote good health and a long life. Presented by Lynda Binus Enright, MS, RDN, LD, CLT

THUR, MARCH 7

Stroke Basics

Participants will be able to gain a greater understanding of stroke, how it occurs, and how to recognize the signs. We will discuss the varying short- and long-term effects, prevention of future strokes, and behavior vs symptoms. Presented by Paula St John, with the Minnesota Brain Injury Alliance.

Coffee Talk

Join us for juice, treats, informative programs, and of course, coffee! Call the Parks and Recreation office at 763-512-2345 to register in advance so there are treats and coffee for all.

Brookview Valley North Room

9:45–11 am

\$2 payable at the door

WED, JAN 23

Stay At Home

Hear a presentation from a design-build firm called Stay at Home. Stay At Home's mission is to create a safe, beautiful environment for homeowners who wish to stay in their homes as they age. Stay At Home offers a variety of services to improve the functionality of virtually every area of your home, both indoors and outdoors, so you can maintain your independence and enjoy your stay at home. *Register by Jan 22.*

WED, FEB 20

Yorkville Twins

Twin brothers Joseph and John Gindele grew up on the rough streets of Yorkville, on Manhattan's ethnic Upper East Side, over 60 years ago. This is their story—what the city was like then, how it changed, and how two kids from immigrant parents became accomplished Minnesota schoolteachers with earned doctorate degrees. It's an American tale, full of adventures and laughs, sweet memories, and sad moments. How did their Czech and German parents and seven siblings ever survive living with twins who share special bonds and predictive abilities? *Register by Feb 19.*

WED, MARCH 20

Downsizing Made Easy

This presentation will help you make a plan and set goals according to your schedule. You will learn how to sort through your possessions and receive resources on where to donate, recycle, and sell items. You will get tips on what can't be donated and what items have negative value. Presented by Stephen Laliberte, COO of Sort Toss Pack, LLC. *Register by March 19.*

Money Matters **FREE**

Finances, investments, and things related to money are shared. Join us as we hear speakers from organizations working with finances, investments, and government present information important for today and tomorrow. No pre-registration required.

Brookview Valley North Room

10–11:15 am

THUR, JAN 17

2019 Tax Impacts

Come and hear a discussion of the many 2018 tax law changes. The Tax Cuts and Jobs Act, the big tax changes enacted in 2017, took effect in 2018, with only a few provisions taking effect in 2019. There were big changes for Minnesota in 2018. Since Minnesota's big budget bill did not get passed, which would have had Minnesota conforming to all the federal changes, Minnesota had to do its tax completely different than in past years. Presented by Andrew Jensen of H&R Block Advisors.

THUR, FEB 21

Investing 105—Market Update 2019

After a review of stock market highlights of the previous 12 months, we'll look at recent news and events and Federal Reserve activities. We'll examine the results of a one year-long net-performance comparison of the S&P-500 index mutual fund with a large cap value fund. We'll review the importance of asset allocation. Finally, we'll look at ways to simplify our portfolios. Presented by Dale Stenseth.

THUR, MARCH 21

Revocable Trust

A Revocable Living Trust may not be for everyone, but for many people, taking the time to secure a Trust now can save time, money, and frustration for their loved ones in the future. Popular presenter Elizabeth Michaelis will explain in understandable terms what a Revocable Living Trust is, how it can help you avoid probate and secure your estate, and how to assess if a Revocable Trust makes sense for you. Presented by Elizabeth E. Michaelis, JD, MBA, Guardian Counsel Law Office.



Mary Wanderer's Trip Program

Comfortable motor coaches, good food, knowledgeable tour guides, and Mary as our escort—our trips are planned with you in mind! Trip registrations are taken on a first-come, space-available basis by mail, online, or in person at Brookview. Use the trip code and select meal choice (if offered) when registering. Pick-ups are available at Golden Valley City Hall or Calvary Center Cooperative (if five or more requests).

Mobsters In Minneapolis

This fun riding tour adventure will reveal that St Paul wasn't the only city to host the crime and corruption of the gangsters. Explore the not-so-wholesome people of this city's past. Visit the sites of the 3rd Northwestern Bank hold-up by the Barker/Karpis gang, the site of Babyface Nelson's traffic violation, and the murder site of journalist Walter Liggitt. Your guide will show you how the Twin Towns transformed one of the largest areas of crime in the country during the 1920s and 1930s. After the tour, enjoy lunch at the cozy Keegan's Irish Pub for a n/a beverage and entree. Keegan's Pub was designed and built by O'Sullivan Interiors in Waterford, Ireland. It is authentic and in keeping with the historic preservation district in northeast Minneapolis.

