

55+ Adult News

JANUARY & FEBRUARY 2023

2023 TRAVEL SHOW

The adventures begin as we kick-off the annual travel program, with a meet and greet. Hear from Alice, our trip planner, and Sandy, our escort. Greet your fellow travelers, as you enjoy dessert and coffee. Be the first to hear about our travel adventures, consisting of one day and longer trips. Games! Prizes! And More!

Brookview Bassett Creek Room

Mon, Jan 23

1 pm

\$4 per person

Register/cancel by Jan 20

W3103A



FRIDAY OPEN PAINTING STUDIO

Looking for a creative end to the week? Open studio attendees are here to guide you through your project. Bring your favorite medium and project to class. No registration required.

Brookview Wirth Lake Room

9-11:30 am

\$1 per week, payable at Guest Services

55+ ADULT NEWSLETTER SUBSCRIPTION

Subscribe to our bi-monthly newsletter to stay in the know! Subscriptions run January–December and must be renewed each December by mail, online, or walk-in at Brookview.

\$5 res, \$8 non-res Y3200H



INTERGENERATIONAL CHESS

Begin your morning with some conversation starters, along with activities that build a community around the game of Chess. Students from Breck High School will be paired with adult participants for some intergenerational play and learning. Program is free, but registration is still required.



Brookview Valley Room

Wed, Jan 3-Mar 15

10:45-11:45 am

Free (registration required)

W2324A



WEEKLY CARD & GAME GROUPS

New players are always welcome! Please arrive 10 minutes before the scheduled start time to get set up. All groups meet in the Brookview Valley Room. No registration required.



DAY	GROUP	TIME
Mon	Dominoes	1 pm
Tue	Cribbage	1 pm
Wed	Hand & Foot 500	10 am 1 pm
Thu	Duplicate Bridge (2nd & 4th Thu only, bring a partner)	1 pm 12:30 pm
Fri	Party Bridge	9:30 am

MONEY MATTERS

Finances, investments, and things related to money are shared. Join us as we hear speakers from organizations working with finances, investments, and government present information important for today and tomorrow. No registration required. *NOTE: No meeting in Nov or Dec.*

Brookview Valley North Room
10-11:15 am



THU, JAN 19

2022 Tax Impacts

New tax laws and their impacts will be presented and discussed. Learn about tax law changes in 2022.

Presented by Andrew Jensen, H&R Block, Golden Valley.

THU, FEB 16

Where There's a WILL, There's (not always) a WAY

Many articles, lawyers, and estate planning experts tell us repeatedly to "get a WILL done." But one of the most dangerous misunderstandings in estate planning is the belief that all you need is a WILL (not true). Another common myth is that WILLS take care of everything and avoid Probate (they don't).

WILLS have their place in the estate planning toolbox, but they should never be the only tool a family uses to protect their assets or their estate in the event of a death or incapacitation.



You still have to address ALL of your assets. Most people place far too much faith in their traditional WILL—not knowing they are inevitably setting up their heirs for a lengthy and costly Probate procedure.

In this educational workshop, you will gain a basic understanding of WILLS—including what they do and what they don't do. Come and learn valuable information about WILLS, TRUSTs, and Probate avoidance. Don't leave a mess behind! Join us for a relaxed but thorough discussion on these and other estate planning fundamentals.

Presented by Jeff Litfin, Certified Estate Planner, Generations Legal Services.

COFFEE TALK

Join us for coffee, juice, treats, and informative programs. Register at 763-512-2345 to ensure treats and coffee for everyone. *NOTE: No meeting in Nov and Dec.*

Brookview Valley North Room
10-11:15 am
\$2, payable at the door

WED, JAN 25

The Adventures of Travel

Adventure has different meanings and comfort levels for each person. Presenter Dale Stenseth, will share stories about his adventures and travels.



Growing up, he traveled a lot by train. As a teenager, he traveled solo to Vancouver and Seattle to visit relatives and see the Seattle World's Fair. After early retirement, he traveled around the world as a passenger on a sea-going freighter.

Dale's thirst for adventure and travel was fueled by his teenage heroes including Marco Polo, Mark Twain, and Amelia Earhart.

WED, FEB 22

Should I Stay or Should I Go? Before and After the Funeral

After a loved one dies, it feels like there are a million questions that need to be answered. Understanding what processes take place before and after the funeral, will help you make better plans to ease the burden on your loved ones and give you peace of mind.

