

# HOMERECED

a navigational guide to everyday recreation

*Presented by the Golden Valley Parks & Recreation Department*

## DIY LAVALAMP

### What You Need

- Mason jar
- Vegetable oil
- Water
- Food coloring
- Glitter (optional)
- Alka-Seltzer

### Instructions

1. Fill most of a jar with vegetable oil.
2. Fill the rest of the jar with water.
3. Add a few drops of food coloring (your choice of color). You can also add glitter.
4. Break an Alka-Seltzer tablet into a few small pieces, and drop them in the jar one at a time.
5. Watch your lava lamp erupt into activity!

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