Lunch Menu: 1) Batter fried Icelandic cod with lemon wedge, homemade tartar sauce and malt vinegar, Keegan's crispy wedge fries (chips), 2) Corned beef 1/2 sandwich piled high with Swiss cheese and Dijon mustard, and chips. Both served with a beverage and cookie.

Wed, March 13

\$74

10:30 am pick-up

3 pm approximate return

Y3266A

Register/cancel by Feb 11

Hello Dolly At Orpheum Theatre

Based on Thornton Wilder's play *The Matchmaker*, *Hello, Dolly!* was an instant success when it first debuted in 1964. Winning an unprecedented 10 Tonys at that year's ceremony, it was soon adapted for the big screen featuring a cast led by Barbra Streisand and a young Michael Crawford. This 2017 revival is directed by four-time Tony winner Jerry Zaks (Sister Act) whose talent has brought Hello, Dolly! back into the limelight. In 1880s New York, a rich and cantankerous widower by the name of Horace Vandergelder is on the lookout for a wife. To help him on his quest, he engages the services of professional matchmaker Dolly Gallagher Levi, but little does he know that Dolly has his perfect match in mind from their very first meeting—herself! Now all she has to do is make Horace realize it as well.

Thur, April 25

\$82

6:30 pm pick-up

11:45 pm approximate return

Y3264A

Register/cancel by Jan 21

42nd Street At Ordway Theatre

The Ordway in St Paul will present an Ordway Original—*42nd Street*. Come and hear the brand-new beat. This classic tale of wide-eyed Peggy Sawyer dreaming of tapping her way to Broadway will knock you off your feet. Reimagined for a 21st century audience, it will feature local talent, masterful dancing, and funk-jazz orchestrations of hit songs like "We're in the Money," "Lullaby of Broadway," and of course, its title track. Come and hear the brand-new beat on *42nd Street!*

Tue, Aug 6

\$98

6:15 pm pick-up

11 pm approximate return

Y3265A

Register/cancel by May 28

The Church Basement Ladies You Smell Barn At Ames Center

Built in 2009, the Ames Center lobby is two stories tall, all glass, with a sweeping view of Burnsville's Nicollet Commons Park, The Minnesota River Valley, and the Minneapolis Skyline. Have an informal lunch in the second-story atrium area. After lunch, take time to enjoy the exhibition in the 2,000-square-foot art gallery. The visual arts center displays a diverse collection of artwork from local emerging and professional artists. Then, be seated in the Black Box Theater for another Church Basement Ladies performance. In *You Smell Barn*, from the basement to the barn, your beloved Church Basement Ladies are back and getting busy with life outside the kitchen. After the last of the hot dish is served, the coffee pot is emptied, and the Jell-O molds are put away, these steadfast, sturdy women head to their farms, peel off their good girdles, and get on with their daily chores. In between picking eggs, milking cows, and dusting knickknacks, they congregate with some of the other lovable folks who inhabit this rural community, including Earl (who delivers the mail up and down Rural Route One), Fergus (the hired man), and Tillie (who chronicles the action for the Fish County Weekly).

Lunch Menu: Soup and salad bar, turkey breast with gravy, mashed potato, seasonal vegetable, fresh bread and butter, assorted pie, coffee, water, and lemonade.

Thur, Feb 14

\$75

10:25 am pick-up

4:05 pm approximate return

Y3262A

Register/cancel by Jan 9

Kentucky Commonwealth

DAY 1—Mon, May 13, 2019 Leave Golden Valley at 7 am. Have lunch at Quivey Grove Restaurant in Madison, WI. Continue to Merrillville, IN for lodging at Hilton Garden Inn. [C,L]

DAY 2—Tue, May 14, 2019 Travel to Louisville, KY for lunch at The Derby Café. Take the Historic Walking Tour of Churchill Downs Racetrack, and visit the Derby Museum. Learn about a thoroughbred's life, from birth to the First Saturday in May, along with the history of the race dating back to the inaugural running in 1875. Travel to the Lexington area for lodging. [B,L]

DAY 3—Wed, May 15, 2019 Spend the morning at the Kentucky Horse Park. Explore the grounds, take a horse drawn trolley tour, see the Hall of Champions presentation and the Parade of Breeds, and visit the International Museum of the Horse. Take time for lunch (on own) at the Bit & Bridle Cafeteria. In the afternoon, take a guided tour Woodford Reserve Distillery, then enjoy a special dinner at Shaker Village of Pleasant Hill. [B,D]