There are approximately 65 decisions that need to be made before the funeral. Who is responsible for payment, types of services, who needs to be notified, what does the family need, is the funeral for the person who died or those who are still living? After death, who is responsible for paying the deceased bills and taking care of the deceased possessions? What happens if there is/isn't a Will? How are assets transferred to heirs? Is probate necessary? How long does probate take? Great information that we all need to know for decision we are going to make.

Presented by Jeanne McGill, CSA, SPS & Mary Frances Price, Elder Law Attorney.

DEFENSIVE DRIVING

Adults age 55+ can save up to 10 percent, get a three-year discount insurance premiums, and become better drivers by taking a state-approved National Safety Council Defensive Driving course. Taught by certified instructors and offered by the Minnesota Safety Council. No tests are given, however, attendance is required to receive a certificate of completion.

Register in advance with the Minnesota Safety Council by mail (make checks payable to "Minnesota Safety Council") and mail to 474 Concordia Ave, St Paul, MN, 55103, or by phone with Visa or MasterCard by calling 651-291-9150.

4-HOUR REFRESHER COURSES

Brookview Valley North Room

Thu, Jan 12, Feb 9 or Mar 9

9 am-1 pm

\$23 per person



DRIVER IMPROVEMENT PROGRAM

For ages 55+ and taught by certified instructors from the Minnesota Highway Safety Center. Minnesota State Law allows a 10 percent reduction in auto insurance premiums for three years upon completion of the course.

To register, call the Minnesota Safety Center at 1-888-234-1294 or visit www.mnsafetycenter.org. Fees collected in class.

4-HOUR REFRESHER COURSES

Brookview Valley North Room

Wed, Jan 18 or Thu, Feb 23

12:30-4:30 pm

\$24 per person

MEDICARE COUNSELING BY SENIOR LINKAGE LINE®



Senior LinkAge Line® trained counselors meet with you one-on-one to provide informed, unbiased assistance while navigating the often-complex process of enrolling in Medicare or supplemental health insurance policies.

You can register at trellisconnects.org or by calling Senior LinkAge Line® at 800-333-2433.

Brookview Rice Lake Room

Thu, Jan 12, Feb 9, or Mar 9

9 am, 10:30 am, or 12 pm

2023 ARTIST SHOWCASE

ON VIEW

Jan 15–Feb 11, 2023

OPENING NIGHT

Fri, Jan 13 | 5-8 pm

GALLERY

Westwood Hills Nature Center

8300 W Franklin Ave, St Louis Park, MN 55426

An exhibition celebrating artists in St Louis Park and Golden Valley

Learn more at www.slpfota.org.

Adult Trip Program

Comfortable motor coaches, good food, knowledgeable tour guides—our trips are planned with you in mind! Registrations are taken on a first-come, space-available basis by mail, online, or in person at Brookview. Use the trip code and select meal choice (if offered) when registering.

All pick-ups are at Golden Valley City Hall under the water tower.

PLEASE NOTE: Medicine Lake Tours in partnership with the Hopkins Activity Center and Golden Valley Parks and Recreation Department, will now be requiring all travel guests to wear a mask. We ask our participants to comply with this request while on the tour bus and while indoors when not eating or drinking. Your cooperation is greatly appreciated!

The Prom at Chanhassen Dinner Theater | Wed, Feb 15

Arrive at The Chanhassen Dinner Theater for lunch. Upon arrival at the theater, guests will select from a limited menu which will include: Entrée, salad, vegetable, bread, potato or rice, and beverage. After lunch if time permits, guests can walk inside the theater to the gift stores.

Enjoy the matinee performance *The Prom*. Throw on a corsage, grab your dance partner, and throw up those jazz hands because...you belong at the Prom! Chanhassen Dinner Theatres is thrilled to bring audiences a brand-new Broadway musical that Variety calls, "so full of happiness that you think your heart is about to burst!" Four fabulous fading Broadway stars are in desperate need of a new stage. When they hear that trouble is brewing around a small-town Indiana prom – and the press is involved – they know that it's time to put a spotlight on the issue...and themselves. The town's parents want to keep the dance on the straight and narrow, but when one student just wants to bring her girlfriend to the prom, the entire town has a date with destiny. Now, Broadway's brashest are coming to join the fight and they're ready to kick-ball-change the world! Tony nominated for Best Musical and winner of Best Original Score, *The Prom* has winning comedy and song, and a playful book (loosely based on a true story) that will remind you of what Broadway heart and fierceness are all about.

