Team/Player Conduct

The City of Golden Valley is NOT RESPONSIBLE for lost or stolen items.

Games begin promptly at assigned times please arrive for games on time. Any desired warm up should be done prior to game time. If there is a need to forfeit, teams must contact both the League Director and manager of opposing team by 3pm on the day of the game. The score recorded for a forfeits 25-0.

A Team Roster must be submitted by each team prior to the first game. Only rostered players are allowed. Players can be added if it does not exceed the player limit (10).

Players must be at least 18 years of age to participate in this league.

Abusing officials, and city staff will not be tolerated. There is a difference between discussing a call and verbal abuse.

Any player/manager ejected from a game will receive an automatic one game suspension. The League Director will review each situation to determine if further action is required. Repeated offenses in a season will result in a season long suspension.

Physical altercations will result in immediate ejection and suspension all individuals involved, as determined by the League Director. Verbal confrontations will be reviewed and appropriate disciplinary action issued on an incident by incident basis.

League Rules

A team shall consist of six players, but may play with as few as four players for a legal game with the following player combinations: three females and three males, four females and two males, three females and two males, three males and two females, or two males and two females. If a team has less than four legal players, the match is a forfeit. If a fifth and sixth player arrives after a match has started, the player can enter the match as they arrive.

Males and females must alternate positions. If the ball is hit more than once on a side, one touch must be by a female.

Substitutions must take place only when the ball is dead, and if the team is not rotating players. If desired, an eight-player rotation can be used where two players rotate off the court and are not allowed to participate until rotating back on.

Three games will be played during each match. It is not a best of three. 25 points wins the game provided there is a two point lead with a 27 point cap.

Games are have a one hour time limit and considered complete at that time.

For the first game of the match, the home team has the choice to take the serve or choice of side. The team not serving the first game shall serve the second game. The team not serving the second game shall serve the third game.

League Rules Continued...

At the beginning of each game, the team serving shall NOT rotate. After the team first serving has lost the serve, their opponent SHALL rotate for their first serve. Teams rotate clockwise.

Contact with the net by a player is not a fault, unless it interferes with the play. It is legal for a player to have one foot cross the center line without interfering with a play or contacting an opposing player.

It is legal to contact the ball with any part of the body as long as it does not visibly come to rest. Serves must be done with a players hands. Players are not allowed to scoop, hold or lift the ball.

If ball touches a boundary line it is in bounds.

If two players contact the ball simultaneously, it counts as one hit and either may play the ball.

A spiker must contact the ball on his/her own side of the net, but may in the course of his/her follow through cross over (but not touch) the net.

Blocking the serve is not allowed.

Blocking a return is not counted as a first contact, as a result the ball may then be played by the blocker for the first touch.

A Back Row Player may also block when there is only one male player in the front line position.
Weather Cancellations

In the event of inclement weather on the day of the game the League Director will determine if the games are to be played no later than 4pm. League updates and game cancellations will be placed on the Activity Cancellation Line at 763-512-2350.

Make-up games will be added on to the schedule at end of the regular season.

If lightning is sighted within six miles of the facility or if any thunder is heard, all activities on location shall be suspended and not start it again for twenty (20) minutes. Game time will continue to run and if time runs out before play can begin again any game within the match that has started will be considered complete. Any unplayed games will be added to the season schedule based on availability.

City of Golden Valley Contacts

Golden Valley Parks & Recreation
Brookview Community Center
316 Brookview Parkway
Golden Valley, MN 55426
(763) 512-2345

League Director
John W. Stutzman, CPRP
jstutzman@goldenvalleymn.gov
(763) 512-2340

Schedules & Standings
https://webtrac.goldenvalleymn.gov

Activity Cancellation Line
(763) 512-2350

Brookview Park
200 Brookview Parkway
Golden Valley, MN 55426

2021 Co-Rec Sand Volleyball

Welcome to the 2021 Co-Rec Sand Volleyball Season! This season promises to be a fun and competitive season for all teams and players. A 10 week regular season is played, with a single elimination playoff immediately following the season. Games begin the week of May 10 and will be played at Brookview Park at 6:15, 7:15, 8:15 and 9:15 pm.

Leagues are played six players versus six players with a team consisting of three females and three males, however four females and two males is acceptable. For each match, three games will be played to 25 using the rally scoring system.

Thank you for playing in Golden Valley and we hope you enjoy your season!

Sincerely,

John W. Stutzman, CPRP
League Director