DAY 4—Thur, May 16, 2019 Today explore the Ark Encounter, a life-sized reconstruction of Noah's Ark, built according to the dimensions given in the Bible. Tour the world-class exhibits and have lunch at Emzara's Kitchen. Travel to Muncie, IN for lodging. [B,L]

DAY 5—Fri, May 17, 2019 In Shippshewana, have lunch at the Blue Gate Restaurant. See the matinee musical "A Simple Sanctuary," a compelling story about the price of freedom and the solace found in sanctuary of true community. Lodging in Hammond, IN at the Holiday Inn. [B,L,D]

DAY 6—Sat, May 18, 2019 Leave Hammond, IN and stop for lunch near Wisconsin Dells. Estimated return time to Golden Valley is 6:30 pm. [B,L]

Fee includes: Deluxe motor coach transportation, lodging for five nights, meals as indicated [C-Coffee, B-Breakfast, L-Lunch, S-Supper, D-Dinner], attractions as outlined in itinerary, tour hosted Mary Odell, Golden Valley Seniors, and gratuities on the included meals and attractions.

Mon–Sat, May 13–18, 2019

\$1,135/person (2 per room), \$1,550/person (1 per room)

\$135 deposit per person is due by March 4 and is non-refundable

Final payment due by March 25

Payments are not refundable after the listed deadlines

Y3267A

55+ Adult Community Services

Senior Outreach And Caregiver Services

612-770-7005

Provides support to friends, spouses, and other family members who help an older adult remain at home. The staff not only assists these caregivers in connecting with needed services and resources for their loved ones but gives support to them as well. The licensed social workers can provide consultation, caregiver support groups, family meeting facilitation, and coaching to the caregiver.

Help At Your Door

651-642-1892

Help At Your Door is a nonprofit organization that provides critical services to thousands of seniors, individuals with disabilities, and caregivers across the greater metro area of Minneapolis and St Paul. Their mission is to help seniors and individuals with disabilities maintain their independence and continue living in their homes. Services include grocery assistance, home support (cleaning and repair), and transportation.

Senior Dining

763-531-1183

Senior Dining provides a delicious noon meal at Crystal Community Center. A donation of \$4 is requested at the door, but no one will be denied a meal. Takeout meals are also available. Reserve your lunch by calling at least three days in advance between 9–11:30 am. Ask a friend to join you for a great meal at a reasonable cost.

H.O.M.E.

952-746-4046

The mission of HOME (Household and Outside Maintenance for the Elderly) is to assist those age 60+ with household chores to help promote independence. Seniors contribute to the cost of the service based on their monthly income and their ability to pay. HOME also accepts some insurance payments as well as the Elderly Waiver and the Alternative Care Grant.

HOME relies completely on the generosity of volunteers to fulfill all their requests. The volunteer opportunities are flexible and great for individuals as well as groups. Call or email us at HOME@seniorcommunity.org.

Helping You Through The Medicare Maze

Going to retire and need your Medicare questions answered? Wondering about your choices with supplemental coverage? Have questions about Part D? Marsha will meet with you one-on-one to answer your Medicare Insurance questions, assist you with insurance forms, or guide you through supplemental or Part D insurance. She would love to work with you. Appointments are required at least three days in advance by calling 763-512-2366.

Brookview Rice Lake Conference Room

Thur, Jan 10, Feb 21, March 14, April 11

Appointment times are 10 am, 11 am, 12 pm

BROOKVIEW

GOLF & LAWN BOWLING

Satisfy your need for year-round recreation.
The Brookview experience is spectacular any season!

763-512-2300 | www.brookviewgolf.com



WINTER RECREATION TRAIL AT BROOKVIEW

A four- to eight-foot, mile-long, multi-use winter recreation trail will be groomed on Brookview Golf Course throughout the winter as weather and snow conditions allow. The trail is free to use and will open when the snow depth allows trail maintenance to begin. The trail will close late winter/early spring. The trail will be groomed on Mon/Wed/Fri only. It can be used for cross-country skiing, skijoring, snowshoeing, walking/hiking, dog walking, Fat Bikes, etc. Please be aware there are no lights or portable restrooms along the trail. Brookview and the facility amenities are generally open daily. Run in cooperation with Three Rivers Parks District.