Wed, Feb 15 10:25 am pick-up Register/cancel by Jan 16
\$108 4:50 pm return Y3305A

Memphis and the Meantimes at Ives Auditorium | Thu, Mar 23

Arrive at the elegant jewel-box Gideon S. Ives Auditorium located on the 80-acre Heritage Center campus along the Minnesota River in Bloomington. Lunch will be in the dining space and served buffet style. Menu includes: Entrée, potatoes or rice, vegetable, dinner rolls, dessert, and beverage. After lunch, visit to the second floor Masonic Museum and Library where six galleries showcase the history of Masonry in Minnesota.

Move into the carefully crafted 443-seat theater space. The \$20 million state-of-the-art concert hall opened in 2016 with sophisticated technology. Enjoy the matinee performance, Memphis and the Meantimes. This band is a celebration of the music that changed the world from Sun Records and the Grand Ole Opry. This is not new Country, this is the stuff new Country can only dream of being. Featuring songs from Cash, Haggard, Lewis, Orbison, Elvis and many others, Memphis and the Meantimes have been thrilling audiences for years by providing them with an 8-piece powerful presentation. Featuring the talents of Dan Neale, Lisi Wright, Ben Kaplan, Peter Guertin, John Wright, and vocals by Cate Fierro, Shalo Lee, and Mick Sterling, and from time to time very special guest vocalists. Memphis and the Meantimes is a joyful noise celebrating the best of American popular music.

Thu, Mar 23 **10:40 am pick-up** **Register/cancel by Feb 22**
\$92 **4:20 pm return** **Y3306A**



MEDLEY PARK COMMUNITY GARDEN

OPENING SPRING 2023

For more information, look for the Winter Recreation Activities Catalog or visit the website by going to the link below or by scanning the QR code.

[www.goldenvalleymn.gov/
Community-Garden](http://www.goldenvalleymn.gov/Community-Garden)



Winter Fest

JAN
28

Noon-2 pm | North Wesley Park
Free and open to all!

Gather your family and friends and join us for some fun in a Golden Valley winter wonderland!

Enjoy sledding, ice skating, horse-drawn hayrides, a visit from the regal Snow Queen, live DJ music, a bonfire with hot chocolate and marshmallow roasting, and more!

**WINTER MARKET
IN THE VALLEY**

FARMERS MARKET 2022-23

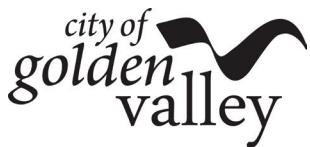
November-March | 10 am-1 pm

Second Sunday of the month | Brookview Golden Valley

Nov 13, Dec 11, Jan 8, Feb 12, and Mar 12

LOCAL FOOD & COMMUNITY SPIRIT!

www.marketinthevalley.org



Parks & Recreation Department
316 Brookview Pkwy S
Golden Valley, MN 55426
763-512-2345

GOLDEN VALLEY ACTIVITY & TRIP REGISTRATION FORM



First & Last Name: _____

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____ D.O.B: _____

E-mail: _____

Emergency Contact Name & Phone (if different from above): _____

Special Needs, Disabilities, or Allergies we should be aware of: _____

Participant's First & Last Name	Trip/Activity Name	Trip/Activity Code	Pick-up Site	Special Requests	Fee
PAY <input type="checkbox"/> Cash	CC # _____			Sec. Code _____	TOTAL
INFO: <input type="checkbox"/> Check	Exp Date _____	Sign for credit card: _____			

CONSENT TO RELEASE OF INFORMATION & RELEASE OF LIABILITY

In consideration of your accepting this registration for my child (or person I am responsible for as guardian), or myself, I authorize the City of Golden Valley and its partner cities or other governmental agencies (hereinafter collectively "City") to disclose to the City's insurer, attorney, staff, coaches, participants and other personnel involved in this program the following information: name, address and telephone number. This information shall be used for the purpose of program administration. This consent to release information shall expire one year from the date of execution. I understand that the records are protected under the state and federal privacy regulations. I also understand that I may cancel this consent by a writing to that effect at any time prior to the information being released. I give my consent to use any photograph or video tape taken of my child (or person I am responsible for as guardian), or myself for future promotional or marketing materials. In consideration of the City providing the registered activities, I agree to release and not hold the City liable for any claim, damages or loss resulting from participation in any such activity, including claims for injuries, death and resulting medical costs and attorney fees. The completion of your registration signifies your acceptance of this consent.

SIGN: _____

DATE: _____