



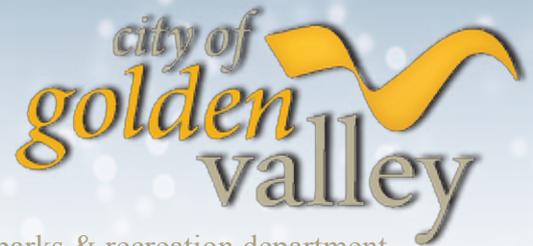
Parks & Recreation

Winter 2013



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parks & recreation department

MISSION STATEMENT

THE MISSION OF THE GOLDEN VALLEY PARK AND RECREATION DEPARTMENT IS TO BUILD COMMUNITY THROUGH PEOPLE, PARKS AND PROGRAMS.

VISION STATEMENT

THE CITY OF GOLDEN VALLEY SHALL NURTURE PLACES, EVENTS, AND ASSOCIATIONS THAT MAINTAIN RECREATION AS A FOCAL POINT OF FAMILY AND COMMUNITY LIFE.

Parks & Recreation Office

200 Brookview Parkway,
Golden Valley, Minnesota 55426
Hours: Monday-Friday, 8:00 AM-4:30 PM
Phone: 763-512-2345 Fax: 763-512-2344
Activity Cancellation Line: 763-512-2350



Brookview Golf Course

Phone: 763-512-2300
Fax: 763-512-2311
Tee Times: 763-512-2330
Par 3 Course: 763-512-2333
Cancellation Line: 763-512-2300

City Hall

7800 Golden Valley Road,
Golden Valley, Minnesota 55427
Hours: Monday-Friday, 8:00 AM-4:30 PM
Phone: 763-593-8000 Fax: 763-593-8109

City Offices Closed

Monday, December 24
Christmas Eve

Tuesday, December 25
Christmas Day

Tuesday, January 1
New Year's Day

Monday, January 21
Martin Luther King Jr. Day

Monday, February 18
Presidents' Day



SKATING RINK INFORMATION

Weather permitting, rinks will open on the dates listed below.

Golden Valley will maintain and have supervised shelters at the locations listed below.

Rinks Open:

Saturday, December 22

Rinks Close:

Monday, February 18

PARK	Hockey Rink	General Rink	No Shelter	PARK	Hockey Rink	General Rink	No Shelter
Gearty	X	X		Scheid	X	X	
Hampshire	X	X		Wesley	X	X	
Lakeview		X		N. Tyrol		X	X
Lions	X	X		S. Tyrol		X	X
Medley	X	X		Yosemite		X	X



REGULAR HOURS

Monday-Friday 4-9 PM
 Saturday 10 AM-9 PM
 Sunday 1-9 PM

SPECIAL HOURS

Mon, Dec 24 (Christmas Eve) 12-4 PM
 Tue, Dec 25 (Christmas Day) CLOSED
 Wed-Fri, Dec 26-28 12-9 PM
 Mon, Dec 31 (New Year's Eve) 12-7 PM
 Mon, Dec 31 (Scheid only) 12-10 PM
 Tue, Jan 1 (New Year's Day) 10 AM-9 PM
 Wed-Fri, Jan 2-4 12-9 PM
 Mon, Jan 21 (Martin Luther King Day) ... 10 AM-9 PM
 Mon, Feb 18 (President's Day) 10 AM-9 PM

RINK MAINTENANCE

Temperatures need to remain around 0° to -10° F for a week or so to produce enough ice to skate on. The crew needs 3-4" of frozen ground to start making ice. The goal is to have a 6" base, which will help rinks survive most warm snaps without closing. Rinks are cleaned and resurfaced Monday thru Friday and cleaned Saturday mornings, (depending on weather). Shovels are available at each shelter and may be checked out with the attendants.

Mailbox to the North Pole

Santa Claus will have a special Direct-to-the-North Pole mailbox at Brookview Community Center, where boys and girls can drop off their letters. Santa's helpers will pick up the letters each evening and deliver them straight to the North Pole. Santa Claus requests that each letter include the full name and address of each sender so he can reply to each one.

November 26-December 14, 2012
Brookview Community Center

NEW YEAR'S EVE FAMILY EVENT

MONDAY, DECEMBER 31 • 7-10 PM
SCHEID PARK



Bring the whole family and enjoy sledding, skating and other winter fun activities on New Year's Eve at Scheid Park. To help keep you warm, hot chocolate will be provided!



Winter White-out Dance

Grades 5-7

**Friday, January 25
7:00- 9:30 PM**

Crystal Community Center

\$5 by Jan 24, \$8 at the door

Code: 11838

Winter is upon us, and white is the theme!
Wear as much white as you can to help create a Cool atmosphere and to receive a raffle ticket to win great prizes!

Snacks and beverages available for purchase.

We'll enjoy prizes, fun & DJ music provided by Total Entertainment.



Event is co-sponsored with Crystal, New Hope & Robbinsdale.

Aloha **SPRING** Dance

Grades 5-7

**Friday, March 22 • 7:00-9:30 PM
Crystal Community Center**

\$5 by March 21, \$8 at the door
Code: 11839

Spring is here! Help us welcome spring with dancing, contests and more! Brighten up this tropical night by wearing your Hawaiian print shirt and be eligible for a special drawing for a gift card. DJ music provided by Total Entertainment. Snacks and beverages available for purchase.



Event is co-sponsored with Crystal, New Hope and Robbinsdale.

Run the Valley

10k Race & 5k Race/Walk

Start/End at Brookview Community Center

10k Race 8:00 AM 5k Race 8:10 AM 5k Walk 8:15 AM

REGISTRATION BEGINS JANUARY 2

In person, mail or phone at Brookview Community Center
Online at www.zapevent.com or www.active.com

\$25 - thru February 28

\$30 - March 1-April 15 by 3:00 PM

\$40 - Race day from 7:00-7:45 AM

\$15 - Children 12 & under accompanied by an adult
(fee includes t-shirt and number only.)

For more information, visit www.goldenvalleymn.gov or call the Golden Valley Recreation office at 763-512-2345.

SATURDAY, APRIL 13, 2013



Water stops and post-race complimentary snacks donated by area businesses. 100% of the proceeds are allocated to non-profit organizations that serve Golden Valley residents in need. *NOTE: The 5K and 10K race will be chip-timed.*

Plan now to join friends and neighbors for one of Golden Valley's most popular events, the annual Run the Valley, sponsored by the Golden Valley Human Services Fund.



BROOKVIEW PARK PICNIC SHELTERS

Brookview Park is located at the southwest corner of Highway 55 and Winnetka Avenue. Plan a neighborhood, family or company picnic. Reservations can be made in person at Brookview Community Center or over the phone with VISA or MasterCard during business hours.

Time Frames Available:

11:00 AM-4:00 PM
5:00 PM-Dusk

Serving Beer or Wine?

Beer or wine only can be served after the \$20 permit has been purchased.

Damage/Clean-up Deposit

A \$100 refundable deposit is due and payable at time of reservation.

- Deposits will be refunded the week following your reservation.
- Due to processing procedures, deposits paid by check or cash could take up to 4 weeks to receive and those paid by credit card will be processed immediately.

Play Equipment Kits

Kits Include: Basketball, Soccer ball, Volleyball, Playground ball, Mini-soccer ball, 4 throw-down bases, 2 softballs and 2 bats (1/child, 1/adult). **\$15 rental, plus \$30 refundable deposit**

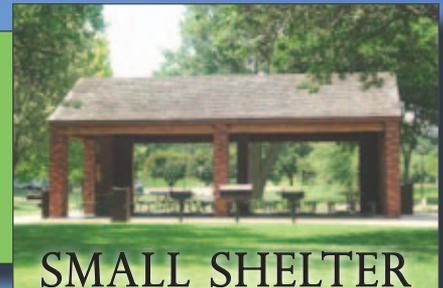
Other Items: Bocce Ball Set or Tug-of-War Rope. **\$10 rental, plus \$10 refundable deposit**

Holds up to 50 people

Two water fountains, 10 tables, 6 outlets, restroom short distance.

Resident - \$85

Non-Resident - \$100



SMALL SHELTER

Holds up to 100 people

Fireplace, sink/counter, 3 charcoal grills, 15 tables, 16 outlets, restrooms.

Resident - \$100

Non-Resident - \$120



LARGE SHELTER



Run The Valley 2013 T-Shirt Design Contest

The GVHSF is currently seeking colorful, eye-catching, and unique graphic design entries for its annual Run the Valley Walk/Run T-shirt contest. The winning design is selected arbitrarily (no ranking system is used) by consensus of GVHSF members and possibly City staff. The winning designer will be awarded \$50 and two T-shirts after printing and be acknowledged in Golden Valley CityNews and local media outlets. GVHSF shall have sole ownership of the winning design and permission to reuse it when so desired.

Deadline for entries is January 4, 2013.

Submit entries with your name, address, phone number and email to:
Run the Valley T-shirt Contest, Brookview Community Center,
200 Brookview Parkway, Golden Valley, MN 55426.

For complete contest details, please visit:

<http://www.goldenvalleymn.gov/events/runthevalley/contest.php>





About the Instructor...

Lisa London

Lisa has a BS degree with a double major in Music/Elementary Education, including pre-school and kindergarten. She has been teaching the Kids' Club for over 15 years.

Kids Club *Ages 3-5*

Instructor, Lisa London, will provide creative activities for your child. With her background in early childhood education, this course promises to be a fun, positive experience. Activities include: games, stories, music, finger plays and arts and crafts. Children must be potty trained.

Site: Brookview Community Center
Fee: \$50, Resident \$45

Day	Date	Time	Code
Mon/Wed	Jan 7-Feb 20 <i>(No class Jan 21 & Feb 18)</i>	9:30-11:00 AM	11708
Mon/Wed	Feb 25-April 10 <i>(No class Mar 25 & 27)</i>	9:30-11:00 AM	11710
Tue/Thu	Jan 8-Feb 14	9:30-11:00 AM	11709
Tue/Thu	Feb 8-April 4 <i>(No class Mar 26 & 28)</i>	9:30-11:00 AM	11711

Pre-School Playtime

Ages 1-5 with an Adult

Come run, jump, crawl and have a great time indoors at Brookview Community Center. A variety of play areas will be set up for your child ages 1-5. Adult participation required. No instruction provided. No fee for parents and children under age 1. Pay at the door or a punch pass can be purchased at Brookview Community Center.

Site: Brookview Community Center
Date: Friday, Jan 4-Mar 22
Time: 10:00-11:30 AM
Fee: Daily \$3/child, 10-visit punch pass \$25

Science Explorers

Sloppy, Goopy, Slimes *Grades K-5*

It's time to get mixed-up in some ooey, goopy, slimy science! Join Science Explorers for experiments that are icky, sticky and sloppy. You will explore the properties of a polymer by making and experimenting with different slimes, including a slime that will glow. This class is more than hands-on; it's hands in! Come prepared to have fun and get messy.

Site: Brookview Community Center
Fee: \$23, Resident \$18

Day	Date	Time	Code
Mon	Jan 21	10:00 AM-12:00 PM	11786



GYMNASICS PROGRAMS *Ages 2+*

New Hope Parks and Recreation offers a gymnastics program run by quality staff who will provide their expertise to help participants achieve better physical fitness, coordination, and gymnastics skills.

The program is held at Sandburg School - Gym A (2400 Sandburg Lane, Golden Valley). Golden Valley residents will receive the resident fee for this program. For more information or to register, call New Hope Recreation at 763-531-5153.



Cheer America *Ages 4-16*

Cheer America is a non-profit corporation that offers cheerleading and dance programs to youth. Students will learn popular junior high and high school cheers, chants, choreographed pom/dance routines, parade marching techniques and other performance skills required for cheerleading tryouts. This program promotes physical fitness, personal esteem, working as a team and respect for authority. Students also get to participate in clinics, competitions, special performances and march in parades throughout the state. At the end of the program, students will perform a group recital. Students receives a certificate and medal.

REGISTER AT DAVIS COMMUNITY CENTER ON TUESDAY, FEBRUARY 5 (TIMES LISTED BELOW).

Site: Davis Community Center
Fee: \$4 Enrollment Fee, plus \$6/night at the door

	Day	Date	Time
Ages 4-8	Tue	Feb 12-April 30	6:00-6:45 PM
Ages 9-16	Tue	Feb 12-April 30	7:00-7:45 PM

HAPPY BIRTHDAY PARTY ^{AGES 3+}

Celebrate your child's birthday with Annette Fragale, a popular children's entertainer and host of the award winning cable show, "The Magic Book Nook." She'll present a program filled with stories, games, music and magic. Parents provide food, favors, decorations and supervision. Fee of \$150 includes 3-hour block of time at Brookview. Call 763-512-2345 for information.

Kids Yoga & Mindful Movement

Ages 4-8

Yoga is for EVERYBODY! Boys and girls will have fun exploring yoga poses and playing group games. Each class will start and end with a stillness or calming activity. Through yoga, children will learn how to tune into their bodies, enhance imagination and move their bodies in a non-competitive environment. Studies have shown that children who practice yoga have increased concentration, fewer behavior outbursts, and improved coping skills. Yoga mats will be available for use. Please arrive early and have participants wear clothing suitable for movement. Class taught by Cindy Margolis.

