

# HOMERECED

a navigational guide to everyday recreation

*Presented by the Golden Valley Parks & Recreation Department*

## DICE MARBLE PICKUP

1. Put a bowl and 10-20 dice, marbles, Legos, or other small items on the floor.
2. Stand with your feet flat on the floor.
3. Using your toes, pick up one item at a time and drop it in the bowl.
4. Repeat the process with the other foot.

Follow us on Facebook and Twitter for more activities and to share your own. All activities are saved online at [goldenvalleymn.gov/recreation/homereced.php](http://goldenvalleymn.gov/recreation/homereced.php).