2019 GOLF PATRON PROGRAM

Starting Jan 1, get your patron card applications at Brookview Golf Course and online at brookviewgolf.com. Cardholder benefits include discounted green fees and power cart rental, advance reservation privileges, driving range and merchandise discounts, and coupons.

PATRON CARD TYPE	By 4/1/19	After 4/1/19
Resident Patron	\$75	\$80
Non-Resident Patron	\$115	\$120
Resident Senior (60+)	\$45	\$50
Non-Res Senior (60+)	\$80	\$85
Resident Junior (<18)	\$35	\$40
Non-Res Junior (<18)	\$40	\$45
Par 3 Patron	\$35	\$35

WINTER DISC GOLF OPENS NOV 1

Brookview's popular 18 hole disc golf course has a newly designed layout this season. The course is free and open seven days a week. Bring your own discs! After, stop into the Three One Six Bar + Grill for a refreshing beverage and tasty treat. Brookview will also be hosting a number of disc golf tournaments throughout the winter. Call 763-512-2305 for more information.

*Holiday Gift Cards
Are Here!*



The holidays are upon us once again and gift cards make the perfect gift! Can be used at Brookview Golf & Lawn Bowling and Three One Six Bar + Grill.

HOLIDAY BONUS!

Buy \$100 in gift cards and receive a \$20 gift card free! (Valid Nov 23-Dec 31, 2018)





ICE SKATING RINKS OPEN DEC 22

The City of Golden Valley will maintain ice and have supervised shelters at these locations. Weather permitting, rinks will remain open until:

Mon, Feb 18:

Gearty, Hampshire, Lions, Medley, Stockman, North Tyrol, South Tyrol, Yosemite

Sun, Feb 24:

Wesley and Scheid

Online Ice Rink Calendar

Check for open skating hours as well as weather closures at your local rink at goldenvalleymn.gov/parks/skatingrinks.

Rink Maintenance

Temperatures need to remain around 0°–10° F for a week or so to produce enough ice to skate on. The crew needs 3–4 inches of frozen ground to start making ice. The goal is to have a 6-inch base, which will help rinks survive most warm snaps without closing. Rinks are cleaned and resurfaced Monday–Friday and cleaned Saturday mornings, depending on weather. Shovels are available at each shelter and may be checked out with the attendants.

Closing Policy For Outdoor Activities

Outdoor winter activities close when:

- Air temperature is -10° F or colder, per National Weather Service
- Wind chill index is -15° F or colder, per National Weather Service
- Warm temperatures soften ice, making rinks unsafe for skating
- Snowfall of 2+ inches could delay rink cleaning and opening warming houses.

Regular Hours

Mon–Fri	4–9 pm
Sat	10 am–9 pm
Sun (Wesley, Scheid, Lions)	1–9 pm
Sun (Hampshire, Medley, Gearty)	10 am–6 pm

Special Hours

Mon, Dec 24 (Christmas Eve)	10 am–2 pm
Tue, Dec 25 (Christmas Day)	CLOSED
Wed–Fri, Dec 26–29	10 am–9 pm
Mon, Dec 31 (New Year’s Eve)	10 am–4 pm
Tue–Fri, Jan 1–5	10 am–9 pm
Mon, Jan 21 (Martin Luther King Jr Day)	10 am–9 pm
Sun, Feb 3 (Superbowl)	10 am–4 pm
Mon, Feb 18 (Presidents’ Day)	10 am–9 pm

PARK	Hockey Rink H	General Rink G	Warming House W
Gearty	X	X	X
Hampshire	X	X	X
Lions	X	X	X
Medley	X	X	X
Scheid*	X	X	X
Wesley*	X	X	X
North Tyrol		X	
South Tyrol		X	
Yosemite		X	
Stockman		X	

*Pond hockey goals will be available during warming house hours at Scheid and Wesley Parks.

Do you have old hockey sticks and pucks looking for a new home? Donate them to the Park and Rec Department! Our goal is to have hockey sticks and pucks available for FREE use in each of the skating rink warming houses. Please drop them off at Brookview, and we will put them to good use!



FACILITIES

Brookview Park Pavilions

Hosting a neighborhood, family, or company picnic? Rent a pavilion at Brookview Park, located in Golden Valley at the southwest corner of Hwy 55 and Winnetka Ave. Brookview Park pavilions are sure to be crowd pleasers, with great views of Brookview Golf Course.

- Golden Valley residents can make in-person only reservations beginning Jan 10, and on-line beginning Jan 11.
- Non-residents can make reservations beginning Feb 14.
- Time frames are 11 am–4 pm, 4pm–dusk, or 11 am–dusk.
- Make reservation in-person at Brookview Guest Services or online at webtrac.goldenvalleymn.gov.