Site: Brookview Community Center
Date: Sat, Jan 12-Feb 23 (No class Feb 16)
Time: 10:00-10:45 AM
Fee: \$60, Resident \$55
Code: 11789



About the Instructor... Cindy Margolis

Cindy is a Certified YogaKids Teacher. She has a Master's Degree in Early Childhood Special Education from University of St. Thomas. She has been teaching preschool for 12 years. She started teaching yoga for kids in 2010 and has been practicing yoga for 10 years.

Little Tigers Self Defense

Ages 3-5

Master Tom Malone will help your child learn basic self-defense and martial arts skills while developing coordination and flexibility. Basic kicks, punches and strikes are taught through a variety of exercises and fun games. This program promotes focus, discipline and respect—great personal tools to carry into the future. No uniform is required or provided for this program. Please arrive 5 minutes early so that your child is ready to begin at the start of the class. *Resident fee applies to Golden Valley and St. Louis Park residents.

Site: Davis Community Center
Fee: \$54, *Resident \$49

Day	Date	Time	Code
Tue	Jan 8-Feb 12	5:45-6:15 PM	11714
Tue	Feb 19-Mar 26	5:45-6:15 PM	11715

About the Instructor...

Tom Malone

Tom Malone is a former martial arts state champion with over 17 years experience in martial arts.

Tae Kwon Do

Ages 5+

This self-defense program will teach discipline, focus, endurance and flexibility. Master Tom Malone will help you achieve awesome kicks, punches and strikes while getting in shape. *Resident fee applies to Golden Valley and St. Louis Park.

Site: Davis Community Center
Fee: \$69, *Resident \$64

Sign up for both Tuesday & Saturday sessions for only \$99.

BEGINNER & INTERMEDIATE

Day	Date	Time	Code
Tue	Jan 8-Feb 12	6:15-7:00 PM	11718
Tue	Feb 19-Mar 26	6:15-7:00 PM	11720

ADVANCED

Day	Date	Time	Code
Tue	Jan 8-Feb 12	7:00-7:45 PM	11719
Tue	Feb 19-Mar 26	7:00-7:45 PM	11721

ALL LEVELS

Day	Date	Time	Code
Sat	Jan 12-Feb 16	10:15-11:00 AM	11722
Sat	Feb 23-Mar 23	10:15-11:00 AM	11723

Youth Art Classes

Ages 2-12

*Resident fee applies to Crystal, Golden Valley, New Hope and Robbinsdale residents.

Holiday Craft Party *Ages 2-6 with Adult*

The holidays are a magical time! Join us for an ornament making party. We will set up four stations, each with a different ornament project that your child can create. These ornaments will make great keepsakes or holiday gifts! **Register by November 26.**

Site: Crystal Comm Center **Fee:** \$19, *Resident \$12
Date: Mon, Dec 3 **Time:** 10:00-11:00 AM **Code:** 11792

Holiday Make it & Take it *Ages 5-12*

Your kids will enjoy art fun while you get your holiday shopping done! Kids will work on their holiday gift list too! We will craft a clay trinket box that any grandma, grandpa, or favorite teacher would love to receive as a gift! **Register by November 30.**

Site: Crystal Comm Center **Fee:** \$23, *Resident \$16
Date: Mon, Dec 10 **Time:** 6:00-7:30 PM **Code:** 11797

Duct Tape is Dandy Art Class

Ages 6-12

Craft projects made out of duct tape??? Really??? That's right! This is your child's chance to create with the coolest art supply around - duct tape! Youth will work with oil pastels, watercolor paint and of course duct tape to create a portfolio to store your artwork in. **Register by December 14.**

Site: Crystal Community Center
Date: Sat, Jan 12
Time: 12:30-2:30 PM
Fee: \$27, *Resident \$20 **Code:** 11800



Girl Power Art Class

Ages 4-9

Girls will rock to their favorite tunes while they bebop around and create a bunch of girly art projects. We'll make an adorable purse and all the accessories that go inside it, all out of air-dry clay, Model Magic, and paint. **Register by December 19.**

Site: Crystal Community Center
Date: Thu, Dec 27
Time: 10:00 AM-12:00 PM
Fee: \$25, *Resident \$18 **Code:** 11798



Mario Kart Mania Art Class

Ages 6-12

Channel your child's love of video games into a creative, fun outlet! Have them put down the controller and come get messy with us! We'll design and create our own imaginary Mario Kart vehicle out of clay and paint. **Register by January 14.**

Site: Crystal Community Center
Date: Tue, Jan 22
Time: 10:00 AM-12:00 PM
Fee: \$25, *Resident \$18 **Code:** 11801

Scooby Dooby Doo Art Camp *Ages 4-9*

Scooby Dooby Doo, where are you? We've got some art to do now! In this groovy camp, we'll make everything Scooby loves like Scooby snacks, a sandwich piled high with all of his favorite ingredients, a spooky haunted house, and the Mystery Machine! We'll be getting messy with clay, paint and more as we help Scooby catch that villain! **Register by December 13.**

Site: Crystal Community Center **Fee:** \$47, *Resident \$40
Date: Wed-Thu, Jan 2-3 **Code:** 11799
Time: 10:00 AM-12:00 PM

Castle Creations *Ages 3-6*

This castle is fit for a king, queen, prince, princess or maybe even a damsel in distress. Your young artist will use their imagination to create a castle scene using a variety of different art materials. No castle is complete without a fire breathing dragon, so we'll add that too! **Register by January 13.**

Site: Crystal Comm Center **Fee:** \$20, *Resident \$13
Date: Sat, Jan 12 **Time:** 11:00 AM-12:00 PM **Code:** 11793



Valentine's Craft Party

Ages 3-12

Kids love Valentine's Day and so do we! Children ages 3-6 can join us for a Valentine's Day story and craft making party! We will create valentine cards, clay hearts and more. Say "I love you" with a homemade craft! Children ages 7-12 will create jumbo sized Valentine's Day cards they can give to someone they're "sweet" on. Then mix up a batch of chocolate clay. **Register by February 1.**

Site: Crystal Community Center
Fee: \$25, *Resident \$18

AGES 3-6
Date: Sat, Feb 9
Time: 10:00 AM-12:30 PM
Code: 11794

AGES 7-12
Date: Sat, Feb 9
Time: 12:30-2:30 PM
Code: 11802



Easter Craft Party *Ages 3-12*

"Here comes Peter Cottontail, hoppin' down the bunny trail." Hop on over to class to create an Easter Bunny themed art project. We will create the most adorable bunny out of many different types of art supplies, it's sure to attract smiles!
Register by March 15.

Site: Crystal Community Center
Fee: \$25, *Resident \$18

AGES 3-6

Date: Sat, Mar 23 **Code:** 11795
Time: 10:00 AM-12:30 PM

AGES 6-12

Date: Sat, Mar 23 **Code:** 11803
Time: 12:30-3:00 PM



Beach Party Art Camp *Ages 6-12*

Grab your sunglasses and your flip flops, too! Come to class for a beach themed art party this spring break! We're going to the beach - sort of! Your young artist will create a bunch of art projects with an ocean theme. We'll get messy with paint, clay and Model Magic as we create sand castles, palm trees, sea creatures and more. We will even play beach volley ball! **Register by March 15.**



Site: Crystal Community Center
Date: Wed-Thu, Mar 27-28
Time: 1:00-3:00 PM
Fee: \$47, *Resident \$40
Code: 11804

Dora and Diego Art Camp

Ages 3-6

Hola Amigos! Let's go to Mexico for spring break! Come and explore with Dora, Diego and their pal Boots. We will create our own backpacks and all the gear we need for our big adventure. We'll learn about animals and practice our Spanish, too. Get ready to use a variety of art media and techniques on this art adventure. **Register by March 15.**

Site: Crystal Community Center
Date: Wed-Thu, Mar 27-28
Time: 10:00 AM-12:00 PM
Fee: \$47, *Resident \$40
Code: 11796



MITES BASKETBALL

Grades K-1

Skill-based program for Kindergarten and 1st grade girls and boys. Emphasis is on dribbling, passing, shooting and positions. Instructional scrimmages will be played. Baskets are at a lower height and mini-basketballs are used. Teams are formed the first meeting of the program. Fee includes a T-shirt. Maximum of 30 players per grade level. **Resident fee applies to Golden Valley and Crystal residents. Register by January 11.*



Site: Crystal Community Center
Fee: \$49, *Resident \$42

	Day	Date	Time	Code
Grade K	Sat	Jan 19-March 9	9:15-10:15 AM	11787
Grade 1	Sat	Jan 19-March 9	10:30-11:30 AM	11788



Indoor Soccer *Ages 5-7*

Open, indoor gym format with an emphasis on recreational experience, not skill development. Youth are placed on teams with coaches instructing and officiating. T-shirts provided.

Site: Davis Community Center
Date: Thu, April 11-May 16
Time: 7:00-7:45 PM
Fee: \$40, Resident \$35
Code: 11811





WINTER PLAYGROUND *Ages 6-12*

We're cooling down the summer playground program and offering Winter Playground. Join some of the summer staff in some fun indoor and outdoor winter activities. Participants will play games, do crafts, skate, sled and more! Please dress for outdoor activities.

Site: Wesley Park **Fee:** \$25, Resident \$20

Day	Date	Time	Code
Wed-Fri	Dec 26-28	1:00-3:00 PM	11814
Wed-Fri	Jan 2-4	1:00-3:00 PM	11815

Hockey Programs

Rink Rat Hockey for Boys and Girls *Ages 5-12*

This outdoor hockey program for boys and girls consists of two pre-season practices and 8 instructional games. Volunteer coaches officiate all games and there are no goalies, only goal covers. Half of the games are played in other communities including: St. Louis Park, Minnetonka, New Hope, Robbinsdale, Plymouth and Crystal. Games will be rescheduled in the event of cancellations (weather permitting). Schedules will be mailed to all participants the week of December 24. A league jersey and participation award are provided. Waiting lists will be taken after the registration deadline and partial teams will be merged with other communities if necessary. **Registration deadline is December 7.**

Participants must supply: Hockey skates, hockey stick, helmet with mask, mouth guard, shin pads, hockey gloves, elbow pads, and protective cup (if applicable).

Site: Wesley Park & other community locations (see description above)

Day: Friday evening & Sunday afternoon
Fee: \$45, Resident \$40

Ages	Date	Time	Code
Ages 5-6	Jan 4-Feb 8	TBD	11679
Ages 7-9	Jan 4-Feb 8	TBD	11680
Ages 10-12	Jan 4-Feb 8	TBD	11681

Ice Hockey Skills Camp *Ages 5-10*

This program is designed to teach basic ice hockey skills with an emphasis on skating, puck handling, shooting, positioning, goal tending and basic rules. No formal games with other teams, only scrimmages at the end of each skills session.

All participants must provide their own: hockey skates, hockey stick, helmet with mask, mouth guard and protective cup if applicable.

Site: Hampshire Park on outdoor ice **Fee:** \$30, Resident \$25

	Day	Date	Time	Code
Ages 5-7	Wed-Fri	Dec 26-28	12:15-1:30 PM	11816
Ages 5-7	Wed-Fri	Jan 2-4	12:15-1:30 PM	11819
Ages 8-10	Wed-Fri	Dec 26-28	1:45-3:00 PM	11817
Ages 8-10	Wed-Fri	Jan 2-4	1:45-3:00 PM	11818



Teen Pond Hockey Tournament *Ages 13-18*

Join us for a one-day single elimination pond hockey tournament. All skill levels are welcome. Teams will consist of six players with games being played in a 3 vs. 3 format: No Goalie. Game schedule and rules will be provided one week prior to the tournament.

Site: Lions Park **Fee:** \$35 per team of 6

Day	Date	Time	Code
Sat	Jan 19	Varies (depending on number of teams)	11836



Drama Club

Ages 6-17

Our winter Drama Club will continue its long history of exciting productions! We'll focus on preparing and performing a play to be showcased on Thursday, February 28 at 7:00 PM. All participants must be able to participate in the final performance. Instructors have extensive training in theatre, film and advertising.

Site: Meadowbrook School
Fee: \$104, Resident \$99



Ages	Day	Date	Time	Code
6-12	Tue/Thu	Jan 8-Mar 21	6:15-7:30 PM	11809
13-17	Tue/Thu	Jan 8-Mar 21	7:30-8:45 PM	11810

Drama Skills & Techniques

Ages 6-17

This program will focus on building the techniques and skills for young actors for theatre and film. Class will focus on vocality, characterization, scene development, staging, blocking, costumes and make-up. Instructors have extensive training in theatre, film and advertising.

Site: Brookview Community Center
Fee: \$55, Resident \$60

Ages	Day	Date	Time	Code
6-12	Mon	Jan 7-Mar 11	6:15-7:30 PM	11807
13-17	Mon	Jan 7-Mar 11	7:30-8:45 PM	11808

American Red Cross Babysitting Training

Ages 11-15

This course will include fun activities, exciting videos, lively discussions and real-life problem solving situations. Participants must be 11 years old by the day of the class. Participants will learn: Safety and Safe Play; Basic Care: Feeding and diaper changing; First Aid: Every babysitter needs to know what to do if an accident happens; Leadership: How do you have fun with the kids, but stay in control; Professionalism: What should you ask during a babysitting interview? **Participants must provide a lunch and snack.**

Site: Brookview Community Center
Fee: \$82, Resident \$77

Day	Date	Time	Code
Sat	Jan 12	8:00 AM-4:30 PM	11727
Sat	Mar 23	8:00 AM-4:30 PM	11728



Music Programs



First Steps in Musicland

Ages 18 months-5 years with an Adult

Basic musical concepts through a variety of fun activities. Parents and children will dance, sing and play while learning rhythm and fine and gross motor coordination. **Resident fee applies to Brooklyn Park, Golden Valley, Maple Grove, New Hope and Plymouth residents.*

Site: Brookview Community Center **Fee:** \$54, *Resident \$49

Day	Date	Time	Code
Mon	Jan 7-Feb 11	12:45-1:30 PM	11712
Mon	Feb 18-Mar 25	12:45-1:30 PM	11713

Keyboard Camp for Little Mozarts

Ages 4-6

Young students get a jump start on piano skills with the popular "Music for Little Mozarts" series. Each lesson includes music facts, movements, singing, percussion instruments and time on the keyboard. Learn about classical music of Mozart, Beethoven, and other composers. The first piano book will be purchase for \$8 at the first class. Max: 4.

Site: Brookview Community Center
Fee: \$80, Resident \$72



Day	Date	Time	Code
Mon	Jan 7-Feb 11	1:45-2:15 PM	11726

Private Piano Lessons *Ages 7+*

Course includes thirteen 30-minute lessons taught by qualified and experienced teachers. You will learn basic and advanced keyboard techniques, sight reading, music theory and ensemble playing. Fee includes participating in the recital held at Plymouth Creek Center on June 1 and 2.

TO REGISTER - Contact the Music For Everyone Coordinator at all 763-509-5224 to establish a lesson time. After you establish a lesson, call the Recreation office to register. **Resident fee applies to Brooklyn Park, Golden Valley, Maple Grove, New Hope and Plymouth.*

Site: Brookview Community Center **Fee:** \$230, *Resident \$220

INSTRUCTED BY JULIE PRUSE

Day	Date	Lesson Times	Code
Tue	Jan 8-Mar 19	Between 3:30-7:30 PM	11717

INSTRUCTED BY MILA MARON

Day	Date	Lessons Times	Code
Wed	Jan 9-Mar 20	Between 3:00-9:00 PM	11716

Target & Xcel Energy Center Events

The cities of Brooklyn Center, Crystal, Golden Valley, Robbinsdale and New Hope are joining together to offer great ticket deals for these events. This is for children and adults of all ages! A limited number of tickets are available; however, 15 tickets need to be sold to ensure the group rate. Participants supply their own transportation. Children age 2 and older need a ticket.

TICKET PICK-UP: Participants will be notified when tickets are available for pickup at the Recreation office.

Sesame Street Live presents: "Can't Stop Singing" at Target Center

Saturday, January 12 • 2:00 PM

\$17 (lower level reserved)

Code: 11724

When Elmo gets his furry fingers on Abby Cadabby's magic wand, there's something in the air - and Sesame Street becomes a nonstop, all-singing, all-dancing musical montage! Grover and Baby Bear sing their highs and lows, Cookie Monster sings fast and slow, Bert and Ernie converse in song and Murray makes mouth music for all to sing along! Learn why it feels good to sing a song, but why it feels good to stop, too! What will Elmo learn about the power of musical magic? Join the conga line of fun to find out! Children 1 and older need a ticket. **Register by December 19.**

COME AND PLAY BEFORE THE SHOW!

Play Zone at Sesame Street Live is a fun way for children to experience their favorite street! Sing and dance with Sesame Street friends, sit in Big Bird's nest, twirl in Zoe's dance studio and more! Play Zone opens one hour before the show and is free with your ticket!

World Toughest Rodeo at Xcel Energy Center

Saturday, February 2 • 7:30 PM

\$19 Adult, \$14 Youth 12 & under
(lower level reserved)

Code: 11725

Hang on to your cowboy hats! The World's Toughest Rodeo is coming back to Saint Paul's Xcel Energy Center with an incredible show! From barrels to broncs, the World's Toughest Rodeo is a colorful, fun spectacle families will always remember. **Register by January 14.**



Golden Valley Family Night with the Timberwolves at Target Center

Sunday, February 24 • 2:30 PM

\$22, Resident \$17 (upper level sideline)

Code: 11837

Join your neighbors for Golden Valley Family Night with the Minnesota Timberwolves! The Wolves will take on the Golden State Warriors. All residents receive discounted tickets for upper level sideline and no additional fees! **Register by February 14.**



Youth Athletic Associations

Golden Valley Phoenix Soccer Club

BOYS AND GIRLS AGE 9-18

763-544-9829

www.gvphoenixsoccer.org

Armstrong-Cooper Youth Baseball

BOYS AGES 12-19

Contact: Pat Backen, 763-439-6454

pat.backen@gmail.com

www.raybaseball.com

Girls Slowpitch Softball

GIRLS IN GRADES 3-12

Contact: Tommy Thompson, 763-544-9829

tthompson@premiersalons.com

www.gvgs.org

Cooper/Armstrong Girls Fastpitch Softball

GIRLS AGES 9-12

cooperarmstrongfastpitch@gmail.com

www.cooperarmstrongfastpitch.org

Golden Valley Little League Baseball

BOYS AND GIRLS AGE 7-12

Contact: Pate Dale, 763-593-9077

gvdales@comcast.net

www.goldenvalleylittleleague.org



Adaptive Recreation Programs

The adaptive recreation program is a cooperative effort of cities of Brooklyn Park, Brooklyn Center, Golden Valley, Maple Grove, Plymouth, and REACH for Resources. REACH is an agency which serves individuals with developmental disabilities and their families in the West and Northwest metro area. Services include information, referral, advocacy and counseling. *NOTE: For persons not living in one of the above communities, you are considered a "Non-Resident."* For information and registration procedures, call 952-988-4177.



www.reachforresources.org

ALL AGES

BOWLING Join us for fun, non-competitive bowling. You will bowl 2 games each week. Held at Doyle's Bowling (5000 West Broadway, Crystal) on Sat, Jan 19-Mar 9 from 12:00-2:00 or 2:30-4:30 PM. \$35/Res, \$43/Non-Res, plus \$3.50/week.

INCLUSIONS Reach For Resources provides inclusion facilitators for children and adults with disabilities who would like to participate in their city park and recreation programs. Registration for these programs is done through your park and Recreation Department. After registering, contact Reach For Resources to discuss the needs/accommodations for yourself or your child. We request a minimum of two weeks notice for a successful inclusion.

YOUTH PROGRAMS *AGES 5-12*

FAMILY YOGA Increase attention span, focus, muscle tone, and flexibility. Yoga is beneficial in so many ways! This class is designed for children with disabilities and their parents to learn yoga together. Siblings are welcome too! All children must be accompanied by at least one adult. Held at Minnetonka Community Education Center (4584 Vine Hill Rd, Excelsior) on Tue, Jan 22-Feb 26 from 7:15-8:15 PM. \$50 parent/child Res, \$58 parent/child Non-Res, \$20/add'l family member.

TEEN PROGRAMS *AGES 13-21*

TAKE FIVE RESPITE Do you need something to do during winter break? Come join our respite program to meet new friends, experience recreation activities, and get out of the house. Held at Elim Church (3978 West Broadway Ave, Robbinsdale) on Dec 26-28 and Jan 2-4 from 9:00 AM-3:30 PM. \$210/week.

TEEN EXPLORERS Get to know new friends while trying new activities! Movies, dinners out, games, crafts, and so many more activities! Held at various metro locations in St. Louis Park, Hopkins, Minnetonka, Golden Valley on Tue, Jan 15-Mar 5 from 6:30-8:30 PM. \$40/Res, \$48/Non-Res.

SOCIAL SEEKERS This is a program for teens and young adults with Asperger's Syndrome. We meet once a week for fun and social interaction. Groups are available for varying age groups (12-14, 15-18, and 19-30) and at various locations. Intake is required for all new participants. Call us for more information.

ADULT PROGRAMS *AGES 18+*

WEDNESDAY NIGHT SOCIAL Meet new friends while enjoying games, dances, movies, bingo, etc. Held at various north metro locations on Wed, Jan 16-Mar 6 from 6:30-8:30 PM. \$40/Res, \$48/Non-Res.

WALKING CLUB Keep that body moving and enjoy the community! We will walk at various indoor and outdoor locations on Mondays, Jan 21-Feb 25 from 6:30-8:00 PM. \$25/Res, \$33/Non-Res.

ON THE TOWN Social program for adults who can explore their community with minimal supervision. Ages 18-30: Fridays beginning Jan 18. Ages 31+: Saturdays beginning Jan 19. \$20/Res, \$28/Non-Res.

NON-COMPETITIVE BASKETBALL LEAGUE Have fun and improve your basketball skills. Held at Sandburg Learning Center in Golden Valley on Thu, Jan 10-Mar 14 from 6:30-8:00 PM. \$40/Res, \$48/Non-Res.

SPECIAL EVENTS

FRIDAY NIGHT DANCES

Join your friends and groove to all the latest hits! 7:00-9:00 PM, \$5 at the door.

St. Louis Park High School

Jan 18, Feb 15, Mar 15

Brooklyn Park Community Center

Feb 8 – TENTATIVE!

ANNUAL MEETING, HOLIDAY PARTY & ART SHOWCASE

Come help us celebrate our achievements this year and enjoy exciting works of art produced by our clients! This is also an opportunity for you to give us feedback about the programs and services we offer, as well as submit nominations for new board members. Held at St. Louis Park Recreation Center, (3700 Monterey Drive) on Wed, Dec 5 from 6:00-8:30 PM, \$5 suggested donation at the door.

WEEKEND VENTURES Join us for this great weekend respite program for ages 16+. Upcoming events: Dec 7-9 - Downtown Minneapolis; Mar 22-24 - Mall of America. \$350 for the weekend. Call Beth at 952-988-5321 for more details.

SUPER BOWL PARTY Watch the BIG GAME with your friends and enjoy food, games, and activities throughout! Held at Brookview Golf Grill in Golden Valley on Feb 3 from 5:00-9:00 PM. Call us for more details.



About the Instructor...

Annette Fragale

Annette has received her yoga and pilates training in several different styles which she combines into her classes. Annette brings humor and sensitivity to her teachings and proves that age is only a number.

Hula Hoop - Fun and Fitness!

Get a great workout while trimming your waist, thighs, and belly with hoops, the beloved childhood toy that is all grown up! The specially designed exercise hoop targets your waistline and core area and is a great cardiovascular exercise too. This fun class includes balance, strength and flexibility exercises using the hoop. All ages welcome. Annette's oldest student is 91. Hoops available for for \$15.

Site: Davis Community Center
 Fee: \$17, Resident \$12

Day	Date	Time	Code
Tue	Jan 8	6:00-7:30 PM	11736

Pilates - Inspired Workout with Annette

When was the last time you found yourself with an amazing set of abs? Challenge your powerhouse with the body-slimming, core-shaping exercises that have made Pilates the most popular method to tone and sculpt long, lean muscles. This easy, energizing routine promises to improve flexibility, balance and posture and to maximize your mental and physical health. Exercises are appropriate for all fitness levels. Annette's classes are always easy to follow, non-intimidating and fun. Many elements of yoga are included. Please bring an exercise mat.

Site: Brookview Comm Center
 Fee: \$61, Resident \$56

Day	Date	Time	Code
Mon	Feb 4-Mar 25	6:00-7:00 PM	11735

Daytime Yoga with Annette

Yoga can help reverse the aging process by improving flexibility, massaging the inner organs, strengthening the muscles, improving balance, posture, circulation and digestion. Exercises are appropriate for all fitness levels. Annette's classes are always easy to follow, non-intimidating and fun. Please bring an exercise mat.

Site: Brookview Community Center
 Fee: \$61, Resident \$56

Day	Date	Time	Code
Tue	Feb 5-Mar 19	11:00 AM-12:00 PM	11737



"LADIES NIGHT OUT" ART PARTIES

Call up your girlfriends and plan your next ladies night out. These workshops are the perfect way to unwind, relax, and exercise your artistic expression. It's time to get creative! *Resident fee applies to those residing in Golden Valley, Crystal, New hope and Robbinsdale.

Site: Crystal Community Center
 Fee: \$31, *Resident \$24

Wine Glass Charms

Add a little extra "cheers" to ladies night out by crafting a set of 8 custom wine glass charms. **Register by Jan 16.**

Day	Date	Time	Code
Thu	Jan 24	6:30-8:30 PM	11805



Ring Bling

During this ladies night, we'll "bling it on" as we create a custom ring and ring holder out of polymer clay. **Register by Feb 16.**

Day	Date	Time	Code
Thu	Feb 28	6:30-8:30 PM	11806

Introduction to Home Brewing

Homebrewing is a fun and rewarding hobby that has recently seen an explosion in popularity. This class will teach you all you need to know to make your first batch of homebrewed beer, from basic equipment to brewing process, and ingredients to bottling. Offered in partnership with Robbinsdale Community Education. Min: 10/Max: 30. **Register by December 31.**



Site: Brookview Comm Center Fee: \$69

Day	Date	Time	Code
Wed	Jan 9-23	6:00-8:30 PM	11757

Sketching with Mixed Media

A class to review drawing techniques and apply a variety of "wet or dry" styles to enhance your sketches. We will combine pencil, pen, marker, with washes from watercolor, colored or aquarelle pencil, and crayon. A supply list will be furnished ahead of class. Instructor Carolyn Papke is a retired teacher and artist.