LARGE PAVILION

- 100 person capacity
- 15 tables
- Wood fireplace
- Counter with sink
- 3 charcoal grills
- 16 outlets
- Restrooms

Resident \$150
Non-Res \$170

SMALL PAVILION

- 50 person capacity
- 10 tables
- 3 charcoal grills
- 2 water fountains
- 6 outlets

Resident \$115
Non-Res \$130

DAMAGE/CLEAN-UP DEPOSIT

A \$250 refundable deposit is due at time of booking. Deposit refunds are processed one week after reservation. Due to processing procedures, deposits paid by check or cash could take up to four weeks to receive. Those paid by credit card will be processed immediately.

BEER/WINE PERMIT (PAVILIONS ONLY)

You may purchase a \$50 alcohol permit to serve beer and/or wine at your event (only in conjunction with a pavilion reservation).

Brookview Park Gazebo

The Brookview Park Gazebo is available to rent for wedding ceremonies of up to 200 guests (only ceremony area is covered). Rental of the gazebo is only available in conjunction with the rental of Brookview's Large Pavilion (see pavilion reservation times at left). Guests are welcome to provide their personal outdoor lawn chairs or use our exclusive chair rental service, American Affairs, by calling them at 763-496-1357.

\$50/hour resident, plus Large Pavilion rental fees
\$75/hour non-resident, plus Large Pavilion rental fees

Davis Gyms

Davis Gyms are attached to Meadowbrook Elementary School at 5430 Glenwood Ave. The two courts are available for rent and can be used for basketball, volleyball, dance, indoor hockey, conditioning, birthday parties, and more. Court reservations can be made up to six months in advance and are based on availability. Call Parks and Recreation at 763-512-2345 for availability.

2-hour minimum
\$30/hr/court resident + tax, \$40/hr/court non-resident + tax

Open Gyms

All levels welcome. Schedule subject to change. Visit the city website for updates. \$40/10-time punch pass or \$5/daily drop-in.

DEC 23, 2018–APRIL 30, 2019

Sunday	Family Open Gym	1–3 pm
Sunday	Pickleball Drop-In	3–5 pm
Tuesday	Volleyball 18+	8–10 pm
	<small>(closed Dec 25, Jan 1, Feb 12, March 5, April 23)</small>	
Thursday	Volleyball 18+	8–10 pm
	<small>(closed Jan 31, Feb 14, 28, April 11)</small>	
Friday	Youth Open Basketball/Soccer	6–8 pm
	<small>(closed Jan 4)</small>	
Saturday	Open Basketball For All Ages	8–10 am

EVENTS & CELEBRATIONS

Host your event at Golden Valley's newest full-service venue

Weddings
Birthdays

Meetings
Retreats

Graduations
Parties

and more!



WINTER RECREATION TRAIL AT BROOKVIEW

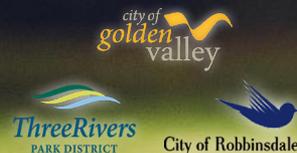
A four- to eight-foot, mile-long, multi-use winter recreation trail will be groomed on Brookview Golf Course throughout the winter as weather and snow conditions allow. The trail is free to use and will open when the snow depth allows trail maintenance to begin. The trail will close late winter/ early spring. The trail will be groomed on Mon/Wed/Fri only. It can be used for cross-country skiing, skijoring, snowshoeing, walking/hiking, dog walking, Fat Bikes, etc. Please be aware there are no lights or portable restrooms along the trail. Brookview and the facility amenities are generally open daily. Run in cooperation with Three Rivers Parks District.

Sochacki Park Off-Leash Pet Exercise Area



Grab your four-legged buddy and come visit our temporary year-round off-leash pet exercise area!

Located at 3500 June Ave N in Robbinsdale, the park is free and open from dawn to dusk daily. Because the facility is temporary, there is no site lighting or water access. Limited parking is provided year-round.



COMING SOON! A permanent facility located withing Sochacki Park through a joint partnership with Three Rivers Park District and the cities of Golden Valley and Robbinsdale.