Site: Brookview Comm Center Fee: \$39, Resident \$34

Day	Date	Time	Code
Tue	Jan 8-29	6:30-8:30 PM	11785



Family & Friends CPR Class

The Family & Friends CPR Course teaches the lifesaving skills of adult Hands-Only® CPR, child CPR with breaths, adult and child AED use, infant CPR and relief of choking in an adult, child or infant. Family & Friends CPR is for people who want to learn CPR but do not need a course completion card in CPR for their job. This course is ideal for new parents, grandparents, babysitters and others interested in learning how to save a life.

Site: Brookview Community Center
Fee: \$10/person

Day	Date	Time	Code
Thu	Jan 17	5:30-7:30 PM	11840
Thu	Feb 21	5:30-7:30 PM	11841

Yoga Flow with Laura

Get ready to experience the power and grace of your body through flow yoga. This 70 minute non-competitive class combines yoga postures, core work, breathing awareness and a blissful guided relaxation. Appropriate for beginners to yoga, as well as those who already practice. Benefits include: increased strength, flexibility, body awareness and mental clarity. Bring a sticky mat. Blanket and small pillow are optional for relaxation. Instructed by Laura Lazowski.

Site: Brookview Community Center Time: 5:30-6:40 PM

Day	Date	Fee	Code
Tue	Jan 8-Feb 12	\$65, Resident \$60	11729
Tue	Feb 19-Mar 19	\$55, Resident \$50	11730
Thu	Jan 3-Feb 7	\$55, Resident \$50	11731
Thu	Feb 14-Mar 21	\$65, Resident \$60	11732

About the Instructor... *Laura Lazowski*

Laura is a certified yoga instructor and facilitates hatha yoga in a flow style. She has been practicing yoga for over 25 years.

Power Yoga Flow with Laura

Power Flow is similar to Yoga Flow (above), with some added intensity. The class includes a few more intermediate poses, however, beginners are welcome to do modified poses to accommodate their comfort level. This 90-minute non-competitive class consists of breath awareness, yoga poses, core exercises, light weight work, and a guided relaxation. Benefits include: increased strength, flexibility, body awareness and mental clarity. Bring a sticky mat, 1-5 lb. hand weights (optional) and a small blanket and pillow for relaxation (optional). Instructed by Laura Lazowski.

Site: Brookview Community Center Time: 6:45-8:15 PM

Day	Date	Fee	Code
Tue	Jan 8-Feb 12	\$77, Resident \$72	11733
Tue	Feb 19-Mar 19	\$65, Resident \$60	11734



TAI CHI

for Health & Arthritis

TAI CHI - BASIC CLASS

This program, endorsed by the Arthritis Foundation worldwide, is a series of gentle, yet powerful, easy-to-learn movements that promote effective physical and mental well-being. Great for joint pain relief and fall prevention! Taught by Certified Instructor Marie Mathay. Wear comfy clothes.

Site: Brookview Community Center Fee: \$50, Resident \$45

Day	Date	Time	Code
Tue	Jan 8-Feb 19	8:30-9:40 AM	11761
Tue	Feb 26-April 9	8:30-9:40 AM	11762

TAI CHI - MOVING ON

For persons who have completed at least one session of Tai Chi we continue on our journey, endorsed by the Arthritis Foundation. Taught by Certified Instructor Marie Mathay. Wear comfy clothes.

Site: Brookview Community Center Fee: \$50, Resident \$45

Day	Date	Time	Code
Tue	Jan 8-Feb 19	9:45-10:45 AM	11767
Tue	Feb 26-April 9	9:45-10:45 AM	11768

TAI CHI - ENHANCEMENT

Add a second day to practice and enhance your Tai Chi experience. This class is for all levels of Tai Chi. **NOTE: You must be registered in a Tuesday class to participate in the Enhancement class.**

Site: Brookview Community Center Fee: \$40, Resident \$35

Day	Date	Time	Code
Thu	Jan 10-Feb 21	9:00-10:00 AM	11773
Thu	Feb 28-April 11	9:00-10:00 AM	11774



Tae Kwon Do

This self-defense program will teach discipline, focus, endurance and flexibility. Master Tom Malone will help you achieve awesome kicks, punches and strikes while getting in shape. *Resident fee applies to Golden Valley and St. Louis Park.



Sign up for both Tuesday & Saturday sessions for only \$99.

Site: Davis Community Center Fee: \$69, *Resident \$64

BEGINNER & INTERMEDIATE

Day	Date	Time	Code
Tue	Jan 8-Feb 12	6:15-7:00 PM	11718
Tue	Feb 19-Mar 26	6:15-7:00 PM	11720

ADVANCED

Day	Date	Time	Code
Tue	Jan 8-Feb 12	7:00-7:45 PM	11719
Tue	Feb 19-Mar 26	7:00-7:45 PM	11721

ALL LEVELS

Day	Date	Time	Code
Sat	Jan 12-Feb 16	10:15-11:00 AM	11722
Sat	Feb 23-Mar 23	10:15-11:00 AM	11723

Social Ballroom Dance for Beginners

Learn several basic steps in the most popular ballroom dances, including Swing, Foxtrot, Waltz, Salsa, Polka and others! This is the perfect course to get you started dancing and to help you gain confidence on the dance floor. Getting ready for a wedding or a party, or just looking for something to do together with your spouse or friend? Classes are fun and easy! You'll be glad you tried them!

The Constantine family has been offering quality dance instruction in the Twin Cities for over 50 years! Deanna Constantine provides simple instruction in a relaxed atmosphere. Everyone who attends will be successful learning to dance!

Site: Brookview Community Center
 Date: Sun, Feb 24-Mar 17
 Time: 4:30-6:00 PM
 Fee: \$55, Resident \$50
 Code: 11742



“No Sweat” Gardening using New Techniques

Have you wondered how to create a garden with minimal effort? Have you heard of Square Foot Gardening, Cardboard Gardening, Lasagna Gardening, Straw Bale Gardening or other gardening techniques? All of these modern techniques promise *easy ways* to prepare and maintain your garden. Join us for three informative weeks!

- *Building and Maintaining a Garden
- *Planning and Planting your Flower Garden
- *Planning and Planting your Vegetable Garden

Site: Brookview Community Center

Date: Thu, Feb 28-Mar 14

Time: 7:00-8:00 PM

Fee: \$17, Resident \$12

Code: 11842



Belly Dancing Level 1

Come to explore the beautiful and ancient art of belly dance/Middle Eastern dance. Whatever your goals are – exercise, dancing, body and muscle strengthening, fixing lower back problems – this class covers them all. Wear loose and comfortable clothing. No hip scarf is required but they are fun to wear. No previous dance experience required. Instructed by Tatyana Butkova.

Site: Brookview Comm Center Fee: \$69, Resident \$64

Day	Date	Time	Code
Thu	Jan 10-Feb 28	7:00-8:30 PM	11738
Thu	Mar 14-May 2	7:00-8:30 PM	11739

About the Instructor...

Tatyana Butkova

Tatyana has been studying the art of belly dancing since 2002. In January 2004, she began studying at Cassandra School of Belly Dance and in 2006 joined Jawaahir Dance Company. In spring 2007, Tatyana started her teaching career by teaching classes at Cassandra School.

Belly Dancing Level 2

Instructor Tatyana Butkova will expand on the basics for more challenge and fun! Wear loose and comfortable clothing. Previous belly dance experience required.

Site: Brookview Comm Center Fee: \$85, Resident \$80

Day	Date	Time	Code
Mon	Jan 7-Feb 25	7:15-8:45 PM	11740
Mon	Mar 11-April 29	7:15-8:45 PM	11741

Davis Community Center Adult Open Gyms

All levels are welcome to participate in these open gyms. Participants must check in at the front desk before entering the gym and pay the drop in fee or use their punch pass. Punch passes can be purchased at Davis or Brookview Community Centers and can be used at any of the times below.

FEE: \$28/10-time punch pass or \$4/daily drop-in

BASKETBALL

Mondays (Age 35+)

Jan 7-Mar 25

8:00-10:00 PM

Saturdays (Age 18+)

Jan 5-Mar 23

8:00-10:00 AM

VOLLEYBALL

Tuesdays (Age 18+)

Jan 8-Mar 26

8:00-10:00 PM

Thursdays (Age 18+)

Jan 10-Mar 28

8:00-10:00 PM

PICKLEBALL

*Limited equipment available

Wednesdays (Age 18+)

Jan 2-Mar 27

8:00-10:00 PM





YOUR FRIENDLY, FULL-SERVICE,
NEIGHBORHOOD GOLF COURSE

Brookview Golf Course offers an 18-Hole Regulation Course, a 9-Hole Par 3 Course, a driving range and teaching area, and a golf shop and grill. Brookview's Regulation Course is a challenging, mature course with tree lined fairways and an abundance of water hazards.

Contact Information

Phone: 763-512-2305

www.brookviewgolf.com

PURCHASE A
GIFT CARD
FOR THE
HOLIDAYS

Brookview Gift Cards are good
for the 18 Hole Course, Par 3,
Driving Range, and Grill.



2013 Patron Program

Purchase a patron card from Brookview Golf Course for 2013 and save on golf all year! Patron card applications can be picked up at Brookview Golf Course or found online at brookviewgolf.com, starting February 1st. Patron card holder benefits include:

- Discounted green fees and power cart rentals.
- Advance reservation privileges.
- Driving Range & Merchandise Discounts
- Coupons
- Reciprocity with Braemar Golf Course and Baker National Golf Course. Receive their patron or preferred rates on Tuesday and Wednesday all day, and Sundays after 1PM.

Patron Card Type	Before 4/1/13	After 4/1/13
Resident Patron	\$70	\$75
Non-Resident Patron	\$110	\$115
Resident Senior (62+)	\$40	\$45
Non-Res Senior (62+)	\$75	\$80
Resident Junior (<18)	\$30	\$35
Non-Res Junior (<18)	\$35	\$40
Par 3 Patron	\$30	\$30

Brookview Grill IS AVAILABLE FOR RENT

During the off-season, Brookview Grill is available for corporate (retreats, meetings, training seminars, parties, receptions, retirement parties) or private (receptions, reunions, bridal or baby showers, neighborhood parties, holiday parties) group functions. Overlooking the tranquil beauty of Golden Valley's Brookview Golf Course, the Grill's warm and comfortable atmosphere makes it perfect for small and moderate-sized parties or meetings away from the office or your home.

Availability: November through February. Reservations can be made up to 12 months in advance.

Capacity: 70 people

Rental Fees/Hours:

- \$25/hour Golden Valley Residents or Organizations
- \$35/hour Non-Golden Valley Residents or Organizations
- \$45/hour Business/Corporate groups

Hours must be consecutive. A \$75 deposit is due at the time of application. Brookview may also collect a \$100 damage deposit, which will be returned within on week of the event if no deductions are necessary.

Facilities: AV equipment, and small breakout/conference rooms available. Tables and chairs can be customized to meet individual customer needs. Food and beverage options are available. Call for more information.



For more information about the Brookview Grill and rental opportunities, contact the Administration Office at 763-512-2305.



GOLDEN VALLEY SENIORS PROGRAM

The Golden Valley Senior Center is located in the Evergreen Room at the Brookview Community Center. Join scheduled activities and register for events, trips and other activities.

Golden Valley Senior Program Office
 200 Brookview Parkway, Golden Valley, Minnesota 55426
 Phone: 763-512-2339
 Fax: 763-512-2344
 TTY: 763-593-3968
www.goldenvalleymn.gov/recreation/seniors



Weekly Card & Game Groups

New players are always welcome to these card and game groups. Please arrive at least 10 minutes before scheduled start time to get set-up. Hope to see you there!

All groups meet at Brookview Community Center.

Group	Day	Time
Dominoes	Mondays	1:00 PM
Cribbage	Tuesdays	1:00 PM
500	Wednesdays	1:00 PM
Euchre	Thursdays	1:00 PM
Bridge	Thursdays	6:30 PM
Bridge	Fridays	9:00 AM



STAY INFORMED with your 2013 Annual Membership Donation

Subscribe to the Senior Newsletter, the center's bi-monthly newsletter, by paying an annual membership donation. Your donation is good for January-December 2013 and will allow you to receive the bi-monthly Senior Newsletter right at your door. Your donation also helps offset some of the costs for the senior program. Support your senior program by donating to the Golden Valley Seniors today!

Donation: \$8, Resident \$5
 Code: 11758

Thanks For Your Support!



Blood Pressure Screening

4th Wednesday of the month
 Brookview Community Center
 11:00-11:30 AM



No appointment needed. Provided by staff from the Ambassador Good Samaritan Care Center.
 No screening in December.

Senior Programs

Getting Through the Medicare & Medgap Maze



Thursday, Dec 6, Jan 10, Feb 14 & Mar 14

Brookview Community Center

Going to retire and need your Medicare questions answered? Just out of the hospital and have forms that need filling out? Make an appointment with Marsha to answer your Medicare Insurance questions, assist you with insurance forms or guide you through supplemental or Part D insurance. Appointment times are 9:00, 10:00 or 11:00 AM. Call the senior office today to make your appointment.

Happy Feet Foot Care Clinic

2nd & 3rd Tuesday of the month

Brookview Community Center

Happy Feet are now available to you! The foot-care clinic is conducted by licensed nurses specialized in routine foot care for elder and diabetic feet. They work on corns, calluses, thick or curled toe nails and ingrown nails, if they are not well advanced. A foot soak and massage are provided with each visit. Please bring a bath towel. Fee of \$32 is payable to Happy Feet Footcare, Inc. and due at time of service. *NOTE: Starting January 1 the cost will increase to \$34.*

Call Happy Feet at 763-560-5136 to schedule your half-hour appointment. If you need to cancel, you must call Happy Feet at least 24 hours in advance or you may be charged a fee.



Tax Assistance 2013

Help with filling out income tax forms is offered free on a first-come, first-served basis to people with **uncomplicated** income taxes. Please bring all information needed including your labeled tax forms, property tax information and direct deposit information (if applicable). Tax forms are filed electronically. Service provided by volunteers from AARP programs. The volunteers attend training but are not professional tax accountants.

NOTE: No tax assistance available at Brookview Community Center.

Site: Golden Valley Library

Time: 10:30 AM-1:30 PM

Registration begins at 10:00 AM at the door.

Dates: Thursday, February 7, 14, 21, 28

Thursday, March 7, 14, 21, 28

Thursday, April 4, 11



VOLUNTEERS ARE NEEDED!

Persons joining this program will receive free tax training leading to certification as counselors. Individuals must commit to training January 9-12 or January 15-19 from 9:00 AM-3:00 PM at Crystal City Hall and then work 6 hours/week during tax season. New volunteers will have a mentor for help during work at convenient local sites. If interested, call Ralph, AARP coordinator, at 763-544-1942 before January 4.

Senior Special Events

Holiday Concert with the Robbinsdale City Band

Thursday, December 6 • 7:00 PM
Crystal Community Center (4800 N. Douglas Dr)

Enjoy a holiday band concert and sing-a-long with the Robbinsdale City Band. Refreshments begin at 7:00 PM with concert beginning at 7:30 PM. Donations will be accepted for refreshments.



Holiday Tea

Monday, December 10
1:00-2:30 PM
Brookview Comm Center
\$7/person - Code: 11545

Be entertained by the Ho Ho Holiday Show, a fast-paced program with lots of music, holiday

comedy and Christmas message! Audiences are laughing out loud at Kevin Doely's life like vent figures and puppets. Kevin has been entertaining audiences for many years with a blend of comedy, storytelling, music, and audience participation! Petite sandwiches and desserts will be served. Festive attire encouraged. Bring your own tea cup and saucer to add to the fun. Fee includes entertainment and refreshments. **Register with the senior office by December 5.**

Stars of Bethlehem

Saturday, December 8 • 1:00 PM
Golden Valley Library
(830 Winnetka Ave N)

The story of the Star of Bethlehem has inspired writers, artists and astronomers for many years. This presentation explores the night sky as it appeared at that time and suggests that the Wise Men may actually have seen something extraordinary in their nightly observations. We will tie the Bible, recorded history and modern astronomy together to try to solve this age-old mystery. Presented by Bill Arden, MS, Associate Professor, Augsburg College. Program is appropriate for ages 8 and older. **Register with the senior office by Dec 5.**



Mary Wanderer's Trip Travelogue

Monday, January 28 • 1:00-2:30 PM
Brookview Community Center
\$4/person - Code: 11759

The adventures begin as we kick-off the Mary Wanderers, our 2013 travel program with a "meet and greet". Meet Alice and Mary our trip planner and escort, and greet your fellow travelers as you enjoy pie and ice cream. Be the first to hear about our travel adventures of one day and longer trips. Games! Prizes! And More! **Register with the senior office by January 23.**

Senior Special Interest Groups

Mondays with Mary

Every Monday • 9:30 AM
Brookview Community Center

Join Mary on Monday mornings to make door decorations, greeting cards, party favors and more. We work on projects for Ambassador Care Center, Dinner At Your Door, Senior Dining, Golden Valley Seniors and Mary Wanderers. We'll supply the materials and coffee, you bring your time and talent. As we say, "The more the Mary-ier". See the Senior Newsletter for meeting dates.



Golden Tones Chorus

Thursday's • 10:30 AM
Calvary Lutheran Church

This chorus, organized in 1977, practices on Thursdays at 10:30 AM, September to late April at Calvary Church, 7520 Golden Valley Road. Directed by Flo Carroll, the members enjoy singing together and entertaining each month on Thursday afternoons for local senior centers, care centers, and churches. Interested in joining or want more information? Call the senior office at 763-512-2339.

Senior Special Interest Groups



PICKLEBALL for 55+

Pickleball is a game played on a badminton or tennis court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a whiffle ball) and wood or composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. This is not a league...come when you can....just drop in. Equipment available on a limited basis. Gym shoes required. Participants MUST CHECK-IN at front desk.

Daytime Pickleball

Mondays from 10:00 AM-12:00 PM
Crystal Community Center
\$2/person

Evening Pickleball

Wednesdays from 8:00-10:00 PM
Davis Community Center Gyms
\$4/person or \$28 for a 10-time pass



Remember When?... WITH JAN

4th Thursday of each month • 1:00 PM • Dover Hill Apartments

We all have special memories and we usually start by saying "remember when?...." Let's go back and enjoy that time in our life with our friends. No pre-registration required.

Thursday, December 27

Remembering New Year's Eve Parties

Thursday, January 24

Remembering Nursery Rhymes & Children's Stories

Thursday, February 28

Remembering Clothing Styles through the Decades

Thursday, March 28

Remembering
Low Food Prices

Thursday, April 25

Remembering Early
Airplane Trips



COFFEE TALK

4th Wednesday of the month • 9:45-11:15 AM

Brookview Community Center • \$2 payable at the door

Join us for informative programs, juice, donuts, and of course, coffee!

Call the Senior office to register in advance so there are treats and coffee for everyone!

WEDNESDAY, JANUARY 23 Back on the Street

Sgt. Denny Arons is going back on the street after serving as Detective Sergeant of Investigations. Join us as Sgt. Arons talks with us about what's happening in the Golden Valley Police Department. Register by January 21.

WEDNESDAY, FEBRUARY 27 Rethinking Aging

We are overwhelmed by barrages of media reports telling us what we should do or eat to remain healthy. The media reports are often conflicting. What actually works? Where do we go to get the best advice and information? Presented by Dale Stenseth, active senior. Register by February 25.



LIVING WISE & WELL

1st Thursday of the month • 1:00-2:30 PM
Calvary Center Cooperative



It's a fact! People are living longer and healthier. Join us for this program that offers information each month for a happy, healthier you. No pre-registration required. Co-sponsored with Calvary Center Cooperative.

THURSDAY, DECEMBER 6

Vision Loss Resources

Have you been diagnosed with Macular Degeneration, Glaucoma, Cataracts, or lost vision from a stroke? Vision Loss Resources offers help with appliance marking, books on tape, 411 directory assistance, volunteer readers and shoppers, support groups, and independent living skills classes for the blind or visually impaired to learn safe cooking techniques, how to thread a needle, how to knit by feel, writing checks and more skills to keep you independent and involved in the activities you enjoy! Services are free! Presented by Renee Youngberg from Vision Loss Resources.

THURSDAY, JANUARY 3

Tai Chi, The Natural Way to Feel Good

Tai Chi is a series of gentle, yet powerful, easy-to-learn movements that promote effective physical and mental well-being. Great for joint pain relief and fall prevention! Arthritis Foundation Certified Instructor, Marie Mathay, will talk about and demonstrate the benefits of this ancient Chinese program.

THURSDAY, FEBRUARY 7

Everything You Want to Know About Stroke

Stroke strikes about 700,000 Americans each year, but the vast majority of people survive. When treating a stroke, successful recovery is all about time. The sooner the symptoms of stroke are identified, the sooner a patient can receive life-saving emergency care, which can dramatically improve outcomes. Learn about the symptoms of stroke, emergency care, and treatment options. Presented by Kathleen Sahti, RN, North Memorial Stroke Center.

THURSDAY, MARCH 7 Memory: Use It or Lose It!

Would you enjoy life more if you didn't lose track of your keys, remembered where you parked your car at the mall, or were able to tell who the characters were in the movie you saw recently? Phyllis Wildeson, a Golden Valley resident who happens to be in her 90's, will present her tricks for memory improvement with fun and humor.

THURSDAY, APRIL 4 A Matter of Balance

Fear of falling can be just as dangerous as falling itself. People who develop this fear often limit their activities, which can result in severe physical weakness, making the risk of falling even greater. Learn some simple techniques to reduce fall hazards in your home. Presented by Carol Hagberg, Visiting Angels and Jenny Kasbohm, Age Right Retrofit.

Money Matters

3rd Thursday of the month • 10:00-11:00 AM
Brookview Community Center



Finances and investments are of more interest than ever with rising consumer costs. Join us as we hear speakers from companies dealing with finances and investments present information important to today's investor. No pre-registration required. Refreshments provided by Golden Valley Rehab and Care Center.

THURSDAY, DECEMBER 20 Group Discussion

We will discuss a hot investment/economic topic of the day and plan the 2013 meeting schedule.

THURSDAY, JANUARY 17 Tax Changes for 2013

Learn what's new for preparing your Federal and State tax returns. Presented by Brenda Lutter, H & R Block Golden Valley.

THURSDAY, FEBRUARY 21 Veteran's Benefits

Are you a Veteran or a surviving spouse of a wartime Veteran? You may be eligible for a financial benefit that can help pay for your long-term care needs. The need does NOT have to be tied to a service-related illness or disability. You will learn eligibility requirements, how to apply, and the free resources available that can help with the process. We will also cover zero-cost and low cost health care plans that are now available for Veterans and their families. Presented by Grace Gulden, Elder Life Resources.



THURSDAY, MARCH 21 Let's Make a Deal

Do you anticipate family tension over family assets once a loved one passes away? Today you will learn how to have the discussion with family members and begin the process of division while avoiding emotional conflicts. Presented by Sandy McCurran, Care Management Program at Fairview.

Senior Classes

Enhance Fitness

Enhance Fitness is lively, interactive, and fun! Designed for older adults, these popular group exercise classes feature cardiovascular conditioning, strength training, and balance exercises that help improve flexibility, bone density, and stability. Enhance Fitness classes develop endurance, coordination, and promote mental sharpness and social connections. Certified fitness instructors offer personal attention while participants work at their own pace to improve their overall health and well-being.

Site: Brookview Community Center
Fee: \$35, Resident \$30, FREE to UCare Members (ID required at time of registration)

Day	Date	Time	Code
Mon/Wed	Jan 7-Feb 20	11:40 AM-12:40 PM	11781
<i>(No class Jan 21, Feb 18)</i>			
Mon/Wed	Feb 25-April 3	11:40 AM-12:40 PM	11780



DEFENSIVE DRIVING

Adults age 55 or older, save up to 10%, 3-year discount on car insurance premiums and

become a better driver by taking a state-approved National Safety Council Defensive Driving course. These classes are taught by professional certified instructors and offered by the Minnesota Safety Council. No tests are given but attendance is required to receive the certificate of completion.

REGISTER: In advance with the Minnesota Safety Council. Make checks payable to "Minnesota Safety Council" and mail to: 474 Concordia Ave, St. Paul, MN, 55103. Call 651-291-9150 to register with Visa or MasterCard.

8-Hour First Timers Course

Site: Brookview Community Center **Fee:** \$18/person

Day	Date	Time
Sat	April 27	9:00 AM-5:00 PM

4-Hour Refresher Course

Site: Brookview Community Center **Fee:** \$17/person

Day	Dates	Time
Thu	December 13	9:00 AM-1:00 PM
Thu	January 10	9:00 AM-1:00 PM
Thu	February 14	9:00 AM-1:00 PM
Thu	March 14	9:00 AM-1:00 PM
Thu	April 11	9:00 AM-1:00 PM

Intermediate Bridge Class

Made for the player who has basic knowledge of the game, sharpen your skills with these intermediate bridge classes. Instructed by Dick Welander, Life Master Player and Certified Instructor from American Contract Bridge League.

Site: Brookview Community Center
Fee: \$37, Resident \$32

Day	Date	Time	Code
Fri	Jan 11-Mar 1	9:00-10:30 AM	11775

Monday Morning Painting

Looking for a creative start to the week? Michelle has experience painting in watercolors, acrylics and oil. She is here to guide you through your project. Bring your favorite medium and project to class. Punch cards may be purchased at the Recreation office.

Site: Brookview Community Center
Day: Mondays ongoing
(No class Dec 3, Dec 10, Dec 24, Dec 31, Jan 21 & Feb 18)
Time: 9:00-11:00 AM
Fee: \$44, Resident \$39 for a 6-punch card



Daytime Yoga with Annette

Yoga can help reverse the aging process by improving flexibility, massaging the inner organs, strengthening the muscles, improving balance, posture, circulation and digestion. Exercises are appropriate for all fitness levels. Annette's classes are always easy to follow, non-intimidating and fun. Please bring and exercise mat.

Site: Brookview Community Center
Fee: \$61, Resident \$56

Day	Date	Time	Code
Tue	Feb 5-Mar 19	11:00 AM-12:00 PM	11737



Hula Hoop - Fun and Fitness!