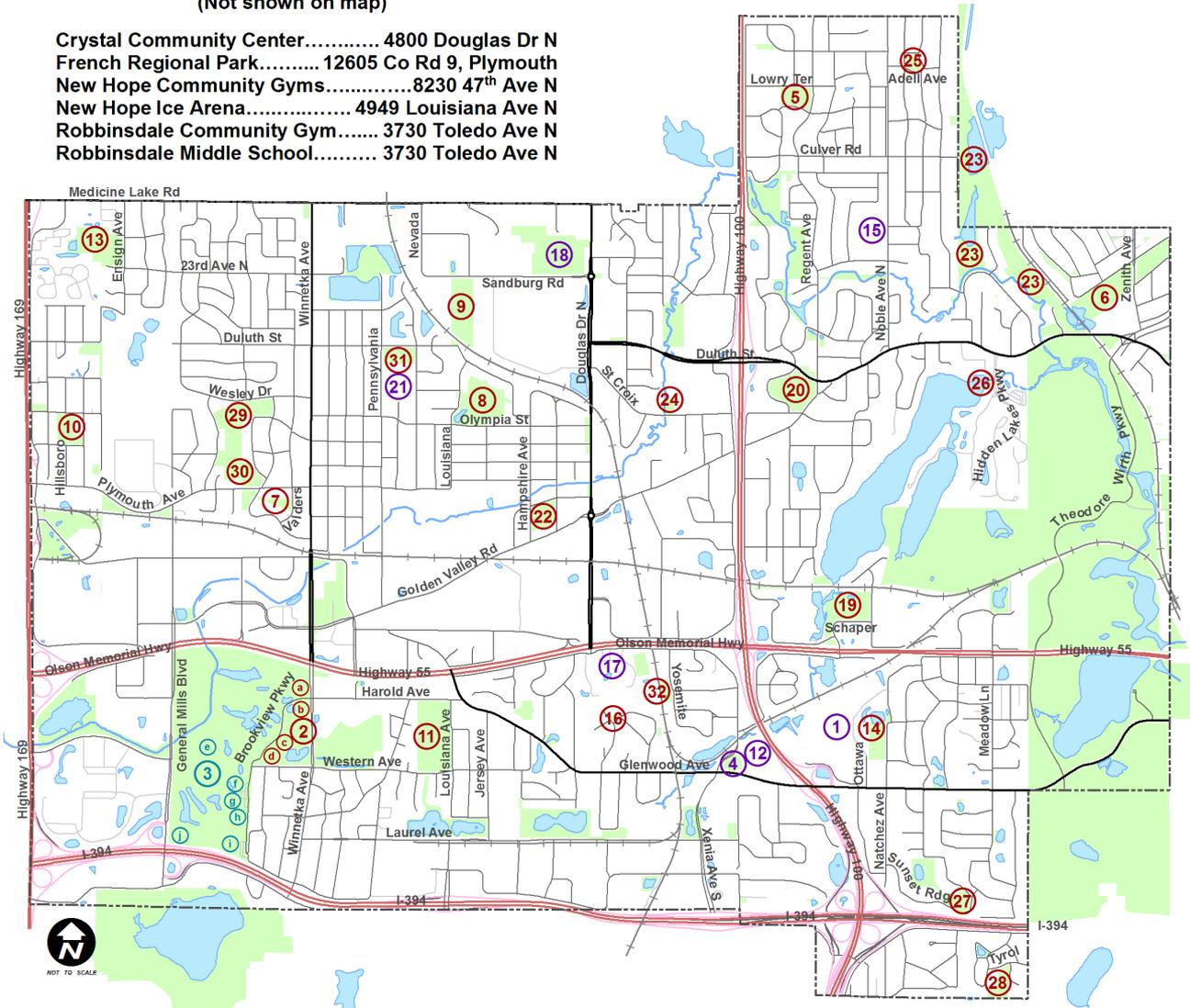
- 1) Breck School..... 123 Ottawa Ave N
- 2) Brookview Park.....200 Brookview Pkwy N
 - a. Tennis Courts
 - b. Small Picnic Shelter
 - c. Large Picnic Shelter
 - d. Gazebo
- 3) Brookview Golf Course & Community Center
 -316 Brookview Pkwy S
 - e. Regulation Golf Course
 - f. Par 3 Golf Course
 - g. Lawn Bowling Green
 - h. Community Center, Three One Six Bar + Grill, Backyard, Golf Shop
 - i. Driving Range
 - j. Lesson Tee
- 4) Davis Community Center.....5430 Glenwood Ave
- 5) Gearty.....3101 Regent Ave N
- 6) Glenview Terrace.....2351 Zenith Ave N
- 7) Golden Oaks.....1141 Valders Ave N
- 8) Hampshire.....1610 Louisiana Ave N
- 9) Isaacson.....7101 Sandburg Rd

- 10) Lakeview..... 1521 Hillsboro Ave N
- 11) Lions..... 151 Louisiana Ave N
- 12) Meadowbrook School..... 5430 Glenwood Ave
- 13) Medley..... 2331 Ensign Ave N
- 14) Natchez.....201 Natchez Ave
- 15) Noble School..... 2601 Noble Ave N
- 16) Paisley 220 Paisley Ln
- 17) Perpitch Center for the Arts..... 6125 Olson Mem Hwy
- 18) Sandburg Athletic Facility.....2400 Sandburg Ln
- 19) Schaper..... 631 Ottawa Ave N
- 20) Scheid..... 1856 Toledo Ave N
- 21) SEA School..... 1751 Kelly Dr
- 22) Seeman..... 1101 Florida Ave N
- 23) Sochacki..... 3500 June Ave N
- 24) St. Croix..... 5850 St Croix Ave N
- 25) Stockman..... 3300 Major Ave N
- 26) Sweeney Lake..... 1805 Hidden Lakes Pkwy
- 27) Tyrol – North..... 900 Westwood Dr S
- 28) Tyrol – South..... 1510 Kaltern Ln
- 29) Wesley – North..... 8305 Wesley Dr
- 30) Wesley – South..... 8200 Plymouth Ave
- 31) Wildwood7401 Duluth St
- 32) Yosemite..... 351 Yosemite Ave

Community Locations

(Not shown on map)

- Crystal Community Center..... 4800 Douglas Dr N
- French Regional Park..... 12605 Co Rd 9, Plymouth
- New Hope Community Gyms.....8230 47th Ave N
- New Hope Ice Arena..... 4949 Louisiana Ave N
- Robbinsdale Community Gym..... 3730 Toledo Ave N
- Robbinsdale Middle School..... 3730 Toledo Ave N



Online

<https://webtrac.goldenvalleymn.gov>

Register online by creating your own account and login information. Available 24 hrs/day.

Mail

Brookview
316 Brookview Pkwy S
Golden Valley, Minnesota 55426

In Person

Walk-in registrations are accepted at Brookview Guest Services during regular business hours.

Golden Valley accepts cash, checks payable to City of Golden Valley, and the following credit cards:



REGISTRATION CONFIRMATION

Receipts are available upon request. You will be contacted only if the program is full, canceled, or a program change is necessary.

CANCELLATION/REFUND POLICY

Full refunds will be issued if requests are made prior to the registration deadline for a program. If no deadline is advertised, refunds will be given prior to the day the program begins. Refund requests due to medical reasons, or after the registration deadline or start of the program, must be accompanied by a physician's note and will be considered on a case-by-case basis. Full refunds will be given if a program is cancelled by the Parks and Recreation Department.

ADULT LEAGUE CANCELLATION/REFUND POLICY

Full refunds will be processed if your league is cancelled by Parks and Recreation due to lack of teams. Teams will receive a full refund less a \$40 service charge if they withdraw at least three weeks before the start of play. Refunds will not be processed if your team withdraws less than three weeks before the start of play or is removed from the league due to disciplinary action.

SENIOR TRIP REFUND POLICY

No refunds will be issued after the registration deadline for trips involving advance purchase by the City for tickets, meals, or transportation. For extended trips, no refunds after the deposit deadline date.

FEE ASSISTANCE

Fee assistance is available for residents of Golden Valley for Golden Valley Parks and Recreation sponsored programs, events, and classes. Please call the Parks and Recreation Department for more information.

INCLUSION REQUESTS

If you have a special needs requirement to participate in any of our programs or activities, please note at the time of registration. Inclusion services are available and provided by Reach for Resources. Please contact them at 952-200-3030.

ROTATING PUBLIC ART DISPLAYS AT BROOKVIEW & CITY HALL

The City features public art in Brookview and City Hall to give local and regional artists the opportunity to display, and by the artist's choice, sell their artwork in a location visible to the community. Artwork is displayed in both buildings in rotating terms, generally three months each. The City sends RFAs to the art community and art facilitator groups twice a year. Art is selected in advance for each term of the next year. For more information, visit the City of Golden Valley website at goldenvalleymn.gov.




YOUTH IMMIGRATION STORIES FROM A MINNEAPOLIS SCHOOL Traveling Exhibit

This exhibit was inspired by the acclaimed book *Green Card Youth Voices: Immigration Stories from a Minneapolis High School*. It includes stories of lost loved ones, life in refugee camps, walks through deserts, and first snowfalls. These young peoples' reasons for immigrating are vast, but a common thread unites them; despite tremendous tribulation, they continue to work toward futures of which they dream.