Get a great workout while trimming your waist, thighs, and belly with hoops, the beloved childhood toy that is all grown up! The specially designed exercise hoop targets your waistline and core area and is a great cardiovascular exercise too. This fun class includes balance, strength and flexibility exercises using the hoop. All ages welcome. Annette's oldest student is 91. Hoops available for purchase for \$15.



Site: Davis Community Center Fee: \$17, Resident \$12

Day	Date	Time	Code
Tue	Jan 8	6:00-7:30 PM	11736

Social Ballroom Dance for Beginners

Learn several basic steps in the most popular ballroom dances, including Swing, Foxtrot, Waltz, Salsa, Polka and others! This is the perfect course to get you started dancing and to help you gain confidence on the dance floor. Getting ready for a wedding or a party, or just looking for something to do together with your spouse or friend? Classes are fun and easy! You'll be glad you tried them!

The Constantine family has offered quality dance instruction in the Twin Cities for over 50 years! Deanna Constantine provides simple instruction in a relaxed atmosphere. Everyone who attends will be successful learning to dance!

Site: Brookview Community Center Fee: \$55, Resident \$50

Day	Date	Time	Code
Sun	Feb 24-Mar 17	4:30-6:00 PM	11742

Pilates - Inspired Workout with Annette

When was the last time you found yourself with an amazing set of abs? Challenge your powerhouse with the body-slimming, core-shaping exercises that have made Pilates the most popular method to tone and sculpt long, lean muscles. This easy, energizing routine promises to improve flexibility, balance and posture and to maximize your mental and physical health. Exercises are appropriate for all fitness levels. Annette's classes are always easy to follow, non-intimidating and fun. Many elements of yoga are included. Please bring an exercise mat.

Site: Brookview Community Center Fee: \$61, Resident \$56

Day	Date	Time	Code
Mon	Feb 4-Mar 25	6:00-7:00 PM	11735

TAI CHI

for Health & Arthritis

TAI CHI - BASIC CLASS

This program, endorsed by the Arthritis Foundation worldwide, is a series of gentle, yet powerful, easy-to-learn movements that promote effective physical and mental well-being. Great for joint pain relief and fall prevention! Taught by Certified Instructor Marie Mathay. Wear comfy clothes.

Site: Brookview Community Center Fee: \$50, Resident \$45

Day	Date	Time	Code
Tue	Jan 8-Feb 19	8:30-9:40 AM	11761
Tue	Feb 26-April 9	8:30-9:40 AM	11762

TAI CHI - MOVING ON

For persons who have completed at least one session of Tai Chi we continue on our journey, endorsed by the Arthritis Foundation. Taught by Certified Instructor Marie Mathay. Wear comfy clothes.

Site: Brookview Community Center Fee: \$50, Resident \$45

Day	Date	Time	Code
Tue	Jan 8-Feb 19	9:45-10:45 AM	11767
Tue	Feb 26-April 9	9:45-10:45 AM	11768

TAI CHI - ENHANCEMENT

Add a second day to practice and enhance your Tai Chi experience. This class is for all levels of Tai Chi. **NOTE: You must be registered in a Tuesday class to participate in the Enhancement class.**

Site: Brookview Community Center Fee: \$40, Resident \$35

Day	Date	Time	Code
Thu	Jan 10-Feb 21	9:00-10:00 AM	11773
Thu	Feb 28-April 11	9:00-10:00 AM	11774





The Mary Wanderer's Trip Program

The "Mary Wanderers" trip program includes one-four day excursions to places of interest in the Midwest. The cost of the trip is for deluxe motor coach transportation, escort, tours (as outlined) and meals (if provided). Registrations are taken in person or by mail with check, cash, Visa or MasterCard. Phone registrations taken with Visa or MasterCard. **NOTE: A \$5 administrative fee will be applied to all cancellations/refunds. No refunds issued after the deadline date.**

About your Trip Escort... Mary Odell

Mary has been with the Golden Valley Senior Program for over 24 years. She started as the Hiking Club Leader. Mary has been escorting senior trips for over 20 years and also coordinates the Mondays with Mary group. Ask her about her grandkids!

PICK-UP LOCATIONS:

Calvary Co-op & Apts • Golden Valley City Hall

You must specify a pick-up location when registering for one-day trips.

"Bye Bye Birdie" at the Chanhassen Dinner Theater

"Put on a Happy Face" with this award winning musical. When Elvis-like rock & roll star Conrad Birdie is about to be inducted into the Army, the teen nation is united by a national publicity contest where Birdie will bid a typical American teenage girl goodbye with an all-American kiss live on the Ed Sullivan Show. Kim MacAfee of Sweet Apple, Ohio wins the honor and all the telephones in her town are ringing off the hook. When Birdie arrives in Sweet Apple people of all ages begin to swoon and the entire town is reeling. Enjoy hits like: "Going Steady," "Put On A Happy Face," and "Kids." Bye Bye Birdie and its theme of parents and teens still resonate with audiences of today. Prior to the show enjoy lunch and coffee/tea from the Chanhassen matinee menu. Fee includes lunch, main theater reserved seating, transportation and escort.



Day	Date	Bus Pick-up	Approx Return	Fee	Code
Wed	Jan 9	11:00 AM	5:00 PM	\$70	11581

Register or cancel by: December 10

Ice and Chocolate

Arrive at the IMAX Theater to see the show: To The Arctic. The film takes you on a never before seen journey into the lives of a mother polar bear and her two seven-month old cubs as they navigate the changing Arctic wilderness they call home. Captivating, adventurous and intimate footage brings moviegoers up close and personal with this family's struggle to survive in a frigid environment of melting ice, immense glaciers, spectacular waterfalls, and majestic snow-bound peaks. After the show, visit the gift store. Arrive at Abdallah's Chocolates. Enjoy a brief on-coach welcome including the history of the fourth-generation, family-owned business. Sample delicious candies and receive discount coupons to purchase specials. Our final stop is a three-course lunch in The Technique Restaurant at the Le Courdon Bleu Culinary Program at Brown College. Savor the fine-dining experience as you enjoy the menu the French Cooking School students have prepared for us today. Fee includes IMAX tickets, Abdallah's, gourmet lunch, escort and motorcoach transportation.

Day	Date	Bus Pick-up	Approx Return	Fee	Code
Tue	Feb 26	8:05 AM	2:45 PM	\$55	11575

Register or cancel by: February 12

Celtic Folklore

Enjoy a wonderful Irish afternoon at the Lake Elmo Inn. Lunch will be served family style: Corned Beef and Cabbage, Braised Short Ribs, Roasted Baby Red Potatoes, Roasted Rutabaga and Carrots, Rolls and Butter, Coffee, Bread Pudding with Irish Whiskey sauce. Sit back and enjoy a Celtic Folklore performance by Clairseach. Ann & Charlie Heymann gently weave ballads, instrumental tunes and stories into their program. Ann is the world's foremost performer on the wire-strung traditional Irish/Scottish harp that disappeared two hundred years ago. Her husband, Charlie, sings lilting songs in Gaelic and English. He plays traditional instruments such as the cittern, bodhran, button accordion and bones. Fee includes lunch, Celtic Folklore performance, transportation and escort.

Day	Date	Bus Pick-up	Approx Return	Fee	Code
Fri	March 1	10:25 AM	2:45 PM	\$54	11585

Register or cancel by: February 11

"All Things New" Production

Our journey today takes us to North Heights Lutheran Church for the matinee performance of All Things New. The production features a cast and crew of more than 300 actors, singers, dancers and live animals. Experience the life, death, burial and resurrection of Jesus in this evangelical Easter story. A moving and inspiring production you must see. Lunch will be served in the Church fellowship hall, set with elegant linen covered tables, where you will enjoy a meal prepared by the culinary staff. Tentative menu: Mediterranean Flatbreads served with hummus and feta cheese spread, fresh marinated tomato and cucumber salad, Carved Roast Beef, Grilled Chicken, Roasted Haddock, Potatoes, Steamed Vegetables, Baklava, Coffee or Tea. Fee includes performance, Gourmet lunch, motorcoach and escort.

Day	Date	Bus Pick-up	Approx Return	Fee	Code
Sat	April 6	11:55 AM	4:30 PM	\$67	11584

Register or cancel by: March 4

"Mary Poppins" at the Orpheum Theater

Mary Poppins is bringing its own brand of Broadway magic to Minneapolis. The New York Daily News calls it "a roof-raising, toe-tapping, high-flying extravaganza!" Featuring an irresistible story and unforgettable songs from one of the most popular Disney films of all time plus breathtaking dance numbers and spectacular stage-craft, Mary Poppins is everything you could ever want in a hit Broadway show. So get swept up in the fun of this high-flying musical that the New York Post gives four out of four stars and calls "a certifiable super hit!" Fee includes reserved main floor (rows W, X, U) seating, transportation and escort.

Day	Date	Bus Pick-up	Approx Return	Fee	Code
Thu	April 25	6:30 PM	11:00 PM	\$68	11583

Register or cancel by: March 8



Mary Wanderer's Extended Trips

Join Mary Odell for a fun-filled extended trip! Call the senior office for a detailed brochure. Travel Insurance is also available. Listed fee includes (unless noted): Transportation, lodging for designated nights, meals and gratuities on included meals, attractions, local guides and escort.

Beautiful Southwestern Wisconsin June 18-20, 2013

June 18: Leave Golden Valley at 7:15AM. Stop for coffee and rolls. In North Freedom, WI, have a box lunch and board the Mid-Continent Railway for a memorable seven-mile train ride in restored steel coaches built in 1915. At the historic wooden depot, built in 1894, walk through the Coach Shed filled with restored wooden passenger cars, freight cars and displays from the turn of the century. Next, tour The National Mustard Museum, the world's largest collection of prepared mustards and mustard memorabilia. Travel to New Glarus and check into the Chalet Landaus Inn for two nights. Experience the Swiss hospitality and old world charm of "Little Switzerland." The hotel is a perfect blend of modern convenience and old-fashioned Swiss décor. Enjoy dinner at the Landaus Inn. [C,L,D]

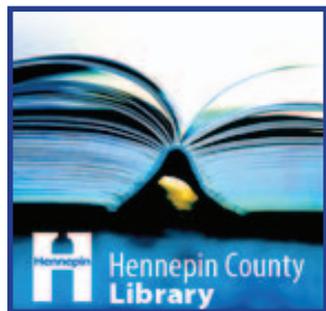
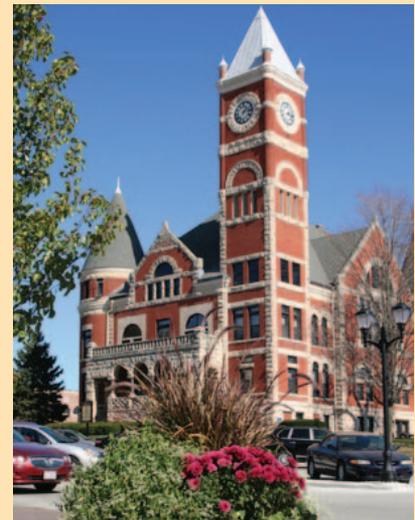
June 19: Enjoy breakfast at the hotel. In Monroe, tour the chalet-style plant, known for their Swiss and specialty cheeses, at Alp and Dell Store and Emmi Roth USA. Tour the Minhas Craft Brewery, the second oldest brewery in the nation. The museum features hundreds of brewery advertising artifacts. Take time for lunch (on own) at Monroe's historic Courthouse Square with unique stores, eclectic restaurants and more. Return to New Glarus for a guided tour of the village (can you find all 15 cows?) Take time to shop, sightsee or relax. Tonight enjoy a Swiss Dinner and hear Swiss Entertainment at the historic New Glarus Hotel. [B,D]

June 20: Have breakfast at the Inn. Travel to Baraboo to tour the International Crane Center, the only place in the world where you can see all fifteen crane species. ICF has gained acclaim as one of the world's leaders in the conservation of endangered species. Have lunch at The Loose Moose. Make a mid-afternoon rest stop (on own) and return to the Twin Cities at approximately 6:15 p.m. [B,L]

FEE INCLUDES: Deluxe motor coach transportation, Lodging for 2 nights, Meals as indicated: [C-coffee and rolls, B-Breakfast, L-lunch, D-dinner], Attractions: As outlined in itinerary, Tour Director, Mary Odell, Gratuities on included meals and attractions.

Fee	Deposit	Final Pay	Code
\$515/person (Double)	\$75 by May 3	May 17	11782
\$595/person (Single)			

After May 3, 2013 payments are NOT refundable.



Golden Valley Library Programs for Seniors 55+

The following program will be held at the Golden Valley Library, located at 830 Winnetka Ave N. Registration is required. Call 612-543-6375 for more information.

Computer Help

Learn to use computers at the Golden Valley Library. No appointments necessary. Please call ahead to make sure a volunteer will be available. Volunteers are usually available at the following times to give you one-on-one help with basic computer skills:

Monday: 11:30 AM-2:30 PM & 3:00-5:00 PM	Tuesday, Wednesday, Thursday: 11:30 AM-2:30 PM
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Author Dialogue with Mary Logue Saturday, January 26 - 1:00 PM

Minnesota Book Award winner and Golden Valley resident Mary Logue will talk about her latest book, *Killer Librarian*, at the Golden Valley Library. Mary's previous books include popular mysteries *Dark Coulee* and *Poison Heart*, featuring small town deputy Claire Watkins. Writing as Mary Lou Kirwin, Logue's newest book moves "across the pond" where small town librarian Karen Nash is on a long overdue trip to London. When her boyfriend goes missing and a friend is permanently withdrawn, Karen uses her research skills to check out his disappearance. Books will be available for purchase. Sponsored by the Friends of the Golden Valley Library.

Senior Special Destination Trips with Five Cities Transportation

The cities of Golden Valley, Brooklyn Center, Crystal, New Hope, and Robbinsdale are working together to give you educational, entertaining, low-cost program opportunities. Registrations are taken through the Five Cities office with bus pick-ups in each city. All additional costs are on your own. Bus fares and punch pass fees are listed below. www.5citiesmn.org.

BUS FARES

Regular: \$4 cash or 1 punch from pass
Special Destination: \$7 cash or two punches from pass
 (NOTE: As of January 1, 2013, fares will increase for regular trips to \$5 cash and special destination trips to \$8 cash.)

PUNCH PASSES

Available for purchase from the drivers with check or cash. Checks made payable to PRISM.
4/round-trip pass: \$14 **8/round-trip pass:** \$28
 (NOTE: As of January 1, 2013, punch passes increase to \$16/4 trip & \$32/8 trip.)

Register by calling • 763-531-1259 *unless otherwise noted

Westminster Forums

Westminster Presbyterian Church hosts FREE forums with speakers and topics of current interest. Lunch follows the forum (cost on own). Check the senior newsletter for dates and topics.

**Special Destination fare applies.*

Bus Leaves: 11:00 AM - GV City Hall **Bus Returns:** 2:30 PM

Museum of Russian Art

Today we have the pleasure of viewing two exhibits: Discovering 20th Century Russian Masters: Nicolai Fechin. This exhibition illustrates the artist's impeccable skill as a draftsman, his finely tuned sense of color, and bravura brushwork. Nicolai Fechin (1881-1955) is one of the most prominent 20th century artists in the Russian tradition. Cast Icons: Preserving Sacred Traditions. This exhibition is drawn from the private collection of Minnesota art lover and musician Edward Stack and presents over 60 religious images and crosses made from various copper alloys and decorated with multicolor enamel and gilt. The tour will be enhanced by Carol Rudie PhD, a docent for the Museum. Lunch follows at a local restaurant (cost on your own).

Register with New Hope Parks & Recreation by phone with a credit card at 763-531-5151, by mail or walk-in. Refunds allowed up to deadline date and are subject to a \$5 service fee.

Thursday, January 10

Fee: \$11 (museum admission and escort)

**Special Destination bus fare applies.*

Bus Leaves: 9:30 AM - GV City Hall **Bus Returns:** 1:15 PM

Register/cancel by: December 27

Brunch Bunch

Join us as we lunch together at a local restaurant on the fourth Tuesday of the month. Lunch cost on your own.

**Special Destination bus fare applies.*

January 22 Red Lobster - Reservations begin Dec 28

February 26 Pannekoeken Huis - Reservations begin Feb 1

March 26 Kieran's Pub - Reservations begin Mar 1



Vivace! Afternoon Concert at the Landmark Center

Enjoy the concert performed by Zeitgeist a "new music" group and then have lunch at Anita's Cafe at the Landmark Center (cost on your own).

Thursday, February 21

**Special Destination bus fare applies.*

Bus Leaves: 11:00 AM - GV City Hall **Bus Returns:** 2:30 PM

Register/cancel by: February 14

Macy's Flower Show

Spring is in bloom! Experience Macy's FREE flower show on a self-guided tour. Step into Towers of Flowers and discover a magical world of soaring floral architecture, magnificent rolling landscapes and specialty gardens bursting with color, fragrance and imagination. Enjoy an elegant traditional dining experience at the Oak Grill Restaurant on the 12th floor or at the 12th Floor Skyroom food court that offers deli soups, sandwiches, pasta, Mexican food and a world famous salad bar! Lunch cost and any purchases are on your own. If you are unable to attend after making a reservation, please call to cancel so someone from the wait list can take your place.

Thursday, March 28

**Special Destination bus fare applies.*

Bus Leaves: 9:45 AM - GV City Hall **Bus Returns:** 1:00 PM

Register/cancel by: March 21



Senior Community Information

Five Cities Transportation **763-531-1259**

Five Cities Transportation provides rides from your home or apartment to grocery stores, Target, Wal-Mart, Brunch Bunch, and senior events. To get started, call the Five Cities office. A bi-monthly schedule will be mailed to you. Find your day and trip on the schedule and make a reservation, at least 24 hours in advance. On trip day, be ready for the bus at the scheduled time. If you want assistance boarding or exiting the bus or need to use the lift, please ask the driver to help you. The vehicles are lift equipped for persons in wheelchairs or those who have difficulty negotiating steps. For more information, call the Five Cities office Monday-Friday from 8:00 AM-3:00 PM.

BUS FARES & PUNCH PASSES

Suggested fare for regular trips is \$4 cash or one punch from the pass card and for Special Destination trips is \$7 cash or two punches from the pass card. Passes may be purchased from the driver for \$14/4 rounds trips or \$28/8 round trips with cash or a check made payable to "PRISM."

NOTE: Fares will be increasing in January 2013 to \$5 cash for regular trips and \$8 cash for special destination trips. Punch passes will increase to \$16/4 trip and \$32/8 trip.

PRISM Express **763-529-1252**

A curb-to-curb transportation service provided to residents of Golden Valley for medical appointments, personal shopping, banking, nursing home visits, etc. PRISM Express has moved to a cost share policy with a sliding fee schedule. Fares range from \$3.50 each way to \$10.98 each way, based on your monthly income. NOTE: If you can't afford the ride due to the new payment schedule, no one will be denied service due to inability to pay. Contribute what you can afford. Call PRISM for information or to schedule a ride at least three working days in advance. Office is open Monday-Friday from 9:00 AM-3:00 PM.

Senior Dining **612-269-8462**

Provides a delicious noon meal at Calvary Church, 7520 Golden Valley Road, in the atrium (north entrance). A donation of \$3.50 is requested, but no one will be denied a meal. Take out meals are also available. Call from 8:30-11:30 AM for reservations and questions. Menus are available in the kitchen.

Dinner at Your Door **763-531-1183**

Friendly volunteer drivers deliver delicious meals to people unable to come to the Senior Dining site to eat. If you are interested in this program, as a consumer or a driver, call Joanne from 8:30-11:30 AM for more information and a menu.

H.O.M.E. Chore Service **952-746-4046**

Household chore and maintenance services are provided for residents age 60+. The program matches skilled workers with those who need help with yard clean-up, cleaning windows, house cleaning and minor home repairs. Service costs are based on monthly income using a sliding contribution scale. Call for more information or to put in a request for assistance.

Store To Door **651-642-1892**

Need groceries for yourself? Store To Door is a non-profit providing grocery and prescription delivery services to elderly in the Twin Cities metro. This service is provided by volunteers.

VOLUNTEERS NEEDED

Volunteer Shoppers - Work in partnership with five metro area Cub Foods Stores to shop for client orders and prepare them for delivery. Hours are 6:00-10:00 AM. Three month commitment requested.

Volunteer Order Takers - Call clients each week entering their order online into our order database. One year commitment requested.

If interested in either position, contact Kristen Hoplin at 651-642-1892 or visit www.storetodoor.org.

Senior Community Services Outreach Program **952-746-4028**

Senior Outreach helps seniors and their families connect with community resources to enable seniors to live as independently as possible. The outreach coordinator provides information and guides seniors as they make decisions on in-home services, housing options, financial assistance and caregiving. Practical and emotional concerns are addressed as well. Call for information or to make an in-home appointment.

Fare for All **763-450-3880**

Stretch your monthly food budget with Fare For All, a non-profit food-buying program that allows people to increase their food purchasing power. Each month, individuals pay \$10-\$17 per package and receive up to \$40 worth of fresh, quality food items, including fruits, vegetables and frozen meat item. Fare For All is open to everyone, regardless of income. Call for ordering and pick-up locations.

Senior Linkage Line **1-800-333-2433**

Call us first with your questions. Trained staff and volunteers have access to local, state and national information. If they cannot answer your question, they will find the number of someone who can.

LinkVet **1-888-546-5838**

This toll-free hotline provides referrals, crisis intervention and counseling for veterans and their families 24 hours a day, 7 days a week.

Widowed Support Group

Meets every Saturday at the New Hope Country Kitchen, 42nd & Winnetka, at 2:00 PM and the first Thursday of the month at Evans Nordby Funeral Home on 60th and Brooklyn Boulevard at 1:30 PM. Other activities are planned throughout the month. Meet other men and women who understand your loss. New people are always welcome!



FREQUENTLY ASKED QUESTIONS...

- **What time does Brookview Community Center close?**
 Sunday thru Thursday, the facility closes no later than 10:30 PM Friday and Saturday the facility closes no later than 12:30 AM.

- **Can I bring in my own homemade food?**
 No. You must hire a licensed caterer or food establishment to provide your food. We do require that you submit a copy of your caterer's license 90-days prior to your event.

- **Can I bring in my own alcoholic beverages?**
 No. All alcohol must be provided by our exclusive beverage provider, Complete Beverage. You may contact them for pricing at 1-800-550-7750. However, you may provide your own non-alcoholic beverages.

- **Do I need security if I serve alcohol at my event?**
 Yes. If you are scheduled to be in our facility past 10:30 PM and you have been serving alcohol at any time during your event, you are required to have security. Security arrives at 10:30 PM and stays until the end of your contracted time. There is a \$120 fee and Brookview staff makes the arrangements.

HOST YOUR NEXT SPECIAL GATHERING AT



BROOKVIEW

Community Center

Nestled in the tranquil setting of Brookview Golf Course, the Brookview Community Center offers space year-round for gatherings of up to 200 people for:

- *Birthdays Parties*
- *Weddings and Receptions*
- *Graduations*
- *Retirement Parties*
- *Religious Celebrations*
- *and many other celebrations!*

Facilities include a large banquet room with neutral décor and windows overlooking the golf course, caterer's kitchen, and a patio, deck and gazebo that provide expansive golf course views.

Contact us today to make Brookview the venue for your next special gathering!

CONTACT BROOKVIEW TODAY
 OR VISIT OUR WEBSITE FOR A
 COMPLETE RENTAL PACKET.

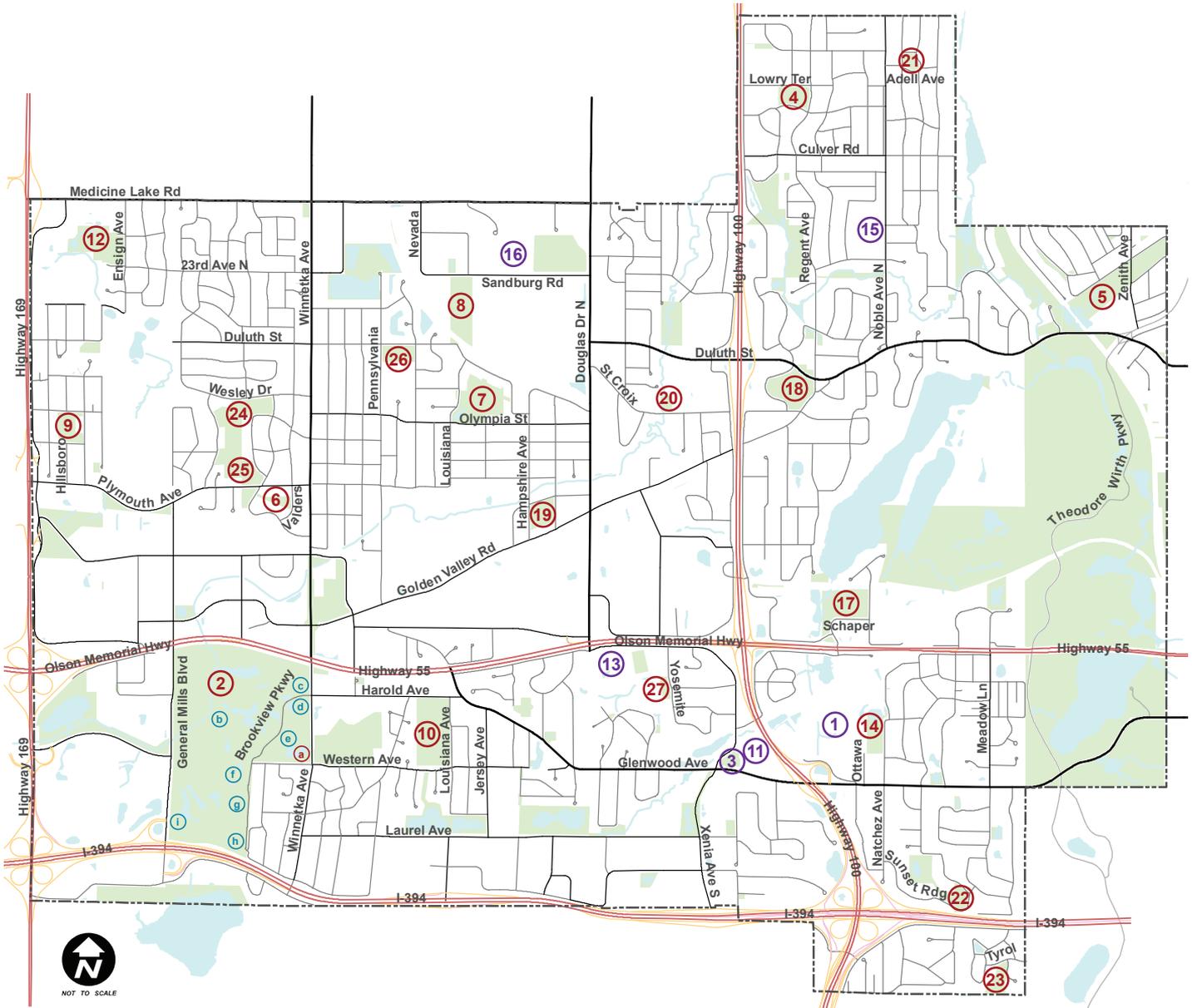
763-512-2345

www.goldenvalleymn.gov



- 1) Breck School.....123 Ottawa Ave N
- 2) Brookview.....200 Brookview Pkwy N
 - a. Park
 - b. Golf Course
 - c. Tennis Courts
 - d. Small Shelter
 - e. Large Shelter
 - f. Par 3
 - g. Golf Course Pro-Shop & Community Center
 - h. Driving Range
 - i. Lesson Tee
- 3) Davis Community Center.....5430 Glenwood Ave
- 4) Gearty.....3101 Regent Ave N
- 5) Glenview Terrace.....2351 Zenith Ave N
- 6) Golden Oaks.....1141 Valders Ave N
- 7) Hampshire.....1610 Louisiana Ave N
- 8) Isaacson Park.....7101 Sandburg Rd
- 9) Lakeview.....1521 Hillsboro Ave N