**On Display At Brookview
December 3-28, 2018**

VISIT WWW.GREENCARDVOICES.COM FOR MORE INFORMATION





ACTIVITY REGISTRATION FORM

PARKS & RECREATION DEPARTMENT

316 Brookview Pkwy S
Golden Valley, Minnesota 55426
763-512-2345
www.goldenvalleymn.gov

Parent/Guardian (if participant is under 18): _____ (REQUIRED) D.O.B. _____

Address: _____ Primary Phone: _____

City: _____ State: _____ Zip: _____ Secondary Phone: _____

Email: _____

Emergency Contact Name: _____ Phone: _____
(if different from above)

Special Needs, Disabilities or Allergies we should be aware of: _____

ACTIVITY REGISTRATION

Participant's First & Last Name	M/F	D.O.B (REQUIRED)	Activity Name	Activity Code	Location	FEE

55+ TRIP REGISTRATION

Participant's First & Last Name	D.O.B (REQUIRED)	Trip Name	Trip Code	Pick-up Location	Special Requests	FEE

CONSENT TO RELEASE OF INFORMATION & RELEASE OF LIABILITY

In consideration of your accepting this registration for my child (or person I am responsible for as guardian), or myself, I authorize the City of Golden Valley and its partner cities or other governmental agencies (hereinafter collectively "City") to disclose to the City's insurer, attorney, staff, coaches, participants and other personnel involved in this program the following information: name, address and telephone number. This information shall be used for the purpose of program administration. This consent to release information shall expire one year from the date of execution. I understand that the records are protected under the state and federal privacy regulations. I also understand that I may cancel this consent by a writing to that effect at any time prior to the information being released. I give my consent to use any photograph or video tape taken of my child (or person I am responsible for as guardian), or myself for future promotional or marketing materials. In consideration of the City providing the registered activities, I agree to release and not hold the City liable for any claim, damages or loss resulting from participation in any such activity, including claims for injuries, death and resulting medical costs and attorney fees. The completion of your registration signifies your acceptance of this consent.

SIGN: _____ DATE: _____

Payment Information (please fill in)

<input type="checkbox"/> Cash <input type="checkbox"/> Visa/MC/Amex/Disc # _____ Expire: _____ <input type="checkbox"/> Check # _____ Sec Code: _____ Sign for credit card: _____	TOTAL DUE:
--	-------------------

OFFICE USE ONLY - Date Processed: _____ By: _____

Adopt -A- PARK

A Way To Give Back

Golden Valley's Adopt-A-Park is a public service program for volunteers who want to help the City keep its parks and nature areas beautiful. Although nearly all City parks and nature areas have already been adopted, the Parks and Recreation Department is looking for dedicated individuals or groups to adopt the last few remaining parks—like the group who has adopted Lions Park.

Larry and Laura Kueny and Gary Knippenberg and Linda Loomis have been volunteering in Lions Park for more than six years, and their motivation to keep the park safe and clean hasn't changed.

"It's our way to give back," says Laura Kueny. "We enjoy the parks and think they're an asset to Golden Valley. We want to make sure everyone enjoys them."

The program is open to community groups, civic organizations, churches, businesses, groups, and individuals willing to make a minimum two-year



L to R: Linda Loomis, Gary Knippenberg, Larry Kueny, Laura Kueny

commitment. Volunteers keep an eye on their adopted parks, report any vandalism or unsafe conditions observed, and pick up litter at least twice a year. The City provides all necessary trash bags and pick-up of full bags.

The Kueny and Knippenberg families agree that if anyone is on the fence about adopting their local park or nature area, they should definitely go for it.

"Do it. It's easy and it helps the community," says Linda Loomis. "People can't expect the City to do everything to keep our parks clean. It takes a village."

To learn more about adopting a Golden Valley park, call 763-512-2345 or visit <http://www.goldenvalleymn.gov/parks/adopt-a-park.php>.

Available Parks

North Tyrol

900 Westwood Dr S

Size: 9.4 acres

Amenities

- Playground Equipment
 - Basketball Court
 - Softball Field
 - Game Squares
- Skating Rink (general)



Also

Brookview Park

200 Brookview Parkway N

Golden Ridge Nature Area

9145 Earl Street

Pennsylvania Woods

2301 Rhode Island Ave N



Parks & Recreation Department
316 Brookview Parkway South
Golden Valley, MN 55426

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