- 10) Lions.....151 Louisiana Ave N
- 11) Meadowbrook School.....5430 Glenwood Ave
- 12) Medley.....2331 Ensign Ave N
- 13) Minnesota Arts School.....6125 Olson Mem Hwy
- 14) Natchez.....201 Natchez Ave
- 15) Noble School.....2601 Noble Ave N
- 16) Sandburg Middle School.....2400 Sandburg Ln
- 17) Schaper.....631 Ottawa Ave N
- 18) Scheid.....1856 Toledo Ave N
- 19) Seeman.....1101 Florida Ave N
- 20) St. Croix.....5850 St Croix Ave N
- 21) Stockman.....3300 Major Ave N
- 22) Tyrol – North.....900 Westwood Dr S
- 23) Tyrol – South.....1510 Kaltern Ln
- 24) Wesley – North.....8305 Wesley Dr
- 25) Wesley – South.....8200 Plymouth Ave
- 26) Wildwood Park.....7401 Duluth St
- 27) Yosemite.....351 Yosemite Ave



ADOPT A PARK

TAKE PRIDE IN YOUR PARKS



Community Parks

<u>Brookview - 200 Brookview Pkwy N</u>	<u>Girl Scout Troop 13342</u>
<u>Gearty - 3101 Regent Ave N</u>	<u>Herb Purdy</u>
<u>Hampshire - 1610 Louisiana Ave N</u>	<u>Brian Middleton</u>
<u>Lakeview - 1521 Hillsboro Ave N</u>	<u>Krouss Family</u>
<u>Lions - 151 Louisiana Ave N</u>	<u>Kueny & Knippenberg Family</u>
<u>Medley - 2331 Ensign Ave N</u>	<u>Golden Valley Federated Women's Club</u>
<u>Schaper - 631 Ottawa Ave N</u>	<u>Golden Valley Police Reserves</u>
<u>Scheid - 1856 Toledo Ave N</u>	<u>WSB & Associates</u>
<u>Wesley (north) - 8305 Wesley Dr</u>	<u>Moore/Gasparini Families</u>
<u>Wesley (south) - 8200 Plymouth Ave</u>	<u>Jack Stratton</u>

Neighborhood Parks

<u>Glenview - 2351 Zenith Ave N</u>	<u>Elephant Park Book Group</u>
<u>Golden Oaks - 1141 Valders Ave N</u>	<u>Kim Stroup</u>
<u>Natchez - 201 Natchez Ave N</u>	<u>Hanscom & Dritsas Families</u>
<u>North Tyrol - 900 Westwood Dr S</u>	<u>Marcie Schlaeger</u>
<u>Seeman - 1101 Florida Ave N</u>	<u>Northwest Suburban Optimist Club</u>
<u>South Tyrol - 1510 Kaltern Ln</u>	<u>Allianz</u>
<u>St. Croix - 5850 St. Croix Ave N</u>	<u>Covenant Village</u>
<u>Stockman - 3300 Major Ave N</u>	<u>WSB & Associates</u>
<u>Sweeney Lake</u>	<u>Hidden Lakes Association</u>
<u>Wildwood - 7401 Duluth St</u>	<u>Robertson Family</u>
<u>Yosemite - 351 Yosemite Ave N</u>	<u>Geving & Palkert Families</u>

Nature Areas

<u>Adeline 910 Adeline Ln</u>	<u>Mike McHugh - State Farm Insurance</u>
<u>Bassett Creek (N of Duluth) - 2130 Zane Ave N</u>	<u>B.A. Raak</u>
<u>Bassett Creek (S of Duluth)</u>	<u>Covenant Village</u>
<u>Bassett Creek (west of Wisconsin)</u>	<u>ATS&R Architects & Engineers</u>
<u>Briarwood - 2600 Unity Ave</u>	<u>Girl Scout Troops 2316 & 1670</u>
<u>General Mills - 9201 Olson Memorial Hwy</u>	<u>GMI Grounds Crew</u>
<u>General Mills Research Nature Area</u>	<u>The Gannon's</u>
<u>Laurel Ave (east of Florida)</u>	<u>Golden Valley Lutheran Church</u>
<u>Laurel Ave (west of Florida to Jersey)</u>	<u>The Liberman Family</u>
<u>Laurel Ave (west of Jersey to Pennsylvania)</u>	<u>Jerry & Joan Monson</u>
<u>Mary Hills - 2190 Bonnie Ln</u>	<u>John & Pam Goranson & Barb Osborne</u>
<u>Pennsylvania Woods - 2301 Rhode Island Ave N</u>	<u>John & Pam Goranson & Barb Osborne</u>
<u>Rice Lake - 4120 Bassett Creek Dr</u>	<u>Tremere Family</u>
<u>Western Ave - 7600 Western Ave</u>	<u>Ilo & Peggy Leppik</u>

Special Use Facilities

Brookview Golf Course 200 Brookview Parkway S
Isacson Park (formerly Honeywell Little League Area) 7101 Sandburg Rd

Thank you to all the volunteers that help keep our parks and nature areas beautiful.

Golden Valley City Council

Council meets the 1st and 3rd Tuesday of each month at 6:30 PM at the Golden Valley Civic Center.

Mayor: Shep Harris

City Manager: Tom Burt

Council Members:

Joanie Clausen, Mike Freiberg, Paula Pentel and DeDe Scanlon.

Open Space & Recreation Commission

Commission meets the 4th Monday of each month at 7:00 PM at Brookview Community Center.

Chair: Jerry Sandler

Vice-Chair: Bob Mattison

Members: Roger Bergman, John Cornelius, Brad Kadue, Kelly Kuebelbeck, Emily Piper, Anne Saffert and Daniel Steinberg

Park & Recreation Staff

Rick Jacobson
Director of Parks & Recreation

Brian Erickson
Recreation Supervisor

Andy Soltvedt
Recreation Supervisor

Jeanne Fackler
Senior Citizens Coordinator

Sheila Van Sloun
Administrative Assistant

Sandy Werts
Volunteer Coordinator

Kris Wiinikainen
Receptionist

Bert Tracy
Public Works Maintenance Manager

Al Lundstrom
Park Maintenance Supervisor

Brookview Golf Staff

Ben Disch
Golf Operations Manager

Kim Truckenmiller
Assistant Golf Manager

Brett Johnson
Administrative Assistant

Greg Spencer
Greens Superintendent



ACTIVITY REGISTRATION FORM

Parent/Guardian First Name: _____
(if Participant(s) are under 18)

Address: _____ Primary Phone: _____

City: _____ State: _____ Zip: _____ Secondary Phone: _____

Email: _____

Emergency Contact Name: _____ Phone: _____
(if different from above)

Special Needs, Disabilities or Allergies we should be aware of: _____

Participant's First & Last Name	M/F	Birthdate	Activity Name	Activity Code	Location	Fee
TOTAL DUE:						

55+ SENIOR TRIP REGISTRATION

Participant's First & Last Name	Trip Name	Trip Code	Pick-up Location	Special Requests	Fee

CONSENT TO RELEASE OF INFORMATION & RELEASE OF LIABILITY

In consideration of your accepting this registration for my child (or person I am responsible for as guardian), or myself, I authorize the City of Golden Valley to disclose to the City's insurer, attorney, staff, coaches, participants and other personnel involved in this program the following information: name, address and telephone number. This information shall be used for the purpose of program administration. This consent to release information shall expire one year from the date of execution. I understand that the records are protected under the state and federal privacy regulations. I also understand that I may cancel this consent by a writing to that effect at any time prior to the information being released. I give my consent to use any photograph or video tape taken of my child (or person I am responsible for as guardian), or myself for future promotional or marketing materials. In consideration of the City providing the registered activities, I agree to not hold the City liable for any claim resulting from participation in any such activity, including claims for injuries, death and resulting attorney fees. The completion of your registration signifies your acceptance of this consent.

Payment Type	
<input type="checkbox"/> Cash	<input type="checkbox"/> Check # _____
<input type="checkbox"/> VISA	<input type="checkbox"/> MasterCard
Card #: _____	
Expiration Date: _____	
Signature for credit card payment: _____	



REGISTRATION INFORMATION

Make checks payable to:
City of Golden Valley

ONLINE 
www.goldenvalleymn.gov

With VISA or MasterCard using your PIN and Barcode assigned to you through the Recreation office. On-line registration is available 24/hrs a day.

MAIL

Brookview Community Center
200 Brookview Parkway
Golden Valley, Minnesota 55426

IN PERSON

Walk-in registration are accepted at Brookview Community Center during business hours.

FAX 763-512-2344

Available on for VISA or MasterCard payments. You may fax registration 24/hours a day.

PHONE 763-512-2345

With VISA or MasterCard during business hours. Please have your card ready.

REGISTRATION CONFIRMATION

If you register in person you may ask for a receipt. Confirmations will not be mailed for registrations by mail, phone or fax. You will be contacted only if the program is full, cancelled or a program change is necessary.

CANCELLATION/REFUND POLICY

All refund requests will be assessed a \$5 administrative fee. Full refunds are given only when a program is canceled by the Parks and Recreation Department. No refunds will be given on requests made less than 5 business days prior to the start of a program. Refund requests will not be accepted after any program specific registration deadlines.

SENIOR TRIP REFUND POLICY

No refunds will be issued after the registration deadline for trips involving the advance purchase by the city for tickets or transportation.

INCLUSION REQUESTS

Be sure to state that you have a disability or a need for inclusion services at the time of registration. Please register at least two weeks prior to a program start date to allow adequate time for inclusion services.

Stay home & save gas!
Register online with



Volunteer Opportunities *Volunteer and make a difference!*

Look for this column each season for opportunities to volunteer with the City of Golden Valley. For more information or to Volunteer, contact Volunteer Coordinator Sandy Werts at 763-512-2341.

Supper with Santa

Friday, December 7, 5:30-8:30 PM.
Help with set-up, running games & clean-up.

Rink Rat Hockey Coach

Early January to mid-February. Recreational hockey for boys and girls ages 5-12. Program consists of 2 preseason practices and 8 games, held on Friday evenings and Sunday afternoons. Knowledge of hockey and ability to work with kids of various abilities required.

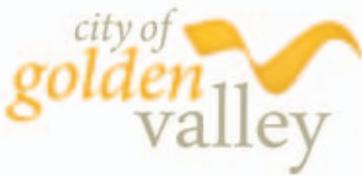
Youth Basketball Coach

If basketball is your love, be a coach for boys or girls in grades 2-6. Training will be provided. Program runs early January to mid-March. One evening practice on a Monday through Thursday and one game each week on Saturdays between 12-5 PM.

Run The Valley 2013

Saturday, April 13 from 7-10 AM. Your help is needed to be a site host, registration, course helpers, finish line helpers, photographer, water stop help, or course sweeper. Proceeds from the annual Run in Valley support social service agencies serving Golden Valley residents in need.





Park & Recreation Department
200 Brookview Parkway
Golden Valley, MN 55426-1364

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Twin Cities., MN

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**DATED MATERIAL
PLEASE DELIVER PROMPTLY**

The logo for Brookview Community Center, featuring the word "BROOKVIEW" in large, bold, blue letters with a green leaf icon above the "V", and "Community Center" in a smaller, white, serif font below it. The background of the entire page is a blue gradient with white snowflake patterns on the left side. A photograph of a golf course with a wooden bridge over a pond is visible in the middle section.

BROOKVIEW

Community Center

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- *Birthday Parties*
- *Weddings & Receptions*
- *Graduations*
- *Retirement Parties*
- *Religious Celebrations*
- *Other celebrations!*

Call the Parks and Recreation office at 763-512-2345
for more information on booking your event today!